

JANUARY NEWSLETTER

PEACE,
Love
AND JOY

Saintbridge House
Gloucester

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What have we been up to in December?



December has been very busy with lots going on for the festive celebrations. We have had coffee mornings, Santa visiting, pantomimes, parties, discos, buffets and lots and lots of mince pies!!!



Celebrations always need food

Christmas and food go hand in hand, and we have had buffets and mince pies and hot chocolate and lovely Christmas themed cakes through the month. Our kitchen staff have been

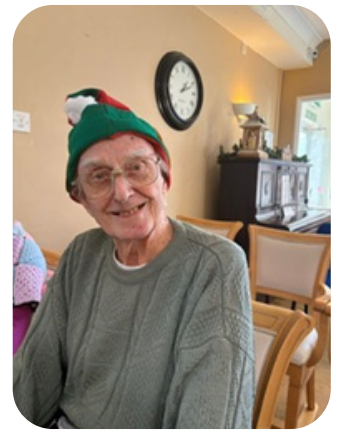
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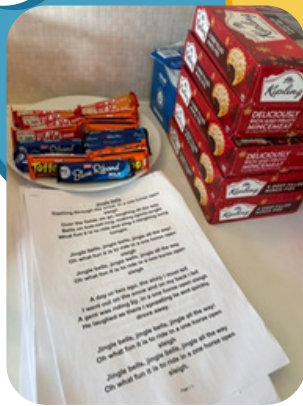
Pantomime visiting



Our visiting performers did a great pantomime of The Christmas Carol. We had lots of joining in and singing along, as well as dressing up and basically having a great fun afternoon with family and friends.



Pantomime visiting



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Musical Entertainment



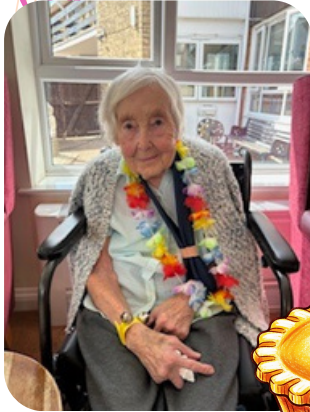
We have had lots of visiting entertainers this month. Julie with her steelpans, singers from mini concerts but we also had Lorraine singing songs for Christmas, carol singers from the local church and Julie came back on Christmas eve for a disco party.



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Musical Entertainment



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Getting out and about - the Cathedral part 1



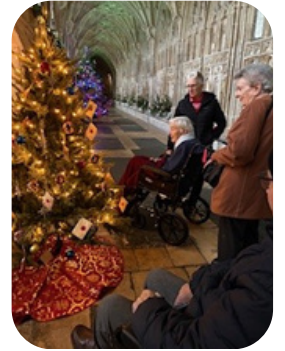
We offered to take residents to the cathedral to see the Christmas decorations there, we had a big response and needed to do two trips. There were lovely decorations and a Remembrance tree and candles to light.



Getting out and about - the Cathedral part 2



For each group we had a lovely time taking in and embracing the real meaning of Christmas for some. We managed a hot drink and some time chatting. Everyone was very pleased to have made the trip and found it really heart warming.



Christmas Day

Everyone had a lovely Christmas day, with family visiting and joining us for a lovely Christmas dinner. The team working on the day made everything great fun and Richard and Cathie worked hard to create a lovely feast for dinner and tea.



Santa Visited



Santa Visited



Remembering Residents Memorial Service

During 2025 we at Saintbridge had a large number of residents pass away. Although this is something to expect in this environment, the year did seem to be a big loss. This prompted the idea to hold a memorial service. A time for families and friends to return and remember their family member or friend with staff. This proved a really popular and well accepted event and we loved seeing people who no longer visit and to remember those individuals who we cared for. Some family brought in plants to go in the garden as a long term celebration of their time with us.



Resident spotlight



Betty

Betty has been with us for 2 and a half years now. She was married to Graham for over 65 years and they have 2 sons, Shaun and Mark. She worked on a milk round for many years and then went to work in a shop. She was also a dinner lady at Finlay Road school. She loves a war romance novel and loved to cook. She especially used to love cooking Indian food as she had friends who were from India.

Staff spotlight

Sylvia

Sylvia has been with us for over 13 years now and is our Head Housekeeper. When she is not at work sorting laundry and cleaning she spends a lot of her time with her family. She has a daughter and a son and they go out for lunches and shopping trips regularly. She also has two grandchildren who she spends at least one day a week looking after and loves nothing more than getting messy and silly with them. She plays skittles and loves to socialise with friends. She also loves the fact that she goes on holiday once a year with all her family.



Staff Celebrations

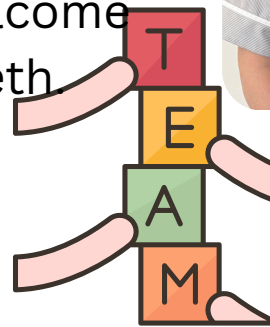


Tara

During December we have had two new carers join our team here at Saintbridge House. We welcome Tara and Beth.



Beth



We also celebrated our Employee of the year. At the work Christmas party the management team presented this award to Jane from our activities team.



Resident Birthdays in December



Maureen celebrated in December and was blown away by the cake and staff singing to her, as we can see from the huge smile on her face.



Christopher was happy to celebrate his birthday more low key in his room with his partner visiting.



Mary was lucky enough to celebrate on the day we had the pantomime and was chuffed to have everyone sing to her.

David turned 80 during December and he had lots of family come to celebrate with him.





Resident birthdays during January: none this month

Staff birthdays this month:

7th - Julie

22nd - AD



It is lovely when family and friends can join us in celebrating residents birthdays and anniversaries, so do please come along and be a part of their day.



Resident changes

in December 2025



Hazel came and joined us at the beginning of December

Alan has spent some of December with us again on respite, and he has loved joining in with everything going on.



John also came and joined us at the beginning of December and was happy to dive straight in and join the fun and games.

Val has come along to get some respite and is enjoying the help and assistance to recover and become fully indepenedant again



January programme of activities

Thurs 1st New Years Day reminiscing/quiz/dominoes
Fri 2nd knit and natter / music and movement / ABC quiz
Sat 3rd tin can alley / 1 to 1 sessions / exercises / relaxation
Sun 4th relaxation / 1 to 1 sessions / exercises / creative arts
Mon 5th fat ball making / hairdresser / music and movement / exercises
Tues 6th creative arts / Catholic chaplain visit / communal crossword Scrabble
Wed 7th out for coffee/ board games / music and movement exercises / pet therapy / school children
Thurs 8th Scrabble club / dominoes / 2pm steelpans with Julie (Elvis sing along)
Fri 9th 10:30-12 dementia cafe / 2pm music and movement exercises / ABC quiz
Sat 10th relaxation / 1 to 1 sessions / exercises / giant snakes and ladders
Sun 11th relaxation / 1 to 1 sessions / exercises / creative arts
Mon 12th reminiscence / hairdresser / music and movement exercises
Tues 13th creative art / Catholic chaplain visit / Bingo bongo / pet therapy with Peggy
Wed 14th out for coffee / board games / music and movement exercises / 3:15 school children
Thurs 15th Scrabble club / board games / 2pm mini concert / film afternoon
Fri 16th 11:15 Church of England service / exercises / 1 to 1 time
Sat 17th relaxation / 1 to 1 sessions / exercises / card games or making tulips
Sun 18th relaxation / 1 to 1 sessions / exercises / creative arts
Mon 19th reminiscence / hairdresser / music and movement / Film afternoon (popcorn)
Tues 20th 1 to 1 time / walk in the garden / Catholic chaplain visit / cheese tasting / walk in the garden
Wed 21st out for coffee / puzzles / exercises with music / pet therapy with Bear / school children
Thurs 22nd Scrabble Club / board games and puzzles / 2pm steelpan with Julie / film afternoon
Fri 23rd bird watching in the garden / music and movement exercises / 1 to 1 time
Sat 24th relaxation / 1 to 1 sessions / exercises / balloon tennis and ball games
Sun 25th relaxation / 1 to 1 sessions / exercises / creative arts
Mon 26th reminiscing life stories / hairdresser / music and movement with smoothies / ABC quiz
Tues 27th 1 to 1 time / chaplain visiting / creative arts (chocolate) / 4pm pet therapy with Peggy
Wed 28th out for coffee (minibus) / Lego building / music and movement / school children
Thurs 29th Scrabble club / board games / 2pm mini concert / puzzle time
Frid 30th 10:30 – 12 coffee morning with croissants / music and movement exercises / 1 to 1 time
Sat 31st relaxation / 1 to 1 sessions / exercises / games with bean bags



Family comments

My brother has been a permanent resident of Saintbridge house since August 2023, during which time he has been treated with great kindness and consideration. It is not easy caring for someone with dementia and they have shown great patience. The staff have always involved me in any changes they wish to make to my brothers care and wellbeing.

Saintbridge house is well maintained with beautiful gardens and there are many activities arranged to stimulate and interest the residents. Being cared for in a secure and comfortable environment has taken the pressure of my wife and myself.

Review from James C (Brother of Resident) published on 9 December 2025



Your comments are appreciated and have given us our excellent Carehome score, if you would like to leave your thoughts you can do so, on to their website



Did you know we provide respite care?

There are many reasons why someone may need short term, temporary respite care. And across all of our care homes we are delighted to offer this, whether for a few days or even months. Regardless of the circumstances, we are committed to making sure that all who come to stay with us, no matter how long, are made to feel at home. Ensuring that all residents feel safe, comfortable and cared for, our expert team of professionals work hard to make sure that even the shortest of stays with us is a positive one.

Speak to Dave, our home manager on 01452 300307



Resident and Family meeting

Our next resident and family meeting will be in March 2026, date to follow. This is opportunity for you to hear what is coming up, ask any questions, give us suggestions for activities, feedback on what we currently provide and generally keep communication open for everyone. Obviously we are always available and so these things can be discussed at any time before then.



Trust
Respect
Integrity

Resident/relative/staff referral scheme

We are proud of the excellent services we provide here at Saintbridge House and would love for you to tell other people about us too.

Recommend Saintbridge House to your friends, family or colleagues and we'll give you £250 as a thank you for each successful recommendation when they move in. Once they've been with us for three months, we'll reward you with a further £250.

There is no limit to the number of recommendations you can make!!

Speak to Dave, our home manager on 01452 300307

