

# **The Heathers Nursing Home**

**Newsletter  
January 2024**



**The whole team  
would like to wish  
you all a Happy New Year**

# Jigsaws and cards



# ZOO LAB



# Keep fit



# POWER PLATE SESSION





Happy birthday



Joyce

# FEBRUARY ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 SHANNON SINGER	2 CARD GAMES	3 ARTS AND CRAFT
4 CHURCH TV	5 KNITTING CLUB	6 QUIZ	7 JOHN AND JOANNE SINGERS	8 PAMPER DAY	9 POEM DAY	10 BALL GAMES
11 CHURCH TV	12 ARTS AND CRAFTS	13 SHROVE TUESDAY PANCAKE DAY	14 VALENTINES DAY	15 PAMPER DAY	16 KNITTING CLUB	17 STORY DAY
18 CHURCH TV	19 CARD GAMES	20 STORY DAY	21 BALL GAMES	22 PAMPER DAY	23 QUIZ	24 SINGING
25 CHURCH TV	26 QUIZ	27 KNITTING CLUB	28 ARTS AND CRAFTS	29 PAMPER DAY		

FEBRUARY ACTIVITIES 2024