



# ***THE HEATHERS NURSING***

## ***HOME NEWSLETTER***

**JANUARY 2025**



## **VISITING ARRANGEMENTS**

Please note the visiting times are between 10.30 am and 8.00 pm every day.

We have protected meal times , please make sure you avoid meal times when visiting, unless you are supporting with meals.(0900-1000 breakfast,1230-1330 lunch, 1700-1800 tea). Visiting during meal times causes distraction and inconvenience for some residents in the lounge, having adequate nutrition is very vital for your loved ones, please be mindful about this. If you feel unwell, please refrain from visiting.

If contacting the home to see how your loved one is, please ring after 11.00 am and avoid medication round time (1.00/1.30 pm & 5/6 pm). Press option 3 to speak to the nurse in charge 01454 312726.

## **SIGNING IN AND OUT**

Can we request all the visitors to sign in each time you enter the building and sign out when you leave the building please. This is to comply with fire safety regulations.

## **Care planning**

Care planning & family / service user involvement.

Please see the nurse in charge to see your loved ones care plan and to be involved in the planning.

## **Post**

Please see the nurse in charge to collect any post for you loved ones.

## **Residents and relatives meeting**

We hold residents and relatives meeting every month ,the time is 12 pm ,please ask the nurse or management for dates for each month. Relatives are welcome to join.

# ARTS AND CRAFT





KARAOKE  
Which all the  
residents like  
to join in  
either singing  
or dancing





## PAMPER DAYS



# KEEP FIT WITH ALEX



The group session seems to go down really well and encourages even the shy ones to participate.





# The Heathers Nursing Home

Bible reading,  
Hymns  
prayers



# SINGALONG WITH THE JAYS



## ST JOHNS BLESSING





## Sunflower seed planting



WHOSE  
GOING TO  
WIN  
TALLEST ?





# SCALES AND TAILS

## STAFF SPOTLIGHT



Sarah has been a carer in this home for 35 years. Sarah has her NVQ 3 in health and social care. Sarah is married with 2 children. Sarah has 2 grandchildren. Sarah likes to cycle , crochet and doing jigsaw puzzles. Sarah loves spending time with her grandchildren

# EMPLOYEE OF THE MONTH CELEBRATIONS OCTOBER & NOVEMBER 2024

## Basil (Nurse) & Neethu (HCA)

Recognised for: Proactive Thinking Team Player

Flexible Professional work ethic

Positive Attitude Hard Working

Helpful

WELL DONE FROM THE MANAGEMENT TEAM OF THE HEATHERS NURSING HOME





## RESIDENT SPOTLIGHT

Joyce has been with us since 2021  
Joyce likes to listen to music and  
sometimes will singalong or tap to the  
beat. Joyce likes to spend time with  
her family .

# STAFF BIRTHDAYS



**HAPPY  
BIRTHDAY  
BLESSON ON THE  
24TH**



**WE ARE SORRY TO SAY THAT FREDDIE  
AND DANNON ARE LEAVING US FOR  
NEW ADVENTURES. WE WOULD LIKE TO  
WISH YOU BOTH GOOD LUCK AND YOU  
WILL BE MISSED**

# **FORTHCOMING EVENTS FOR FEBRUARY**

**10TH FEB 11.AM**

**FRANK THE SINGER**

**FEBRUARY 14TH, 28TH  
MINDSONG**

**A CHARITY WHO COMES IN  
AND SING SONGS FOR THE  
DEMENTIA RELIVING  
MEMORIES**

**FEBRUARY 13TH ,27TH  
ALEX KEEP FIT COMES AND DOES  
GROUP AND SINGLE LESSONS**

**FEBRUARY 25TH  
CHRIS THE SINGER**

The 3ab care



Call The Heathers Nursing Home for more information on 01454 312726

# REFERRAL PROGRAMME

DO YOU KNOW SOMEONE SEEKING A NURSING HOME FOR A LOVED ONE? REFER A RESIDENT AND IF THEY COME TO LIVE IN OUR HOME, YOU WILL RECEIVE A REWARD!

YOU GET £250 VOUCHER IF THE RESIDENT YOU REFER COMES TO OUR HOME FOR RESPITE

YOU GET £500 VOUCHER IF THE RESIDENT YOU REFER COMES TO OUR HOME PERMANENTLY

**3ab**  
Care  
Limited

Exceptional Excellence

★★★★★★

