THE WILLOWS WHISPERS

<u>February: Dignity Awareness</u> <u>Month</u>



Dignity for Every Day.

- 1. Have a zero tolerance of all forms of abuse
- 2. Support people with the same respect you would want for yourself or a member of your family
- 3. Treat each person as an individual by offering a personalized service
- 4. Enable people to maintain the maximum possible level of independence, choice and control
- 5. Listen and support people to express their needs and wants
- 6. Respect people's right to privacy
- 7. Ensure people feel able to complain without fear of retribution



- 8. Engage with family members and carers as care partners
- 9. Assist people to maintain confidence and positive self-esteem
- 10. Act to alleviate people's loneliness and isolation

Become a Dignity Champion!

A Dignity Champion is someone who believes passionately that being treated with dignity is a basic human right, not an optional extra. They believe that care services must be compassionate, person centered, as well as efficient, and are willing to try to do something to achieve this. A Dignity Champion is pledging to challenge poor care, to act as good role models and, through specific guidelines issued by the campaign, to educate and inform all those working around them.

At the Willows we put our residents first. We provide person centered care which means ensuring that our Residents are at the center of everything we do with and for them. This means that we are respecting their individual wishes and needs; their life circumstances and health choices. Our residents are in charge when it comes to their care and dayby-day living at The Willows

Nina Blaszczyk-Rybak is appointed Dignity Champion at the Willows.

She has been working in care for over 13 years. She went through variety of departments and gained her professional experience as a care worker. She has very strong values regarding person centered care and dignity. At the Willows Nina works as an Activities Coordinator and is involved in planning daily activities, entertainments and events. Cooperates with local community groups to promote our company and values. Her motto is: *Whatever you do, do it with dignity and respect!*

Activities for February:

- 1st Dignity in care Action Day
- 5th COE service
- 6th Pizza Day
- 7th- Send a card to a friend day
- $11^{th}-Umbrella\;day$
- 12th Oscars movie day
- 13^{th} Valentine's card making
- 14th Valentine's Day
- 16th Simon's church hour
- $20^{th}-Fat\ Thursday$
- 25th Pancake Day
- 26th- Tell a fairy tale day
- 27th- Coffee morning
- 29th- Dog Trust day

Help our local Dog Trust!



We are collecting funds and items such as dog treats, toys and blankets or any items that could be useful to our local Dog Trust. Please place your gifts in allocated box at the reception. Many Thanks.

Win a Hamper for Valentine's <u>Day!</u>

Valentine's day is just around the corner!

For only £1 we are giving you a chance to win one of our baskets displayed in our reception.

Big draw on 14th February!

For tickets ask Nina or Ed.



From the heart of <u>The Willows:</u>



<u>Pyjama Party</u>

To entertain our residents and give ourselves a breake from uniforms, we came to work in pyjamas!



A Singing Postman!

Billy Miller is well know face and voice at The Willows. His entertainments are warmly welcomed by our Residents. He has a little fanclub formed mostly of the ladies enjoying singing along. He performed at The Willows to celebrate Elvis

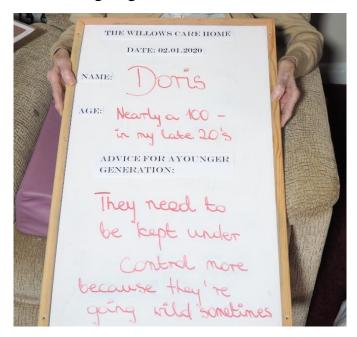
Presley's Birthday.



Words of Wisdom

We will present you to monthly word of advice that was given to us in January by our residents on the start of the New Year.

Doris who recently celebrated her 98th birthday said: 'They (younger people) need to be kept under control because they're going wild sometimes'



Relatives Corner

In February we are planning to have internal CCTV installed in communal areas of the Willows such as: main lounge, dinning area and corridors. We made this decision to assist in ongoing quality assurance of the home as well as the safety of both residents and staff. The CCTV images will ONLY be accessible by Management and will be stored securely.

Fancy a brew?

All relatives and friends are welcome to use our Satellite Kitchen to make themselves a cup of tea or coffee. The hot water boiler has been successfully fixed!

'Hat Day' in Pictures

Laughter is the best medicine they say...

