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# THE HEATHERS

NURSING HOME NEWSLETTER

Welcome to The Heathers monthly newsletter. April is known for beautiful spring weather, the start of warmer weather, and right about the time when the Easter bunny will make an appearance!



# VISITING ARRANGEMENTS

Visits are conducted based on appointment basis. This is to take into account the number of visits per day and the infection prevention and control measures. Please ring the home to book your appointments and discuss about different options of visiting.

We have designated area for the visitors which is the shed at the back entrance, where all the PPE and visitors forms are kept. Before entering the home wash your hands enter the pod check your temperature, fill the form and put PPE (apron, mask and gloves) on and ring the door bell. One of our staff will then come and check your negative LFD test before letting you inside. Our opening hours for visitation are from 10.30am-8pm.

We as a home are recommending you to have lateral flow test before every visit, as a residents family member, if you are running low on test kits please ask the nurse in charge for more.

All visitors please remember if you are feeling unwell please do not visit our home until after 48 hours of feeling unwell.





# *What's been happening*

End of March and April has been a difficult month due to the outbreak we had.

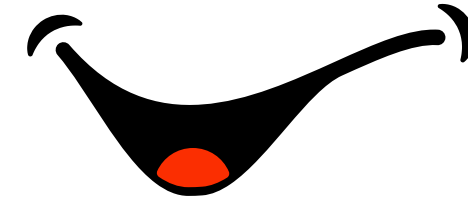
We still managed to have some fun with the singer Frank, Easter egg decoration, pranking the nurse. Alex from the G-fitness came in and we did a bit of chair exercise. All the residents enjoyed doing the exercises and celebrating Easter. The highlight of the month was our amazing Anna the ranger from Zoo Lab, she brought in a giant stick insect, a tree frog, a scorpion and everyone's favourite - Dolly the python.

Upcoming activities in May: Celebrating Cinco De Mayo, making our own pinata, Singer Rosie will be entertaining us with some lovely songs, Alex G-fitness keeping us fit and a bit of gardening. Exciting busy month we're looking forward to being active!





# APRIL FOOL



No one is safe on the 1st of April. Kaltoun & my partner in crime decided to prank the nurse. I put fake blood on a resident's finger and made it look like I'd cut her finger. The nurse in charge believed and brought wipes to clean the blood and plasters. We had to tell her it was a prank, when the nurse tried to put plaster on the finger.

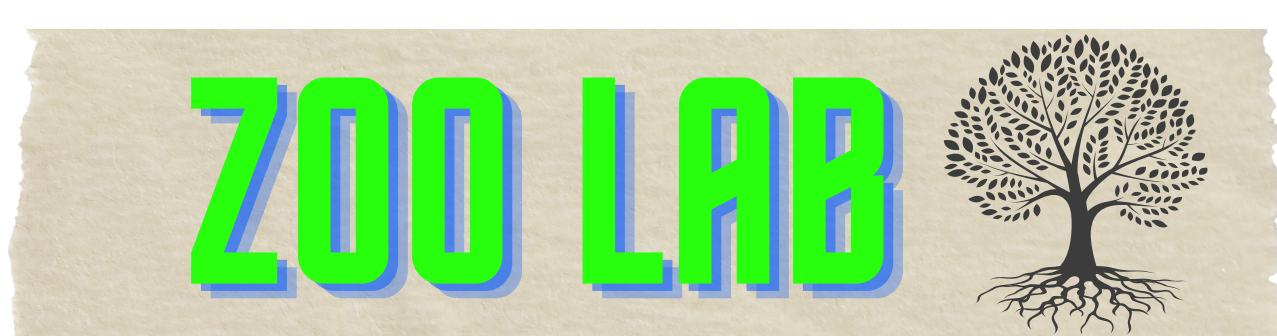




# HAPPY Easter











# HAPPY BIRTHDAY





# APRIL ACTIVITIES

**FRI 1ST PAMPER DAY**  
**SAT 2ND MOVIE DAY**  
**SUN 3RD ARTS & CRAFTS**

**MON 4TH GAMES**  
**TUES 5TH CHAIR YOGA**  
**WED 6TH POETRY**  
**THURS 7TH TELL A STORY**  
**FRI 8TH QUIZ**  
**SAT 9TH ARTS & CRAFTS**  
**SUN 10TH SING A LONG**



**MON 25TH GAMES**  
**TUE 26TH ALEX G-FITNESS**  
**WED 27TH AFTERNOON TEA**  
**PARTY**  
**THURS 28TH ZOO LAB**  
**FRI 29TH BINGO**  
**SAT 30TH MUSICAL, JAZZ DAY**

**MON 11TH GAMES**  
**TUE 12TH SENSORY**  
**WED 13TH MEMORY GAMES**  
**THURS 14TH ARTS & CRAFTS**  
**FRI 15TH GOOD FRIDAY**  
**SAT 16TH PAMPER DAY**  
**SUN 17TH EASTER DAY**

**MON 18TH EASTER MONDAY**  
**TUE 19TH MOVIE DAY**  
**WED 20TH BRAZILIAN CARNIVAL**  
**THURS 21ST PAMPER DAY**  
**FRI 22ND SINGER FRANK**  
**SAT 23RD ST GEORGE'S DAY**  
**SUN 24TH GAMES**

**THE SCHEDULE MAY CHANGE DEPENDING ON UNFORESEEN CIRCUMSTANCE**