

FEBRUARY 2022

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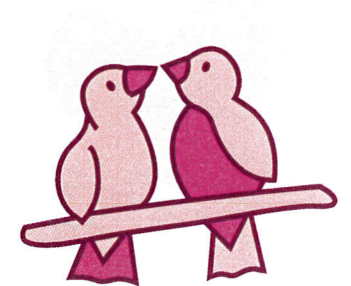
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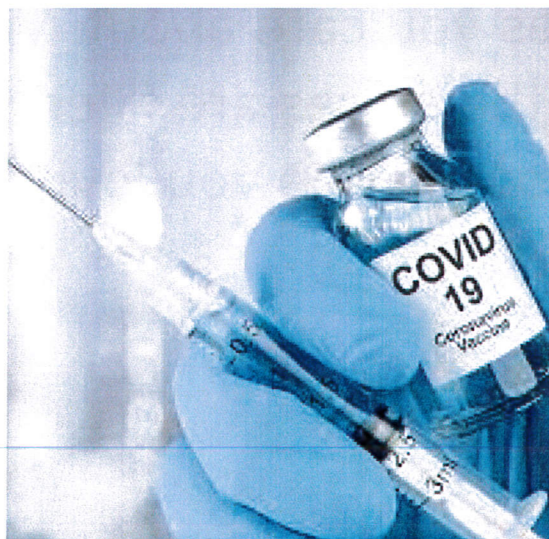
# THE HEATHERS

NURSING HOME NEWSLETTER

Hello February! The month of love is finally upon us! It's time to celebrate the ones you care about. Valentine's Day is approaching fast the stores are filled with hearts, gifts and special treats for the one you love.



# NEWS ON VACCINATION



New government legislations are coming in to effect from November the 11th , those who are not fully vaccinated are not allowed to work in care homes unless exempted. This means, those who come inside the home to do any arranged work, interview, etc... need to show us proof of vaccination if not exempted. This will not apply to family's visiting.



## VISITING ARRANGEMENTS

Visits are conducted based on appointment basis . This is to take into account the number of visits per day and the infection prevention and control measures. Please ring the home to book your appointments and discuss about different options of visiting.

We have a new designated area for the visitors which is the shed at the back entrance, where all the PPE and visitors forms are kept. Before entering the home wash your hands enter the pod check your temperature, fill the form and put PPE (apron, mask and gloves) on and ring the door bell. One of our staff will then come and check your negative LFD test before letting you inside. Our opening hours for visitation are from 10.30am-8pm.

As the infection rate is increasing in the community we need to approach visiting with caution. There's no time restriction, based on appointment 2 people per visit. Please do not forget to take your temperature.. We are only accepting the LFT results if you show us a confirmation email or text message which you will get after registering your test, you must register online or ring 119 and ask them to register it for you .





# ***What's been happening***

What an amazing start of the month we had so much fun doing different activities.

On the 1st we celebrated Chinese New Year the year of the tiger we have learned a lot about the Chinese culture, we couldn't get fortune cookies but what I did was put lovely messages under their cupcakes so the residents had to choose which cupcakes they wanted and read their messages. The lunar calendar is also associated with 12 animal signs in Chinese zodiac, so every 12 years is regarded as a cycle. 2022 is a Year of the Tiger, while 2023 turns to be a Year of the Rabbit. People born in years of the Tiger are fiercely independent and possess strong self-esteem. Tigers are lively and cheerful, and they love freedom and independence. They are a zodiac sign that absolutely must have their personal space.

On Valentine's day I asked all my residents if they would like to be my valentine and they all said Yes they were all happy receiving a poem called "You're Special" and a red rose. Just seeing them happy made me so happy.

We have been taking out our residents for a day trip once a week.

**UPCOMING ACTIVITIES IN MARCH: We will be celebrating these special events next month Pancake Day, World Book Day, International Women's Day, St Patrick's Day, World Poetry Day and Mother's day.**



# CHINESE NEW YEAR



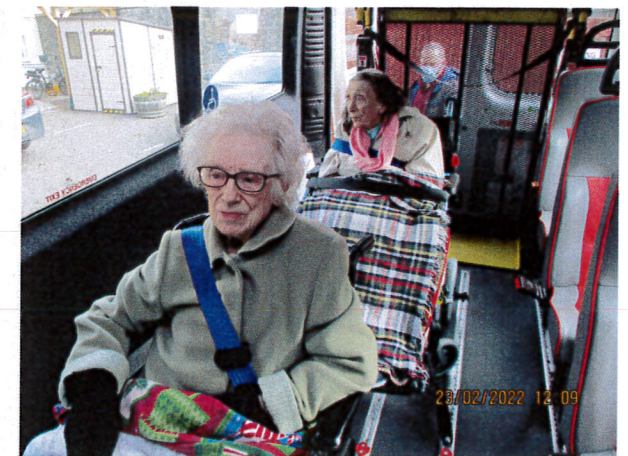


# Valentine's Day





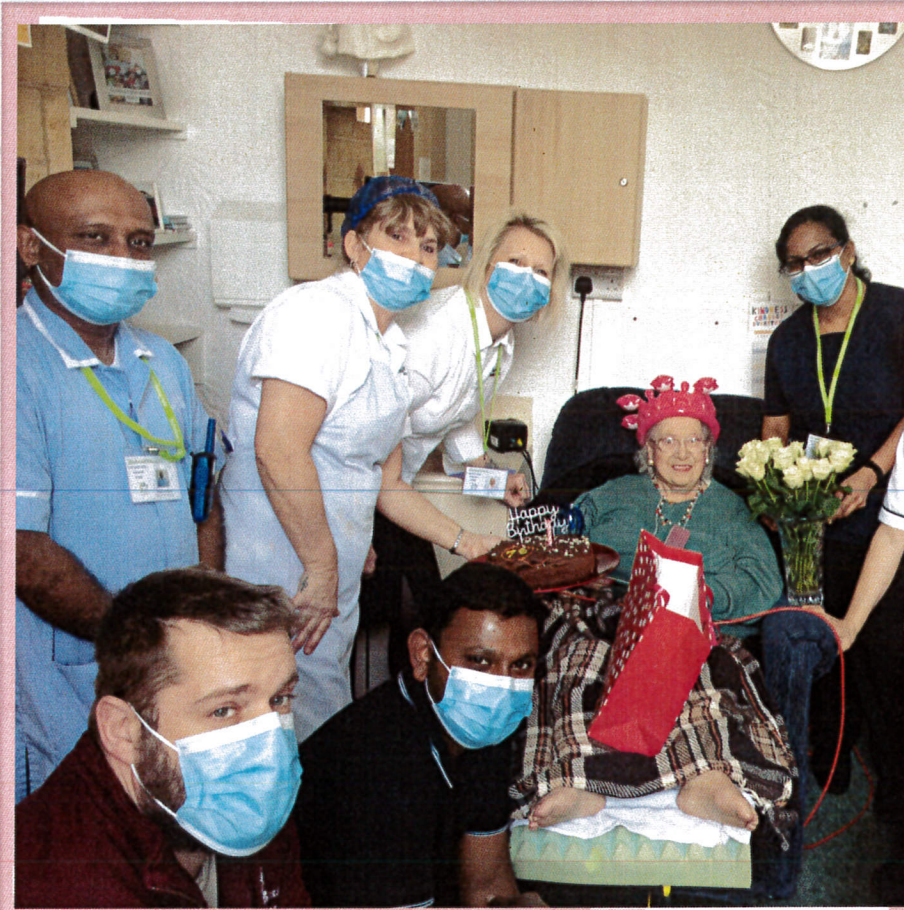
# DAY TRIPS







# HAPPY BIRTHDAY





# FEBRUARY ACTIVITIES

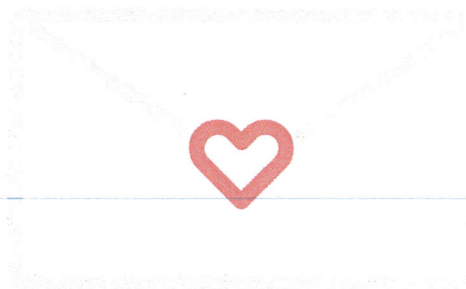


**TUE 1ST CHINESE NEW YEAR**  
**WED 2ND GAMES**  
**THURS 3RD DAY TRIP**  
**FRI WINTER OLYMPICS/BINGO**  
**SAT 5TH WORLD NUTELLA DAY**  
**SUN 6TH SING A LONG**



**MON 14TH VALENTINES DAY**  
**TUE 15TH GAMES**  
**WED 16TH ARTS & CRAFTS**  
**THURS 17TH DAY TRIP**  
**FRI 18TH BINGO**  
**SAT 19TH QUIZ**  
**SUN 20TH REMINISCING**

**MON 7TH GAMES**  
**TUES 8TH ARTS & CRAFTS**  
**WED 9TH KARAOKE**  
**THURS 10TH DAY TRIP**  
**FRI 11TH CHURCH SERVICE**  
**SAT 12TH PAMPER**  
**SUN 13TH MOVIE DAY**



**MON 21ST GAMES**  
**TUE 22ND ARTS & CRAFTS**  
**WED 23RD SINGER FRANK**  
**THURS 24TH DAY TRIP**  
**FRI 25TH BINGO**  
**SAT 26TH MEMORY GAMES**  
**SUN 27TH KARAOKE**

**MON 28TH GAMES**

**THE SCHEDULE MAY CHANGE DEPENDING ON UNFORESEEN CIRCUMSTANCE**

