

Brook House Newsletter



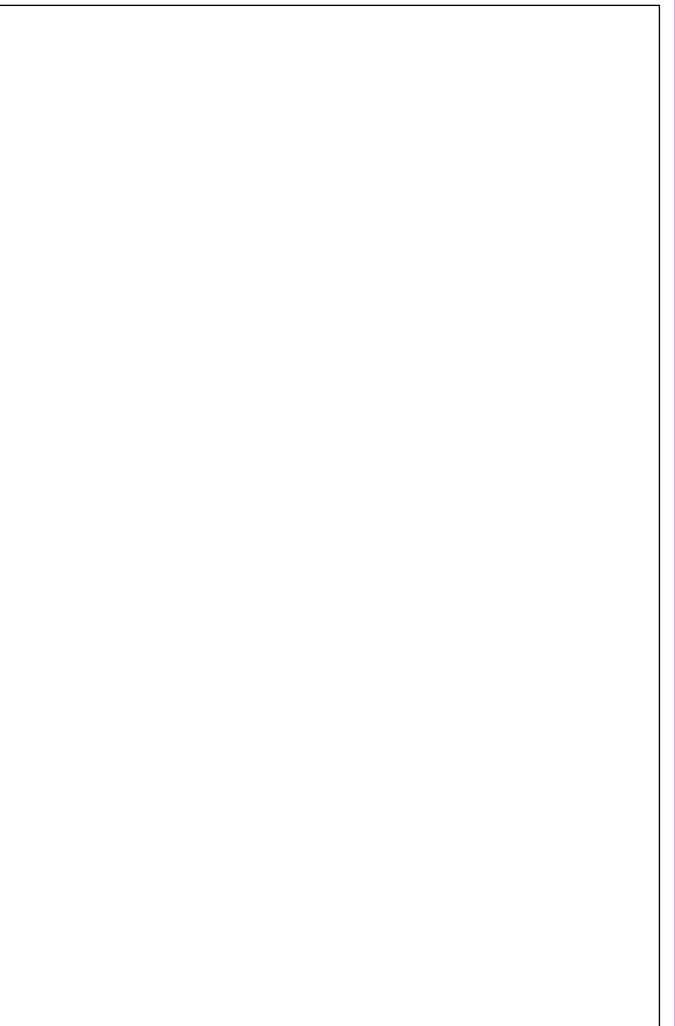
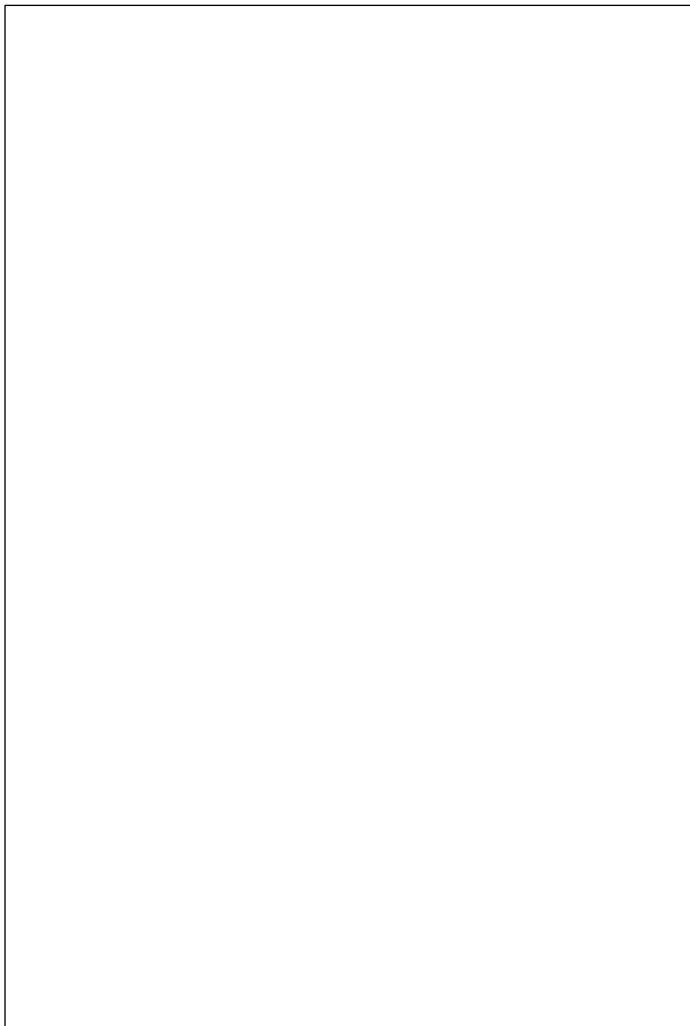
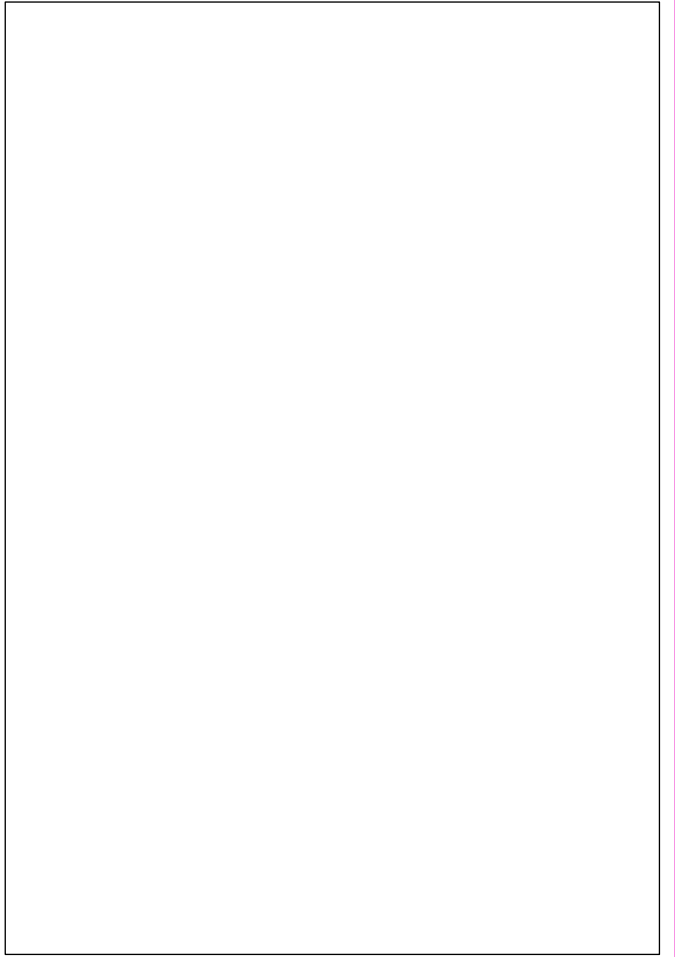
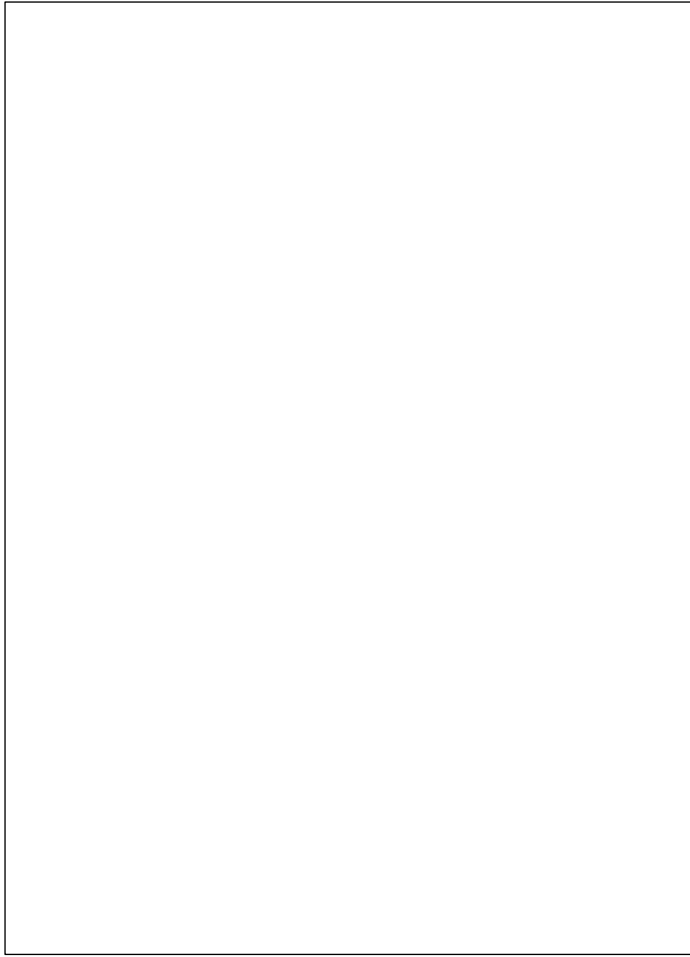
We are in the midst of the summer months and have experienced some extremely hot weather! Whilst in the midst of Coronavirus lockdown we've all been in the garden cooking up a storm!

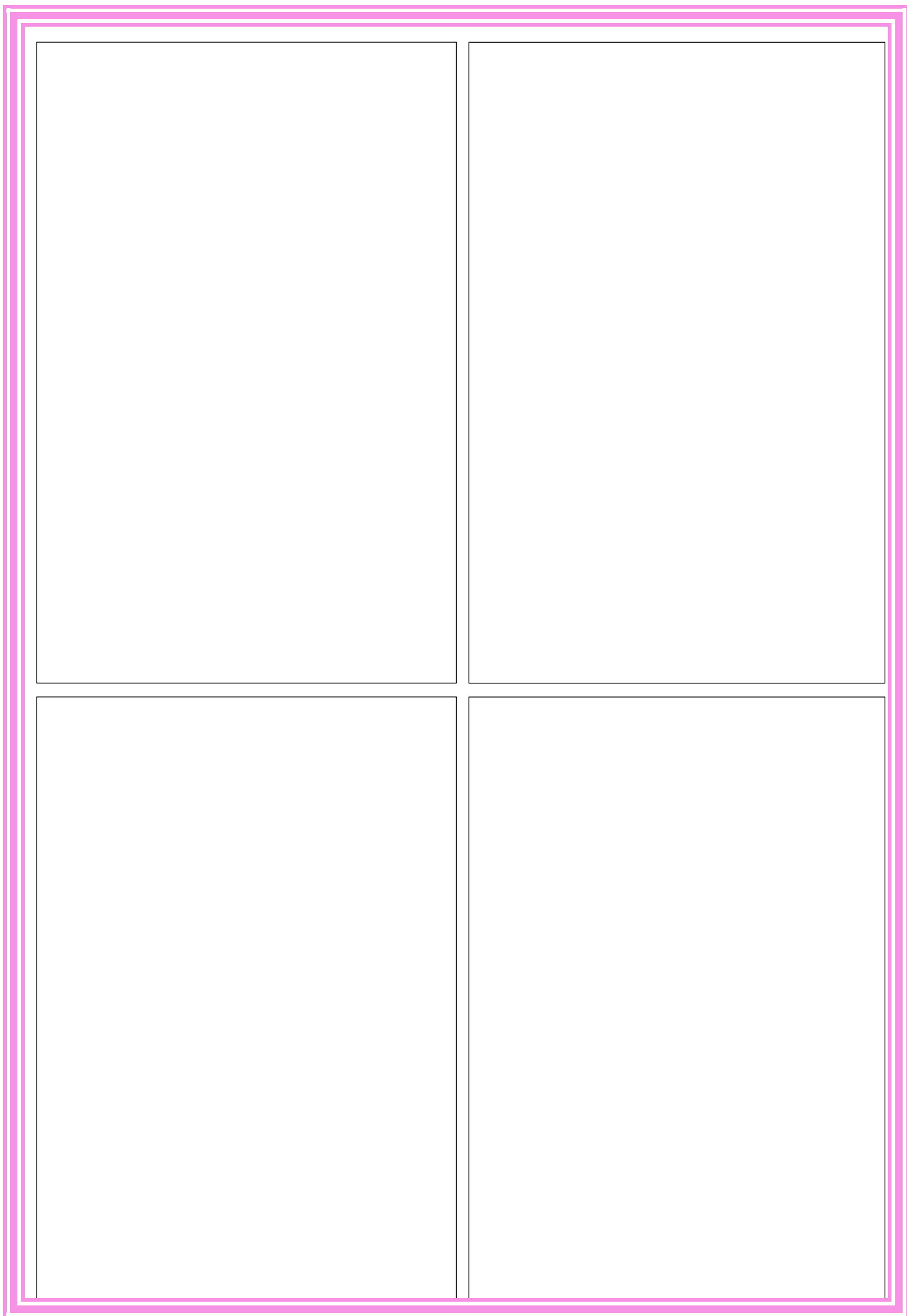
It's beautiful to see our country experiencing such glorious sunshine with temperatures in some parts hotter than Spain! We can enjoy the weather safely at Brook House with lots of sunhats, fluids and keeping out of direct sunlight, especially during midday. There are many effective ways we can keep cool in the sun, wear loose clothing, applying a cold compress to areas such as wrists, ankles and behind the knees. Aloe Vera gel is also fantastic for soothing skin and keeping cool.

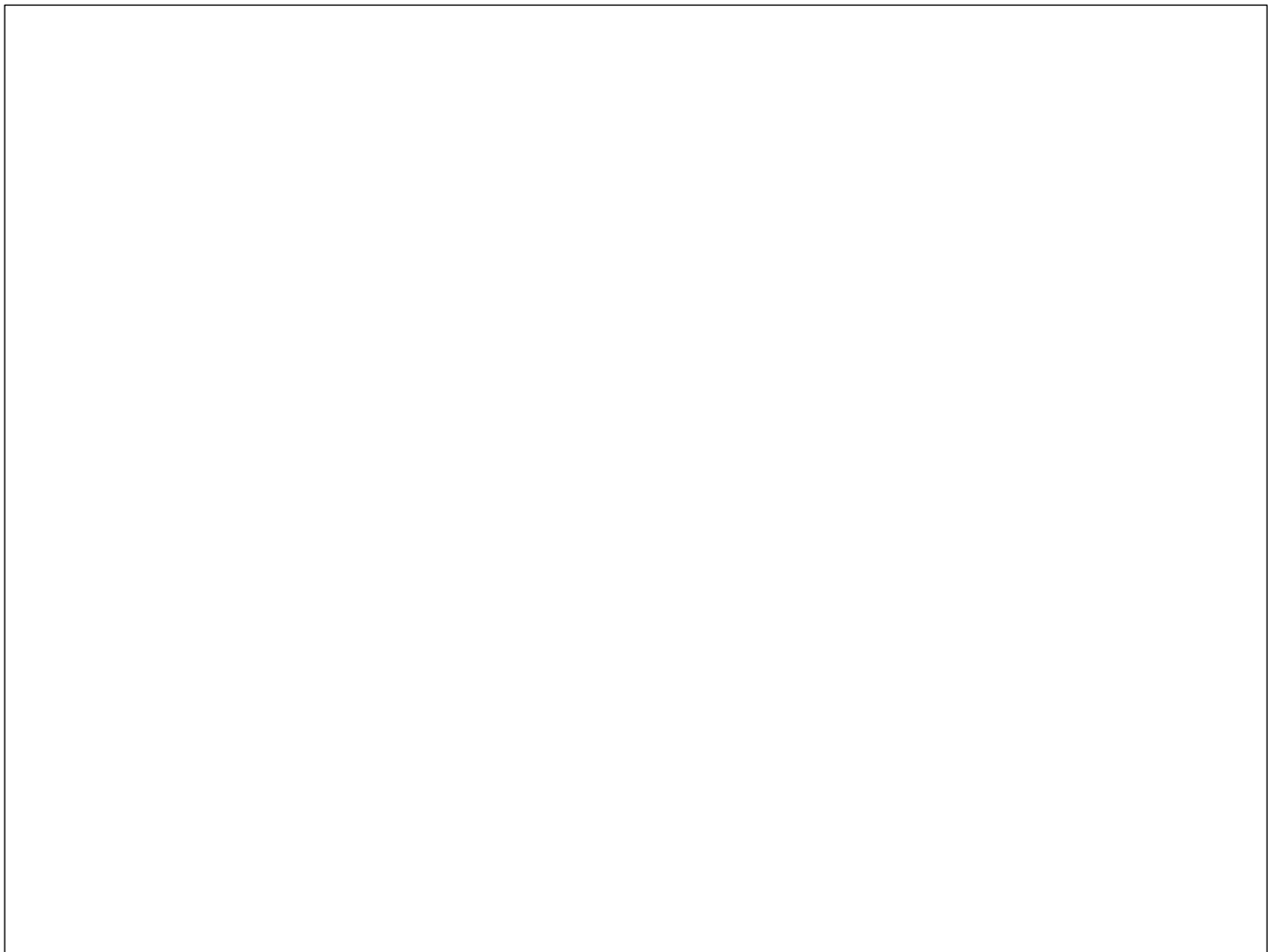
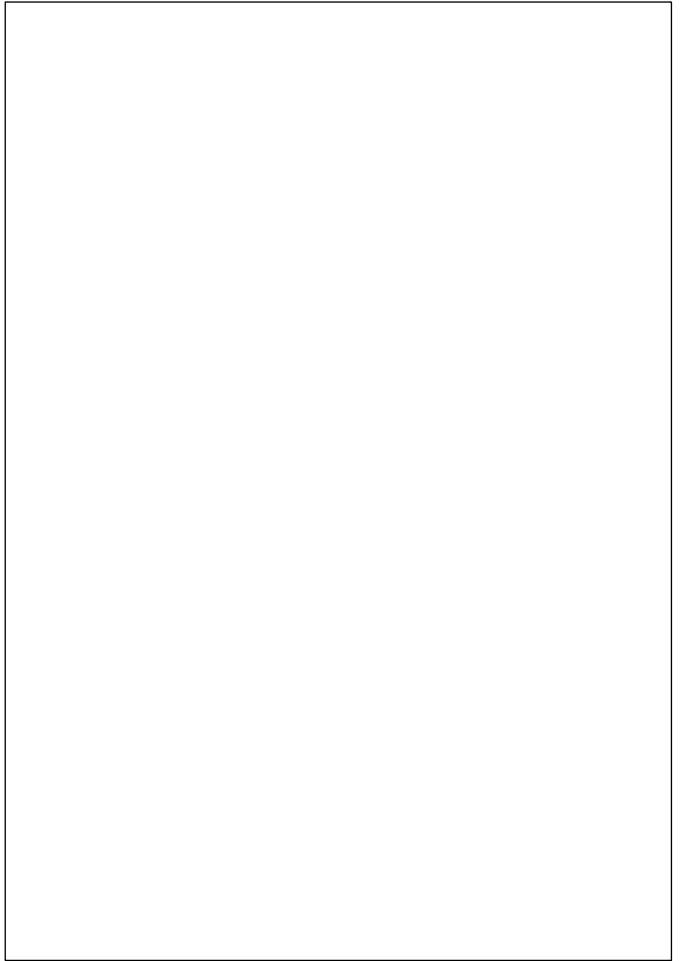
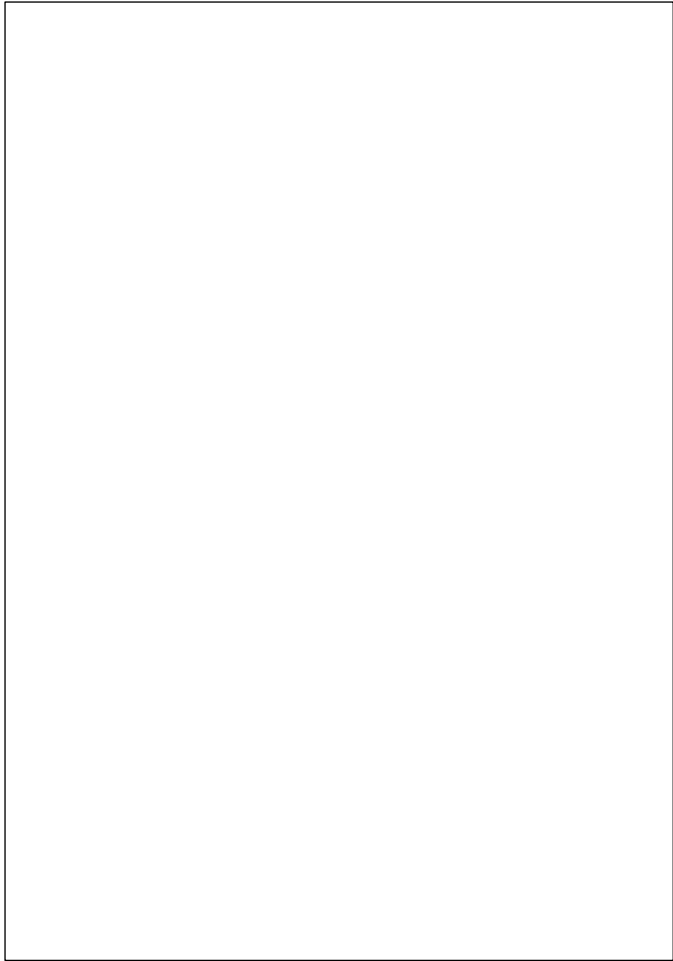
Reflections

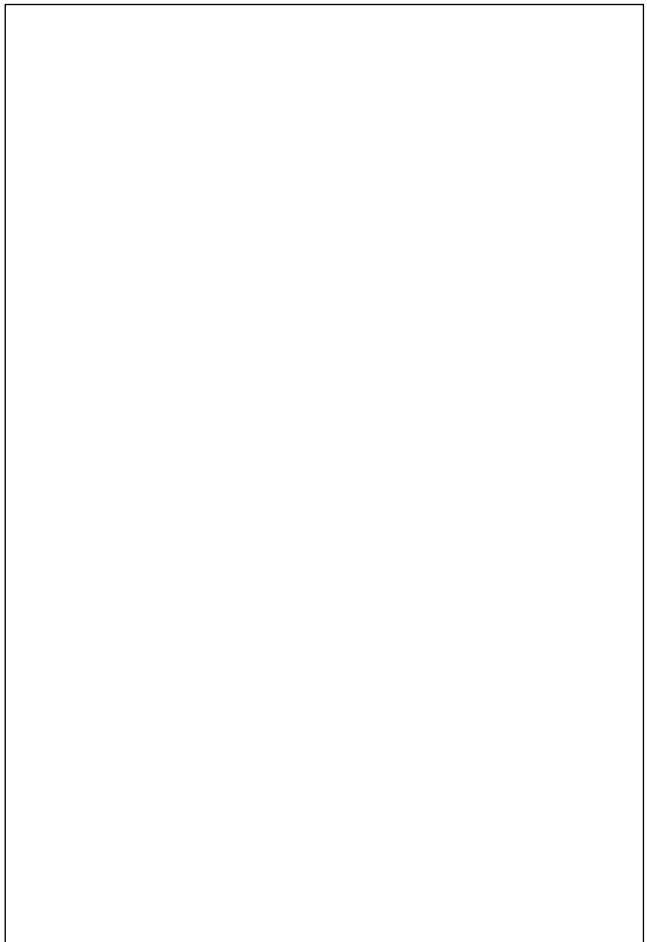
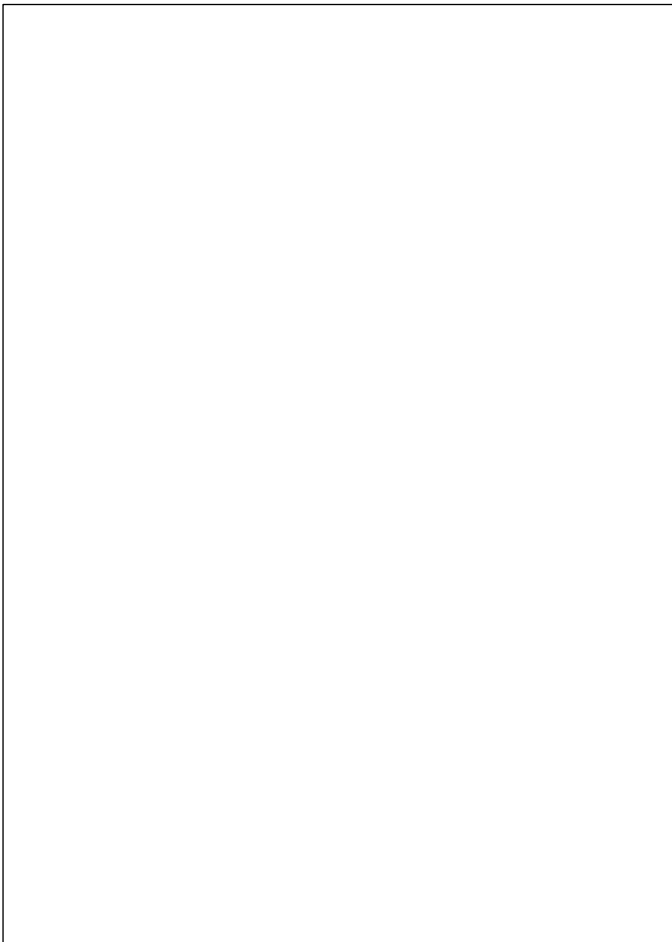
Please see all our pictures and see what we've been up to this month, we are still trying really hard to keep everyone busy and entertained. We have regular activities within the home and always try and encourage everyone to join in as much as possible. Fortunately the weather has been on our side so we have been out as much as possible and we are also starting to hold a few events outside in the garden (Socially – distanced). As you can see from our pictures we had Chris the pianist do a show for us in the garden.

We also had our VE day party which was a great success and enjoyed by everyone!



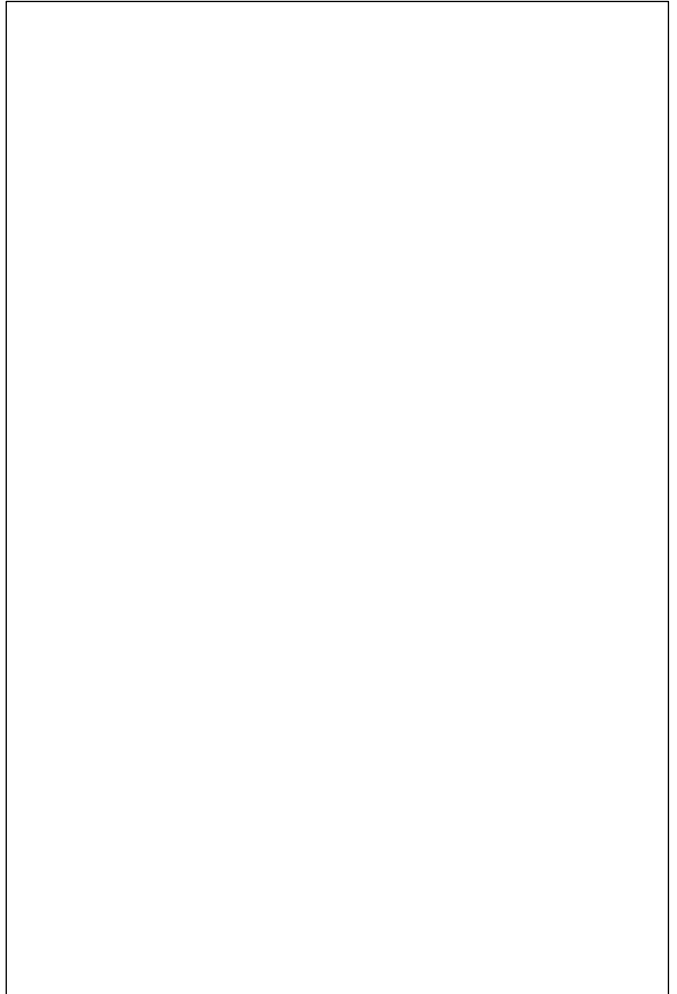
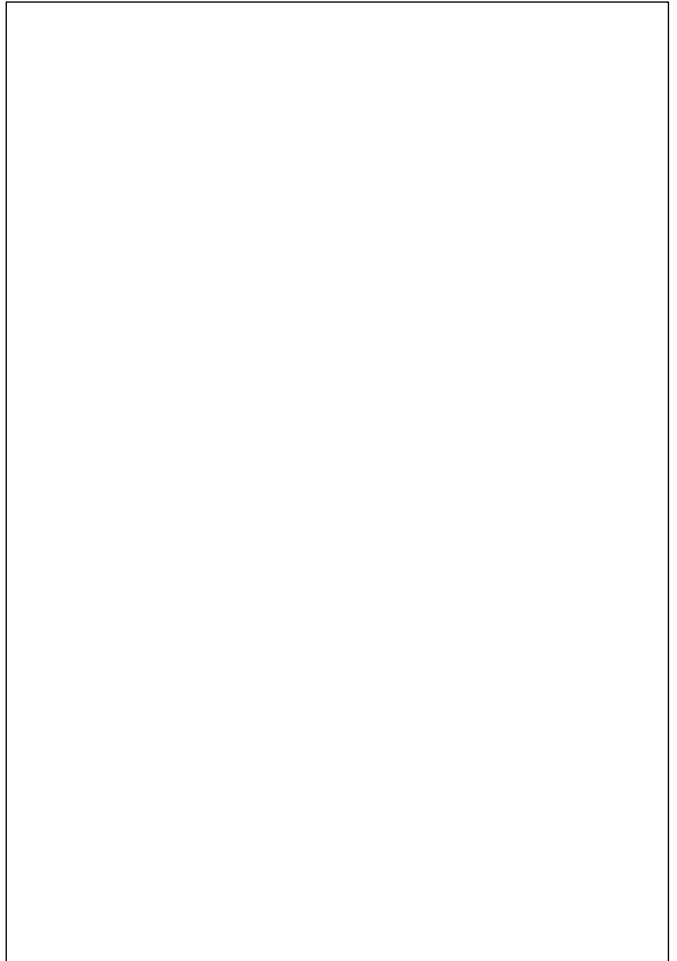
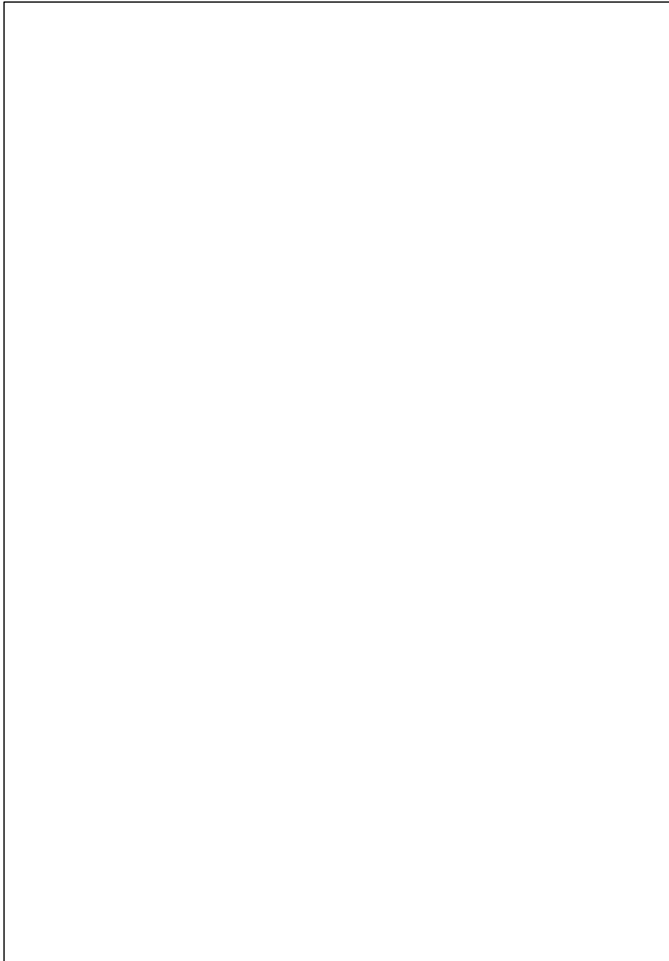


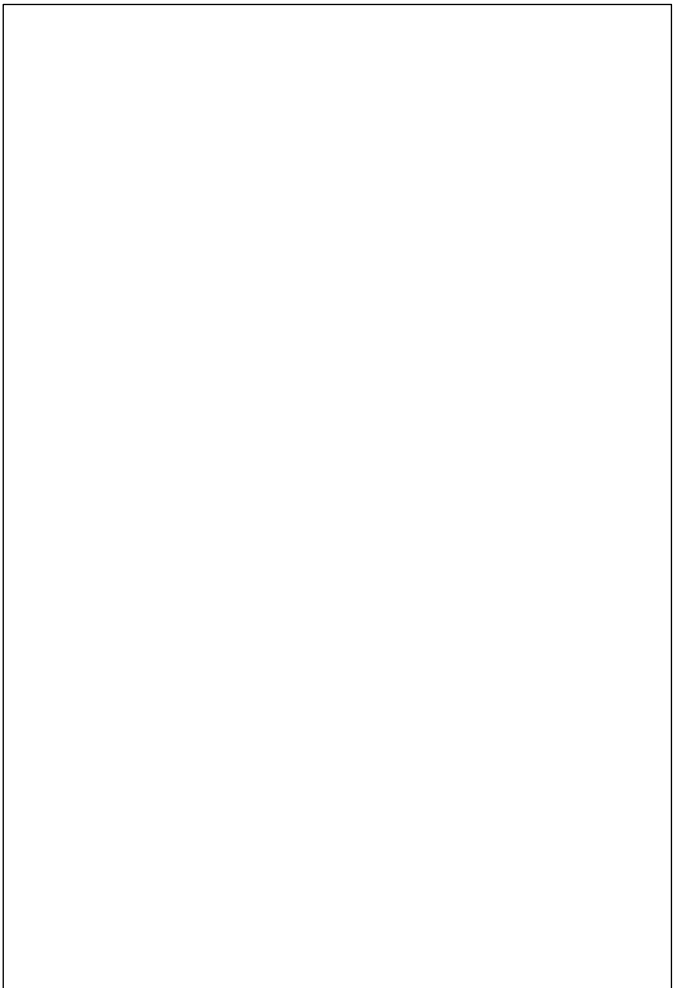
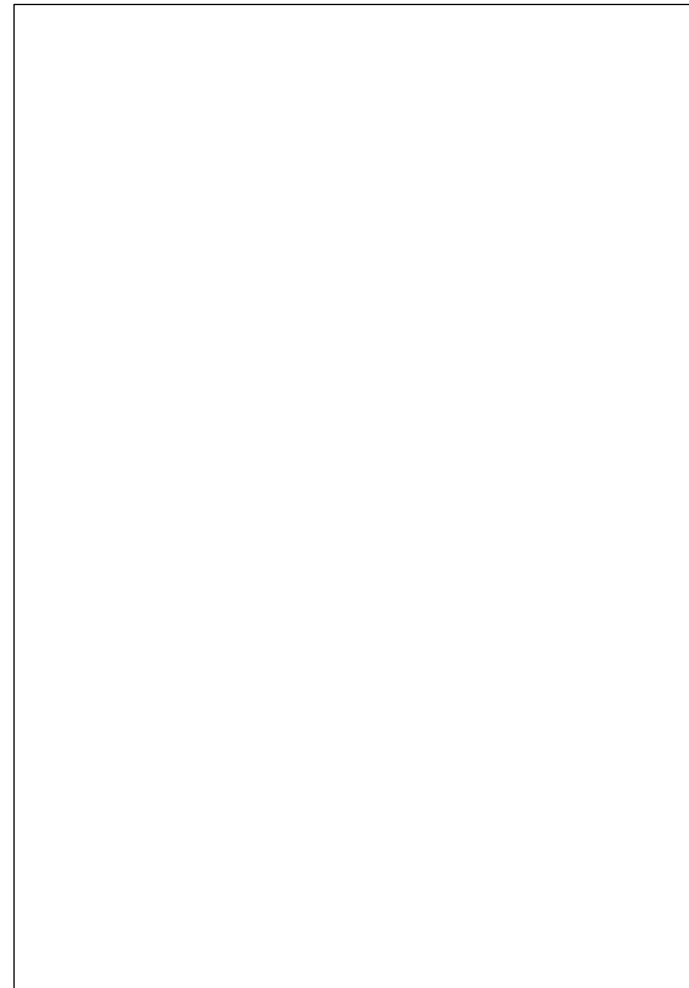
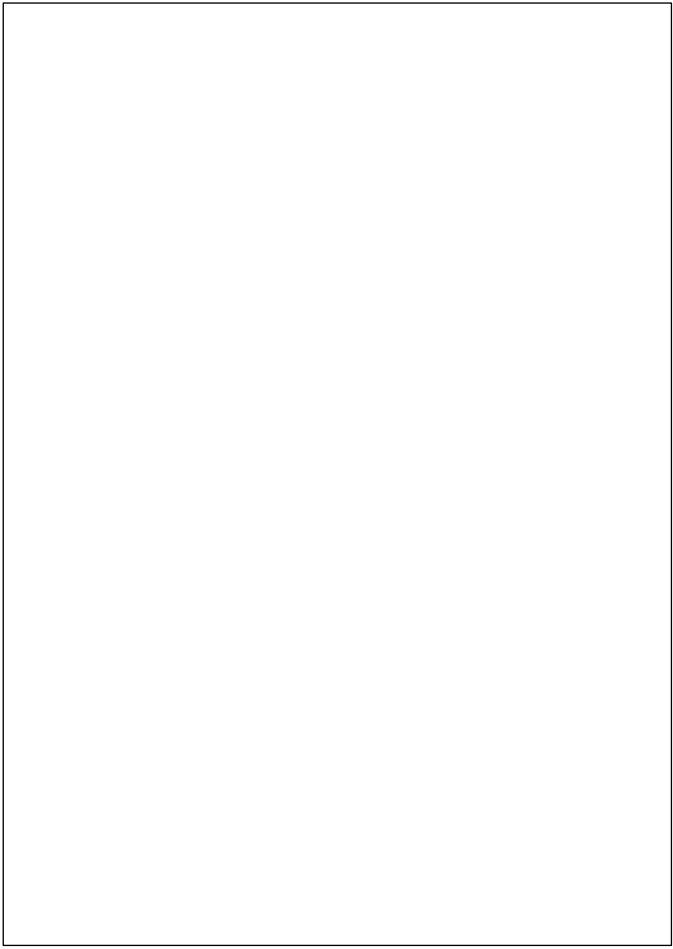
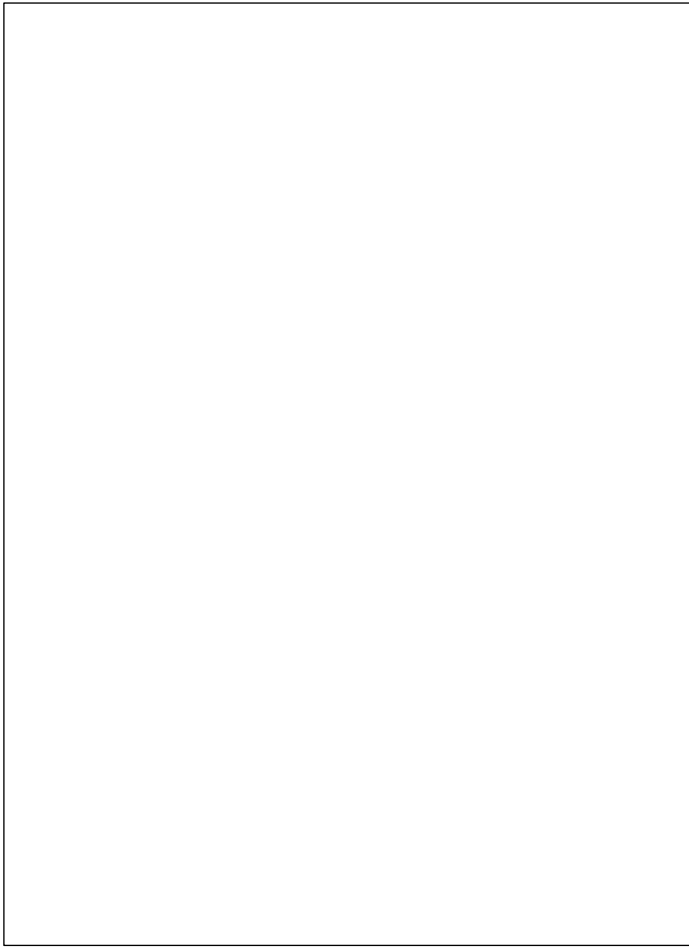




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Summer Fete

We are holding a Summer Fete on the 14th August, unfortunately this will be open to only residents and staff only due to Coronavirus restrictions. We will still be havig





What happens to a frog's car when it breaks down?

It gets toad away.

I submitted 10 puns to a joke-writing competition to see if any of them made the finals.

Sadly, no pun in ten did.

What's the difference between a hippo and a Zippo?

One is really heavy, and the other is a little lighter.

Can a kangaroo jump higher than the Empire State Building?

Of course! The Empire State Building can't jump.

If you ever get cold, stand in the corner of a room for a while.

They're usually 90 degrees.

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Resident of the Month



Roy Coombes

I was born on 13th October 1927 and was born in Oadby. I lived there for 5 years and moved to Market Harborough when I was 7. I went to school at Hallaton and won a scholarship to Market Harborough grammar school where I became head boy.

My first job was at Midland bank in Market Harborough, I then joined the Navy and was there for 2 years. I married my wife Rose in 1950 after we met at a



eve in 1946. We went on to

 **Birthday Celebration** 

Joan Hayes 16th July

Grace Marston 27th July



 **Horoscopes** 

Cancer June 21st – July 22nd

The personality of this Crustacean is difficult to describe. Defensive at apparently illogical times, Cancer is still one of the most loving, open Zodiac signs. The innate 'Crabby' tendency at unpredictable

moments only adds to the fun. Cancer is a receptive and highly sensitive sign, capable of huge empathy.

Leo July 23rd- August 22nd

Kind and big-hearted. The Lions are always admired for their kindness and helpful nature. Energetic, since they are ruled by Sun, the source of infinite energy, the Leo are energetic individuals, and spread the positive vibes around.