

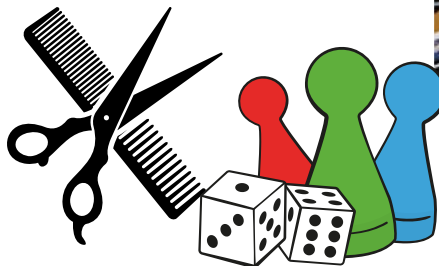
DECEMBER NEWSLETTER

PEACE,
Love
AND JOY

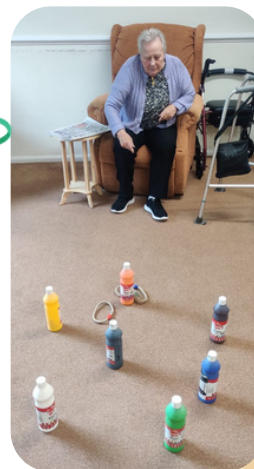
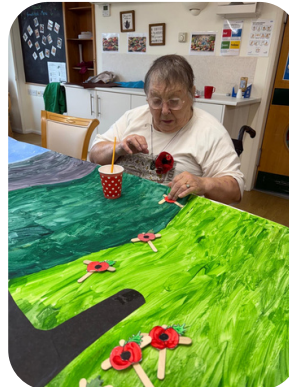
Saintbridge House
Gloucester

189 Painswick Road, Gloucester, GL4 4QQ
01452 300307

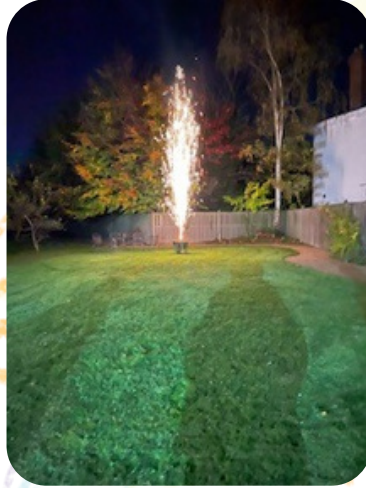
What have we been up to in November?



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Bonfire Night Celebrations



We had our lovely evening of fireworks and hot dogs to start the month off. Lots of family and friends joined us and we enjoyed a great firework display. Thank you to all the staff who came along and helped out to make a great evening.

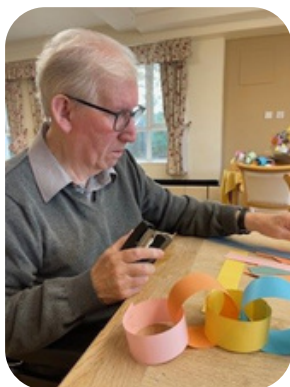


Bonfire Night Celebrations



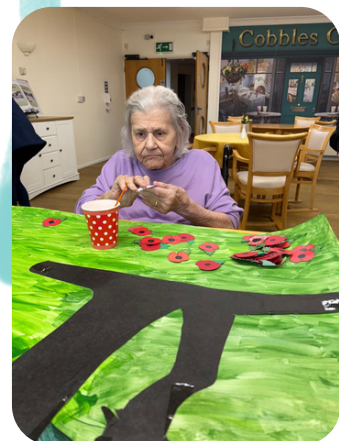
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Creative Arts and Crafts



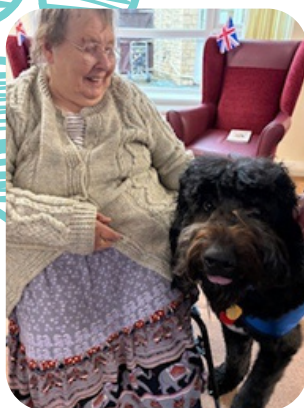
BE
CREATIVE

Creativity has been varied again this month, with Remembrance day crafts, and early Christmas preparations amongst other things.

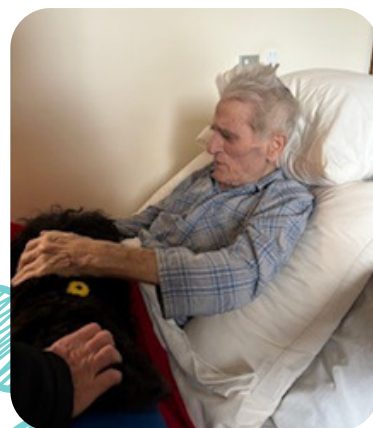


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Pet Therapy - our furry visitors



The pet therapy dogs Peggy and Bear have been in again and as always put smiles on everyone's faces. They enjoyed getting some love and lots of fuss, whilst residents and staff get to have a lovely cuddle back.



Saintbridge House
Gloucester

School children Volunteer Group



We have continued with our young people from Gloucester Academy coming in to do voluntary time for their Duke of Edinburgh. They have sorted games of Scrabble, made their own Bingo game, helped making Christmas cards and pom poms and the residents have loved it every week. We finished with a great Christmas sing along time, which was great fun!



School children Volunteer Group



Musical Entertainment



Singing, dancing, being in company, they all go on when we have our musical entertainers. Lots of dancing with Julie and her steelpans and also a lovely Remembrance day session with the D Day Dollies this month.



Saintbridge House
Gloucester

Getting out and about



We have managed to get out for coffee again this month. A trip to a new coffee shop was well received especially with the wonderful cakes they had. Then the garden centre was calling so a sneaky hot drink there was enjoyed...the weather was a bit nippy and Gill took great delight in giving some exercise ideas for Brian to warm up a bit!!!



Armistice Day

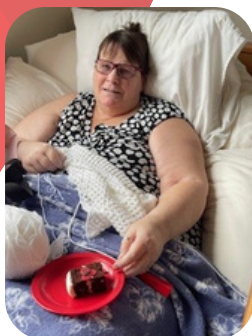
We have spent time this month creating a display for the home to Remember those lost in wars.

We then also spent time watching The Cenotaph wreath laying in London on the tv and the did our own two minute silence on 11th.



Saintbridge House
Gloucester

Armistice Day



Saintbridge House
Gloucester

Key Events in December

ELF DAY begins our start of the month on Wednesday 3rd December. Please join in and support, and go as big as you want!!

We have our **CHRISTMAS DEMENTIA CAFE** on Friday 5th December. *note day change* 10:30 -12pm come long and join in Christmas bingo

On Wednesday 10th December 2 - 3pm we have **SEASONAL SONGS FOR SANDRA**. Friends of a previous resident will be coming along to get us singing.

Saturday 13th December 1:30 pm is our **CHRISTMAS PANTOMIME; A CHRISTMAS CAROL**. Booking is required for this event as seating is limited.

Our **RESIDENTS CHRISTMAS PARTY** will be Thursday 18th December 2pm - 5pm. Musical entertainment with a visit from Santa.

We are holding a **CHRISTMAS COFFEE MORNING** on Monday 22nd December 10:30 -12pm come long and join in Christmas bingo



December programme of activities

Mon 1st putting up decorations
Tues 2nd putting up decorations/music and movement/pet therapy
Wed 3rd out for coffee/decorations/board games/school children visit
Thurs 4th Scrabble club/board games/mini concerts
Fri 5th Dementia cafe with Christmas bingo/creative arts/dominoes
Sat 6th 1 to 1/exercises/tin can alley
Sun 7th 1 to 1/exercises/memorial service
Mon 8th reminiscing/group crossword/hairdresser/ball games
Tues 9th creative arts/Chaplain visit/board games
Wed 10th out for coffee/board games/2pm Seasonal Songs for Sandra
Thurs 11th Scrabble club/board games/puzzles/steelpan concert
Fri 12th knit and natter/board games/creative arts
Sat 13th 1 to 1/ 1:30 pantomime show
Sun 14th 1 to 1/exercises/relaxation/creative arts
Mon 15th reminiscing/group crossword/music and movement
Tues 16th making table decorations/giant snakes and ladders
Wed 17th Cathedral visit group 1 (am) / cathedral visit group 2 (pm)
Thurs 18th 2pm mini concert and resident party with Santa bringing gifts
Fri 19th 11:15 church service/dominoes/film afternoon
Sat 20th 1 to 1/relaxation/exercises/church choir (tbc)
Sun 21st 1 to 1 / exercises /relaxation / creative arts
Mon 22nd 10:30 Christmas coffee morning / hairdresser / creative arts
Tues 23rd 1 to 1 day with hair and nails and beard care / foot and hand massages
Wed 24th dominoes / 2pm Christmas eve disco party - everyone welcome!!!
Thurs 25th Christmas Day / 3pm Kings speech
Fri 26th Boxing Day games and crafts
Sat 27th 1 to 1 / relaxation / games
Sun 28th 1 to 1 / relaxation / creative arts
Mon 29th 1 to 1 / 2:30 lantern show
Tues 30th creative arts / group crossword / dominoes
Wed 31st new years eve pancake party!!! details tbc



Resident spotlight



Mary

Mary has been with us for nearly 3 years and has a best friend Maureen who is her rock! They have known each other and been best friends for over 70 years. She has family, Tim and Carol who visit regularly. Mary worked in a shoe shop for 25 years and also worked in a jewellery shop. Her hobbies included gardening, and she still loves to spend time in our garden here.

Staff spotlight

Paige

Paige has been with us at Saintbridge for a year now. She has a sister who she likes to spend time with and she also has a dog called Daisy. Her dog is only 3 and she is known as the Duracell battery dog, as she never stops!! When she isn't at work she loves to spend time with her mum and sister and loves a film, especially Christmas films at this time of year.



Staff Celebrations

Celebrating
— 10 YEARS —



Val



Brenda



Sam



Rebecca

We had a few celebrations this month at the staff meeting, with 5 members of staff reaching their 10 year milestone, with the 3ABCare family here at Saintbridge.

Congratulations to you

all



Kiloko



Resident Birthdays in November



Yvonne had a lovely day celebrating with us. She had a beautiful cake and we sang happy birthday to her.



Elita had her special day too, with visitors, a cake and two renditions of Happy Birthday. She really enjoyed her piece of cake.





Resident birthdays during December:

Mary D - 13th December

Christopher - 13th December

David S - 29th December



Staff birthdays this month:

Richard - 1st Dec

Tina - 4th Dec

Paige H - 26th Dec

It is lovely when family and friends can join us in celebrating residents birthdays and anniversaries, so do please come along and be a part of their day.



Resident changes

in November 2025



Christopher has joined us in November for a period of respite.

Maureen has also come to us in November and we welcome her to our family.



Graham has moved in to join us and we are enjoying his company and conversations.

Alan has spent some of November with us again on respite, and he has loved joining in with everything going on.



We enjoyed some time with Jean when she joined us and we look forward to getting to know her.



Family comments

My brother has been a permanent resident of Saintbridge house since August 2023, during which time he has been treated with great kindness and consideration. It is not easy caring for someone with dementia and they have shown great patience. The staff have always involved me in any changes they wish to make to my brothers care and wellbeing.

Saintbridge house is well maintained with beautiful gardens and there are many activities arranged to stimulate and interest the residents. Being cared for in a secure and comfortable environment has taken the pressure of my wife and myself.

Review from James C (Brother of Resident) published on 9 December 2025



Your comments are appreciated and have given us our excellent Carehome score, if you would like to leave your thoughts you can do so, on to their website



Did you know we provide respite care?

There are many reasons why someone may need short term, temporary respite care. And across all of our care homes we are delighted to offer this, whether for a few days or even months. Regardless of the circumstances, we are committed to making sure that all who come to stay with us, no matter how long, are made to feel at home. Ensuring that all residents feel safe, comfortable and cared for, our expert team of professionals work hard to make sure that even the shortest of stays with us is a positive one.

Speak to Dave, our home manager on 01452 300307



Resident and Family meeting

Our next resident and family meeting will be in March 2026, date to follow. This is opportunity for you to hear what is coming up, ask any questions, give us suggestions for activities, feedback on what we currently provide and generally keep communication open for everyone. Obviously we are always available and so these things can be discussed at any time before then.



Trust
Respect
Integrity

Resident/relative/staff referral scheme

We are proud of the excellent services we provide here at Saintbridge House and would love for you to tell other people about us too.

Recommend Saintbridge House to your friends, family or colleagues and we'll give you £250 as a thank you for each successful recommendation when they move in. Once they've been with us for three months, we'll reward you with a further £250.

There is no limit to the number of recommendations you can make!!

Speak to Dave, our home manager on 01452 300307

