

Brook House Newsletter



After what seems a long winter we welcome spring to Brook House. The nights are getting lighter, the air is getting warmer and the smell of fresh spring flowers flows through the air.

Many people celebrate Easter which is in April. Easter is a celebration for the resurrection of Christ, or for many an excuse to eat as many Easter eggs as possible! So for whatever reason let's come together and be happy for the warmer season and look forward to the summer months.

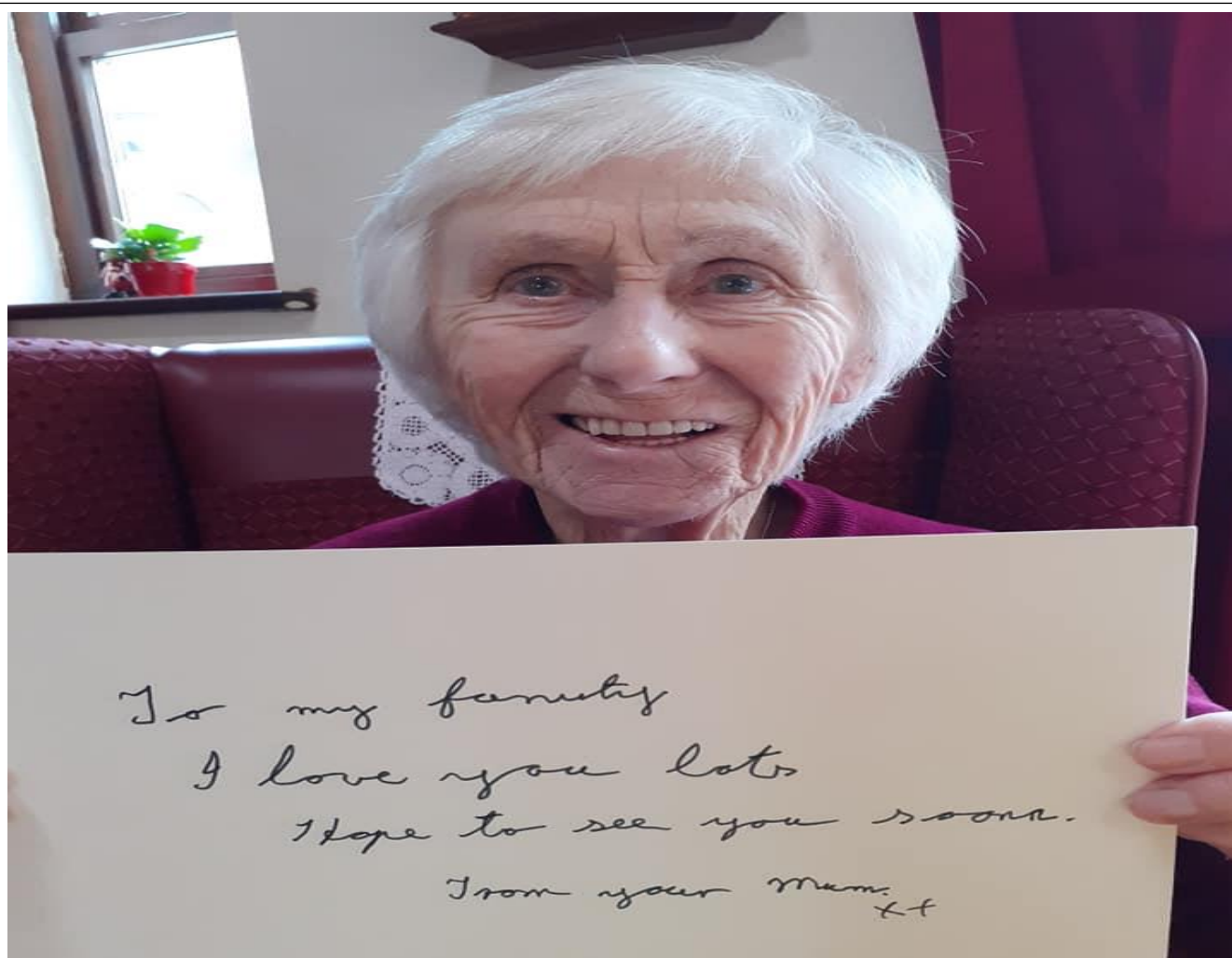
There are many countries in the world which are currently facing a Coronavirus pandemic, read on to find out how to keep ourselves safe and well during this difficult time.

Reflections

March has been an unusual month for us all, on the 12th we went into lockdown due to the pandemic sweeping the country. This is to ensure our residents are protected and safe, which is always our priority. For the foreseeable future we are not allowing anyone except healthcare workers to enter the building, this is being reviewed on a regular basis.

Please visit our Facebook page which is being updated daily to see how your loved ones are getting on, we are trying our very best to keep contact with the outside world and thank you for your co-operation during this stressful period.

Please see all our pictures from things we've been up too including everyone's beautiful flowers and gifts from mother's day... stay safeX

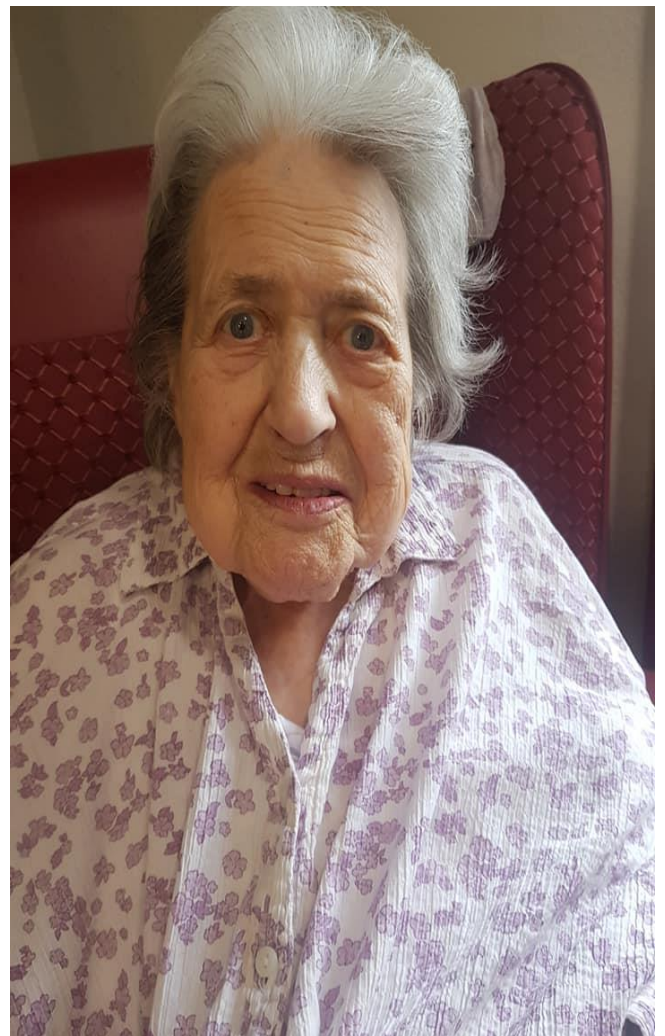


Upcoming Events for April



Unfortunately due to the current pandemic all upcoming events have either been cancelled or postponed. All our activities are still running within the home e.g our Baking club, Arts and Crafts , pamper days and Ali has been running regular Aerobics classes! We are also making sure we can spend as much time as possible in the garden whilst the weather has been bright and warm.





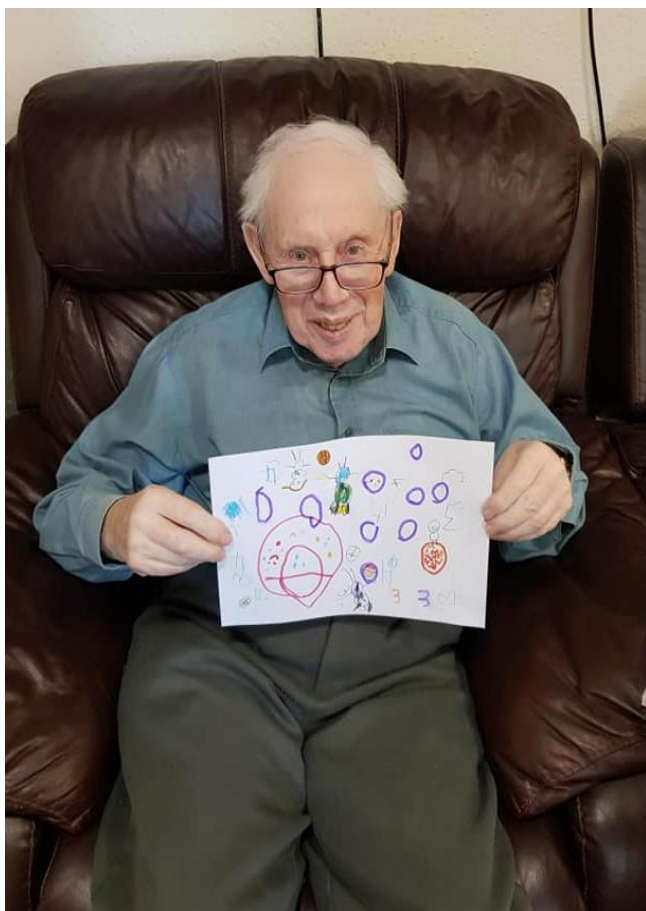
Sam Farrington Alison Maas Kerry Clarke



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Trivia Quiz

1. Elizabeth Taylor is as famous for her many marriages as she is for her film career. Which of these men was NOT married to Elizabeth during the Fifties?

A. Michael Wilding

B. Eddie Fisher

C. Richard Burton



2. What was the name of Ernie Kovac's wife, a star in her own right?

A. Edie Adams

B. Debbie Reynolds

C. Jayne Meadows



3. Whose image appeared on the first cover of TV Guide?

A. Jack Webb

B. Lucille Ball and new baby

C. David and Ricky Nelson



4. Singing siblings, Kathy, Diane, Peggy and Janet were known as:

- A.** The McGuire Sisters
- B.** The Lennon Sisters
- C.** The Andrews Sisters



5. What is the name of the film producer Sophia Loren married in 1958?

- A.** Billy Wilder
- B.** Federico Fellini
- C.** Carlo Ponti



6. He's called Mr. Television. Can you name him?

- A.** Ed Sullivan
- B.** Walter Cronkite
- C.** Milton Berle



7. Where was Elvis Presley born?

- A.** Tupelo, Tennessee
- B.** Tupelo, Mississippi
- C.** Tupelo, Alabama



8. He is famous for screeching "Stellaaaaaa."

- A.** Marlon Brando
- B.** James Dean
- C.** Montgomery Clift

9. What is Doris Day's given name?

- A.** Doris Parsons
- B.** Doris Hopper
- C.** Doris Kappelhoff



Doris Day had her 81st birthday in April, 2005!

10. Old Blue Eyes married several times. Which lady was NEVER married to Frank Sinatra?

- A.** Mia Farrow
- B.** Ava Gardner
- C.** Lana Turner



Let's talk about....



The most important festival of the year for Christians, Easter is a celebration of Jesus Christ's resurrection from the dead. It comes at the end of Lent.

The week before Easter Sunday is known as the "Holy Week", and comprises of Maundy Thursday (the day of the last supper), Good Friday (when Jesus was crucified) and Holy Saturday.

In 2020, Easter Sunday is on 12 April.

Our Easter egg hunt date is yet to be confirmed...please check the notice board for updates

Staying safe during Covid-19....

The Facts....

As you know Brook House has been on lockdown for a couple a weeks now, this is being regularly assessed and is in the best interest of everyone involved.

The new coronavirus, COVID-19, has many of us glued to the news, concerned for loved ones, and adapting our lives to deal with the changes the pandemic is having on our homes, schools, and work-places. It's pretty tough

COVID-19 is a newly identified respiratory virus that can easily spread. It shares several symptoms with influenza, but it's treated differently. COVID-19 infection may appear two to 14 days after exposure and can include fever, cough and shortness of breath or difficulty breathing.

What can we do?

Regular hand washing with an alcohol based hand rub or soap and water.

Maintain social distancing, guideline state 3 feet (1 meter) between yourself and anyone who is coughing and sneezing.

Avoid touching eyes, nose and mouth. Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.

Practice respiratory hygiene. Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.

“Focusing on preparedness, staying calm, reaching out to check on the well-being of others, and self-care will help you through this challenging moment in history. Remind yourself that COVID-19 is a serious but temporary illness, and that life will return to normal in time,” Deborah Serani, PsyD, psychologist and author of “Sometimes When I’m Sad,” told Healthline.

Be **SUPPORTIVE**

Be **CAREFUL**

Be **ALERT**

Be **KIND**

Be **READY** to fight
#COVID19

For the latest health advice, go to:
www.who.int/COVID-19



UNITED NATIONS



World Health
Organization

Answers to Trivia quiz

1. **C. Richard Burton**

Elizabeth Taylor didn't marry Burton until 1964. Nicky Hilton, was her first husband. ('50-'51) and Michael Todd, he was her third. ('57-58)



2. **A. Edie Adams**

This multi-talented lady won Broadway's 1957 Tony Award as Best Featured Actress.



3. **B. Lucy and new baby**

Jack Webb was a good answer; he was on the second cover. David and Ricky Nelson appeared about six weeks later.



4. **B The Lennon Sisters**

From the Lawrence Welk Show! The McGuires were Christine, Dorothy and Phyllis. The Andrews were LaVerne, Maxine, and Patty.



5. **C Carlo Ponti**

Born: 12/11/1912. Birthplace: Magenta, Italy. A producer of numerous Italian and English-language films.



6. **C Milton Berle**

Comedian Milton Berle, one of the pioneering legends of television was known to a generation of devoted fans as Uncle Miltie.

7. **B Tupelo, Mississippi**

The Birthplace of Elvis Presley in Tupelo, Mississippi, is the only location in the world where you can see, feel and touch the home where the King of Rock and Roll began his musical journey.



8. **A Marlon Brando**

From “A Streetcar Named Desire.” Marlon Brando is widely considered the greatest movie actor of all time.



9. **C Doris Kappelhoff**

Doris Day will be remembered as a wholesome star of the fifties and sixties.



10. **C Lana Turner**

Ole Blue Eyes took a walk down the aisle four times:

Nancy Barbato 1939

Ava Gardner 1951

Mia Farrow 1966

Barbara Marx 1976



Resident of the Month



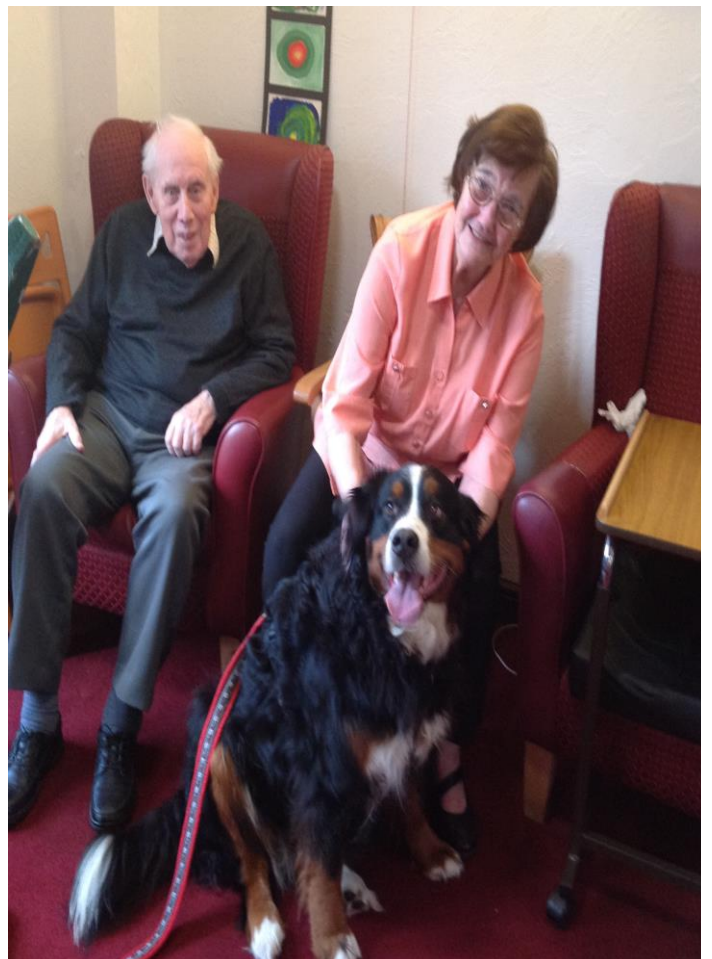
Hazel Shelton

Hazel was born in Nottingham on the 7th March 1936 to Arthur and Winifred Astill. She also has an older sister called Valerie Jean.

Hazel worked with special needs children and says it was the most exciting time of her life and it meant so much to her. Hazel also loved dancing and going ice-skating.

Hazel met her husband Bernard at work and they eventually married in 1955 at a church in Nottingham.

They had 2 children, Dina and Pete. Hazel, Bernard and the children went on a lot of holidays, many being abroad.



Spring Recipe

Rhubarb Cheesecake Squares

Ingredients

- 1-1/4 cups all-purpose flour
- 1/2 cup old-fashioned oats
- 1/2 cup packed brown sugar
- 1/2 cup cold butter, cubed
- 1 package (8 ounces) cream cheese, softened
- 3/4 cup sugar
- 1/2 teaspoon salt
- 1/4 teaspoon ground cinnamon
- 1/8 teaspoon ground nutmeg
- 1 large egg, room temperature, lightly beaten
- 1/2 teaspoon vanilla extract
- 1-1/2 cups diced fresh or frozen rhubarb, thawed



Directions

- Preheat oven to 350°. In a small bowl, mix flour, oats and brown sugar; cut in butter until crumbly. Reserve 1 cup mixture for topping. Press remaining mixture onto bottom of a greased 9-in. square baking pan.
- For filling, beat cream cheese, sugar, salt and spices until smooth. Add egg and vanilla; beat on low speed just until combined. Fold in rhubarb. Spread over crust. Sprinkle with topping.
- Bake until golden brown and filling is set, about 40 minutes. Cool on a wire rack 1 hour. Refrigerate, covered, until cold, about 2 hours. Cut into squares.





'Avin a Laugh'



The Highway

There is a senior citizen driving on the highway. His wife calls him on his cell phone and in a worried voice says, "Herman, be careful! I just heard on the radio that there is a madman driving the wrong way on Route 280!" Herman says, "I know, but there isn't just one, there are hundreds!"

In the Fire Station

Little Jimmy's preschool class went on a field trip to the fire station. The firefighter giving the presentation held up a smoke detector and asked the class: "Does anyone know what this is?"

Little Jimmy's hand shot up and the firefighter called on him.

Little Jimmy replied: "That's how Mommy knows supper is ready!"

Who is genius?

A proud and confident genius makes a bet with an idiot.

The genius says: "Hey idiot, every question I ask you that you don't know the answer, you have to give me \$5. And if you ask me a question and I can't answer yours I will give you \$5,000."

The idiot says: "Okay!"

The genius then asks: "How many continents are there in the world?"

The idiot doesn't know and hands over the \$5.

The idiot says: "Now me ask: what animal stands with two legs but sleeps with three?" The genius tries and searches very hard for the answer but gives up and hands over the \$5000.

The genius says, "Dang it, I lost. By the way, what was the answer to your question?"

– The idiot hands over \$5...



Birthday Celebration



Bernie Roskrow 15th April



Star sign of the month



Aries – March 20th – April 19th

Enterprising, Incisive, Spontaneous, Daring, Active, Courageous and Energetic, the Aries are the proverbial infants, guileless and optimistic to the fault. However, they also are impatient, impetuous, vain, proud and egoistic.

Taurus – April 19th – May 20th

Known for being reliable, practical, ambitious and sensual, the people born under the Zodiac Sign Taurus have an eye for beauty. They tend to be good with finances, and hence, make efficient financial managers. However, like everyone else, a Taurus also has both positive and negative traits