

## Saturday 31st August 2024

Today we have had fun and games playing with the bean bags and the tin can alley and the footballs. They all helped to catch the attention of the residents in different ways, and so there was lots of engagement throughout the afternoon.

We tried the bean bags with the tin can alley, and then we tried the balls with them. This gave mixed results but everyone was having a go at throwing the bean bags and the small balls.



There was lots of tin cans knocked over using the bean bags but everyone agreed after trying both that the balls were better. Ravji and Nora had fun giving the games a go. Nora actually was the only one who managed to get her ball into the tin can for that version of the game!

We then had a go at the score board with the bean bags and everyone was throwing the bean bags well and having a go. There was Reg who couldn't quite get the hang of the tin can alley but he did understand the target board flat on the floor. This was a good way to engage everyone when you vary the game, but not too much to make it all confusing.



Sadly we didn't get photos of the football game but we did get 5 or 6 footballs out and were kicking them across the room to each other. This again was a good way to get movement happening, and Cynthia and Reg enjoyed kicking the balls. Heather was able to get hers across the room to David who was able to kick it back. Dorothy also had a good go with kicking balls that came her way.

Lots of fun and movement but all in the way of games, so an enjoyable and engaging afternoon.