

IMPACT STATEMENT

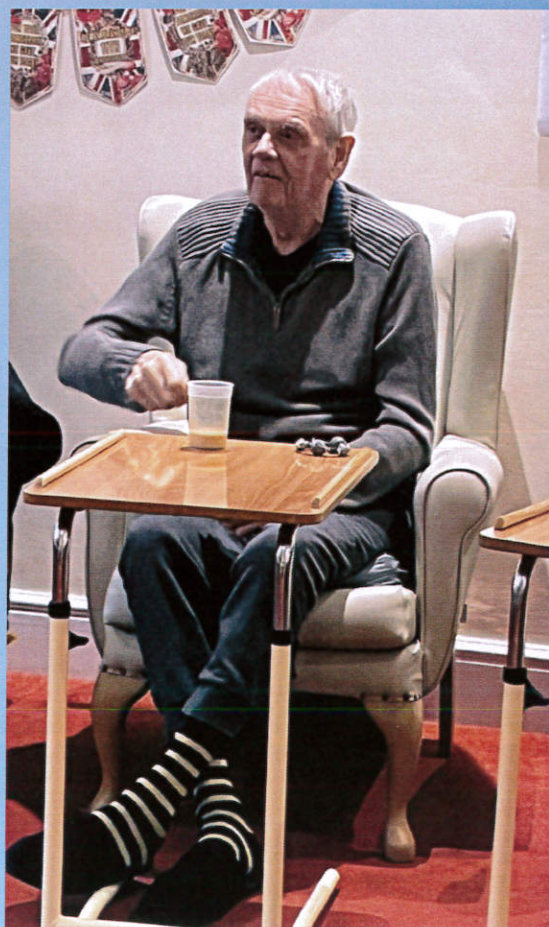
Thursday 7th November 2024

We had the pleasure of welcoming Rachel to Westcroft for a singing performance. The purpose of outside entertainers is to incorporate a fun and new way of entertainment with light exercise in a way that our residents can manage without feeling overwhelmed.

Rachel interacted wonderfully with all of the residents and she put a great energy and vibe into the room, offering something new for the residents.



One of our residents, Graham, absolutely loved Rachel's performance and sang into the microphone to 2 different Elvis songs. Rachel's performance gave Graham the opportunity to really come out of his shell and to express himself vocally through music and he was smiling and singing along throughout the entire performance. The following day, Graham suddenly broke out into song - singing the songs from Rachel's set the day before. There was lots of dancing, singing, smiles and laughter which created beautiful memories for staff, residents and relatives alike.



IMPACT STATEMENT

Tuesday 12th November 2024



We had the pleasure of welcoming Terry to Westcroft for a singing performance. The purpose of outside entertainers is to incorporate a fun and new way of entertainment with light exercise in a way that our residents can manage without feeling overwhelmed.



Terry interacted wonderfully with all of the residents and put a great energy and vibe into the room, offering something new for the residents.

Phil and Margaret, our inseparable husband and wife duo have had to spend a lot of time in the bedroom recently due to health issues. Margaret is unable to hear music, but Phil can and loves music. Phil did not want to be separated from his beloved wife, so did not attend today's performance. Instead, we brought a little bit of the show to them!

Terry went to their bedroom so Phil could have a song sung to him. However, instead of simply singing a song to Phil, Terry asked Phil to choose a song and gave him the microphone to sing along with him. Phil chose a country song called Tie a yellow ribbon round the ole oak tree.

Phil was in his element, enjoying every moment of the music. Margaret started clapping during Phil's singing and said later in the day how grateful she was to see Phil so happy and enjoying himself.



IMPACT STATEMENT

Saturday 23rd November
2024



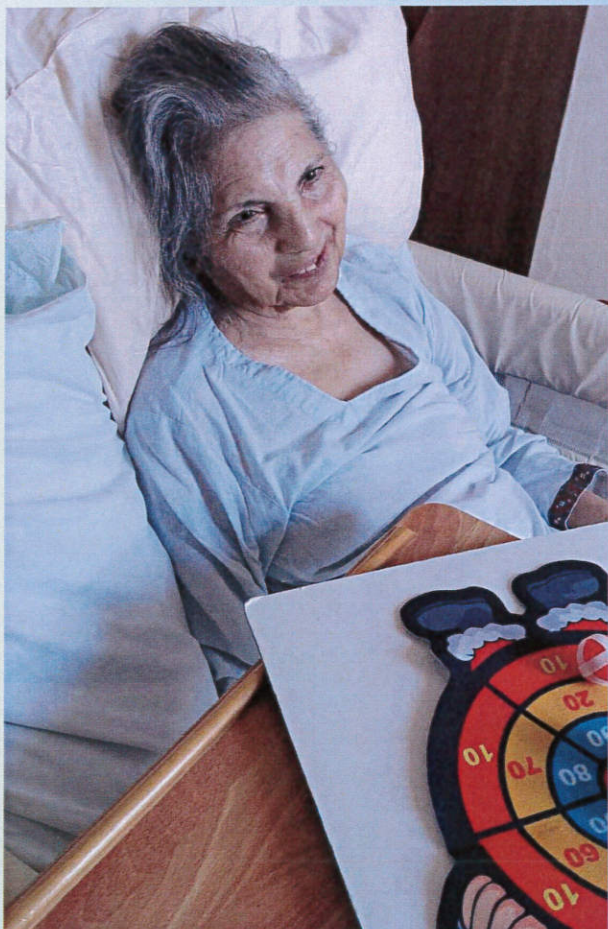
Sometimes at the home, it's the simple things that have the biggest impact. This afternoon we did some reminiscing, and I gave our lovely resident Margaret a 1960's M&S magazine, that showed all of the popular patterns and fashion at the time. Doing this activity brought back memories for Marg of the different things she used to knit and sew for her children, and the things she made at work. This is when she told me how much she missed knitting.

I mentioned to Margaret that I had some wool and knitting needles upstairs, and that if she would like them she could have them. She smiled instantly and asked if she could, so I brought her the wool and asked her to pick the knitting needles she wanted. Her mood lifted instantly and she told me about what she wanted to knit, and told me how much she loved the different colours of the wool. She told me how much she appreciated having the opportunity to be able to knit again and it was a pleasure to see the smile on her face.



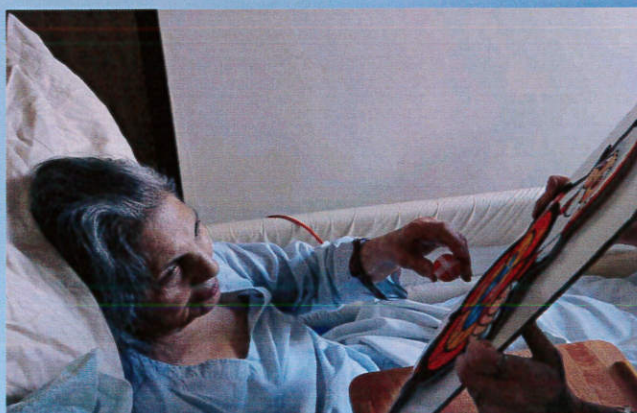
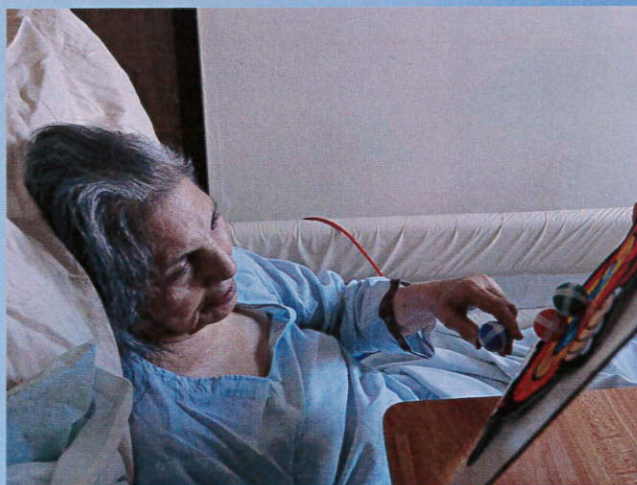
IMPACT STATEMENT

Thursday 19th December 2024



Today was the Resident's Christmas party. In the morning we played Santa Darts and Reindeer ring toss. Santa Darts is where we throw soft balls at a Velcro board with Santa on it and Reindeer Ring Toss was played using an inflatable reindeer antler we wore on our heads and tossing inflatable rings at the antlers. In the afternoon, we had a singer called Tony and the kitchen staff laid on a lovely buffet for residents, relatives and staff.

Helen and Gina visited Roofi in her room during the morning Activity. They took Santa darts with them. The moment Roofi saw the Santa board, her eyes lit up and she was mesmerised. Roofi had no hesitation in taking the Velcro balls and sticking them to the board. Roofi was smiling whilst touching the board and speaking in her own native language. It was beautiful to see Roofi smiling so much, Roofi could not take her eyes off of the Santa board.



IMPACT STATEMENT

Saturday 21st December 2024



We were visited by Musical Moments today for a special Christmas performance. Musical Moments is an interactive, user-friendly Activity that incorporates Music with sensory, gentle exercise and an all-round fun way to enjoy music.

Vicky, the performer from Musical Moments bought her young daughter, Bea along as a special treat and she was fantastic with all of the residents.

Fred normally prefers to watch the Television, relax and watch others during Activities. However, today Fred engaged his curiosity and threw himself straight into enjoying Musical Moments. Fred put on a festive hat, watched intently and interacted with Vicky and Bea during the interactive parts of the performance. Fred was smiling, laughing, playing and talking throughout. I asked Fred if he enjoyed himself and he said yes.



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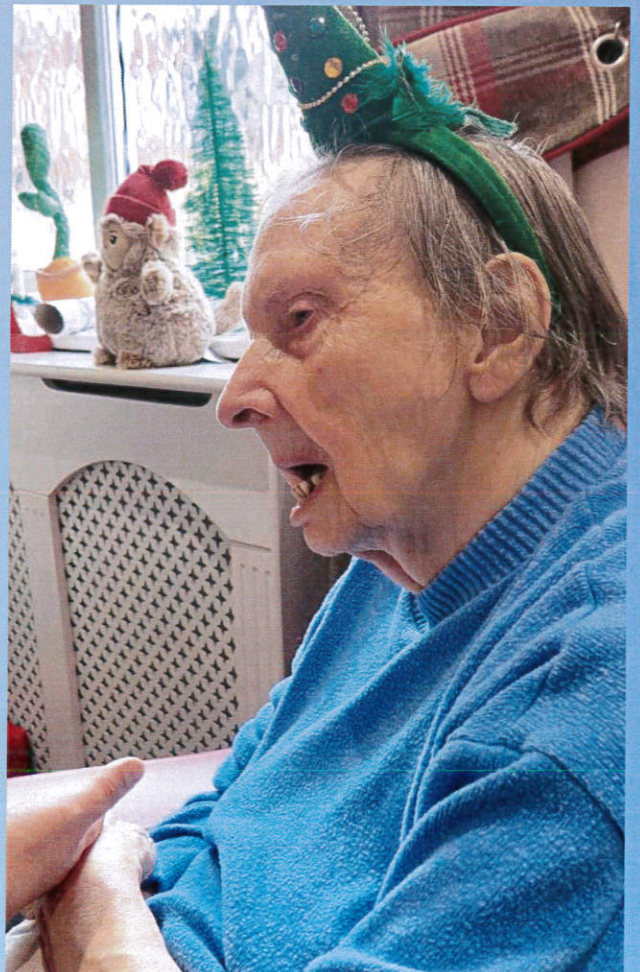
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Betty was awake and alert during today's performance with Musical Moments. During the performance Betty became more aware of the Christmas songs and it appeared like she was singing along to some of the songs. During the interactive parts, instruments were used for form our own Orchestra, Helen sat with Betty whilst using a Tambourine. Betty raised her hand and was tapping on the Tambourine to the beat of the music. Betty smiled at times, especially when she saw the little girl, Bea.



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Phyllis loves all things musical and today did not disappoint! Joined with her family, Phyllis danced and sang along throughout the whole performance. There was lots of smiles and laughter and during the 12 Days of Christmas song, Phyllis was asked "What comes on the 2nd day of Christmas?" and in true sassy style, Phyllis said "Oh, God knows", this caused the entire room to erupt into laughter. Today has created some wonderful memories.



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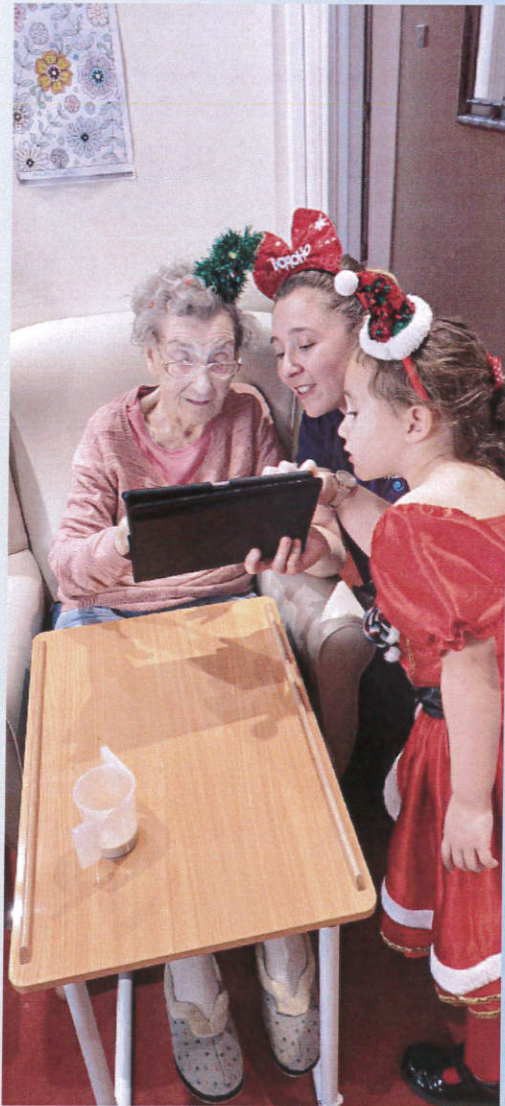


Gladys' face lit up with joy and happiness when she saw Bea and become really engaged with today's activity. Gladys enjoyed playing catch the snowman with Bea and was smiling at her throughout the whole performance. Gladys also talked to both Vicky and Bea and said Bea looked lovely.



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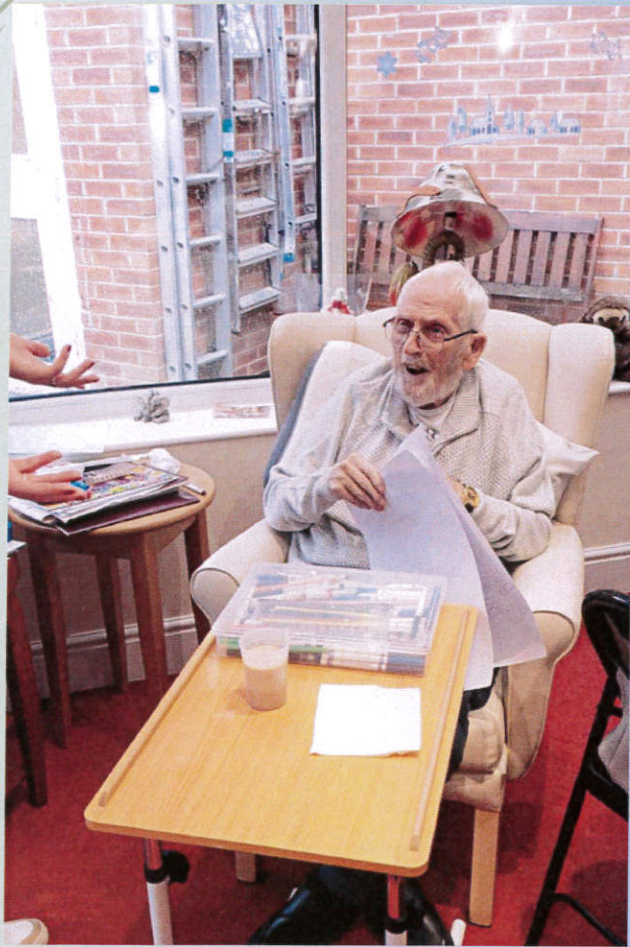
Hilda did not need any convincing to join in today! The moment she saw Vicky and Bea she became fully immersed into today's activity with such joy and happiness. Hilda played catch the snowman with Bea, danced in her seat with tinsel, played instruments, looked at old pictures of stars on a tablet and sang along to some of the Christmas songs. Hilda enjoyed talking to everyone and was smiling the whole time.



IMPACT STATEMENT

Sunday 22nd December 2024

We were visited by 6 members of the staff choir of St. Marks primary school today for a Christmas songs performance and to chat to all of our lovely residents. Each staff member of the school spent time talking to every resident and enjoyed singing Christmas carols to us all. The purpose of their visit is to start building relationships with the community and to raise awareness of Dementia. St Marks primary school aim to become a Dementia-friendly school and one where children grow up understanding what Dementia is and to be able to talk about this condition freely.



Ray was sat in the conservatory listening to the Christmas carols and colouring. After the staff choir had finished singing, two of the staff members visited Ray whilst he was colouring. Ray was advising which colours to use on a new colouring sheet and getting one of the staff members involved in colouring whilst chatting to them. Ray proudly showed his artwork on the walls and was smiling a lot when the staff members said how great he is at colouring. Ray is always very proud of his work and even said he will have to start charging for his works of art!



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We were visited by 6 members of the staff choir of St. Marks primary school today for a Christmas songs performance and to chat to all of our lovely residents. Each staff member of the school spent time talking to every resident and enjoyed singing Christmas carols to us all. The purpose of their visit is to start building relationships with the community and to raise awareness of Dementia. St Marks primary school aim to become a Dementia-friendly school and one where children grow up understanding what Dementia is and to be able to talk about this condition freely.



Pauline really enjoyed today, sitting and listening to the Christmas carols and then going on to have full and prolonged conversations with all of the staff members of St Marks School. Pauline spoke in depth about many different things and even made a joke about Helen's singing voice, this made Pauline laugh a lot. Pauline was fully engaged in conversation and was laughing and smiling throughout. It was beautiful to see Pauline smile and laugh so much.



IMPACT STATEMENT

Monday 23rd December 2024



Today we had a new performer in called Elisabeth. She is a solo violinist. Elisabeth played lots of different Christmas songs with background music playing on a CD player. She brought musical instruments with her as well as song sheets so everyone could join in with the music.

Alan moved from his usual favourite Stoke City chair in the conservatory into the main lounge to join us for Elisabeth's solo violin performance. The moment Elisabeth started to play the violin, Alan's face was a picture of joy and happiness. Alan conducted to the music, used instruments to the beat of the songs, talked to lots of staff about music and smiled all the way throughout the performance.



IMPACT STATEMENT

Wednesday 25th December 2024



Today is Christmas Day and in the morning we opened gifts and saw our family and loved ones.

Gordon was sat in the conservatory this morning and his son, Garry came in for a visit. Gordon's face lit up with a beautiful smile and a look of joy when he saw his son was here to see him. Gordon and Garry sat chatting and opening Christmas presents together. When I asked Gordon about his son, Gordon said he was a good son and that he does miss him but was happy to see Garry today. Helen asked Gordon if he was looking forward to seeing Garry again soon and he said yes with such a genuine smile.

IMPACT STATEMENT

Wednesday 25th December 2024



Today is Christmas Day and in the morning we opened gifts and saw our family and loved ones.

As one of her gifts, Roofi received a light projector. This is light that creates moving stars and the universe in all different colours on the ceiling. When this was plugged in, Roofi could not stop smiling and pointing at the lights on the ceiling. When Helen asked if she would like it switched off, she said No. An hour or so later, a group of staff members went to her room dressed in Santa and Christmas outfits and Roofi was beaming with such a look of joy and smiled so much at each one of the staff members that were dressed up.



IMPACT STATEMENT

Thursday 9th January 2025



Today we had a new performer visit us.

A singer called Roy Lorenzo came to Westcroft to give a performance for Phil & Marg, our resident married couple. They celebrated their 60th Diamond wedding anniversary today. Roy performed various songs ranging from the 1950's to the 1990's.



Phil and Marg joined us all in the lounge today to celebrate their 60th Diamond wedding anniversary. Marg was overcome with tears of joy. Marg really enjoyed watching Phil singing and dancing to the music. Di and Shirley also visited to spend time with Phil and Marg on their special day and bought some beautiful gifts. Marg and Phil said they feel so lucky and so blessed and were beaming with joy. Phil also said he is looking forward to the next 60 years with Marg. It has been such a beautiful day and what an incredible couple they are - the very definition of true love, devotion and dedication.

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A singer called Roy Lorenzo came to Westcroft to give a performance for Phil & Marg, our resident married couple. They celebrated their 60th Diamond wedding anniversary today. Roy performed various songs ranging from the 1950's to the 1990's.

Margaret joined us in the lounge for today's performance with Roy Lorenzo. Initially, Margaret was asleep but the moment that Roy started singing Sweet Caroline to her, she woke up. Margaret's eyes opened wide with joy and she was smiling at Roy. Margaret really enjoyed the music performance today and was smiling throughout. It was so beautiful to see Margaret engaged in the music and so happy. What a beautiful smile Margaret has!



IMPACT STATEMENT

Thursday 16th January 2025



Today we spent the afternoon reminiscing on fond memories, and we did so by using our reminiscing memory packs. Our different memory packs have themes of different time periods or categories, some of vehicles, holidays, food or fashion. We give our residents the choice of which reminiscing pack they would like to look at, and today one of our residents named Jimmy asked to look through the motoring reminiscing pack.

Jimmy and I sat together in the conservatory looking through different parts of motoring history, including an advertisement booklet for a Vauxhall Viva, which is a car Jimmy used to drive. Straight away he lit up, and told me all about the cars features, how much it cost him to buy, and even the repairs he had to do on his car. He laughed about how rough the suspension was and it was lovely to see how much it lifted his mood. We were having such a great time doing the activity that I didn't manage to snap a photograph, but Jim has asked if we can look through another reminiscing pack another day as he enjoyed it so much.



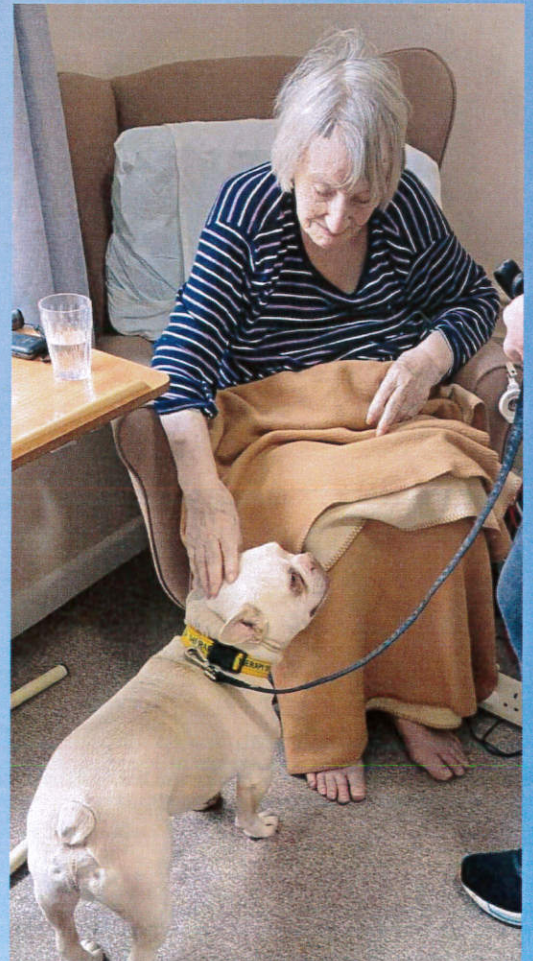
IMPACT STATEMENT

Friday 17th January 2025



Today we were visited by Reg, the therapy dog and his handler, Angela. Reg is a regular visitor here at Westcroft and visits us Fortnightly. Reg brings great joy to our lovely residents, most of which had previously own dogs and various other pets and animals. Reg provides affectionate cuddles and loves the attention he gets from everyone here at Westcroft. His wonderful, relaxed temperament offers great comfort.

Angela and Reg visited June in her room today. Initially June was napping in her chair so Helen gently woke her. As soon as June saw Angela and Reg, she invited them into her room with a smile. June talked about having had a dog previously and how lovely and well behaved Reg is. June smiled at Reg and gave him lots of affectionate strokes the whole time and thanked them for coming to see her.



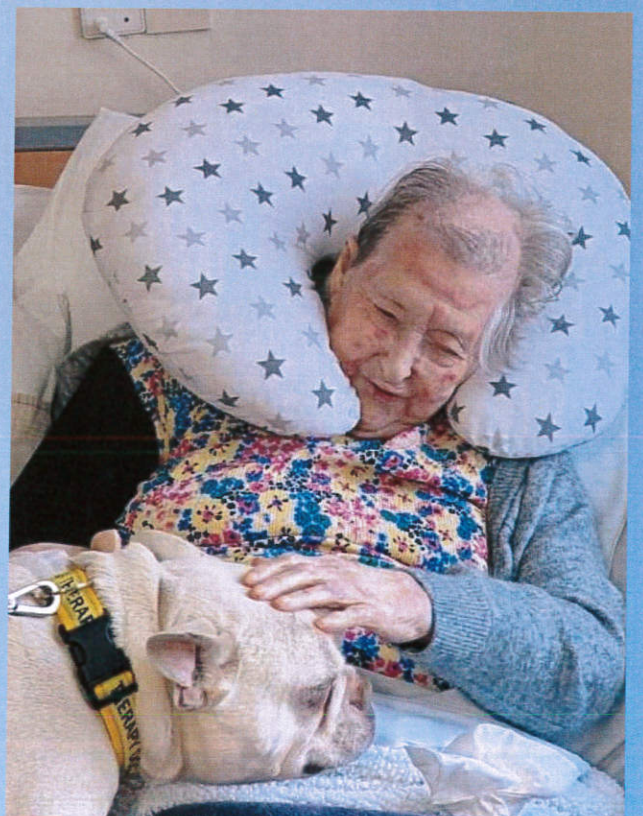
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Angela and Reg visited Emily in her bedroom today. As soon as Emily saw Reg, her mood instantly lifted to one of joy. Emily encouraged Angela to place Reg next to her on her bed so she could give Reg lots of cuddles and strokes. Emily laughed so much when Reg started shuffling himself for more cuddles from her and Emily was chatting away to Reg to offer him comfort. Emily thanked us for visiting her and told us seeing Reg made her day.



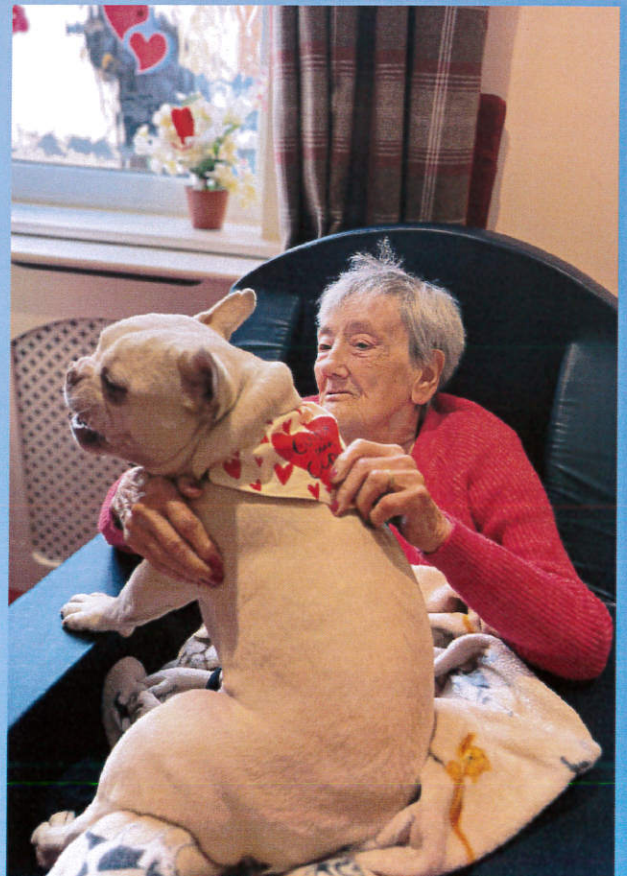
IMPACT STATEMENT

Friday 14th February 2025



Today we were visited by Reg, the therapy dog and his handler, Angela. Reg is a regular visitor here at Westcroft and visits us Fortnightly. Reg brings great joy to our lovely residents, most of which had previously own dogs and various other pets and animals. Reg provides affectionate cuddles and loves the attention he gets from everyone here at Westcroft. His wonderful, relaxed temperament offers great comfort.

Angela and Reg visited today for Valentine's day. Reg wore a cute Valentines themed bandana that said "Cuter than Cupid" on it. Marg found this hilariously cute. Marg asked for Reg to be put on her lap so she could cuddle and stroke him. Marg was so happy to see Reg, she said how much she loves dogs and how much she misses hers and how much she really looks forward to Reg visiting. Marg said how quiet and well behaved Reg is and would love to keep him!



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Angela and Reg visited today for Valentine's day. Alan was distracted at first but as soon as he saw Reg, his eyes lit up with joy and he smiled. We took Reg over to Alan and he affectionately stroked Reg and talked to him in a calm and quiet voice about how lovely Reg is. Alan really enjoyed the company of Reg and remained calm throughout the visit.



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Angela and Reg visited today for Valentine's Day. We went over to Gordon in the conservatory and asked him if he wanted to see Reg and stroke him and with a huge smile, he confidently said Yes!

Reg sat next to to Gordon for Gordon to stroke him and Gordon smiled throughout and we asked Gordon if he enjoyed seeing Reg and he said Yes, Lovely!

We said we would bring Reg to visit him again soon and Gordon smiled and said OK.

