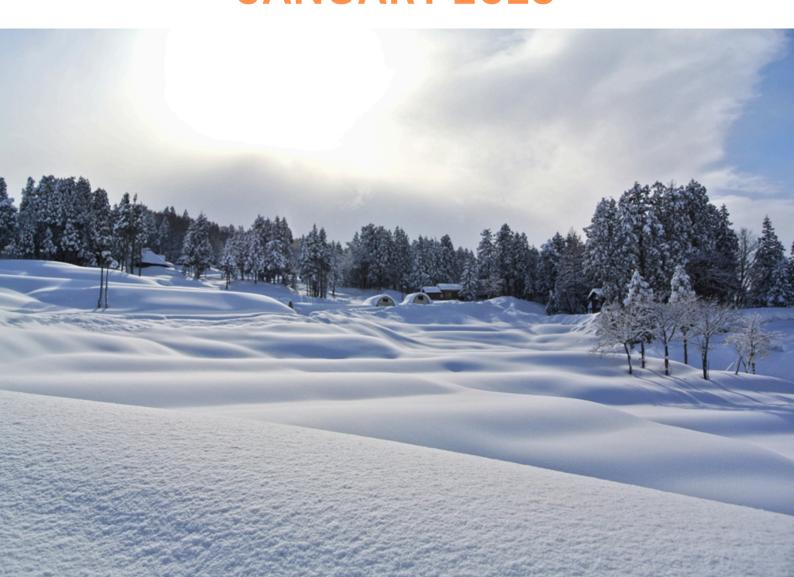




THE HEATHERS NURSING HOME NEWSLETTER JANUARY 2025



VISITING ARRANGEMENTS

Please note the visiting times are between 10.30 am and 8.00 pm every day.

We have protected meal times, please make sure you avoid meal times when visiting, unless you are supporting with meals. (0900-1000 breakfast, 1230-1330 lunch, 1700-1800 tea). Visiting during meal times causes distraction and inconvenience for some residents in the lounge, having adequate nutrition is very vital for your loved ones, please be mindful about this. If you feel unwell, please refrain from visiting.

If contacting the home to see how your loved one is, please ring after 11.00 am and avoid medication round time (1.00/1.30 pm & 5/6 pm). Press option 3 to speak to the nurse in charge 01454 312726.

SIGNING IN AND OUT

Can we request all the visitors to sign in each time you enter the building and sign out when you leave the building please. This is to comply with fire safety regulations.

Care planning

Care planning & family / service user involvement.
Please see the nurse in charge to see your loved ones care plan and to be involved in the planning.

Post

Please see the nurse in charge to collect any post for you loved ones.

Residents and relatives meeting

We hold residents and relatives meeting every month, the time is 12 pm, please ask the nurse or management for dates for each month. Relatives are welcome to join.

ARTS AND CRAFT















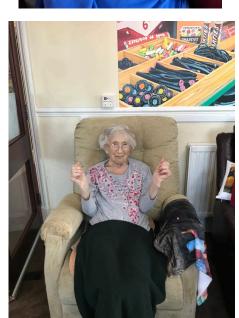






KAROAKE
Which all the residents like to join in either singing or dancing











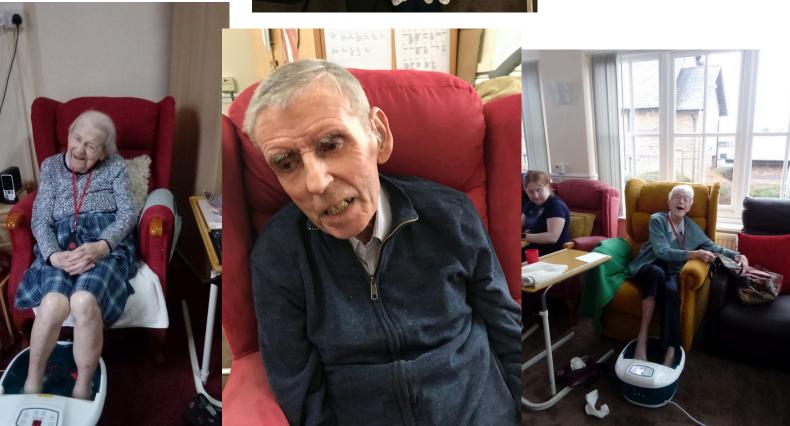


PAMPER DAYS









KEEP FIT WITH ALEX







The group session seems to go down really well and encourages even the shy ones to participate.















The Heathers Nursing Home











SINGALONG WITH THE JAYS







ST JOHNS BLESSING









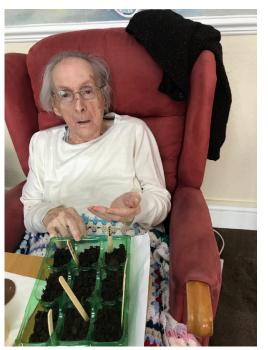










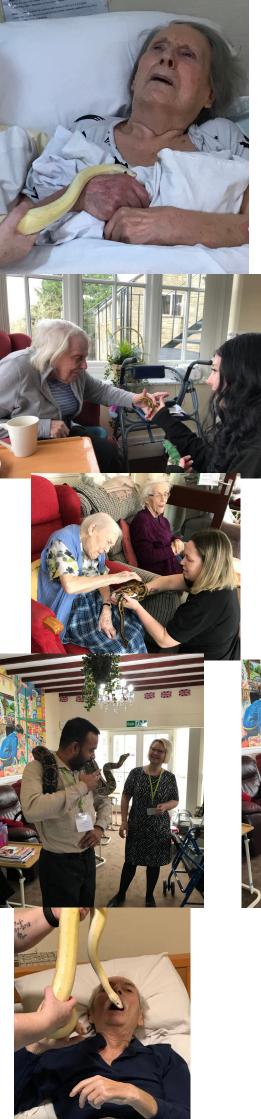


Sunflower seed planting



WHOSE GOING TO WIN TALLEST?





















SCALES AND TAILS

STAFF SPOTLIGHT



Sarah has been a carer in this home for 35 years. Sarah has her NVQ 3 in health and social care. Sarah is married with 2 children. Sarah has 2 grandchildren. Sarah likes to cycle, crochet and doing jigsaw puzzles. Sarah loves spending time with her grandchildren

EMPLOYEE OF THE MONTH CELEBRATIONS OCTOBER & NOVEMBER 2024 Basil (Nurse) & Neethu (HCA)

Recognised for:Proactive ThinkingTeam Player FlexibleProfessional work ethic Positive AttitudeHard Working Helpful

WELL DONE FROM THE MANAGEMENT TEAM OF THE HEATHERS NURSING HOME











RESIDENT

Joyce has been with us since 2021
Joyce likes to listen to music and sometimes will singalong or tap to the beat. Joyce likes to spend time with her family.

STAFF BIRTHDAYS



HAPPY BIRTHDAY BLESSON ON THE 24TH





WE ARE SORRY TO SAY THAT FREDDIE
AND DANNON ARE LEAVING US FOR
NEW ADVENTURES. WE WOULD LIKE TO
WISH YOU BOTH GOOD LUCK AND YOU
WILL BE MISSED

FORTHCOMING EVENTS FOR FEBRUARY

10TH FEB 11.AM FRANK THE SINGER

FEBRUARY 14TH, 28TH
MINDSONG
A CHARITY WHO COMES IN
AND SING SONGS FOR THE
DEMENTIA RELIVING
MEMORIES

FEBRUARY 13TH ,27TH
ALEX KEEP FIT COMES AND DOES
GROUP AND SINGLE LESSONS

FEBRUARY 25TH
CHRIS THE SINGER

The 3ab care



Call The Heathers Nursing Home for more information on 01454 312726

REFERRAL **PROGRAMME**

DO YOU KNOW SOMEONE SEEKING A NURSING HOME FOR A LOVED ONE? REFER A RESIDENT AND IF THEY COME TO LIVE IN **OUR HOME, YOU WILL RECEIVE A REWARD!**

YOU GET £250 VOUCHER IF THE RESIDENT YOU REFER COMES TO **OUR HOME FOR RESPITE**

YOU GET £500 VOUCHER IF THE RESIDENT YOU REFER COMES TO OUR HOME PERMANENTLY



