

The Heathers

Monthly newsletter keeping you up to date with your loved ones



Summer months are upon us!

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**Hello all, hope you have all been enjoying the sun now it's here.
Our residents certainly are enjoying the sun with lots of activities and trips out.**

Visiting Updates

Please note the visiting hours are between 10.30 am and 8pm every day.

Visits can still be booked if you have specific requests regarding place of visit.

Kindly avoid meal times unless you are supporting your loved ones.

The use of mask is now optional and not mandatory.

Please refrain from visiting if you are unwell.

If contacting the home by telephone to see how your loved one is please ring after 11am and avoid medication rounds (1pm-1.30pm,5pm-6pm) to speak to the nurse on 01454312726 option 3.

Care planning and family/service user involvement

Please see the nurse in charge to see your loved one's care plan and to be involved in the care planning.

Person centred activities and input from family

We aim to provide person centred meaningful activities to our residents. For this to be successful we need to know more about the resident and families input is very important. Our activity staff will be contacting families to ask in detail about your loved ones likes and dislikes ,please contribute as this will help us to develop a meaningful activity plan for your loved ones.

Residents meeting

We have now decided to increase the frequency of residents meeting and from August there will be a residents meeting each month.

Activities Corner



Trips to the local park, alpaca farm, garden centers and the local cafes have taken place in June with several residents enjoying the variety of activities. We now have 2, new full-time activity coordinators, you have probably seen them around the home, Niki and Karen and obviously the ever-talented Sarah is part time as she has other duties around the home.





HOME IMPROVEMENTS

Our maintenance person Mark has been busy around the home with refreshing a few rooms up, planting flowers in the hanging baskets and tubs. We are forever improving the home for the residents to make it feel homely and welcoming. Mark oversees all the health and safety audits around the home, ensuring everything is in perfect working order.



Kitchen menus have changed slightly, of which the residents are enjoying the change.



FUTURE PLANS

Our summer /autumn fair preparations are in full swing. The date is the 9th September 2023, please come and join us for our cowboys and Indian themed fun time between 10.30 am / 12.30 pm.

We are looking for raffle donations, please contribute if possible and place your gift in the basket at reception.



We had one resident Cora celebrate her 89th birthday ,also a few members of staff





WESTERN

Saturday 9th

September

10.30 -12.30

JULY ACTIVITIES

SAT 1 ST		
SUN 2 ND PAMPER DAY	MON 8 TH GAMES	MON 15 TH GAMES
WED 3 RD QUIZ	TUE 9 TH DAY TRIP/TELL ME A STORY	TUE 16 TH ARTS & CRAFTS
THURS 4 TH ARTS & CRAFTS	WED 10 TH ALEX G-FITNESS	WED 17 TH SINGER SHANNON
FRI 5 TH BINGO	THURS 11 TH ALIVE ACTIVITIES	THURS 18 TH DAY TRIP
SAT 6 TH MUSICAL DAY	FRI 12 TH BINGO	FRI 19 TH BINGO
SUN 7 TH CHURCH SERVICE (youtube)	SAT 13 TH ICE CREAM & MOVIE	SAT 20 TH MEMORY GAME
MON 22 ND MYSTERY GAME	SUN 14 TH CHURCH SERVICE (youtube)	SUN 21 ST CHURCH SERVICE (youtube)
TUE 23 RD QUIZ		
WED 24 TH DAY TRIP	MON 29 TH GAMES	
THURS 25 TH SINGER FRANK	TUE 30 TH SENSORY	
FRI 26 TH CHURCH SERVICE	WED 31 ST DAY TRIP	
SAT 27 TH RESIDENTS CHOICE		
SUN 28 TH WORD SEARCH		

Recruitment - We have recruited 2 new nurses Theresa & Rajan and a new healthcare assistant, Shinu David. See pictures below:

