#### **JULY 2023**



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Welcome to The Heathers Nursing home newsletter.

The aim of the newsletter is provide an informed and sometimes light hearted look at what is a very important job - looking after our residents.

Please follow us on social media

Facebook: The heathers nursing home

Instagram: the\_heathers\_home

THE HEATHERS PAGE 1

#### **VISITING ARRANGEMENTS**

### Visiting Updates

Please note the visiting hours are between 10.30 and 8pm every day.

Visits can still be booked if you have specific request's regarding place of visit.

Kindly avoid meal times unless you are supporting your loved ones.

The use of mask is now optional and not mandatory.

Please refrain from visiting if you are unwell.

If contacting the home by telephone to see how your loved one is please ring after 11am and avoid medication rounds (1pm-1.30,5pm-6pm) to speak to nurse on 01454312726 option 3



#### Care planning and family /service user involvement

Please see the nurse in charge to see your loved ones care plan and to be involved in it

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### **ACTIVITIES**

WHAT A WASH OUT JULY HAS BEEN, IT CERTAINLY FEELS MORE LIKE NOVEMBER, ALTHOUGH GOOD FOR THE GARDEN BUT NOT FOR THE SUN WORSHIPPERS. WE HAVE STILL MANAGED TO GET OUT AND ABOUT, HERE AND THERE, EVEN THOUGH THE RAIN HAS BEEN PERSISTANT TO THE LOCAL PARK AND COFFEE SHOPS.

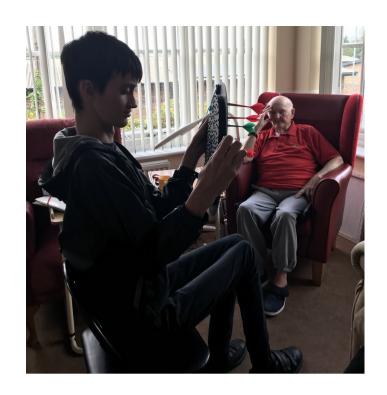


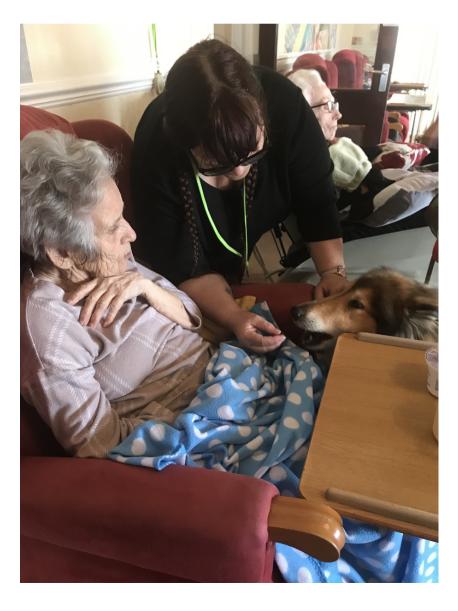












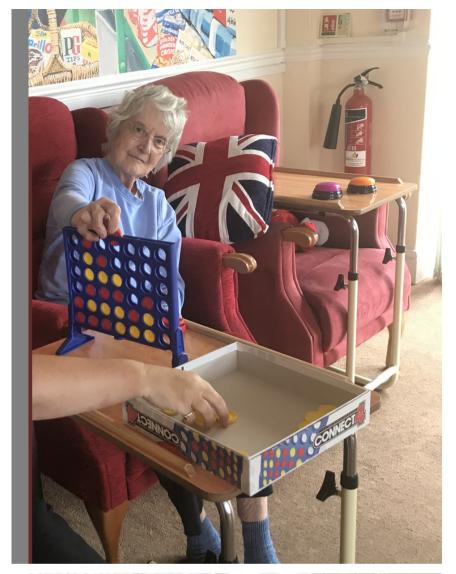
## ZOO VISIT



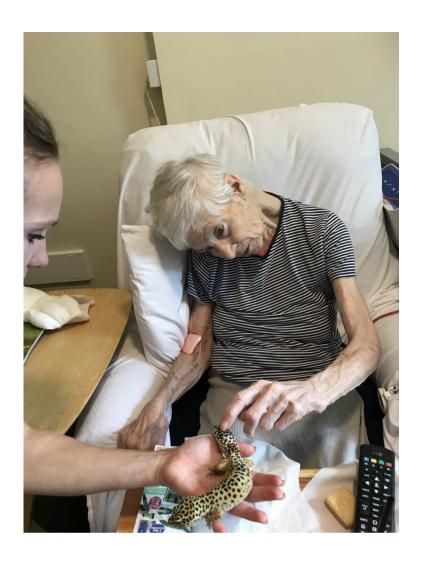




Zoolab visited us with a snail, a gheko, a snake and many more. The residents thoroughly enjoyed the morning.















# HAPPY BIRTHDAY









FAMILY & FRIENDS ARE WELCOME TO JOIN IN ANY ACTIVITIES THE SCHEDULE MAY CHANGE DEPENDING ON UNFORESEEN CIRCUMSTANCE