

Brook House Newsletter



Did you know?

March used to be the first month of the Roman calendar and is named after 'Mars' the God of war.

We changed 'the new style' or Gregorian calendar in 1752 and it is only since then that we begin the year on January 1st.

Also some people fast throughout March for Lent. Lent is traditionally described as lasting for forty days, in commemoration of the forty days Jesus spent fasting in the desert. It begins on Ash Wednesday and ends approximately six weeks later, before Easter Sunday.

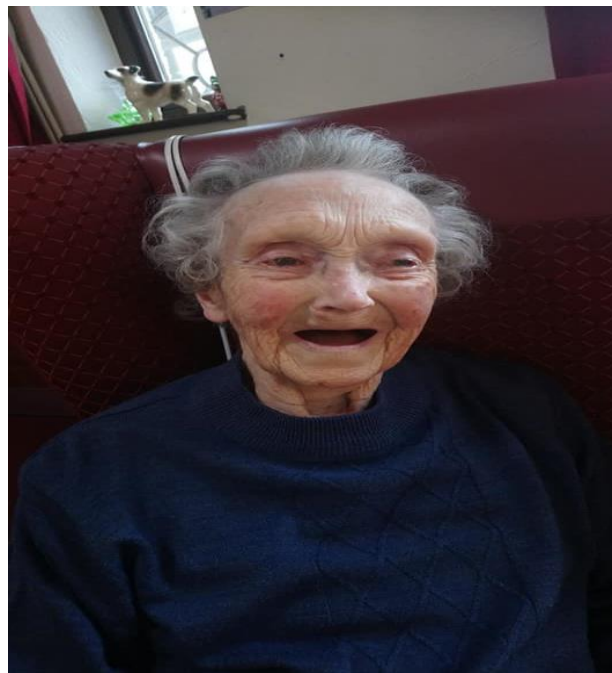
Reflections

Please see all our pictures below of all the things we've been up to in February. The children from North Kilworth visited us and they brought beautiful puppies! Everyone had a hold and they were so tiny. We have done lots of baking and have our little baking club every Thursday afternoon now, so any ideas please come forward to Sam or Kerry. Sam's Pamper days have been a massive success and we've tried to get down to the village café as much as possible.

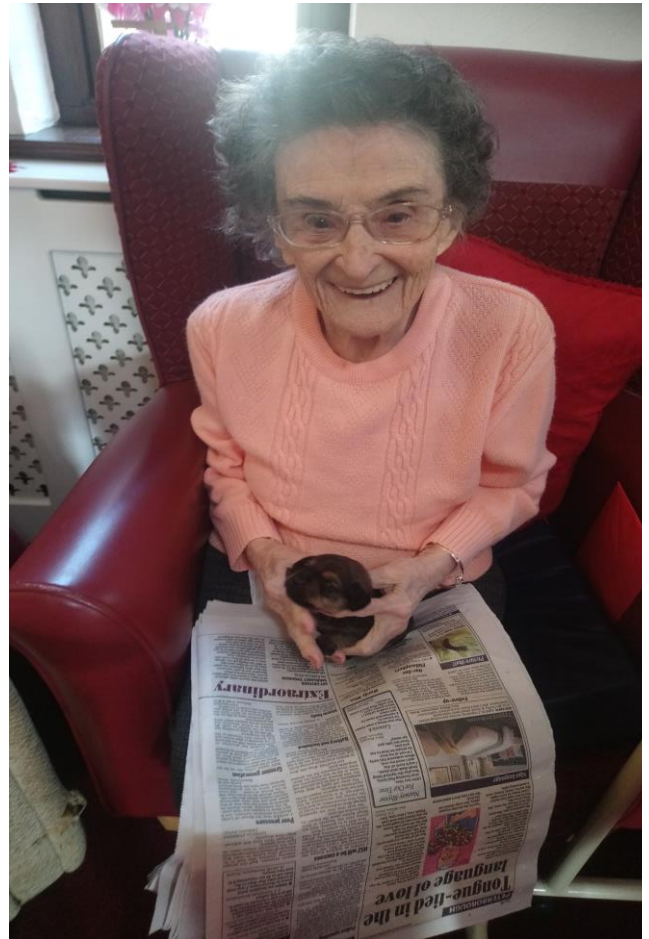




Sam Farrington Alison Maas Kerry Clarke



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Upcoming Events for March



3rd March – Sue the Violinist + Jo on the Keyboard
2.15pm

6th March – Ian the singer 2pm

9th March – Mega-strikers 10.30am

10th March – Holy Communion 2pm

13th March - Comic Relief

Cheltenham Gold cup

17th March – St Patrick's Day

22nd March – Mother's Day

25th March – Reflexologist 9.30am

27th March – Mary Poppins Open day 2-4pm



Brook House Open Day

Mary Poppins

Join us for a magical afternoon of
entertainment, a themed buffet
and much more!

March 27th 2-4pm



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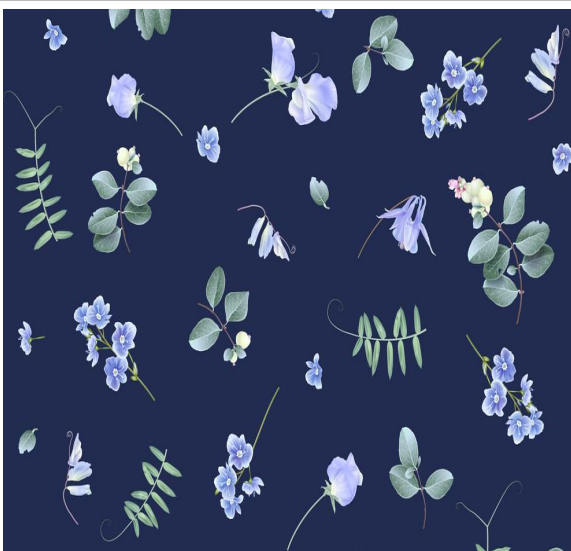
Resident of the Month



Jessie Rhind

Jessie was born in Torrence in Scotland and is the youngest of 10 children. She moved to Coventry to work in a factory and met her husband Ken. They had a son called Gordon who was born on September 8th 1949.

They spent years at their caravan in Cromer and used to take their grandchildren during the school holidays.



Sam Farrington Alison Woods Kerry Clarke

Carer Factfile



Alison Maas

Alison is 51 years old and was born on the 5th October 1968. She lives in Broughton Astley with her 16 year old son Ben.

Her favourite take away is an Indian and has been working at Brook House for 4 ½ years.

She enjoys making the residents smile and also interacting with the relatives who visit.

“This job makes me happy to see the residents happy”



Sam Farrington Alison Maas Kerry Clarke



'Avin a Laugh'



The Internet What's that?

"C'mon Ma you have got to try it" I pleaded to my elderly Mother. I don't know how my Mother lasted this long without ever using the internet, but enough was enough! I thought.

"Ok" she said reluctantly settling down by the computer and slowly putting on her reading glasses "what do I do now?"

"Now I'm going to open the home page of google", I explained. "OK here it is! Now type in ANY question you want into the bar over here and you will find an answer to your question." I confidently assured her.

My Mother looked at me warily, thought for a second, and slowly began to type,

How is Gertrude doing this morning?



Sudoku

7	9					3		
					6	9		
8				3			7	6
					5			2
		5	4	1	8	7		
4			7					
6	1			9				8
		2	3					
		9					5	4

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		3		4	2		9	
	9			6		5		
5							1	
		1	7			2	8	5
		8				1		
3	2	9			8	7		
	3							1
		5		9			2	
	8		2	1		6		

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L	O	Q	O	W	Y	B	F	C	L	J	R	N	S	H
L	T	K	B	L	U	E	S	K	Y	P	K	R	M	F
Y	O	J	G	H	Y	V	T	D	H	V	E	R	N	Y
N	S	C	R	W	A	S	W	Q	N	M	A	A	K	A
Z	E	T	F	A	T	P	F	O	T	E	H	V	C	A
P	R	S	R	C	D	X	P	L	E	X	I	U	W	E
L	U	W	E	E	U	O	O	I	O	N	F	R	H	N
A	T	S	I	T	A	V	P	A	N	W	U	Y	F	Z
Y	N	I	G	K	E	M	F	C	C	E	E	S	S	E
I	E	P	P	P	A	R	N	G	Z	I	S	R	B	T
Y	V	K	N	T	E	V	N	G	K	V	L	S	S	R
Q	D	X	H	E	W	I	L	D	L	I	F	E	A	M
V	A	J	D	G	Q	A	E	K	K	P	E	O	T	P
C	B	O	T	Y	L	C	D	J	U	O	N	U	O	V
F	M	N	O	I	T	A	C	A	V	Y	O	X	T	S

FRIENDS
 SUN
 BLUESKY
 FREEDOM
 WILDLIFE
 PEACE
 STREAM
 FLOWERS
 INSECTS
 HAPPINESS
 LOVE
 VACATION
 PLAY
 JOY
 ADVENTURES

Let's talk about.....



Saint Patrick's Day, feast day (March 17) of St. Patrick, patron saint of Ireland. Born in Roman Britain in the late 4th century, he was kidnapped at the age of 16 and taken to Ireland as a slave. He escaped but returned about 432 to convert the Irish to Christianity.

By the time of his death on March 17, 461, he had established monasteries, churches, and schools. Many legends grew up around him—for example, that he drove the snakes out of Ireland and used the shamrock to explain the Trinity. Ireland came to celebrate his day with religious services and feasts.

It was emigrants, particularly to the United States, who transformed St. Patrick's Day into a largely secular holiday of revelry and celebration of things Irish. Cities with large numbers of Irish immigrants, who often wielded political power, staged the most extensive celebrations, which included elaborate parades. Boston held its first St. Patrick's Day parade in 1737, followed by New York City in 1762. Since 1962 Chicago has coloured its river green to mark the holiday. (Although blue was the colour traditionally associated

with St. Patrick, green is now commonly connected with the day.) Irish and non-Irish alike commonly participate in the “wearing of the green”—sporting an item of green clothing or a shamrock, the Irish national plant, in the lapel. Corned beef and cabbage are associated with the holiday, and even beer is sometimes dyed green to celebrate the day. Although some of these practices eventually were adopted by the Irish themselves, they did so largely for the benefit of tourists.





FOOD COMMITTEE

We are now holding regular food committee meetings. At Brook House we understand how important our daily meals are. We want as much influence and input from our residents as possible, they are the center of our home.

Any ideas regarding meals, serving times and catering in general please come forward and speak to our head chef Karina or our food committee team. Roy, Hazel, Grace, Shirley or Lucy.





Birthday Celebration



Hazel Shelton 7th March

Iris Annandale 25th March



**KEEP
CALM
EVERYONE
ITS MY
BIRTHDAY !**



Pisces/Aries



Pisces February 19th – March 21st

Pisces are very friendly, so they often find themselves in a company of very different people. They are generous, compassionate and extremely faithful and caring.

Aries March 21st – April 19th

Enterprising, Incisive, Spontaneous, Daring, Active, Courageous and Energetic, the Aries are the proverbial infants, guileless and optimistic to the fault. However, they also are impatient, impetuous, vain, proud and egoistic.