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April 2026 Newsletter

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APRIL



SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

April 2016 At Harley House

SUN	MON	TUE	WED	THU	FRI	SAT
			1 April Fools Day	2 Easter Crafts	3 Good Friday	4 Easter Baking
5 Easter Sunday	6 Balloon Tennis	7 Word Art	8 Writing Poetry	9 Lounge & 1 to 1s	10 Poker Evening	11 Tabletop Gardening
12 Mindful Colouring	13 Music Circle	14 Clay Creations	15 Flower Arranging	16 Boogie Beats	17 Baking Cakes	18 Garden Parachute
19 Prize Pub Quiz	20 Basket Ball	21 Tea Tasting	22 Exploring the Planet	23 St. George's Day	24 Making Aromatherapy Crosswords	25 Handcream
26 Tabletop Gardening	27 Skittles	28 Watercolour Painting	29 Mikesh Birthday	30		

Notes:

All activities are subject to change based on resident participation levels.



HELLO APRIL

Is it just us, or did March zoom by in a whirlwind of green fingers and glitter? We certainly haven't been slowing down; in fact, we've been marching full force into the new season! The winter coats are finally being tucked away as we trade the lounge for the lawn every single chance we get.

When the British weather behaves itself and gives us a glimpse of warmth, you'll find us straight out the doors. We've officially appointed ourselves as the "Chief Assistants" to our lovely gardener. Whether it's prep work or planting, we're helping the outside spaces burst into life. But we didn't want the garden to have all the glory! We've been bringing the sunshine indoors too, decorating our communal spaces to make sure the inside blooms just as brightly as the flower beds!

Speaking of growing things, have you seen our new greenhouse? We've gone full "eco-warrior" this month! Instead of throwing away old containers, we've been upcycling and recycling them to create the perfect starter pots for our seedlings. It's been so rewarding watching those first little green shoots pop up, and we can't wait to see them grow even bigger as the weeks go on.



Kicking Off March: A Taste of Wales!

We kicked off the month in the most delightful way possible as we gathered to celebrate St. David's Day. The day was a real treat for the senses, starting in the kitchen where the air was filled with the wonderful aroma of baking spices. We rolled up our sleeves to whip up a massive batch of traditional Welsh cakes—golden, buttery, and dusted with just the right amount of sugar. They certainly didn't last long, especially when served warm alongside a properly brewed pot of tea and a good bit of chatter around the table.

Once we'd had our fill, we turned our talents to a bit of crafting. Since the real flowers in the garden were still being a bit shy, we decided to bring the springtime indoors by making our very own paper daffodils. There was plenty of laughter as we cut and folded our bright yellow blooms, and they've certainly done the trick in making the lounge feel sunny and bright. It was a lovely, relaxed afternoon that brought a real sense of cheer to the home, marking a perfect start to our busy March calendar!



Mother's Day

We had a wonderfully relaxed and intimate Mother's Day here at the home this year. Sometimes, the best way to celebrate is by keeping things nice and quiet, and that's exactly what we did! We spent the afternoon enjoying a traditional afternoon tea, which was a lovely excuse to break out the best china and indulge in a few extra treats. It was such a delight to have family join us at the table; having those extra voices in the room and seeing everyone catching up over a cuppa really made the day feel quite personal and heartfelt. To make sure each of our ladies felt like the guest of honour, we put together bespoke table centrepieces for every single resident. They looked absolutely stunning and brought a real splash of colour and joy to our dining room, giving everyone a little something special to admire while we tucked into our scones. It was a beautiful, gentle way to celebrate the amazing women we have living here and to make sure they knew just how much they are appreciated. A big thank you to our visitors for making the afternoon so bright—it was truly a lovely day to remember for everyone involved!





We've got some "hair-raising" news for everyone! We are absolutely thrilled to announce that we have a fantastic new hairdresser joining us. They'll be popping into the home every four weeks to make sure everyone is looking sharp and feeling like a million bucks.

Whether you're after a quick trim, a tidy-up, or just a bit of a pamper and a chat, we've got you covered! If you'd like to get your name on the list, just have a word with our Activities Coordinators or the Management team. There's nothing quite like that fresh-cut feeling, so don't miss out!



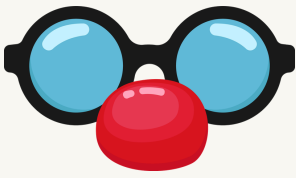
Who says you need a catwalk to have a fashion show? For St. Patrick's Day, we brought the party to the pillows! We spent a lovely, laid-back morning getting creative with paper, glue, and plenty of green to craft our very own leprechaun hats.



Once the masterpieces were dry, it was time for the "Mobile Runway." We did a grand tour of the rooms to show off the headwear, and honestly, the style was off the charts! From jaunty angles to some seriously impressive paper-folding skills, everyone got involved in the fun. It was a wonderful, low-key way to make sure nobody missed out on a bit of Irish magic—proving that you can definitely rock a high-fashion look without even having to leave your bed!



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RED NOSE DAY



We had a absolute hoot celebrating Red Nose Day this year with a bit of a DIY twist! Instead of nipping out for the usual plastic noses, we rolled up our sleeves and got stuck into some "upcycling." Using nothing but old egg cartons and plenty of bright red paint, we set to work crafting our own unique snouts.

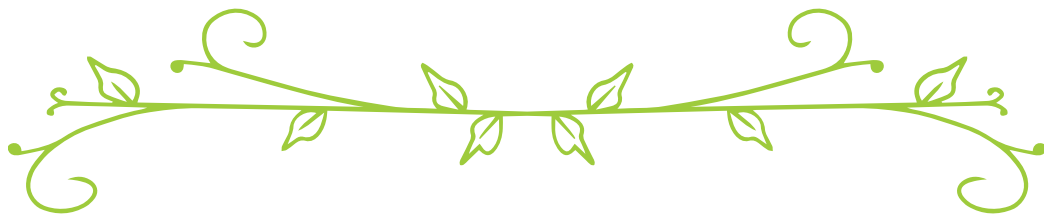
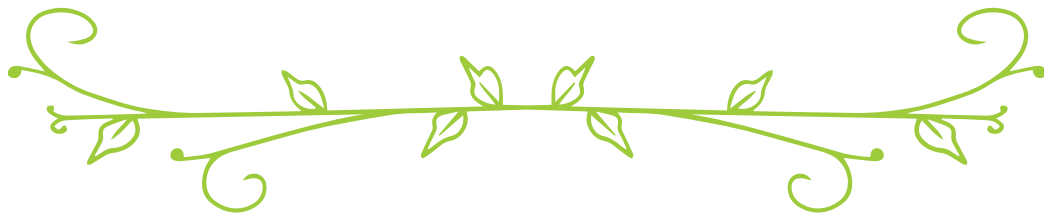


The real highlight was the "fashion show" afterwards—we all had a giggle modeling our handiwork and seeing who had the pointiest or the wobbliest nose in the room!

NEW YEAR, NEW ME?

It's been a double dose of celebrations this month as we raised a glass to two of our favorites! Matt and David both ticked another year off the calendar, and we certainly didn't let the milestones go by quietly. From extra helpings of cake to some great music and even better company, the lounge was buzzing with birthday cheer. It was wonderful to see everyone coming together to make their big days feel special—thanks to everyone who joined in the festivities and helped make Matt and David feel like the men of the hour!





BOOGIE BEATS

We're still catching our breath after the absolute blast we had with Boogie Beats this March! The lounge was a sea of colour as everyone grabbed their pom-poms and got stuck into the groove. From the first few beats of those old-school classics, the energy was through the roof - there wasn't a still foot in the house!

It was wonderful to see so many of you singing along to your favorite tunes and showing off some seriously impressive moves. Whether we were shaking the pom-poms high or just tapping along to the rhythm, the room was buzzing with laughter and great memories. A huge thank you to everyone who joined in and made it such a lively afternoon; it's safe to say we're all already counting down the days until her next visit!



THE SUN HAS GOT ITS HAT ON...

Now that the sun is finally starting to show its face, we've been making the most of every bright spell by getting everyone out into the fresh air! There's nothing like a bit of vitamin D and a change of scenery to lift the spirits, and the garden is looking lovely. We've even taken our activities outdoors lately, including a surprisingly competitive game of badminton that had us all worked up! It was a bit of a "tough" match, but there were plenty of laughs (and only a few stray shuttlecocks in the bushes) to go around. It's been wonderful to see everyone enjoying the breeze and each other's company—long may the sunshine continue!

AND MORE...

