



Exceptional
Excellence



★ HIGHLY COMMENDED ★
2024

the gold standards
framework

ACCREDITED 2025-2028

Inspected and rated

Good



Brook House Newsletter



April brings gentle sunshine, blooming gardens, and the fresh feeling of spring all around us. It's a time of renewal, where longer days invite more laughter, shared moments, and new memories together.

At Brook House, April is filled with warmth, kindness, and companionship. Meaningful moments, our home continues to blossom — just like the season itself.

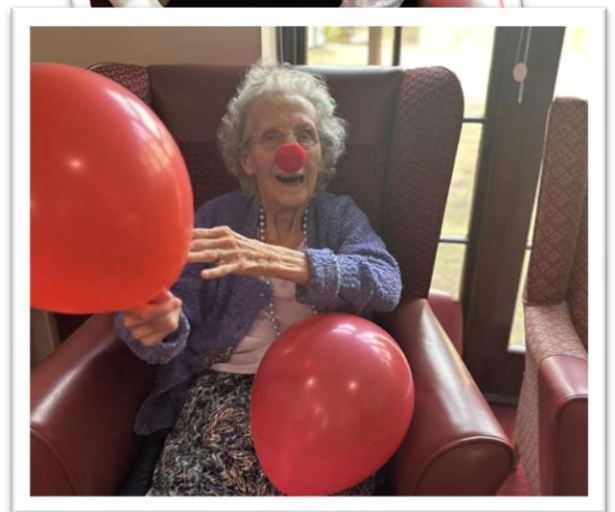
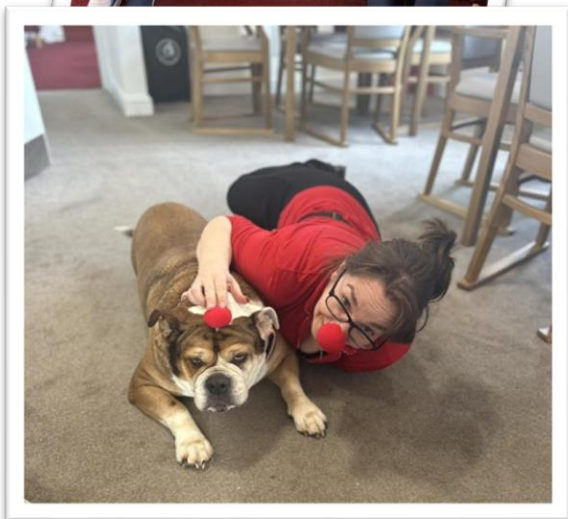
APRIL 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		 1	2	 3	4	 5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	 23	24	25	26
27	28	29	30			

Please tear off and keep this page for your monthly calendar!

Reflections

March was a month full of music, laughter and love, from wonderful live singers and a talented trombonist to a St Patricks Day celebration. The residents also celebrated red nose day. There was truly something for everyone to enjoy!





Veronica joined Brook House in September 2019

Veronica came from overseas and has always had a connection with the elderly.

Veronica loves working in a happy environment. Veronica's team mates describe her as efficient, soft spoken, kind, considerate and very helpful.

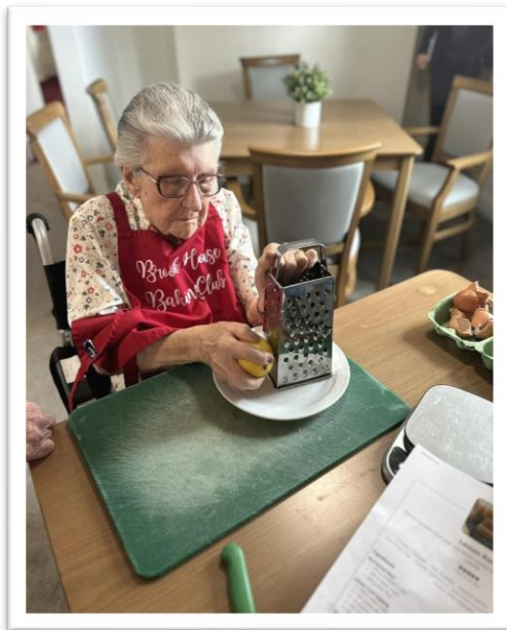
Veronica likes to watch a good tv series, but her favourite film is *The colour purple*.

She used to like to crochet and cross stich. Veronica likes to clean and likes to see her husband cook. Perfect!

Veronicas favourite song is queen, bohemian Rhapsody, she could listen to it all day.

Baking Club...

Our baking club is always filled with warmth, laughter, and the delicious smell of homemade treats! Residents come together to share recipes, memories, and plenty of smiles as they mix, stir, and decorate.



Minibus Trip...



Our dedicated minibus allows residents to enjoy regular trips out and about, keeping spirits high, smiles growing, and independence supported.



Menu Highlights..



Here are just a few of the comforting dishes our residents have enjoyed...



A choice of hearty, homemade meals and treats, such as... a hearty beef and guinness stew, chef's amazing smoked haddock with creamy leeks and colcannon mash, traditional chocolate and baileys cheesecake. Delicious!

A trip to the park...

Sunny day smiles



Fresh air fun



Laughter in nature

We recently enjoyed a trip to the park with our residents making the most of the fresh air and gentle sunshine.

Family & Engagement

We would like to take a moment to thank all Family, Friends and others for visiting their loves ones, and supporting Brook House as a whole.

We are so grateful to share a place where we can all come together and enjoy the special moments in life. Here are a few events we would love you to pop along to at your convenience!

Please ensure you call us on 01858 880247 and let us know if you're coming, as we have limited spaces for certain events!

Minibus Trip – Thursday 2nd April 10:30am

Minibus Trip – Thursday 16th April 10:30am

Minibus Trip – Thursday 23rd April 10:30am

Minibus Trip – Thursday 30th April 10:30am

Coming up this month...

These are just a handful of the wonderful activities our team has planned, so there's plenty to look forward to in what promises to be a fun-filled month ahead!

Minibus Trip – Thursday 2nd April

Minibus Trip – Thursday 9th April

Boogie Beats – Tuesday 14th April

Minibus Trip – Thursday 16th April

School Children – Tuesday 21st April

Minibus Trip – Thursday 23rd April

Singer – Tuesday 28th April

Minibus Trip – Thursday 30th April

Puzzle of the Month



Easter Word Search



EASTER
HOLIDAY
BUNNY
RABBIT
BASKET
EGGS
EGG HUNT
SPRING
MARCH
APRIL
TULIP
CHRISTIAN
GOOD FRIDAY
PALM SUNDAY
RESURRECTION

N L T U L I P S M O R E S W E
H I A B M E L E S C E R W D G
T O B M A R C H K P L A E S G
R M L A Y D T E K S A B R M H
O E I I C R R G Q L I B I K U
U A R E D O O D S T O I F C N
T G O O F A I A S D G T R E T
V W C A P E Y J T W N E E X L
E A P A L M S U N D A Y S P E
R L M E A B O A T I S O U T E
R E G G S C I T N N P I R C P
A C A N T E E N O T R E R R I
Y A D I R F D O O G I A E N R
U Y S W L I V E R W N P C E E
C H R I S T I A N O G E T E T
X J R O V Z I C O J B A I N S
F P B U N N Y P O L E P O E A
A J D O F Z I C B J T N N T E

ONESTOPWORDSEARCH



Judith Clifton – 14th April

Beryl Cave – 14th April

Alice Bletcher – 18th April

Relatives and friends are warmly invited to
join us in celebrating these special
birthdays.

Seasonal Wellbeing Tips for April

✿ April Seasonal Tips

- **Enjoy the fresh air:** Take advantage of milder days with short walks or time in the garden. Even a little sunshine can boost mood and wellbeing.
- **Dress in layers:** April weather can change quickly, so light layers help residents stay comfortable throughout the day.
- **Stay hydrated:** As temperatures rise slightly, encourage regular drinks, especially during activities.
- **Spring cleaning safely:** Gentle tidying or organising can be a nice activity—just ensure it's safe and supported.
- **Look out for allergies:** Blossoms and pollen increase this time of year, so keep an eye on any symptoms.
- **Celebrate the season:** Use flowers, Easter crafts, and spring colours to brighten spaces and lift spirits.
- **Keep active:** Light exercises, stretching, or group activities help maintain mobility after the colder months.
- **Enjoy seasonal foods:** Fresh fruits, lighter meals, and homemade treats (perfect for your baking club!)

Remembering...

*Mary Revill - March 1940 - March
2026*

*Trever Simms - March 1947 - March
2026*

*We take a quiet moment to remember loved
ones and cherish special memories.*



The 3ab Care

REFERRAL PROGRAMME

Do you know someone seeking a Residential Home for a loved one? Refer them to Brook House, and if they come to live in our home, you will receive a reward!

EARN £250 IF THE RESIDENT YOU REFER COMES TO OUR HOME FOR RESPITE

EARN £500 IF THE RESIDENT YOU REFER COMES TO OUR HOME PERMANENTLY

Call Brook House for more information on
01858 880 247

Respite stays minimum of 4 days, Permanent stays minimum of 4 weeks.

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