

SEPTEMBER 2021
ISSUE NO. 1

WHAT'S IN THIS ISSUE:

VACCINATION

PAGE 02

VISITS

PAGE 03

AUGUST ACTIVITIES

PAGE 04-06

BIRTHDAYS

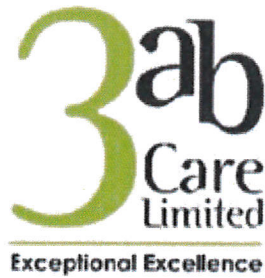
PAGE 07

MEET THE NEW TEAM

PAGE 08

SEPTEMBER ACTIVITIES

PAGE 09



THE HEATHERS

NURSING HOME NEWSLETTER

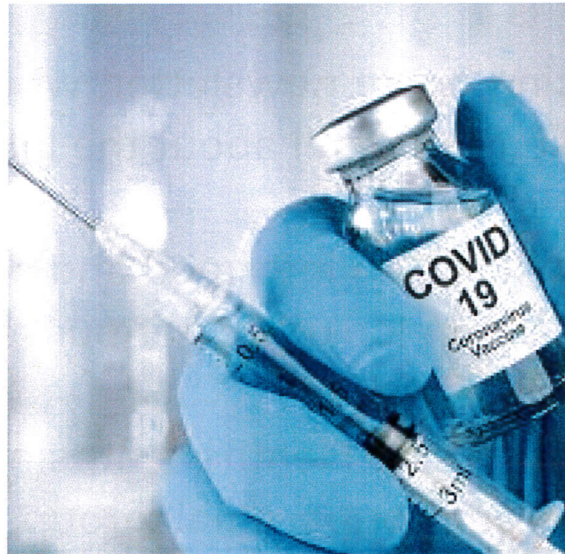
Welcome to The Heathers Nursing home newsletter, where residents, staff, relatives, and visitors will be able to read all about the latest news at The Heathers.

The aim of the newsletter is providing an informed and sometimes light hearted look at what is a very important job in looking after our residents.

A variety of activities are offered at The Heathers nursing home to meet the residents needs. This includes large groups, small groups, individual and sensory just a few.



NEWS ON VACCINATION



New government legislation are coming in to effect from November the 11th , those who are not fully vaccinated are not allowed to work in care homes unless exempted

This means those who come inside the home to do any arranged works, interviews,etc... needs to show us proof of vaccination if not exempted.

VISITING ARRANGEMENTS

Visits are conducted based on appointment basis . this is to take into account of the number of visits per day and the infection prevention and control measures. Please ring the home to book your appointments and discuss about different options of visiting.



AUGUST ACTIVITIES

Last month's featured small group activity is painting. We sat in a quiet room listening to relaxing music while we were painting.

- Singer Frank entertained us with some lovely songs. We sang and danced.
- Sensory mixing paint with shaving foam. What a messy day it was, the residents enjoyed
- Relaxing afternoon watching a film funny Girl and eating ice cream. Residents had their tickets ready to watch the film.
- We baked delicious brownies. It was very successful with the residents. we had fun baking the brownies.







BIRTHDAYS





We would like to welcome **Binil, Amanda** and **Kaltoun** and hope they will continue to enjoy being a part of the heathers

SEPTEMBER ACTIVITIES

WED 1ST CHAIR EXERCISE
THURS 2ND SCIENCE
FRI 3RD BINGO
SAT 4TH SING A LONG
SUN 5TH QUIZ

MON 6TH GAMES
TUE 7TH ARTS & CRAFTS
WED 8TH GARDENING
THURS 9TH QUIZ
FRI 10TH BINGO

MON 20TH GAMES
TUE 21ST POETRY
WED 22ND BALLOON GAMES
THURS 23RD BAKING
FRI 24TH BINGO
SAT 25TH SING A LONG
SUN 26TH REMINISCING

MON 27TH ABBA
TUE 28TH GAMES
WED 29TH ARTS &
CRAFTS
THURS 30TH QUIZ

MON 13TH WORDSEARCH
TUE 14TH SINGER FRANK
WED 15TH PAMPER DAY
THURS 16TH SENSORY
FRI 17TH BINGO
SAT 18TH CHAIR YOGA
SUN 19TH SING A LONG

THE SCHEDULE MAY CHANGE DEPENDING ON UNFORESEEN CIRCUMSTANCE



