

Brook House Newsletter



Welcome to March's Newsletter

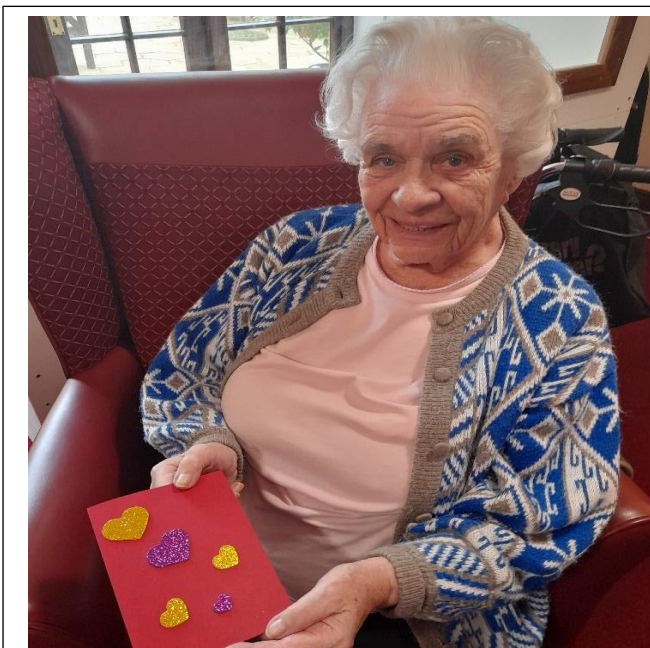
The months are rolling by and we find ourselves in March already, this welcomes lighter nights, Pancakes, St Patricks Day, Mothers day and changing the clocks. Hopefully the end of Covid restrictions and we can definitely cheer to that.

March always rings Spring in my ears.... I think the flowers, bright mornings and everything just slowly coming out of hibernation from the the cold winter months.

Here at Brook House we welcome back the return of our full activities shedule with trips out on the bus, to the pub and to be back socialising with the outside world. This comes after the worst covid outbreak we have had to date, we all held in there and we are all safe and well thanks to everyones hard work!

Reflections...

With us slowly bringing our activities program back up to speed we have been doing a few things here and there including Arts and Crafts for Valentine's day, trips out and our monthly pub quiz. We have been settling back into normality and trying to keep everyone as busy as possible.



Sam Farrington Alison Maas Kerry Clarke



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Resident of the Month

Kate Chapman

I am a very independent lady and I love keeping busy by helping around the house, in the garden and peeling vegetables in the kitchen.

Indonesia is very important to me as this is where I met my husband, Roger. I am very close to my family.

I used to be a teacher and ended up being employed by shell, my parents are Irish but they moved to London before I was born in Hampstead.

Me and my husband lived in Kimcote since the 70's and we enjoyed our retirement together in this village.

I used to teach in Indonesia and I taught expats.



Mother's Day is approaching and it's a time of year for family, a day we can reflect, remember and celebrate all mothers and everything they do.

Like many traditions and festivities, Mothering Sunday began with a religious purpose. Held on the fourth Sunday in Lent, exactly three weeks before Easter Sunday, it was originally a day to honour and give thanks to the Virgin Mary, also known as Mother Mary. Such celebrations required people to visit their 'mother' church - the main church or cathedral in a family's area. The spread of Christianity throughout Europe in the 16th century increased the celebrations and firmly put Mothering Sunday on the calendar. It was believed to be essential for people to return to their home 'mother' church to make it a true family honoured occasion. The gatherings reunited families and gave children who worked as domestic servants, or as apprentices away from home (from as early as ten years old), the opportunity to have the day off to join their family and see their mother.

What does a Mother's Day tradition mean to you?....



Lemon Drizzle Cake

Ingredients

- 225g unsalted butter, softened
- 225g caster sugar
- 4 eggs
- 225g self-raising flour
- 1 lemon, zested

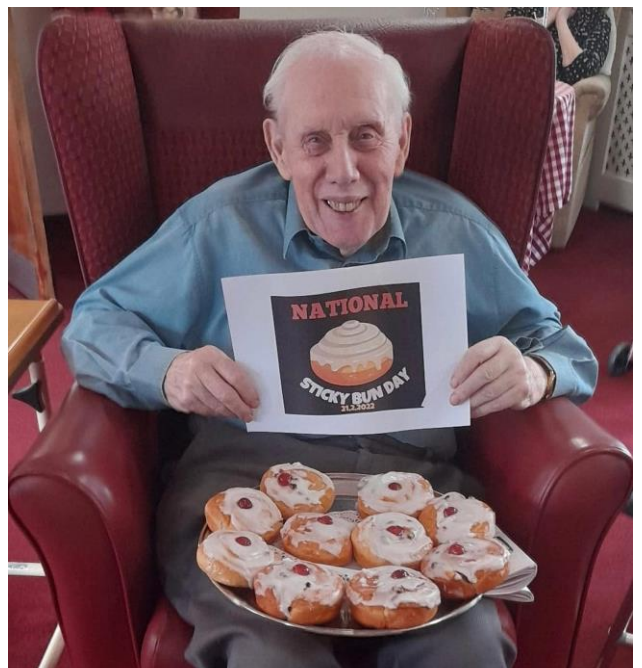
For the drizzle topping

- 1½ lemons, juiced
- 85g caster sugar



Method

- Heat the oven to 180C/160C fan/gas 4.
- Beat together the butter and caster sugar until pale and creamy, then add the eggs, one at a time, slowly mixing through.
- Sift in the self-raising flour, then add the lemon zest and mix until well combined.
- Line a loaf tin (8 x 21cm) with greaseproof paper, then spoon in the mixture and level the top with a spoon.
- Bake for 45-50 mins until a thin skewer inserted into the centre of the cake comes out clean.
- While the cake is cooling in its tin, mix together the lemons juice and caster sugar to make the drizzle.
- Prick the warm cake all over with a skewer or fork, then pour over the drizzle – the juice will sink in and the sugar will form a lovely, crisp topping.
- Leave in the tin until completely cool, then remove and serve. *Will keep in an airtight container for 3-4 days, or freeze for up to 1 month.*



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Havin a Laugh!

What do you call a joke that isn't funny?

A sentence.

What's the best part about teamwork?

Someone else to blame.

What's the worst part about working at a calendar factory?

No days off.

Why are construction workers great at parties?

They always raise the roof.

What do you call stealing ideas from many?

Research.

What's the opposite of artificial intelligence?

Natural stupidity.

What did the near-sighted optometrist say when he was sick?

I can't see myself coming in today.

Why are fewer people going into archeology?

Career advancement is in ruins.

What do you call 12 people doing the work of one?

A committee.

What did the supervisor say to the calendar?

Your days are numbered.

What's the problem with unemployment jokes?

None of them work.

Why are chemists great at solving problems?

Because they have all the solutions!

Why don't scientists trust atoms?

They make up everything.

What does the world's top dentist get?

A little plaque.

Why does Snoop Dogg use an umbrella?

Fo drizzle.



Winners in our eyes even though they were beaten to the top-spot. We all threw our support behind them both and they fully deserved to be recognised.



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St Patrick's Day, where, when, who and why?....

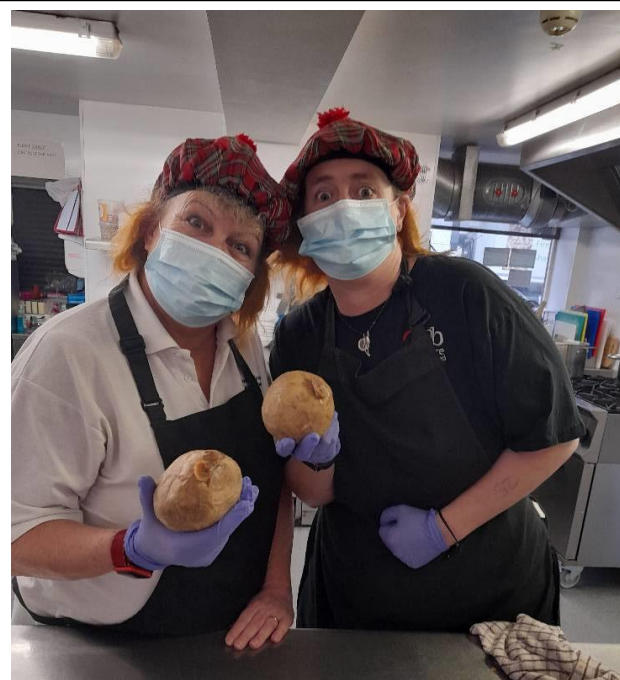
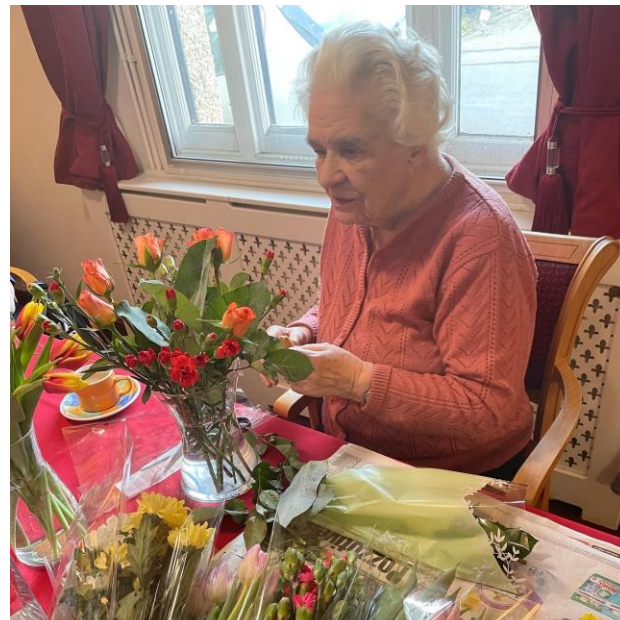
St. Patrick's Day is celebrated annually on March 17, the anniversary of his death in the fifth century. The Irish have observed this day as a religious holiday for over 1,000 years. On St. Patrick's Day, which falls during the Christian season of Lent, Irish families would traditionally attend church in the morning and celebrate in the afternoon. Lenten prohibitions against the consumption of meat were waived and people would dance, drink and feast—on the traditional meal of Irish bacon and cabbage.

Who was St. Patrick?

Saint Patrick, who lived during the fifth century, is the patron saint of Ireland and its national apostle. Born in Roman Britain, he was kidnapped and brought to Ireland as a slave at the age of 16. He later escaped, but returned to Ireland and was credited with bringing Christianity to its people. In the centuries following Patrick's death (believed to have been on March 17, 461), the mythology surrounding his life became ever more ingrained in the Irish culture: Perhaps the most well-known legend of St. Patrick is that he explained the Holy Trinity (Father, Son and Holy Spirit) using the three leaves of a native Irish clover, the shamrock.

Ireland wasn't always associated with the color green. Even though its lush hills would suggest otherwise, the Emerald Isle was actually once aligned with the color blue instead. When Henry the VIII claimed himself to be king of Ireland in the 1500s, his flag was blue, meaning that Ireland was also associated with the color. However, green was later used as the color of the flag in the Great Irish Rebellion of 1641 when the Irish fought against the English. Over the years, green became a national symbol of pride for Ireland.

Wearing green clothes became common in the U.S. at St. Patrick's Day parades and celebrations in the 1800s. It was a symbol that Irish-Americans used to honor their heritage and seems to have stuck all these years later.



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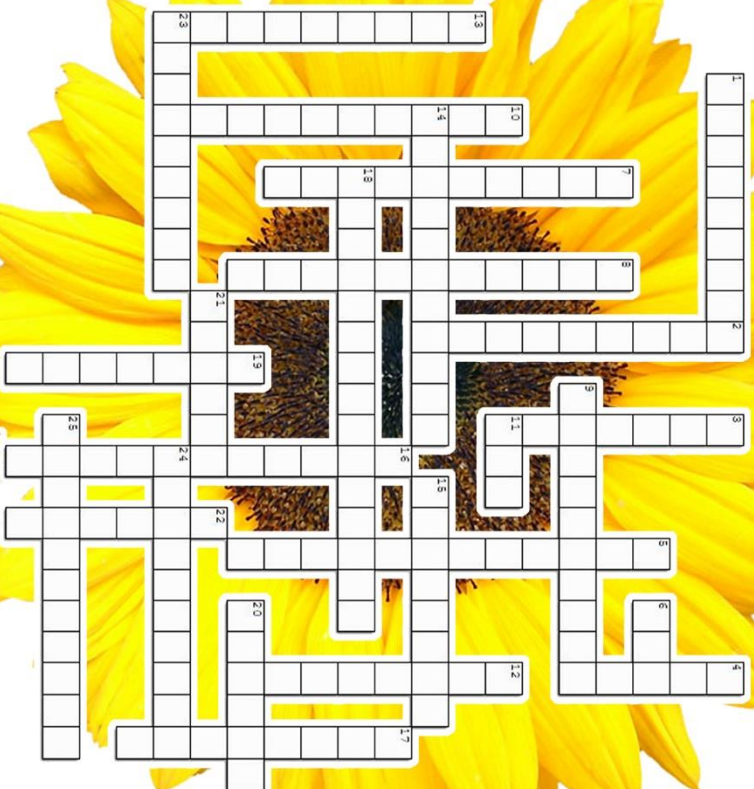
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Spring Crossword Puzzle



Down

2. Flower that follows the sun
3. Rabbits eat these
4. Floppy and hops
5. Basketball (2 words)
7. Mom (2 words)
8. Dance (2 words)
10. Hunt for these (2 words)
12. On this holiday, Jews go without bread
13. Coughing, sneezing, stuffy nose
16. Girls wear these(2 words) (Hint: 1 piece, 2 piece)
17. Grab your mop and your dustpan
19. April showers bring May _____
22. Holiday

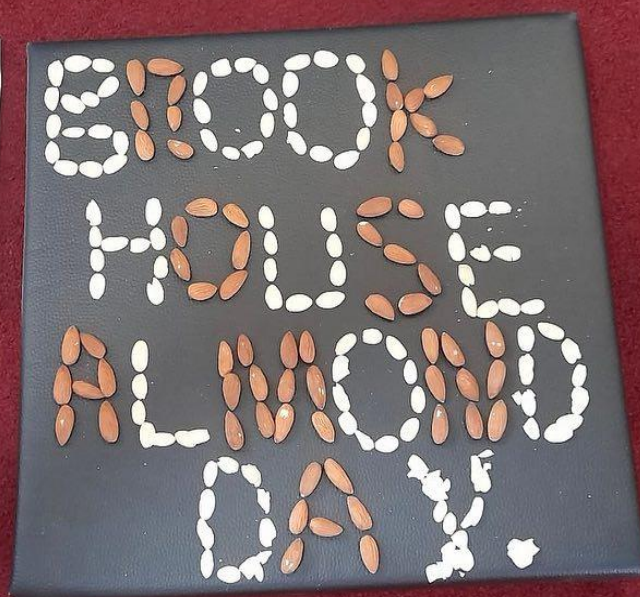
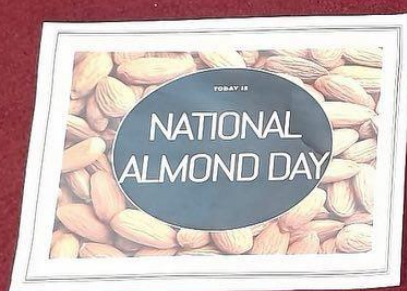


Across

1. Footwear used for the beach
6. WARNING: May cause skin cancer!
9. Holy Thursday, _____, Holy Saturday (2 words)
11. Freshmen and sophomores take the PSAT, while juniors and seniors stress over this
14. A blessing to students (2 words)
15. Before seniors graduate, they go to this (Hint: Bash)
18. Time to save time (2 words)
20. Jump into _____
21. With this in the air, you'll start to sneeze
23. Used to protect the skin
24. Cap and gown
25. Animals come out of this deep sleep

Do you know what day it is today?....

Over the last few weeks we have been celebrating national days in all their glory! From Cabbage to Muffins to 'do a grouch a favour' we have you covered. So look out on our notice boards to see what day it is today and there will be fun and games involved for everyone!





Hazel Shelton 7th March

Hazel Peberdy 9th March

Ken Dennis 13th March

Ann Faulkner 25th March

Horoscopes

Pisces February 19th – March 20th

Pisces people are known for being emotionally sensitive, gracious, and emotionally aware. Pisces characters are regarded for being among the most sympathetic of the zodiac signs, and they will go to great lengths to ensure the happiness of those around them also creative and imaginative.

Aries March 21st – April 20th

Like their fellow fire signs, Leo and Sagittarius, Aries is a passionate, motivated, and confident leader who builds community with their cheerful disposition and relentless determination. Uncomplicated and direct in their approach, they often get frustrated by exhaustive details and unnecessary nuances.