

# SAINTBRIDGE HOUSE NURSING & RESIDENTIAL HOME

ISSUE 6 – August 2020

## Upcoming Birthdays

10<sup>th</sup> August – Anne Frith

16<sup>th</sup> August – John Richards

16<sup>th</sup> August – Marie Kingscote

20<sup>th</sup> August – Thomson Ofose

25<sup>th</sup> August – Sylvia Chapman

27<sup>th</sup> August – Ronald Mitchell



## WELCOME TO THE SIXTH EDITION OF OUR NEWSLETTER

We hope this regular newsletter will be informative for Residents, Relatives and Staff.

### Fun Facts For August

- It is the last of the summer months.
- August is the eighth month of the current Gregorian calendar and the third month of Summer.
- August is shared by the astrological signs of Leo the Lion and Virgo the Virgin
- The Islamic holiday of Ramadan runs from July 19 to August 18 in 2012.
- August in the Northern Hemisphere is similar to February in the Southern Hemisphere.
- Augustus renamed the month of Sextilis because many of his greatest triumphs occurred during this month.
- August is a month of summer vacation and holiday for many children around the world.
- Many cultures call this month the harvest month or the time of harvest.

## **This month in history**

- 1740 'Rule Britannia' sung for the first time in public, in Thomas Arne's 'Masque Alfred'.
- 1926 Britain's first set of electric traffic lights appear on the streets of London.
- 1914 Britain declared war on Germany in support of Belgium and France, and on Turkey because of her alliance with Germany.
- 1962 Nelson Mandela imprisoned for attempting to overthrow South Africa's apartheid rule.
- 1963 Britain's Great Train Robbery – £2.6 M stolen from Royal Mail.
- 1897 Birth of best-selling children's writer Enid Blyton, whose books have been among the world's best-sellers since the 1930s, with more than 600 million sold.
- 1945 Japan surrenders to the Allies, ending the Second World War.
- 1940 Winston Churchill referring to the RAF pilots, says "Never in the field of human conflict was so much owed by so many to so few".
- 1485 Richard III becomes the last English king to die in battle, killed at Bosworth Field in Leicestershire.
- 1900 Britain's first long distance bus service begins between London and Leeds. The journey time being 2 days!
- 1900 Coca Cola is sold for the first time in Britain.

## **What Does August Symbolise?**

August is another warm month with solar themes and fun in the sun – at least in the Northern Hemisphere. It signals the dwindling down of summer and the approaching autumn. Like the other months, August was given its name by the Romans. It was originally the sixth month of the year, before January and February were added by Numa Pompilius around 700 B.C. As such, its original name was the Latin Sextili. In 8 B.C., the name was changed to August to honor the emperor Augustus. A Senatus consultum states that Augustus chose this month because several of his great triumphs occurred then, including his conquest of Egypt.

The Birthstones of August are: Peridot, Sardonyx and Spinel

Name: \_\_\_\_\_



# August Word Search



AUGUST  
SUMMER  
VACATION  
SCHOOL  
PERIDOT

AUGUSTUS  
ORANGE  
LEO  
VIRGO  
GLADIOLUS

FRIENDSHIP DAY  
POPPY  
HOT  
POOL  
SARDONYX



# TOILETRIES



We would like to take this opportunity to ask if you could ensure all residents have an adequate supply of toiletries. This includes soap, body wash/shower gel, shampoo and shaving equipment (if required). These items will also need to be clearly marked with the resident's name on.



We have a facebook page for you to follow us on. The page gives details of the Home, including activities, menus, and lots of photographs and other information about the Home. Please feel to 'like' us at <https://www.facebook.com/saintbridgehouse/>

## Laundry News

If you have received or brought in any new clothes please ensure they are labeled clearly with the residents name.



### **News from the kitchen**

***The kitchen would like to reassure everyone that our supply chain of food deliveries continues as normal. We have stocked up on Dry essentials such as bread, rice, pasta, etc just in case there are any issues with receiving supplies, however at present, we do not foresee any issues.***

## Daily Activities

It is important to keep an active mind and we are now leaving out a variety of activities on the table in the main lounge area. These can be used by everyone at anytime of the day. We do ask if these items can be returned after use.

## Regular and Organised Activities

Sam the Hairdresser visits every Tuesday

Faye, the Foot Health Practitioner visits every 4-6 weeks

Debbie comes along to sing to and play instruments with the residents every Tuesday from 2.30 – 3.30pm

Mel The Pianist comes to play all the golden oldies– Every last Thursday of the month.

Holy Communion – From the St. Aldates Church – Every other month on a Saturday Afternoon

Phoebe will be visiting to provide the residents with some live Singing!

**August 15<sup>th</sup> at 3pm– Megan will be performing in our garden (Weather Permitting)**

### Contact Us

Saintbridge House Nursing and Residential Home

189 Painswick Road,  
Gloucester.  
GL4 4QQ.

E-Mail: [info@saintbridge-house.co.uk](mailto:info@saintbridge-house.co.uk)

Telephone: 01452 300307

Facetime: [info@saintbridge-house.co.uk](https://www.saintbridge-house.co.uk)

Skype: [info@saintbridge-house.co.uk](https://www.saintbridge-house.co.uk)

ANY articles you would like to put in the next edition of the newsletter please pass on to Gale, Dave, or email: [info@saintbridge-house.co.uk](mailto:info@saintbridge-house.co.uk)

### EMPLOYEE OF THE MONTH FOR JULY

Our Employee of the month for July was again a difficult choice and therefore we have decided to have two Employee of the Month's for July.

Our Employee's of the month for July were **Helen Tandy** and **Rebecca Jackson**.

Well done to you both and Thank You for your continued Hard work and Dedication.

Please can we also take this opportunity to Thanks every member of our staff team who continue to go over and above during these hard times.