MAY 2022

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Welcome to the monthly newsletter for the Heathers Nursing Home. This newsletter is for residents, families, friends and staff and is also published on our website at www.3abcare.co.uk

THE HEATHERS

NURSING HOME NEWSLETTER

THE HEATHERS



Bring us new hope and make our lives beautiful like spring flowers.

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VISITING ARRANGEMENTS

Visits continue to be on an appointment basis only, to monitor how many people are at the front door and in the building at once - this is for everyone's safety.

Lateral Flow Tests are still recommended to enter the home - if you need any kits, please ask a member of staff.

The use of face covering (medical mask) is still required to be worn and will be supplied at the door.

Reminder visiting times is 10.30 am - 8.00 pm, every day.

If ringing in to see how your loved one is, please ring after 11.00 am and speak to the nurse in charge on option 3.



THE HEATHERS

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What's been happening

The month of May has been such a great month, keeping ourselves busy with different activities, such as - First time making pinata shaped like an owl - it was not easy but we all did our best. We did a bit of gardening, planted sunflowers hopefully they will grow nicely.

This month we were lucky to have 2 new entertainers come in and entertained us. First it was Rosie who gave us pompoms to shake along with singing. Second entertainer was Shannon who sang some of our favourite songs, residents and all the staff joined in and we had so much fun that day.

Upcoming activities in June: We will be celebrating the Queens Platinum Jubilee, we are going to have our own street party at the Heathers. The week after we'll be also celebrating our lovely couple who's been married for 70 years their platinum wedding anniversary. 13th is a very busy day where we'll be getting our own Chickens to hatch and Alive activities will be coming.













KODAK PORTA 400



































SUN 1ST SING A LONG



TUE 10TH PAMPER DAY WED 11TH REMINISCING **THURS 12TH ARTS & CRAFTS FRI 13TH BINGO** SAT 14TH KARAOKE SUN 15TH CHURCH SERVICE

MON 9TH GAMES

MON 2ND SENSORY TUE 3RD GAMES WED 4TH ARTS & CRAFTS **THURS 5TH CINCO DE MAYO** FRI 6TH BINGO SAT 7TH MOVIE DAY **SUN 8TH CHURCH SERVICE**

MON 23RD GAMES TUE 24TH ARTS & CRAFTS WED 25TH GARDENING **THURS 26TH TELL ME A STORY** FRI 27TH BINGO SAT 28TH KAROAKE SUN 29TH CHURCH SERVICE

MON 30TH GAMES TUE 31ST SINGER SHANNON

MON 16TH BINGO TUE 17TH GAMES WED 18TH ALEX G-FITNESS **THURS 19TH BAKING FRI 20TH SINGER ROSIE** SAT 21ST POETRY SUN 22ND CHURCH SERVICE

FAMILY & FRIENDS ARE WELCOME TO JOIN IN ANY ACTIVITIES

THE SCHEDULE MAY CHANGE DEPENDING ON UNFORESEEN CIRCUMSTANCE

