

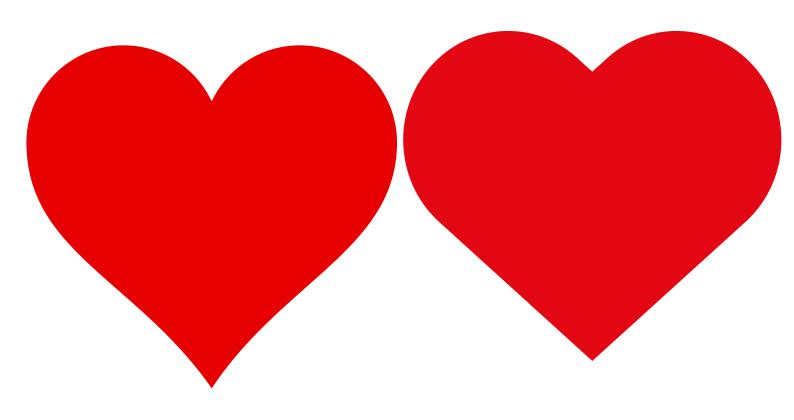
Inspected and rated





**Exceptional Excellence** 

## **THE HEATHERS NURSING HOME NEWSLETTER** FEBUARY 2024



#### VISITING ARRANGEMENTS

Please note the visiting times are between 10.30 am and 8.00 pm every day.

We have protected meal times , please make sure you avoid meal times when visiting, unless you are supporting with meals.(0900-1000 breakfast,1230-1330 lunch, 1700-1800 tea). Visiting during meal times causes distraction and inconvenience for some residents in the lounge, having adequate nutrition is very vital for your loved ones, please be mindful about this. If you feel unwell, please refrain from visiting.

If contacting the home to see how your loved one is, please ring after 11.00 am and avoid medication round time (1.00/1.30 pm & 5/6 pm). Press option 3 to speak to the nurse in charge 01454 312726.

### **SIGNING IN AND OUT**

Can we request all the visitors to sign in each time you enter the building and sign out when you leave the building please. This is to comply with fire safety regulations.

#### <u>Care planning</u>

Care planning & family / service user involvement. Please see the nurse in charge to see your loved ones care plan and to be involved in the planning.

#### <u>Post</u>

Please see the nurse in charge to collect any post for you loved ones.

#### **Residents and relatives meeting**

We hold residents and relatives meeting every month ,the time is 12 pm ,please ask the nurse or management for dates for each month. Relatives are welcome to join.





## Bingo









## Power Plate









## TRIPS OUT

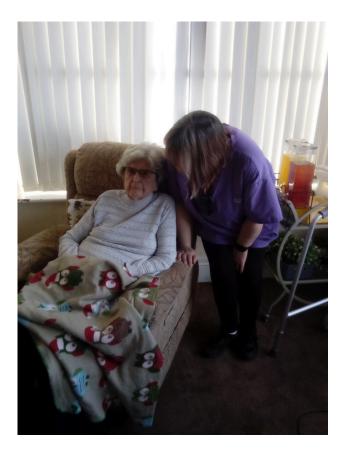








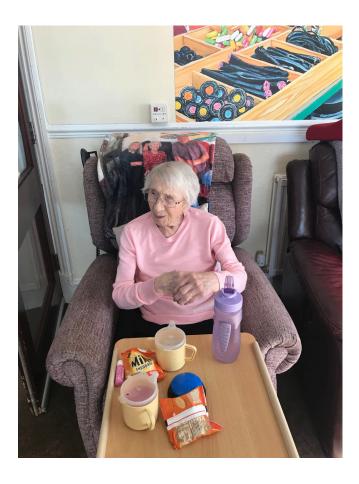




## Chris the Singer









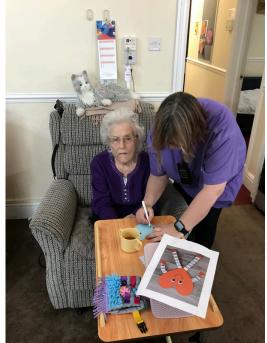
## **Alex Keep Fit**













## ARTS AND CRAFT









STAFF SPOTLIGHT Julie has been a carer for more than 35 years . Julie spends her spare time in the garden when the weather is nice. Julie likes to go out with her daughters . Julie has 3 children and 3 grandchildren. Julie sees her mum and dad on her days off.



## **STAFF LEAVING**





## WE WISH Shinu and Justin all the very best





## FORTHCOMING EVENTS

3RD MARCH20TH MARCHBIRDS OF PREYSHANNON

## 12TH MARCH RESIDENTS MEETING

13TH MARCH25TH MARCHALEX KEEP FITJOE LLOYD SINGER

## 14TH MARCH MINDSONG

**17TH MARCH REVEREND CHRIS**  27TH MARCH ALEX KEEP FIT

28TH MARCH MINDSONG



# UELCOME TO THEJENHOUSEKEEPING

**FATIMA** CARE ASSISTANT



AYSHA CARE ASSISTANT





KERRY HOUSE KEEPING

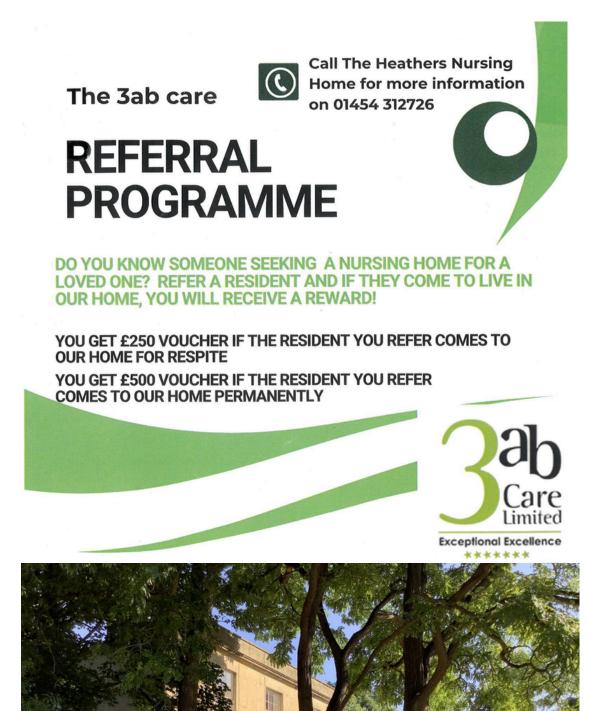
**EDUARD** NURSE



**ISAAC** CARE ASSISTANT

SOPHIE ACTIVITY CO-CORDINATOR





The Heathers

**The Heathers Nursing Home** 

Outstanding 🏠

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