



Exceptional
Excellence



★ HIGHLY COMMENDED ★
2024

the gold standards
framework

ACCREDITED 2025-2028

Inspected and rated

Good



Brook House Newsletter



February brings the promise of spring, gently reminding us that brighter days are always ahead. As the days slowly grow lighter, we look forward to sharing more moments of joy, connection, and togetherness with our residents, their loved ones, and our wider Brook House family. Each new season brings fresh opportunities for laughter, meaningful experiences, and cherished memories — all enjoyed together in the warmth of our Brook House home.

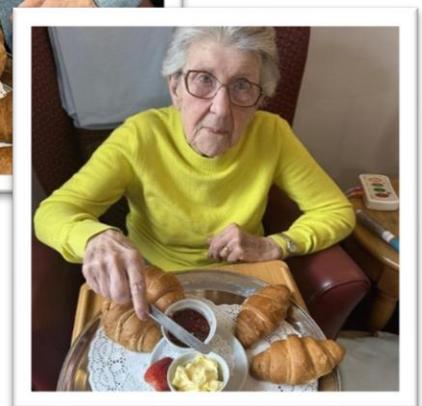
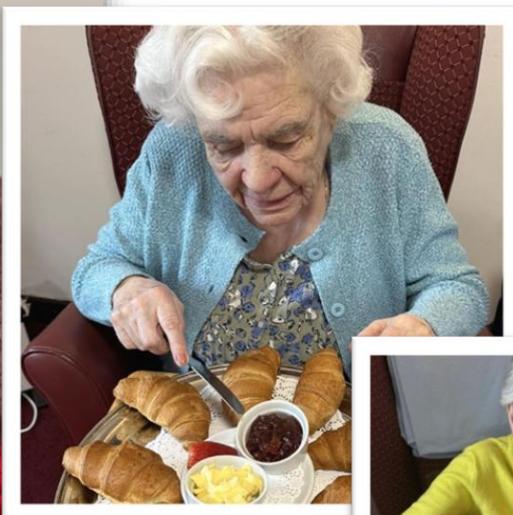
FEBRUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14  Valentines Day	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Please tear off and keep this page for your monthly calendar!

Reflections

January was another busy and enjoyable month for everyone at Brook House, filled with comforting treats and special moments. We celebrated National Hot Chocolate Day and National Croissant Day, which were thoroughly enjoyed by residents and staff alike, bringing warmth and smiles during the winter days. We were also delighted to welcome wonderful entertainment provided by some family members, whose time, talent, and involvement created truly memorable experiences for our residents. It was a lovely way to start the new year together.





Staff Spotlight



Krishna
Managing Director

Krishna joined Brook House in June 2018, let's share a little bit about her...

I love that I get to oversee and be involved in everything in the home. Brook house is special, it is more than just a care home, it's a family. We have a genuine sense of warmth, kindness and respect here and I'm incredibly proud of the dedication shown by our team every single day.

I enjoy it because I am closely connected to what matters the most, which is our residents.

At home, I love to bake and decorate cakes. I'm self-taught and the staff all love my Pumpkin & Caramel! Have you tried it?

Favourite part of my day is lunchtime when "lunch!" is called because I get to sample the incredible food served here at Brook House!

From the kitchen...

Our Burns Night celebrations were a real highlight, with residents enjoying a wonderful traditional treat prepared by our talented kitchen team. A special mention goes to Adam, who proudly prepared and presented the haggis for the occasion, adding an authentic touch to the celebration. The event was filled with great food, conversation, and smiles, making it a memorable evening for everyone who took part.



Minibus trips

Trips Out and About - Our residents absolutely love our little trips out, and January was no exception. We enjoyed visits to some new places, including Morton's and Mini Meadows Farm, where everyone had a wonderful time exploring, socialising, and taking in new surroundings. The outings were full of smiles and laughter, and they were such a success that we'll definitely be paying both places another visit very soon.

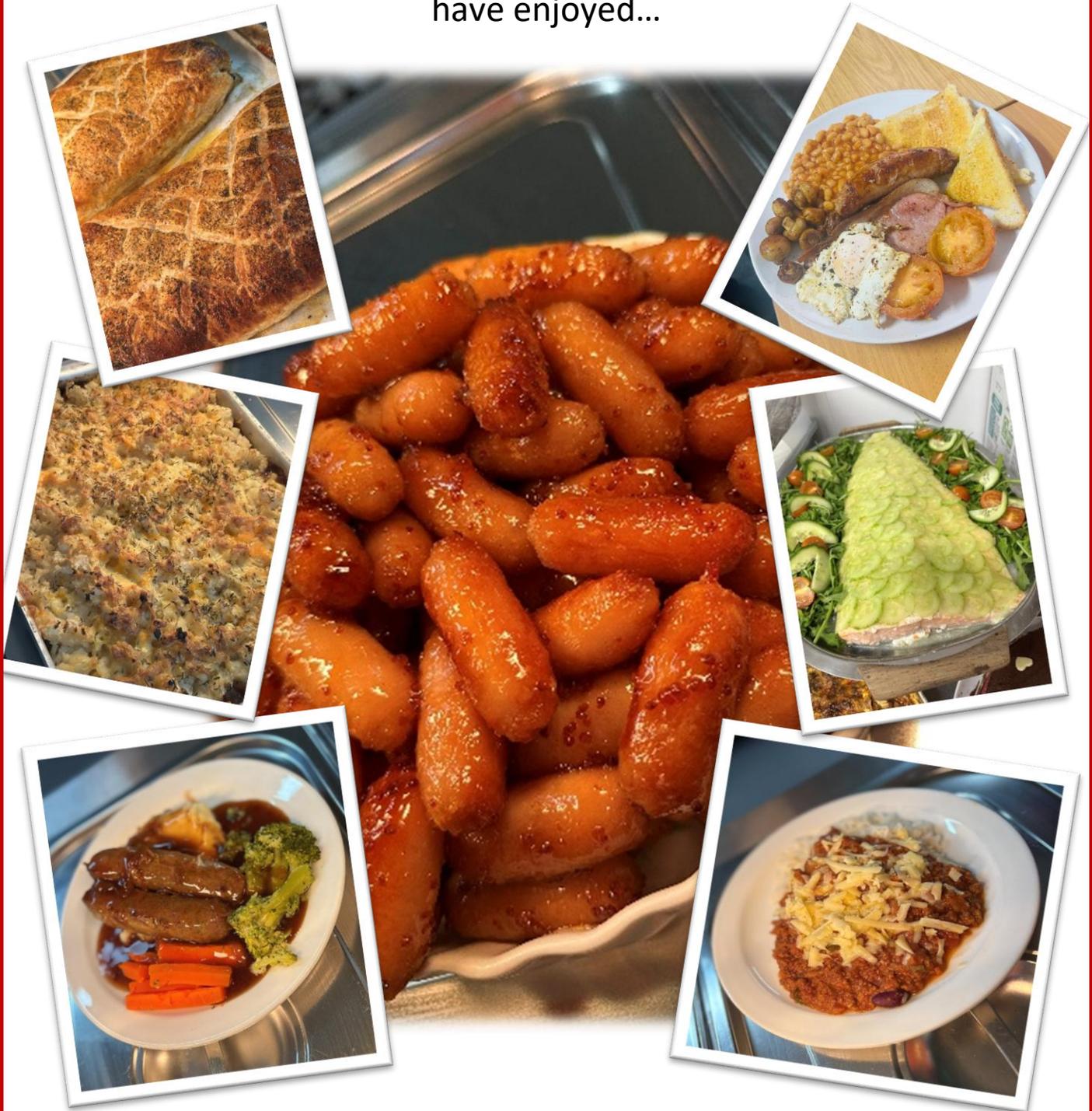


Our dedicated minibus allows residents to enjoy regular trips out and about, keeping spirits high, smiles growing, and independence supported.



Menu Highlights

Here are just a few of the comforting dishes our residents have enjoyed...



A choice of hearty, homemade meals such as... Dressed Salmon, Salmon Wellington, Honey & Mustard Sausages, Chilli Con Carne, Toad in the Hole and a Full English Breakfast.

The hills were alive...

What a truly magical day it was as residents were swept away by the music, memories, and emotion of *The Sound of Music* at the Curve Theatre. From familiar songs to shared smiles, the experience sparked fond memories, heartfelt conversations, and moments of pure joy. Seeing faces light up as the music played was a beautiful reminder of the power of live performance and shared experiences.



Family & Engagement

We would like to take a moment to thank all Family, Friends and others for visiting their loves ones, and supporting Brook House as a whole.

We are so grateful to share a place where we can all come together and enjoy the special moments in life. That being said, here are a few events we would love you to pop along to at your convenience!

Boogie Beatz – Tuesday 3rd February @2pm

Minibus Trip – Thursday 5th February @10am (3 spaces)

Singer (Sean) - Friday 6th February @2pm

Singer (Sarah – Jayne) - Tuesday 10th February @2pm

Minibus Trip – Thursday 12th February @10am (3 spaces)

Trombonist (Marcus) - Friday 13th February @2pm

Valentines Lunch – Saturday 14th February @12pm (4 spaces)

Minibus Trip – Thursday 19th February @10am (3 spaces)

Singer (Ben) – Friday 20th February @2pm

Holy Communion (Tony Vicar) – Monday 23rd February @2pm

Singer (Steve'O) – Tuesday 24th February @2pm

Minibus trip – Thursday 26th February @10am (3 spaces)

Entertainer (James) – Friday 27th February @2pm

Please ensure you call us on 01858 880247 and let us know if you're coming, as we have limited spaces for certain events!

Coming up this month...

These are just a handful of the wonderful activities our team has planned, so there's plenty to look forward to in what promises to be a fun-filled month ahead!

Boogie Beatz – Tuesday 3rd February

School Children Visit – Tuesday 3rd February

Minibus Trip – Thursday 5th February

Singer (Sean) - Friday 6th February

Singer (Sarah – Jayne) - Tuesday 10th February

Minibus Trip – Thursday 12th February

Trombonist (Marcus) - Friday 13th February

Shrove Tuesday – Friday 17th February

Minibus Trip – Thursday 19th February

Singer (Ben) – Friday 20th February

Vicar (Tony) – Monday 23rd February

Singer (Steve'O) – Tuesday 24th February

Minibus trip – Thursday 26th February

Entertainer (James) – Friday 27th February

Puzzle of the Month

VALENTINE

♡♡ Word Search ♡♡

E I T T B S E U U V Z V K T L E L B S F
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R F E Z T W M L O T K K E L S I P S R Q
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I R N D W B L F B S T M F U W R O W Y Y
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I E V R I X F V L M E Q U K S A C P W C
S L A F L Z H K R D X B U H H C B E G W

Perfect **Blessed** **Sweetie pie** **Exciting** **Love bug**
Blow a kiss **Boo** **Valentine** **Cupcake** **Beloved**
Poem **Ring** **Secret admirer** **Celebrate** **Smooch**



Rowena Nesbitt - 4th February

Eileen Payne - 12th February

Dorothy Lilly - 23rd February

Relatives and friends are warmly invited to
join us in celebrating these special
birthdays.

Seasonal Wellbeing Tips for February

Keep Warm and Comfortable

During the winter months, it is important to wear warm clothing and stay cosy indoors.

Enjoy Warm Drinks

A cup of tea, hot chocolate, or warm soup can be a comforting way to stay warm and hydrated.

Get Some Daylight

Even on colder days, sitting near a bright window or enjoying a short walk outside can help lift our mood.

Nourishing Winter Foods

Warm meals, fruits, and healthy snacks help keep our bodies strong during the colder season.

Stay Connected

A chat with friends, family, or staff, and joining activities in the home can help everyone feel happy and supported.

Take Time to Relax

Listening to familiar music, doing a gentle puzzle, or enjoying a calm moment can bring comfort and wellbeing.



Remembering...

*As we welcome spring, we reflect on the
special people and moments that have shaped
our lives.*

*We take a quiet moment to remember loved
ones and cherish special memories.*



The 3ab Care

REFERRAL PROGRAMME

Do you know someone seeking a Residential Home for a loved one? Refer them to Brook House, and if they come to live in our home, you will receive a reward!

EARN £250 IF THE RESIDENT YOU REFER COMES TO OUR HOME FOR RESPITE

EARN £500 IF THE RESIDENT YOU REFER COMES TO OUR HOME PERMANENTLY

Call Brook House for more information on
01858 880 247

Respite stays minimum of 4 days, Permanent stays minimum of 4 weeks.

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