

## July Newsletter 2020

### Covid – 19

We are pleased to announce that we have had no further staff or residents showing symptoms. We continue to have all our infection control measures in place, but are very pleased that we have been able to relax our visiting rules and facilitate you seeing your loved ones on the patio.



Please remember that all visits must be prearranged and visitors must abide by our infection control measures. We obviously need to factor in weather conditions and ideally visits should be around fifteen minutes long.

We are pleased that a lot of you continue to maintain contact with your loved ones through Face Time, Skype etc.

Aneesh remains our Covid-19 lead, so if you have any queries or concerns regarding your loved one in relation to Covid-19, visiting or any other query, please feel free to call.

### Staffing

We say goodbye to Sandy and Asya in July. We wish them well in their future plans. We are pleased to have taken on two new nurses, Elizabeth and Hamida. Zoe is returning to work for us in the kitchen and a BIG thank you to Olivia, Tracy, Abbie and Jo who have been helping us out during this period.

### Life stories

As you all know, our life experiences shape us as individuals and assist others in understanding who we are as a person. Your loved ones in the nursing home, sometimes need help to communicate important aspects of their identity i.e. significant life events and what's important to them.

The benefits of having a comprehensive life story are that it can help residents share their stories and enhance their identity.

This coming month, we will either be posting or giving to you by hand, a life story document for you to complete. Please take time to answer all sections as thoroughly as possible and either hand back to the office or send via post.

That's it for now, please take care of yourselves

