

JULY 2023

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# THE HEATHERS

NURSING HOME NEWSLETTER

Welcome to The Heathers Nursing home newsletter. The aim of the newsletter is provide an informed and sometimes light hearted look at what is a very important job - looking after our residents.

Please follow us on social media  
Facebook: The heathers nursing home  
Instagram: the\_heathers\_home

## Visiting Updates

Please note the visiting hours are between 10.30 and 8pm every day.

Visits can still be booked if you have specific request's regarding place of visit.

Kindly avoid meal times unless you are supporting your loved ones.

The use of mask is now optional and not mandatory.

Please refrain from visiting if you are unwell.

If contacting the home by telephone to see how your loved one is please ring after 11am and avoid medication rounds (1pm-1.30,5pm-6pm)to speak to nurse on 01454312726 option 3



### **Care planning and family /service user involvement**

Please see the nurse in charge to see your loved ones care plan and to be involved in it

# ACTIVITIES

WHAT A WASH OUT JULY HAS BEEN, IT CERTAINLY FEELS MORE LIKE NOVEMBER, ALTHOUGH GOOD FOR THE GARDEN BUT NOT FOR THE SUN WORSHIPPERS. WE HAVE STILL MANAGED TO GET OUT AND ABOUT, HERE AND THERE, EVEN THOUGH THE RAIN HAS BEEN PERSISTANT TO THE LOCAL PARK AND COFFEE SHOPS.





# ZOO VISIT



Zoolab visited us with a snail, a gheko, a snake and many more. The residents thoroughly enjoyed the morning.





# HAPPY BIRTHDAY



# **JULY ACTIVITIES**

SAT 1<sup>ST</sup>

SUN 2<sup>ND</sup> PAMPER DAY

WED 3<sup>RD</sup> QUIZ

THURS 4<sup>TH</sup> ARTS & CRAFTS

FRI 5<sup>TH</sup> BINGO

SAT 6<sup>TH</sup> MUSICAL DAY

SUN 7<sup>TH</sup> CHURCH SERVICE  
(youtube)

MON 22<sup>ND</sup> MYSTERY GAME

TUE 23<sup>RD</sup> QUIZ

WED 24<sup>TH</sup> DAY TRIP

THURS 25<sup>TH</sup> SINGER FRANK

FRI 26<sup>TH</sup> CHURCH SERVICE

SAT 27<sup>TH</sup> RESIDENTS CHOICE

SUN 28<sup>TH</sup> WORD SEARCH

MON 8<sup>TH</sup> GAMES

TUE 9<sup>TH</sup> DAY TRIP/TELL ME A  
STORY

WED 10<sup>TH</sup> ALEX G-FITNESS

THURS 11<sup>TH</sup> ALIVE ACTIVITIES

FRI 12<sup>TH</sup> BINGO

SAT 13<sup>TH</sup> ICE CREAM & MOVIE

SUN 14<sup>TH</sup> CHURCH SERVICE  
(youtube)

MON 29<sup>TH</sup> GAMES

TUE 30<sup>TH</sup> SENSORY

WED 31<sup>ST</sup> DAY TRIP

MON 15<sup>TH</sup> GAMES

TUE 16<sup>TH</sup> ARTS & CRAFTS

WED 17<sup>TH</sup> SINGER SHANNON

THURS 18<sup>TH</sup> DAY TRIP

FRI 19<sup>TH</sup> BINGO

SAT 20<sup>TH</sup> MEMORY GAME

SUN 21<sup>ST</sup> CHURCH SERVICE  
(youtube)

**FAMILY & FRIENDS ARE WELCOME TO JOIN IN ANY ACTIVITIES  
THE SCHEDULE MAY CHANGE DEPENDING ON UNFORESEEN CIRCUMSTANCE**