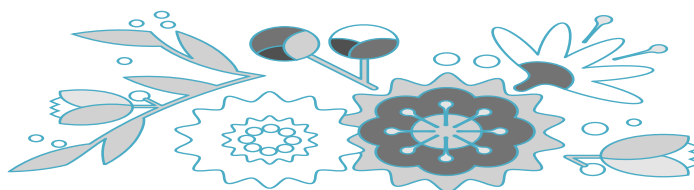


# Brook House Newsletter



*Summer is fast approaching!*

May has been a fun-filled and fattening month at Brook house with all of the yummy treats we have been eating! June is approaching with the prospect of summer parties in the garden, Jubilee celebrations and a whole lot of vitamin D! This month we have also introduced Resident of the WEEK - So keep an eye out for our prize list to see what you could be in with a chance of winning!



## Reflections

May has been a busy month full of Arts & crafts in preparation for the Queens 70<sup>th</sup> Jubilee early June. There has been lots of cheerful singing and a great amount of armchair aerobics to keep everyone on their feet! Summertime is upon us so let's prepare for sunshine and another month with the Brook House family!

One highlight of the month would be when we welcomed Eddie, the violinist, into our home to play some beautiful music! All our residents and staff thoroughly enjoyed it, so we have organised a group of ukulele players to come and show us a great time in June!



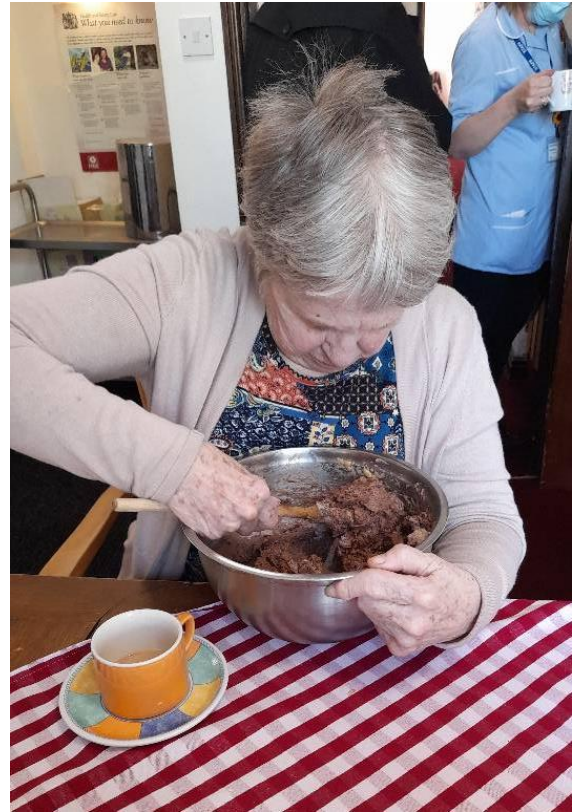


# **Baking**

We have been loving getting hands on when baking after lunchtime every Thursday. Here are some of our delicious treats we have made recently which consist of Chocolate chip cookies and Whoopie Pies!







Kati Powell, Alison Maas, Kerry Clarke



## May has been full of friends...



Kati Powell, Alison Maas, Kerry Clarke



## Spa days and walks in the sunshine!





# Brook House Bake Off!

On the 16<sup>th</sup> May 2022 Brook House held its yearly bakeoff in support of Alzheimer's Disease. It proved a success thanks to all the staff at Brook House who put in the effort to bake a home-made Dessert!

We had six residents nominate themselves to be the judges of 'who baked the best' which left us with one clear winner...



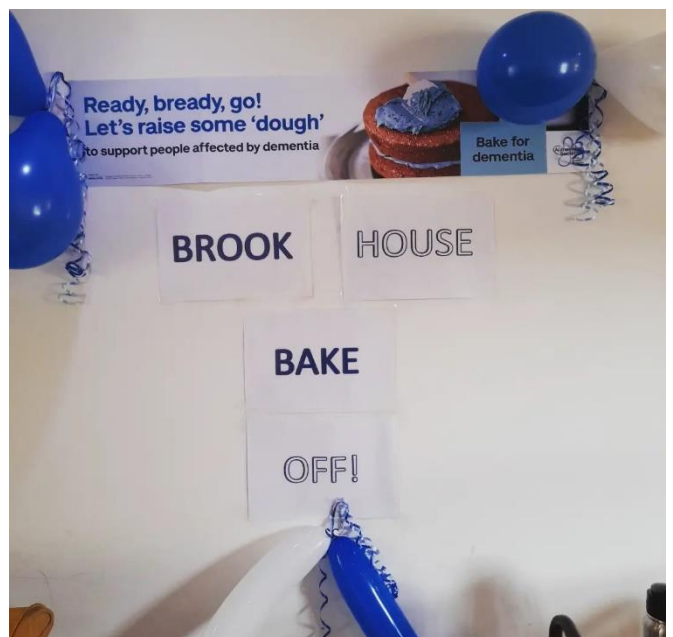
Gail took first place with her delicious Jam-filled vanilla cupcakes 😊





Kati Powell, Alison Maas, Kerry Clarke





Kati Powell, Alison Maas, Kerry Clarke



## Jubilee Arts & Crafts

Throughout May, we have been eagerly preparing for the Queens Platinum Jubilee that is coming up on Friday 3<sup>rd</sup> June. This has involved an Arts & crafts session every week for a couple of hours, using red, white and blue colours to create various decorations for our Home.

Here is how it went...

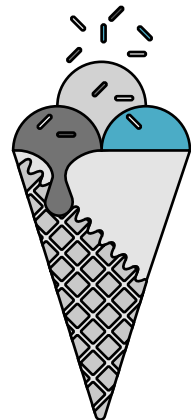






Kati Powell, Alison Maas, Kerry Clarke





Kati Powell, Alison Maas, Kerry Clarke



## Decorations for Jubilee...

Brook House staff have been busy trying to colour the home in all the appropriate colours to make it look as cheerful as it feels!



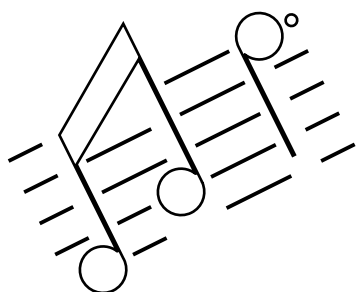
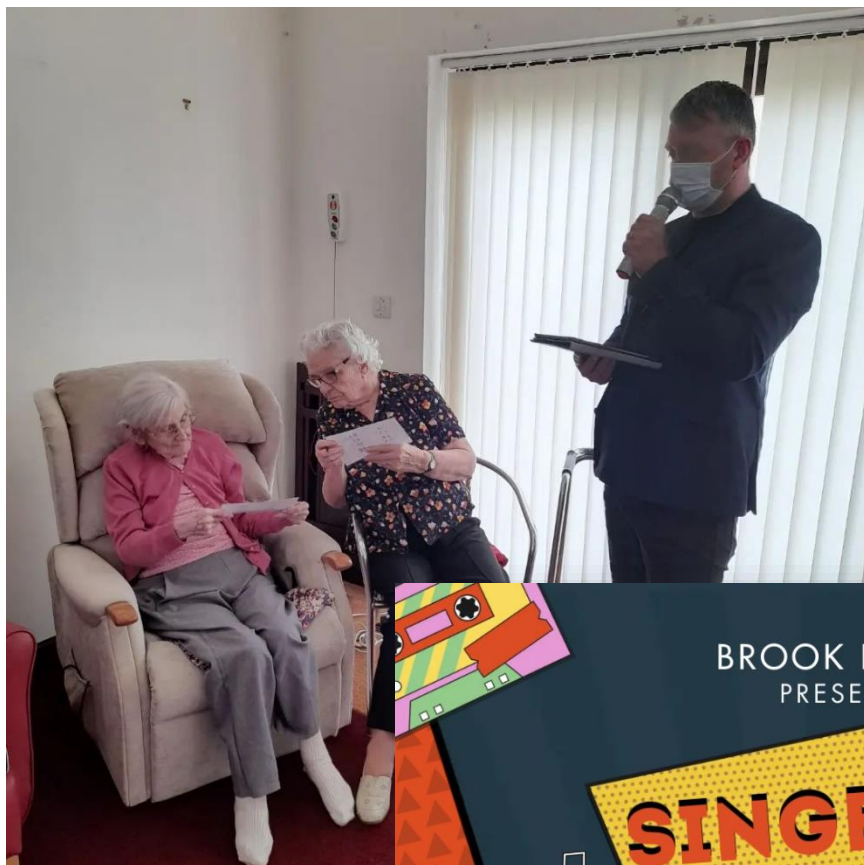






## Carl the singer

We enjoyed a few hours of listening to Carl sing some well-loved songs such as 'you're just too good to be true' and 'I can't help falling in love with you'.

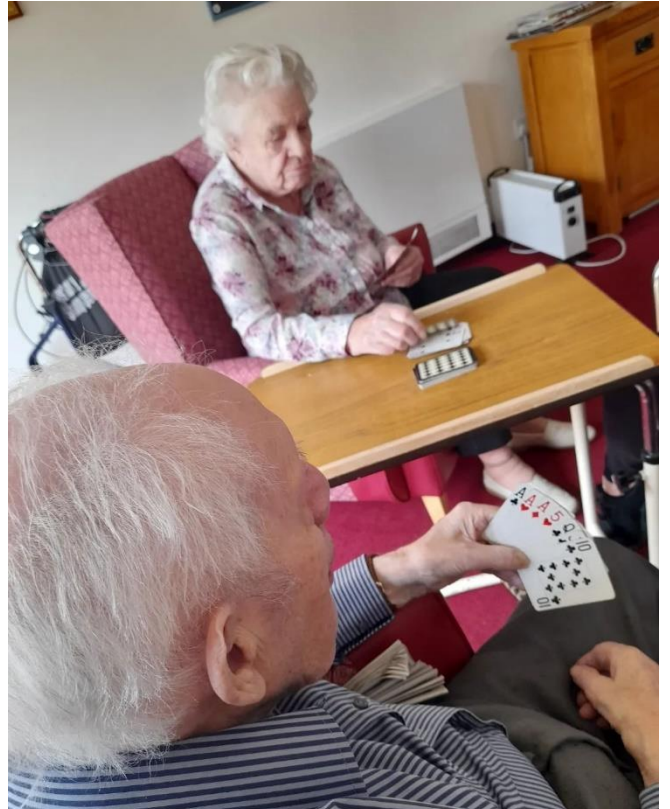




## We have enjoyed a mixture of games including Bingo & Rumi ☺









## Resident of the Month

### William Dennis (Ken)

#### **A Little bit about Ken...**

"I used to serve in the army, and I was in the war posted in Burma and

India. I remember it in great detail. I also used to work with Ted Lewis, I was his boss!"

"I have been married to my wife Christine for over 30 years and she is very important to me. My wife Chris and I retired to Welford where we lived for many happy years before I came to Brook House."

"I enjoy having a laugh and I will have a joke with anyone. I really enjoy watching sky sports on tv and also like reading the newspaper daily."

"I have never been religious. I am very strongminded and opinionated, which can be both a blessing and a curse at times!"







Kati Powell, Alison Maas, Kerry Clarke



## **We've welcomed back the Mini Bus!**

A group of us really enjoyed a little trip out to Ullesthorpe Garden Centre, where we enjoyed some cake, tea and coffee in the café.

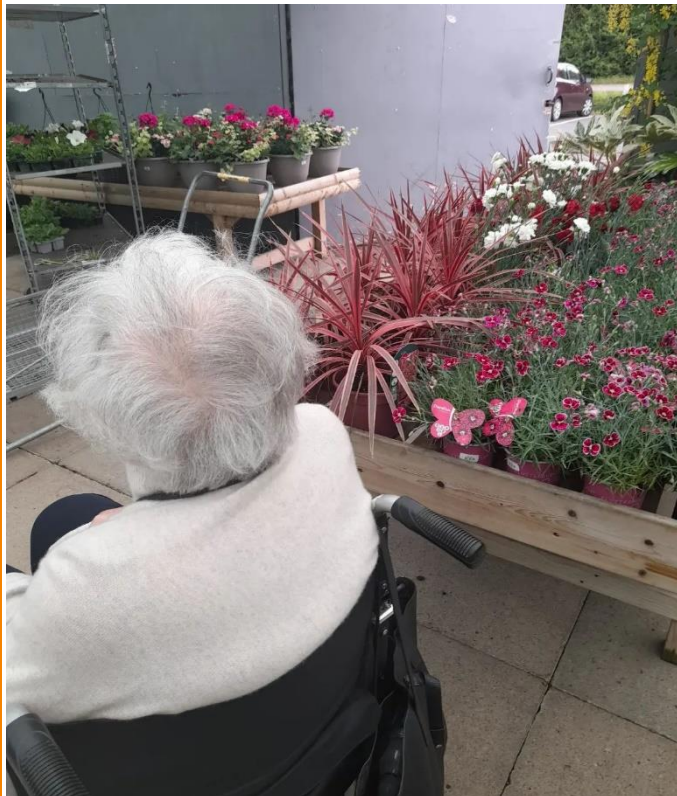
Considering that we haven't been able to do this very often lately, it was a lovely treat to journey out a little bit and we look forward to it becoming a weekly occurrence again here at Brook House!







Treat Yourself!



Kati Powell, Alison Maas, Kerry Clarke



Colour me In..... 





## **Joke time! Have a laugh!!**

1. What is brown, hairy, and wears sunglasses?

**A coconut on vacation.**

2. What kind of tree fits in your hand?

**A palm tree!**

3. What did the little corn say to the mama corn?

**Where is pop corn?**

4. How do we know that the ocean is friendly?

**It waves!**

5. What do you do if you get rejected at the sunscreen company?

**Reapply**

6. How do you prevent a summer cold?

**Catch it in winter.**

7. What do snowmen do in summer?

**Chillout**

8. Where do goldfish go on vacation?

**Around the globe**

9. Where do sheep go on vacation?

**The Baahamas**

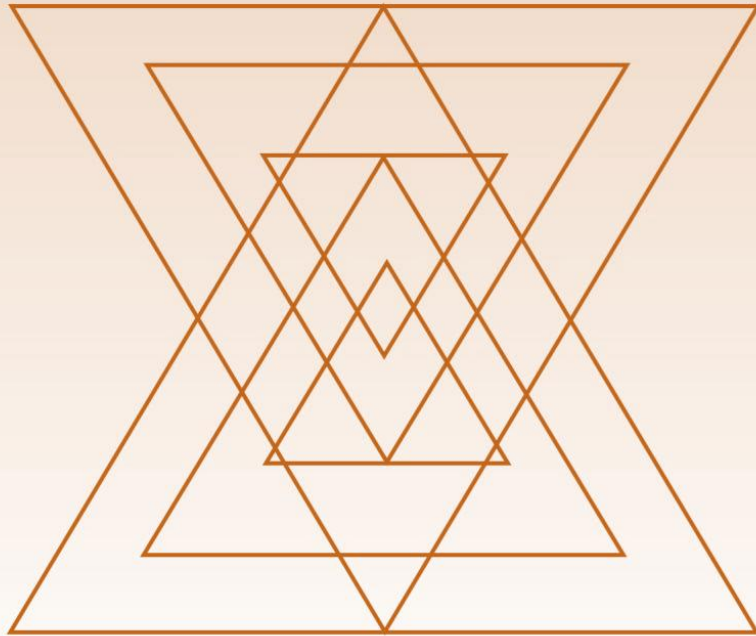
10. Why don't oysters share their pearls?

**Because they're shellfish**



## Brain Puzzle time!

How many  
triangles  
are there?



**CAN  
YOU  
FIND  
THE  
HIDDEN  
O?**







***Barbara Carroll 9<sup>th</sup> June***

## **Horoscopes**

### **Gemini (May 21 – June 20)**

You celebrate your solar return when the sun journeys through your flexible, versatile sign from late May to late June, welcoming a time of year when you're feeling particularly happy to be alive. No matter what you went through last year, you're ready for a fresh start, so happy birthday to you, witty and mentally ambitious Gemini!

### **Cancer (June 21 – July 22)**

This should turn out to be a surprisingly good month for you where things get clarified and opportunities pop up when you least expect them to. You may make a new close new friend, or you may join a professional or social club that you find helpful and enjoyable beyond your expectations.