

# THE HEATHERS NURSING HOME AUGUST 2024 NEWSLETTER



## **VISITING ARRANGEMENTS**

Please note the visiting times are between 10.30 am and 8.00 pm every day.

We have protected meal times , please make sure you avoid meal times when visiting, unless you are supporting with meals.(0900-1000 breakfast,1230-1330 lunch, 1700-1800 tea). Visiting during meal times causes distraction and inconvenience for some residents in the lounge, having adequate nutrition is very vital for your loved ones, please be mindful about this. If you feel unwell, please refrain from visiting.

If contacting the home to see how your loved one is, please ring after 11.00 am and avoid medication round time (1.00/1.30 pm & 5/6 pm). Press option 3 to speak to the nurse in charge 01454 312726.

### **Care planning**

Care planning & family / service user involvement. Please see the nurse in charge to see your loved ones care plan and to be involved in the planning.

### **Post**

Please see the nurse in charge to collect any post for you loved ones.

### **Residents and relatives meeting**

We hold residents and relatives meeting every month ,the time is 12 pm ,please ask the nurse or management for dates for each month. Relatives are welcome to join.

# TRIPS OUT



SEVERN  
BEACH



LOCAL WOODS/PARK





## PORTISHEAD



# TRIPS OUT GARDEN CENTRE



# PONY VISIT



# CHRIS THE SINGER



# SUMMER FETE





# SUMMER FETE



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# Upcoming events

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**September 6- mind song -A Gloucestershire charity reaching people with dementia through music and song. Mindsong's singing groups, courses and music therapy sessions offer hope, inspire joy, unlock memories, enhance quality of life, and enable participants and their families to live well.**

**Various dates -Happiness programme-The Happiness Programme is a first-of-its-kind initiative helping to change the lives of people living with cognitive challenges. We use interactive light technology by a projector to provide meaningful activities for residents .**

**September 10-Zoo lab -They tries to amaze, educate and inspire through ethical and engaging animal encounters.**

**September 12- Residents and relatives meeting.**

**Church TV on every Sunday**

**September 13- Jenilee the singer**

**Bingo, ball games, arm chair exercises and many more activities**

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The 3ab care



Call The Heathers Nursing Home for more information on 01454 312726

# REFERRAL PROGRAMME



DO YOU KNOW SOMEONE SEEKING A NURSING HOME FOR A LOVED ONE? REFER A RESIDENT AND IF THEY COME TO LIVE IN OUR HOME, YOU WILL RECEIVE A REWARD!

YOU GET £250 VOUCHER IF THE RESIDENT YOU REFER COMES TO OUR HOME FOR RESPITE

YOU GET £500 VOUCHER IF THE RESIDENT YOU REFER COMES TO OUR HOME PERMANENTLY

