

# The Heathers

Monthly newsletter keeping you up to date with your loved ones



### Summer months are upon us!

#### **OVERVIEW:**

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> Hello all, hope you have all been enjoying the sun now it's here. Our residents certainly are enjoying the sun with lots of activities and trips out.

### **Visiting Updates**

Please note the visiting hours are between 10.30 am and 8pm every day.

Visits can still be booked if you have specific requests regarding place of visit.

Kindly avoid meal times unless you are supporting your loved ones.

The use of mask is now optional and not mandatory.

Please refrain from visiting if you are unwell.

If contacting the home by telephone to see how your loved one is please ring after 11am and avoid medication rounds (1pm-1.30pm,5pm-6pm) to speak to the nurse on 01454312726 option 3.

## Care planning and family/service user involvement

Please see the nurse in charge to see your loved one's care plan and to be involved in the care planning.

# Person centred activities and input from family

We are aim to provide person centred meaningful activities to our residents. For this to be successful we need to know more about the resident and families input is very important. Our activity staff will be contacting families to ask in detail about your loved ones likes and dislikes please contribute as this will help us to develop a meaningful activity plan for your loved ones.

### **Residents meeting**

We have now decided to increase the frequency of residents meeting and from August there will be a residents meeting each month.

## **Activities Corner**



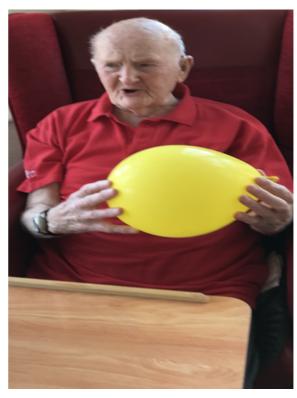




Trips to the local park, alpaca farm, garden centers and the local cafes have taken place in June with several residents enjoying the variety of activities. We now have 2, new full-time activity coordinators, you have probably seen them around the home, Niki and Karen and obviously the ever-talented Sarah is part time as she has other duties around the home.

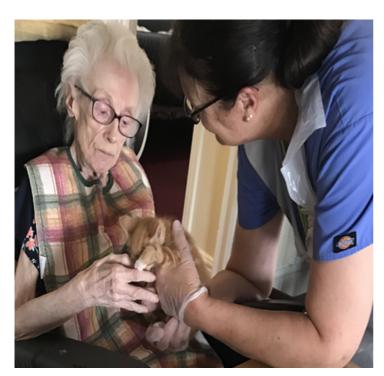














#### **HOME IMPROVEMENTS**

Our maintenance person Mark has been busy around the home with refreshing a few rooms up, planting flowers in the hanging baskets and tubs. We are forever improving the home for the residents to make it feel homely and welcoming. Mark oversees all the health and safety audits around the home, ensuring everything is in perfect working order.



Kitchen menus have changed slightly, of which the residents are enjoying the change.



#### **FUTURE PLANS**

Our summer /autumn fair preparations are in full swing. The date is the 9th September 2023, please come and join us for our cowboys and Indian themed fun time between 10.30 am / 12.30 pm.

We are looking for raffle donations, please contribute if possible and place your gift in the basket at reception.



We had one resident Cora celebrate her 89th birthday ,also a few members of staff





## **JULY ACTIVITIES**

SAT 1ST

SUN 2<sup>ND</sup> PAMPER DAY

WED 3RD QUIZ

THURS 4TH ARTS & CRAFTS

FRI 5TH BINGO

SAT 6TH MUSICAL DAY

SUN 7TH CHURCH SERVICE

(youtube)

MON 22ND MYSTERY GAME

TUE 23RD QUIZ

WED 24TH DAY TRIP

THURS 25TH SINGER FRANK

FRI 26TH CHURCH SERVICE

SAT 27<sup>TH</sup> RESIDENTS CHOICE

**SUN 28<sup>TH</sup> WORD SEARCH** 

MON 8TH GAMES

TUE 9<sup>™</sup> DAY TRIP/TELL ME A

STORY

WED 10<sup>TH</sup> ALEX G-FITNESS

THURS 11TH ALIVE ACTIVITIES

FRI 12<sup>TH</sup> BINGO

SAT 13TH ICE CREAM & MOVIE

SUN 14<sup>TH</sup> CHURCH SERVICE (youtube)

MON 29<sup>TH</sup> GAMES

TUE 30TH SENSORY

WED 31<sup>ST</sup> DAY TRIP

MON 15TH GAMES

TUE 16TH ARTS & CRAFTS

WED 17TH SINGER SHANNON

THURS 18TH DAY TRIP

FRI 19TH BINGO

SAT 20<sup>TH</sup> MEMORY GAME

SUN 21<sup>ST</sup> CHURCH SERVICE

(youtube)

Recruitment - We have recruited 2 new nurses Theresa & Rajan and a new healthcare assistant, Shinu David. See pictures below:

