



# NEWSLETTER

Issue 65

JANUARY- FEBRUARY  
2024

WESTCROFT  
NURSING  
HOME



Exceptional  
Excellence



# UPCOMING SPECIAL EVENTS



**New Year's Day- 1st January**

**Chair exercise with Nathan from Aston Health and Fitness- 5th January**

**Interactive sing-along session with Musical Moments- 12th January**

**Burns Night- 25th January**

**Sing along with Paul Gibson- 29th January**

**An interactive musical session with Musical moments- 5th February**

**Chinese New Year's Day- 10th February**

**Shrove Tuesday- 13th February**

**Valentine's Day- 14th February**

**Chair Exercise with Nathan- 23th February**





# UPCOMING BIRTHDAYS

**LESLIE DEAN- 9TH  
JANUARY**

**MICHAEL HALES - 2ND  
FEBRUARY**

**REGINALD MALCOLM- 5TH  
FEBRUARY**

**JAMES LEWIS- 11TH  
FEBRUARY**

**MARGARET CONNOR- 19TH  
FEBRUARY**

The birthday cake will be shared among the residents during tea time



## PAMPERING SESSION

The hairdresser visits the home on Friday afternoon. We use this time for self-care and do hand massage and paint nails of choice.

We continue to have our monthly

# EXERCISE SESSION

with Nathan, (Aston Health and Fitness) to support and encourage our residents to get moving. We also have



# ENTERTAINMENT CONCERTS

and sing-alongs with  
Paul Gibson and Tony Boyle.





**DAY OUT**

# **STADIUM TOUR STOKE FOOTBALL STADIUM**

**WE HAD THE OPPORTUNITY TO GIVE TWO OF OUR RESIDENTS—WHO ARE AVID FOOTBALL FANS—A TOUR OF THE STOKE FOOTBALL STADIUM.**



**WE TAKE CARE TO ENSURE THAT THE ACTIVITIES WE PROVIDE THE RESIDENTS WITH HAVE PURPOSE AND RELEVANCE.**



# **VISIT TO SACRET HEART CHURCH**



**CULTURAL EVENTS AND THEMED DAYS HAVE ALWAYS IMPROVED THE MOODS AND SPIRITS OF OUR RESIDENTS**

# **DIWALI**



DAY OUT TO

# BYGONES TEA ROOM

WE WENT OUT TO HAVE  
COFFEE AND CAKE



## TEA GATHERING

TO FOSTER RELATIONSHIPS  
WITH OUR RESIDENTS, AND  
REUNITE OUR RESIDENTS

ON TOP OF THAT, WE WENT  
SHOPPING AND WATCHED  
THE CHRISTMAS LIGHTS.

# CHRISTMAS SHOPPING





# ELF DAY

ON ELF DAY, WE HAD A FUN LUCKY-DRAW AND OUR STAFF DRESSED UP AS ELVES



## FESTIVE TREATS



## CHRISTMAS JUMPER DAY

FUNDRAISER CAKE SALE

FROM THE CAKE SALE, WE RAISED £76, ALL OF WHICH WAS DONATED TO "SAVE THE CHILDREN."





For the resident's Christmas party in the morning, our staff sang Christmas carols. Later in the afternoon, Paul Gibson entertained us as well.



# RESIDENT'S CHRISTMAS PARTY

Everyone had a great time at the Christmas buffet dinner.







# CHRISTMAS DAY

The best part of Christmas Day was exchanging and opening gifts with the staff and residents.





**WE ALSO HAVE  
DIFFERENT  
ACTIVITIES ON ALL  
DAYS OF THE WEEK.**





# EMPLOYEE OF THE MONTH

**CONGRATULATIONS  
FROM EVERYONE  
AT WESTCROFT**

Meethu Kalappurackal Thomas was awarded the employee of the month of October. Jade Hill was given the award in November.

**A BIG THANK YOU TO OUR  
RESIDENTS AND FAMILIES FOR  
THE LOVELY CHRISTMAS GIFTS  
WE RECEIVED**

**OUR RESIDENTS HAVE  
OCCASIONAL PRE-BOOKED  
APPOINTMENTS AT HOSPITAL.  
IT IS MUCH APPRECIATED IF  
THE FAMILY MEMBERS COULD  
ACCOMPANY THEIR LOVED  
ONES FOR THEIR  
APPOINTMENTS**

# RESIDENTIAL/ RELATIVE/STAFF REFERRAL SCHEME

If you or your relative recommends a new resident to the Home you will be entitled to £500 worth of vouchers of your choice. As long the residents stays for a minimum of three months the vouchers will be given.

Scan the QR Code to find our home. Here you can find up to date news and photographs of the Home, in 'latest news' section under the Westcroft Nursing Home tab.



We try to update our social media pages with photos and videos of all our events as soon as possible to allow everyone to see their loved ones on those days. Follow us on facebook for more updates.

Please feel free to have a look at [www.3abcare.co.uk](http://www.3abcare.co.uk). You can find information on our Homes in this group.

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