

# The Heathers

Monthly newsletter keeping you up to date with your loved ones



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## Spring in full spring!

A big hello with springtime wishes from all at The Heathers. The pandemic is still keeping us busy and alert but we have been finding ways to enjoy ourselves from outside explorations to our very own ice-cream truck .

April showers continue in May but we believe that a little sunshine is due our way. New windows have been installed in our lounge, greenery is blooming in our outside spaces and our hallways have had a fresh lick of paint; all to ensure that our home is a fresh and bright place to be!



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## Visiting Updates

It has been exciting to be able to welcome more visitors into our home. Following government guidance it is now possible to have up to five nominated persons per each resident (but a maximum of only two of these visitors in one day). Visits will continue to be a maximum of 20 minutes and do need to be pre-booked.

We continue to require lateral flow testing on site to allow entry so you will need to arrive 30 minutes before your planned visit to complete it. Alternatively you can have a box of LFT test kits to take home and do the test at home on the day of your planned visit before you come. (Please speak to a member of staff regarding this). Staff will support you with the set up and guidance for completion but we do require your help to complete these tests yourself where possible to ensure all the residents have the care, time and attention they deserve from our staff.



Please call and speak to the nurse in charge to book in and arrange arrival/visiting times. We can do inside or pod visits (see photos below). PPE will continue to be worn and government advice remains to continue to avoid close contact in the form of hugging and kissing but hand holding is permitted.

Thank you to everyone for your support and understanding with all of the changes so far. Our main aim is to continue to follow government guidelines and keep everyone safe.

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**Our visiting pod has been revamped with some new homely touches**





## Activities Corner



### Happiness Delivered

Our very own 'Heathers Whippy Truck' offering various flavours of ice-cream and milkshake was a huge success with our residents.







### Exploring Sodbury

A trip down memory lane (Chipping Sodbury High Street) resulted in big smiles.

### Peaceful puzzles

Don't underestimate the joy created when finishing a beautiful puzzle.



# STARTERS

We welcomed the following new faces to our enthusiastic team.

## HEALTH CARE ASSISTANTS



MARIA



BASIL



SAMNA



JIBY



Julie Vizard-domestic lead



Sarah Stagg-Activity Co-ordinator

## Coming up in June

We currently have a busy team of decorators working hard in our home to freshen things up. Our patio space is also starting to pop with colour - we hope that the residents will be able to utilize this space very soon to enjoy some June sun!

The activities team have been working on a main activity board to pop in a prominent place for all to see - let us know if you have any of your own ideas! We will have our very own 'inside home' cinema experience in June so we will share some photos of this experience with you in our next newsletter.

**See you next month!**



