Brook House Newsletter

Its August and hotter than ever with heatwaves of up to 35 degrees!



August is a month for relaxing and enjoying what we have left of the warmer summer days. This month we are planning to hold Brook Houses first car boot sale and even have a visit from some friendly Alpacas!

Reflections

July has been an interesting month with lots of activities! Our residents took part in our Brook House Wimbledon games and our mini game of bowling! There was lots of cheerful laughter and plenty of relaxing with the summer's heat. August is upon us so let's prepare for sunshine and another month with the Brook House family!

One highlight of the month would be when we welcomed Two majestic owls into our home to greet the residents! Everyone thoroughly enjoyed it and the braver residents even held the Eagle Owl!



Baking

We have been loving getting hands on when baking after lunchtime. In the last residents meeting it was mentioned that a resident or two would appreciate some traditional pancakes, thus we decided to include this recipe in baking club! Here are some photos...





July has been full of accomplishments...





Dancing and a bit of outdoor exercise!





A quick rabbit update!

Jack and Daisy, our well-loved rabbits, are doing well considering they've had to cope with the heat in their thick fur!

They are currently having a new enclosure built to give them more freedom ©

Heres a couple of cute photos...





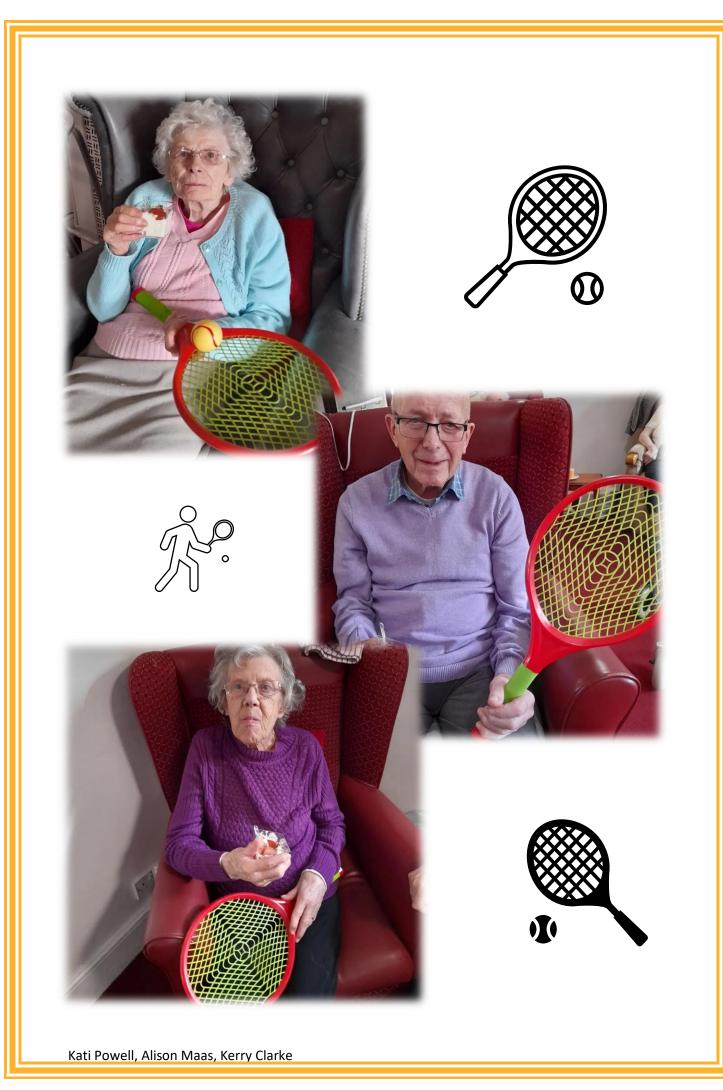


Brook House Wimbledon Day!

At the beginning of July, most of the residents took part in a fun afternoon of mini-Wimbledon. We took lots of videos and posted them on social media, along with some photos.

Here is how it went...





We enjoyed a glass of prosecco and a pot of strawberries and cream whilst watching the Wimbledon game...



Upcoming events...

Car Boot Sale



Brook House Beach Day



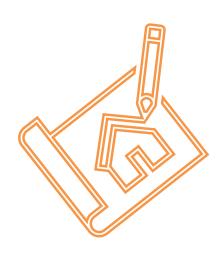
Kati Powell, Alison Maas, Kerry Clarke

Alpaca Visit



Brook House Care Home is yet to confirm the dates of these events however they will be happening within the next month or two!





Our Precious Courtyard...

The sun has been shining down on Brook Houses beloved Courtyard where we grow plants and vegetables, and house rabbits, hens, and fish.

We take great pride in our Courtyard so here are some photos to show you how it's doing!





Mini Bus trips!

Small groups of us have really been enjoying our little trips out to various cafes. This month we took a trip out to Tesco, where we enjoyed some cake, tea and coffee in the café after doing a little shopping!

Here are some photos to show you how much we've enjoyed it...







Eagle Owl Elvis & Barn Owl Aphelia

Mid-July we welcomed two amazing owls into our home. Most of the residents plucked up the courage to hold Aphelia the Barn Owl however some residents even dared to hold Elvis the Eagle Owl!

Heres some photos of Aphelia...







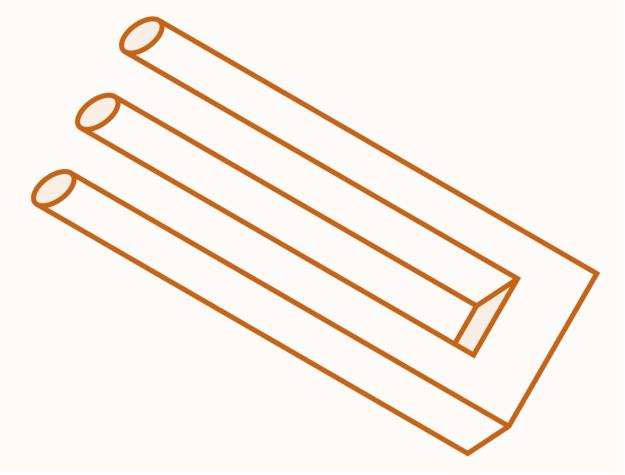
And some photos of Elvis...





Optical Illusion time...







Joke time! Have a laugh!!

1. What do you call an alligator in a vest? An investigator.

2. Why did the banana go to the doctor? It didn't peel well!

3. What do you call a sleeping bull?

A bulldozer.

4. When is the best time to go to the dentist? At tooth-hurty.

5. What has four wheels and flies?

A garbage truck.

6. What do you call a bear with no teeth?

A gummy bear.

7. Why do golfers have two pairs of pants? In case they get a hole in one!

8. Why was 6 afraid of 7?

Because 7, 8, 9!

9. Why are pirates called pirates?

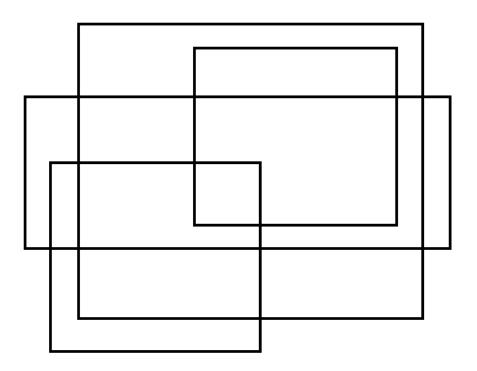
Because they yarrr!

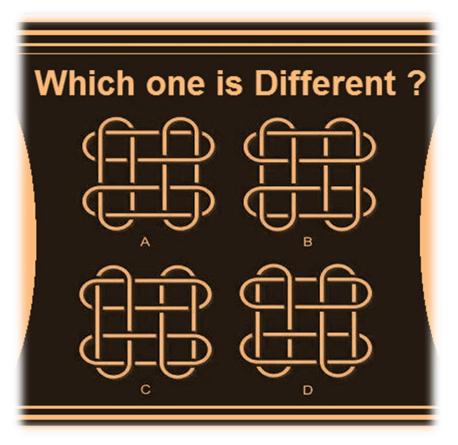
10. What do you call a rabbit that eats shellfish?

An oyster bunny!

Brain Puzzle time!

How many boxes do you count?







Chris Wright 7th August

&

Christine Johnson 11th August

Horoscopes

Leo (July 23 – August 22)

Horoscope 2022 indicates that you might have been struggling with your health for a long time. However, the New Year 2022 is the time to feel free from it. You can lessen your efforts towards your health. Folks planning to leave any kind of habit shall be successful as well. You can expect an escape from all your bad habits this year.

To keep your fantastic health, you must continue to eat healthily and exercise often. In the middle months, you must avoid consuming cold beverages and cocktails.