



THE HEATHERS NURSING HOME NEWSLETTER

AUGUST 2025



VISITING ARRANGEMENTS

Please note the visiting times are between 10.30 am and 8.00 pm every day.

We have protected meal times , please make sure you avoid meal times when visiting, unless you are supporting with meals.(0900-1000 breakfast,1230-1330 lunch, 1700-1800 tea). Visiting during meal times causes distraction and inconvenience for some residents in the lounge, having adequate nutrition is very vital for your loved ones, please be mindful about this. If you feel unwell, please refrain from visiting.

If contacting the home to see how your loved one is, please ring after 11.00 am and avoid medication round time (1.00/1.30 pm & 5/6 pm). Press option 3 to speak to the nurse in charge 01454 312726.

SIGNING IN AND OUT

Can we request all the visitors to sign in each time you enter the building and sign out when you leave the building please. This is to comply with fire safety regulations.

Care planning

Care planning & family / service user involvement.

Please see the nurse in charge to see your loved ones care plan and to be involved in the planning.

Post

Please see the nurse in charge to collect any post for you loved ones.

Residents and relatives meeting

We hold residents and relatives meeting every month ,the time is 12 pm ,please ask the nurse or management for dates for each month. Relatives are welcome to join.

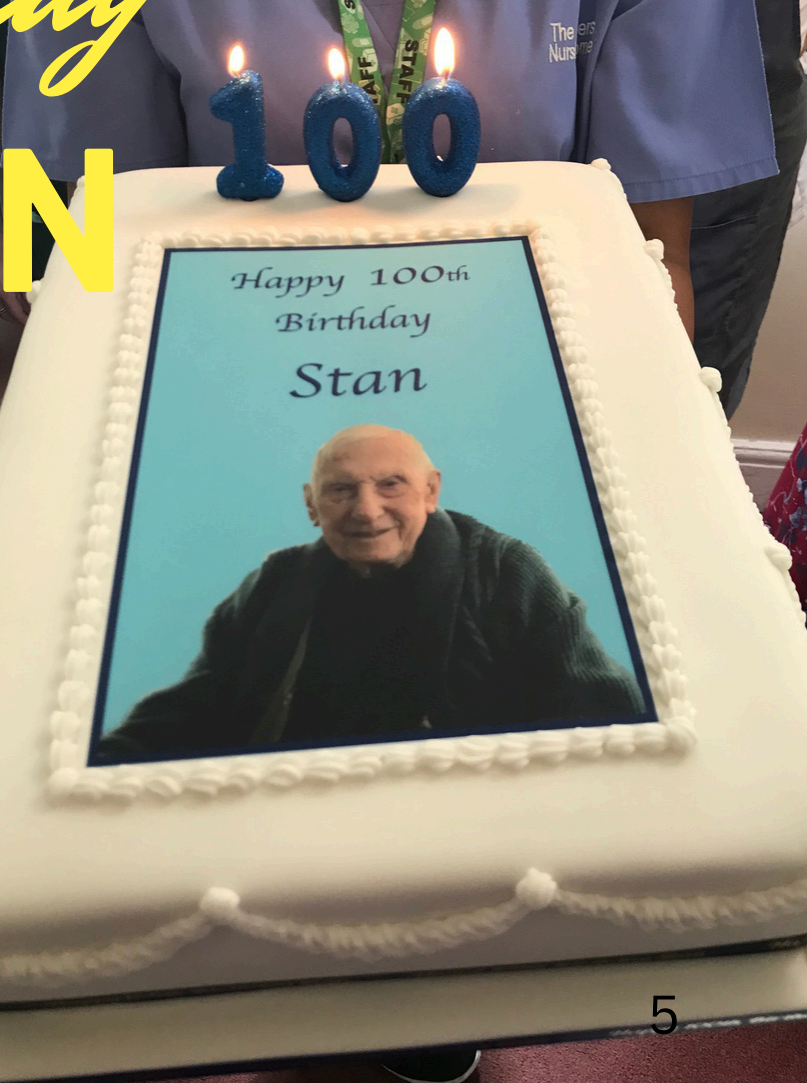


**Caroline is one of our cooks .
She has been with the
company for 19 years.
Caroline is married with 3
boys and has 5 grandchildren.
She also has 2 step daughters
and 4 step grandchildren.
Caroline likes to spend time
with her family where
possible. In her spare time
she likes to go away and soak
up the sun. Caroline also likes
gardening**

Trip out to Oakham Treasures

Oakham Treasures is one of the largest privately owned museums of retail and farming history in the UK. It guarantees to give you an amazing and uplifting trip down memory lane.





Happy 100th
Birthday
STAN

Trip out to Westonbrit Arboretum

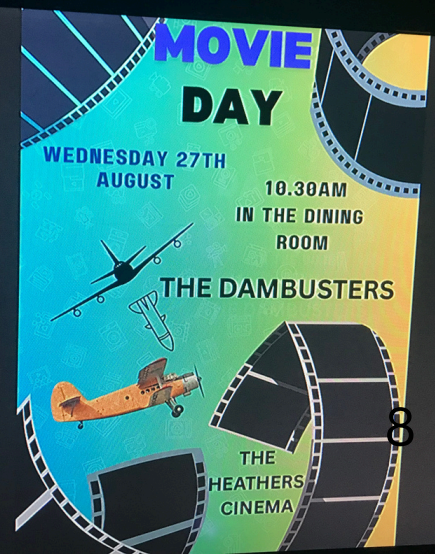


Trip to Chepstow Garden centre



The Heathers Cinema Experience

The residents enjoyed a movie morning where their movie of choice - "The Dam Busters" was played





Activities



Activities



**JULY-
RUTH**



**EMPLOYEE
OF THE
MONTH**



**AUGUST
- MOBIN**



FORTH COMING EVENTS

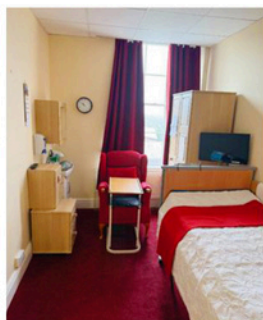
**1st September
Holy Communion**

**4th and 18th
September
Alex keep fit**

**9th September
Frank the singer**

**12th and 26th September
Mindsong**

**15th September
Chris the singer**



Referral Programme

Do you know someone seeking a nursing home for a loved one ?

Refer a resident and if they come to live in our home you will receive a reward!

You get a £250 voucher if the resident you refer comes to our home for respite (minimum 2 weeks)

You get a £750 voucher if the resident you refer comes to our home permanently

Contact Us
Heathers Nursing Home
01454 312726

heathersmanager@3abcare.co.uk

