

Brook House Newsletter



I hope everyone had a wonderful bank holiday Easter weekend, the weather was scorching and we've enjoyed several sunny days since then!

Even though lockdown measures are still taking place, I hope everyone is keeping well and checking out our social media regularly to see updates on how everyone is and what we've been doing during these uncertain times.

What have you been doing to keep yourself busy during lockdown? Lots of people have been exercising and baking, we need to keep our body and minds active as much as possible.

Reflections



Our Easter egg hunt was a blast, everyone got up, moving and hunted for eggs. It was a chocolate galore! Everyone had their fair share and it was a fun morning had by all.

We also had a Ukulele afternoon with Gail, it was a beautiful sunny afternoon and everyone sat out in the garden.

We have been doing everything we can to keep up moral and keep things exciting within the home during the current pandemic. Ali is running daily Aerobic classes, these take place around 11am each morning. We also have been getting out in the garden as much as possible and also run our weekly baking sessions every Thursday. We appreciate it's a stressful and anxious time and many of us have been upset and confused, please feel reassured we are doing our very best to keep everyone safe and trying to make this quarantine time bearable for us all....



Sam Farrington Alison Woods Kerry Clarke



Sam Farrington Alison Maas Kerry Clarke



Sam Farrington Alison Maas Kerry Clarke

Colour me in....



Trees Word Search

W R O W I H A A Z H M A T G C
A T S I U R P O N U S H W D A
A T K L A R P T G L A A D O A
N O R L S Y L T R W L L O R W
E S P O C H E S T N U T G A A
D O O W D E R H U R I F W I K
P C L N W C O T T O N W O O D
P K Y S E R M R D H I C O U I
M R R P N N A O S T P P D Q L
H L R R R D C A P K A L D E R
O A E U E E Y A L C K L E S H
H R H C N U S N O U N P U K A
A C C E O P G S Y B I R C H W
T H A Z E L P A M N H W R D L
D C I N C E S W E Y C U D N T

Alder

Apple

Ash

Aspen

Birch

Buckthorn

Cedar

Cherry

Chestnut

Chinkapin

Cottonwood

Cypress

Dogwood

Elm

Fir

Hawthorn

Hazel

Larch

Maple

Oak

Pine

Poplar

Redwood

Sequoia

Spruce

Sweetgum

Sycamore

Walnut

Willow

Yew

May Recipe

INGREDIENTS

MINI LEMON DROP CUPCAKES

- 1 box lemon cake mix
- 1 box instant vanilla pudding 3.4 oz, dry mix
- 4 large eggs
- 1 1/4 cups sour cream or yogurt
- 1/2 cup milk

EASY LEMON GLAZE

- 3 1/2 cups powdered sugar
- 2 tsp grated lemon zest from 1 lemon
- 2 TBSP unsalted butter melted
- 1/4 cup fresh lemon juice from 1 lemon
- 1/4 cup hot water
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INSTRUCTIONS

TO MAKE THE MINI LEMON CUPCAKES:

1. Preheat the oven to 325 F. Coat mini muffin tin with cooking spray.
2. Beat the ingredients in a large bowl with an electric mixer for several minutes until blended and smooth. Fill each muffin hole about 1/2 full. I used a small cookie scoop and it worked perfectly! Bake for about 12 minutes or until a toothpick inserted in the center comes out clean.
3. Cool the pan on a wire rack for about 2 minutes and then turn the muffin pan over on a wire rack so that all the muffins are upside down.
4. Cool completely and once all the batter is cooked, you can make the glaze.

TO MAKE THE LEMON GLAZE:

1. Place the wire racks over waxed paper. Beat the glaze ingredients in a medium bowl until smooth.
2. Dip muffins in glaze to coat the bottoms (which are now the tops!) and the sides and let the excess drip off back into the bowl.
3. Place each lemon drop back on the wire racks until the glaze is set.



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Resident of the Month



Grace

Grace was born on the 27th July 1929 to Mary and James McBrid, She lived in Ireland – Derihason.

She has 5 brothers and 3 sisters.

When she left school she worked in a hotel as a waitress and chambermaid.

Grace met Terry when she was young and got married in a church in Ireland.

They had 2 children Alan and Diana and now has a few grandchildren.

They had a dog called Spring and also had cats.

She enjoyed going dancing and liked doing the quick step and the waltz.

Grace often reflects on her lovely life.





'Avin a Laugh'



Peanuts!!

Thinking that the presidential candidate needed to show a more human side of himself, his committee advised him to visit an old age home. Walking into the room of an old man, with the cameras whirring, the nominee was surprised when the old man offered him some peanuts from a bowl on the table. "Thank you", said the nominee after being offered more for the 3rd time, "why don't you have some yourself?"

"Oh, I can't eat it" said the old man, "I don't have any teeth." "So why do you have them?" asked the confused nominee. "Oh, I like the chocolate around it" was the glib reply.



Let's talk about.....

Thomas Moore (born 30 April 1920), known as Captain Tom, is a former British Army officer known for his efforts to raise money for charity in the run-up to his 100th birthday during the 2020 coronavirus pandemic.

Moore served in India and the Burma campaign during the Second World War. He later became an instructor in armoured warfare.

After the war, he worked as managing director of a concrete company and was an avid motorcycle racer. On 6 April 2020, at the age of 99, he began to walk around his garden in aid of NHS Charities Together during the COVID-19 pandemic, with the goal of raising £1,000 by his hundredth birthday. By 26 April he had raised over £29 million. In doing so, he made many media appearances and became a popular household name in the United Kingdom generating much interest in his life story, and earned a number of accolades. Soon after the walk, he featured in a cover version of the song "You'll Never Walk Alone", with proceeds going to the same charity. The single topped the UK music charts and made him the oldest person to ever achieve a UK number one

Tom celebrates his birthday on the 30th April





Birthday Celebration



Joan Smith 13th May

Jude Hardwick 24th May



Star sign of the month

Taurus – April 19th – May 20th

Known for being reliable, practical, ambitious and sensual, the people born under the Zodiac Sign Taurus have an eye for beauty. They tend to be good with finances, and hence, make efficient financial managers. However, like everyone else, a Taurus also has both positive and negative traits

Gemini May 21st – June 20th

Gemini Personality: 7 Key Gemini Traits. The Gemini personality is very fun, but, like every sign, Geminis have weaknesses. Their strengths are that they're adaptable, outgoing, and intelligent—there's never a dull moment with a Gemini.