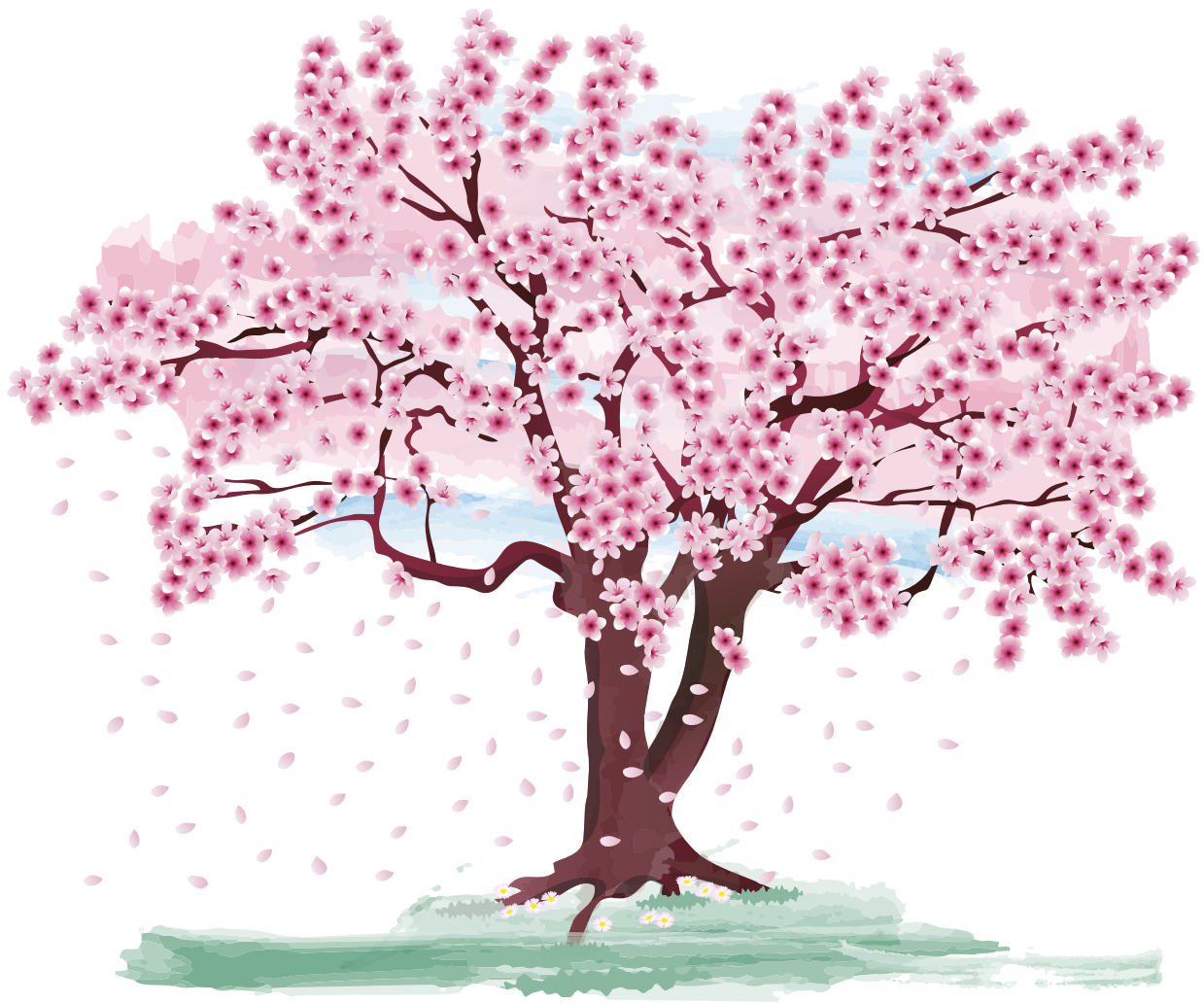




THE HEATHERS NURSING HOME NEWSLETTER

APRIL 2025



VISITING ARRANGEMENTS

Please note the visiting times are between 10.30 am and 8.00 pm every day.

We have protected meal times , please make sure you avoid meal times when visiting, unless you are supporting with meals.(0900-1000 breakfast,1230-1330 lunch, 1700-1800 tea). Visiting during meal times causes distraction and inconvenience for some residents in the lounge, having adequate nutrition is very vital for your loved ones, please be mindful about this. If you feel unwell, please refrain from visiting.

If contacting the home to see how your loved one is, please ring after 11.00 am and avoid medication round time (1.00/1.30 pm & 5/6 pm). Press option 3 to speak to the nurse in charge 01454 312726.

SIGNING IN AND OUT

Can we request all the visitors to sign in each time you enter the building and sign out when you leave the building please. This is to comply with fire safety regulations.

Care planning

Care planning & family / service user involvement.

Please see the nurse in charge to see your loved ones care plan and to be involved in the planning.

Post

Please see the nurse in charge to collect any post for you loved ones.

Residents and relatives meeting

We hold residents and relatives meeting every month ,the time is 12 pm ,please ask the nurse or management for dates for each month. Relatives are welcome to join.



The GSF Care Homes Training Programme is the most widely used training programme for all care homes in the UK, supporting all elderly residents as they near the end of their lives. Since its launch in 2004, thousands of care homes have completed the programme, and hundreds have become accredited with the well-recognised GSF Quality Hallmark Award. Over the last 20 years, GSF has provided effective end of life care training for the care team, enabling residents to live well by promoting better working with GPs and the wider community team. Hundreds of thousands of residents have benefited from GSF in their care home enabling more proactive, personalised, well-coordinated care. Demonstrating significant impact with a reduction in unplanned hospital admissions and deaths, enabling more to live and die where they choose. It is estimated that on average 80% of residents are in the last year of life and unplanned hospital admissions of residents could be avoided with care homes playing a pivotal role with an ever increasing aging population quality care is crucial for the sector now, and in the future.

GSF helps implement national policy in practice. GSF improves proactive, personalised, well-coordinated care, in line with the NHSE Long Term Plan, NICE Guidance, Enhanced Health in Care Homes (EHCH) and supporting GPs' Quality Outcomes Framework enhancing quality of care for residents and reducing crisis hospital admissions and deaths, whilst providing evidence of impact for CQC and local commissioners. The programme is a tried and tested way of delivering transformational change in line with current best practice. It promotes independence and high-quality integrated care in final days, as well as workforce training and development and the use of technology leading to a more confident team.

The GSF Accreditation Quality Hallmark Award is nationally recognised as a kite-mark for quality, recommended by Care Quality Commission, and co-badged with Care England, National Care Forum, National Care Association, Registered Nursing Home Association, with high numbers of 'CQC Outstanding' homes being GSF Accredited. Long term sustainability of the programme has been demonstrated, with care homes are now re-accredited 3, 6, 9 and 12 years on, having achieved accreditation for the 5th time!. In acknowledgment of this, homes and other organisations that achieve re-accreditation received GSF Platinum status.

We are in the process of getting accredited



DONKEY VISIT





SINGERS





**AMBOURNE
NURSERY
CHILDREN**



**PLANTING
AND
EXERCISE**





BUS TRIPS



**HAPPY
BIRTHDAY**



HEATHER

STAFF HIGHLIGHT



Aneesh Nath has been a member of staff at the Heathers for 13 years. He started of as a nurse and now he is the registered manager. In his spare time he likes to read and play cricket. He is married with two children .

EMPLOYEES OF THE MONTH

WELL DESERVED

JAN 2025
MANJU



FEB 2025
CAROLINE



FORTHCOMING EVENTS FOR MAY 2025

**7TH MAY
MELISSA ANIMALS**

**8TH MAY
KEEP FIT ALEX**

**9TH MAY
MINDSONG**

**13TH MAY
RESIDENTS
MEETING**

**22ND MAY
KEEP FIT ALEX**

**23RD MAY
MIND SONG**

**29th MAY
SCALES
AND TAILS**

The 3ab care



Call The Heathers Nursing Home for more information on 01454 312726

REFERRAL PROGRAMME

DO YOU KNOW SOMEONE SEEKING A NURSING HOME FOR A LOVED ONE? REFER A RESIDENT AND IF THEY COME TO LIVE IN OUR HOME, YOU WILL RECEIVE A REWARD!

YOU GET £250 VOUCHER IF THE RESIDENT YOU REFER COMES TO OUR HOME FOR RESPITE

YOU GET £500 VOUCHER IF THE RESIDENT YOU REFER COMES TO OUR HOME PERMANENTLY

3ab
Care
Limited
Exceptional Excellence
★★★★★★

