

SAINTBRIDGE HOUSE NURSING & RESIDENTIAL HOME

ISSUE 2 – April 2020

Upcoming Birthdays

Michael Hunt – 1st April

Gale Tandy – 6th April

Tina Clune – 10th April

Maria Byczok – 13th April

Don Miller – 18th April

Sylvia Lewis – 20th April

Alex Smith – 20th April

Gwen Lipscombe – 29th April

Dawn David – 29th April



WELCOME TO OUR SECOND NEWSLETTER

We hope this regular newsletter will be informative for Residents, Relatives and Staff.

Fun Facts For April

- April is the second month of Spring
- In the southern hemisphere, April is the same as October in the Northern Hemisphere
- The diamond of April symbolizes innocence
- The Boston marathon is held during April (But possibly not this year due to Covid-19)
- In ancient Rome, the month of April was sacred to the goddess Venus
- 1st April -April Fools day
- In England there are many cuckoo festivals. The arrival of the cuckoo bird in April is a signal that Spring has arrived.

This month in history

- 1973 The first portable sell phone call was placed in New York City
- 1992 Pope John Paul II died
- 1953 TV Guide published its first issue
- 1968 Martin Luther King Jr delivered his "I've been to the mountaintop" speech in Memphis, Tennessee
- 1561 UFO's were reportedly flying over Nuremberg, Germany
- 1968 Martin Luther King Jr was assassinated by James Earl Ray in Memphis, Tennessee
- 1983 Space shuttle Challenger made its maiden voyage into space
- 1909 The city of Tel Aviv was founded
- 1606 The Union Jack (The Union Flag) was adopted as the flag of English and Scottish ships
- 1570 Guy Fawkes was born (Died in 1606)
- 1775 The American revolution began
- 1982 Falklands war - 2nd April – 14th June

What Does April Symbolise?

The English word April comes from the Latin Aprilis, the name given to the month by the ancient Romans. No one knows for certain why the Romans named it as they did. Some Roman authors thought that Aprilis was related to the Latin verb aperire meaning "to open," because April "opened" the buds of leaves and flowers. A more likely theory is that the name was based on Apru, an Etruscan form of the name of the Greek goddess Aphrodite.

St George's Day

St George's Day in England remembers St George, England's **patron saint**. The anniversary of his death, which is on **April 23**, is seen as England's national day. According to legend, he was a soldier in the Roman army who killed a dragon and saved a princess.

To celebrate St. Georges day we will hopefully be having Phoebe in to sing to the residents. (Obviously depending on if the home is open by then.)



APRIL

APRIL FOOLS
 ARBOR DAY
 BIRDS
 BUNNIES
 DAFFODILS
 EARTH DAY
 GRASS
 GROWTH

JACKET
 JOKES
 MISCHIEF
 PRANK
 TREES
 TULIPS
 RAINDROPS
 SHOWERS

A P S D R I B R L I F O L O S
 B Y D R O B R B G R A S S A E
 T R D F E I H C S I M L B U E
 S E I N R A I N D R O P S N R
 J A C K E T D Y A O G R A O T
 S R R D A D A F F O D I L S B
 H T F B S P I L U T O R G S U
 O H F H O K I C A J H T P W N
 W D O T E R J O H T W O R G N
 E A D R P A D F I M S E A K I
 R Y I A N K T A E I H C N S E
 S E L S H E E R Y O J O K E S

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Like us on
Facebook

We have a facebook page for you to follow us on. The page gives details of the Home, including activities, menus, and lots of photographs and other information about the Home. Please feel to 'like' us at <https://www.facebook.com/saintbridgehouse/>

Laundry News

If you have received or brought in any new clothes please ensure they are labeled clearly with the residents name.



News from the kitchen

The kitchen would like to reassure everyone that our supply chain of food deliveries continues as normal. We have stocked up on Dry essentials such as bread, rice, pasta, etc just in case there are any issues with receiving supplies, however at present, we do not foresee any issues.

EMPLOYEE OF THE MONTH

A Huge congratulations to Kiloko Katiru, who was our employee of the Month for March. This was awarded to Kiloko in recognition of her dedication, passion, hard work and attaining her level 3 Diploma in Adult Care. Well Done Kiloko!

TOILETRIES



We would like to take this opportunity to ask if you could ensure all residents have an adequate supply of toiletries. This includes soap, body wash/shower gel, shampoo and shaving equipment (if required). These items will also need to be clearly marked with the residents name on.

Daily Activities

It is important to keep an active mind and we are now leaving out a variety of activities on the table in the main lounge area. These can be used by everyone at anytime of the day. We do ask if these items can be returned after use.

Regular and Organised Activities

Sam the Hairdresser visits every Tuesday

Faye, the Foot Health Practitioner visits every 4-6 weeks

Debbie comes along to sing to and play instruments with the residents every Tuesday from 2.30 – 3.30pm

Mel The Pianist comes to play all the golden oldies – Every last Thursday of the month (Next visit on 30/04/2020 at 2.30pm).

Holy Communion – From the St. Aldates Church – Every other month on a Saturday Afternoon (Next Visit on 31/3/2020 at 2.30pm).

Phoebe will be visiting on the 23rd April to help us celebrate St George's day with some live Singing!

CORONAVIRUS (COVID-19)UPDATE

As most of you will be aware, we unfortunately had to take the decision on the 12th March 2020 to “cocoon” our home and close the home to all visitors. This was done in the best interests of all of our vulnerable residents. We said we would review the situation after 21 days.

Unfortunately, due to the ongoing situation and the announcement by the Prime Minister on the 23rd March to effectively “Lock Down” the country, we have taken the decision to extend our Cocooning of the home until 13th April at the very earliest. We will again review the situation at that time.

We know that this decision will cause heartache for many of you as it again extends the period where you will be unable to visit your loved one. We also hope that you understand the reasoning behind us making this very difficult decision.

Although face to face visits are not possible during the Cocooning period, we do have an IPAD that can be used for residents to receive Facetime and Skype video calls. Our username for both facetime and skype is info@saintbridge-house.co.uk . If you would like to use this facility, please call the home on the landline (01452 300307) before making the call and a member of staff will take the IPAD to your loved one so they can accept your Facetime or Skype call.

We can also reassure you that at present, none of our residents have shown any symptoms of the virus, and only 2 members of staff had had to self-isolate due to symptoms, however neither have tested positive for the virus.

Contact Us
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ANY ARTICLES YOU WOULD LIKE TO PUT IN THE NEXT EDITION OF THE NEWSLETTER PLEASE PASS ON TO GALE, DAVE, OR EMAIL: INFO@SAINTBRIDGE-HOUSE.CO.UK