

# The Heathers

Monthly newsletter keeping you up to date with your loved ones



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## Summer months are upon us!

A big hello from all at The Heathers. We hope you have been able to enjoy some sunshine! We are still working with the pandemic restrictions but we have been making the most of our brightened outdoor space with visits and snacks in this area during the bursts of good weather.

To keep our residents entertained, this months activities have included movie, musical and food related experiences.



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## Visiting Updates

Following government guidance it is now possible to have up to five nominated persons per each resident (but a maximum of only two of these visitors in one day). Visits will continue to be a maximum of 20 minutes and do need to be pre-booked.

We continue to require lateral flow testing on site to allow entry so you will need to arrive 30 minutes before your planned visit to complete it. Alternatively you can have a box of LFT test kits to take home and do the test at home on the day of your planned visit before you come. (Please speak to a member of staff regarding this).

Please call and speak to the nurse in charge to book in and arrange arrival/visiting times. We can do inside or pod visits (see photos below). PPE will continue to be worn and government advice remains to continue to avoid close contact in the form of hugging and kissing but hand holding is permitted. Video communication via skype ,facetime, etc... are still possible for those who would like to communicate remotely.

Thank you to everyone for your support and understanding with all of the changes so far. Our main aim is to continue to follow government guidelines and keep everyone safe.



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**Our patio space has been brightened up with plenty of colour and texture for outdoor visits in the sun**





## Activities Corner



### Night at the Pictures

'Heathers Cineworld' showed Willy Wonka and the Chocolate Factory through popular request. Paired with a good drink and snack selection, there was plenty of giggles and singing among the residents.







### Anyone for cake?

The residents enjoyed some cake decorating with lots of traditional toppings - the glacé cherry being the firm favourite!



### Keeping Active

We've been keeping our residents moving with some popular chair aerobics to some classic tunes.



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## Food and drinks

We are reviewing the meals for our residents , please let us know if you have any suggestions for your loved one's in regards with food and drinks preferences.

## Care plans

Each of our residents has a person centred care plan , please talk to the nurse if you would like to see the care plan of your loved ones and for any other queries .

## Telephone calls

Please note that we have 3 telephone lines ,option 1 will take you to the general manager, option 2 to the registered manager and option 3 to the nurses. Can we please remind you that to talk to the nurses please ring after 11am in the morning and after 6:30pm in the evening.

## Relative's Survey

Could we please ask you to take some time to complete the relative's satisfaction survey for us . We will get the survey forms to you either by hand when you visit or by post.

## Coming up in July

The decorators are still working hard in our home to freshen things up and are scheduled to finish this month.

The Activities Team will construct our activity board this month and they have been thinking about possible outside adventures that the residents may enjoy visiting such as local natural beauty spots - let us know if you have any of your own ideas!

See you next month!



