



Exceptional  
Excellence



## Brook House Newsletter



July is a month for enjoying holidays and sunshine as we are blessed with hotter weather and bluer skies!

# July 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Please tear and keep this page for your monthly  
Calendar!

# Reflections

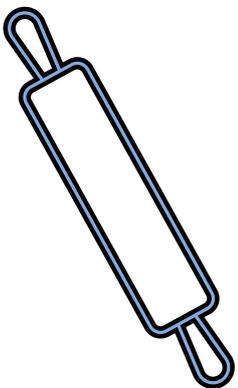
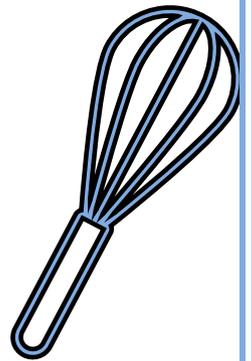
June has been a busy month with Father's Day, baking club, minibus trips, and much more!



One highlight of the month would be when we celebrated the Royal Ascot with a glass of bubbly, and wore our lovely fascinators to really get us in the mood!

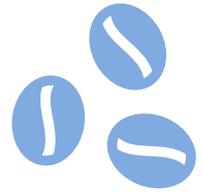
# Baking

We have been loving getting hands on when baking after lunchtime. We have been experimenting with some different treats and so far, we thought our Victoria Sponge Cake was our favourite!



Kati Powell, Alison Maas, Kerry Clarke, Samantha Farrington

## Mini Bus trips!



The residents love our little trips out to various places! Recently we have visited North Kilworth Marina, and a few more of our usual spots!



Kati Powell, Alison Maas, Kerry Clarke, Samantha Farrington



## Harmonics Choir performing a D-Day concert!

Kati Powell, Alison Maas, Kerry Clarke, Samantha Farrington

# Coffee Mornings!

Each week, we host a coffee morning for all residents and any visitors that like a natter and a posh coffee – BUT, we have recently moved our beloved tea room to the BARN LOUNGE, so be sure to go and have a look 😊



Kati Powell, Alison Maas, Kerry Clarke, Samantha Farrington

# Coming up this month...

These are just a handful of things the activities team have planned for you, so you can look forward to a fun-filled month!

**Monday 1<sup>st</sup> July – Wimbledon 2024**

**Tuesday 2<sup>nd</sup> July – Boogie Beatz**

**Friday 5<sup>th</sup> July – Steve O Singer**

**Weds 10<sup>th</sup> July – Dementia Walk**

**Weds 24<sup>th</sup> July – Holy Communion**

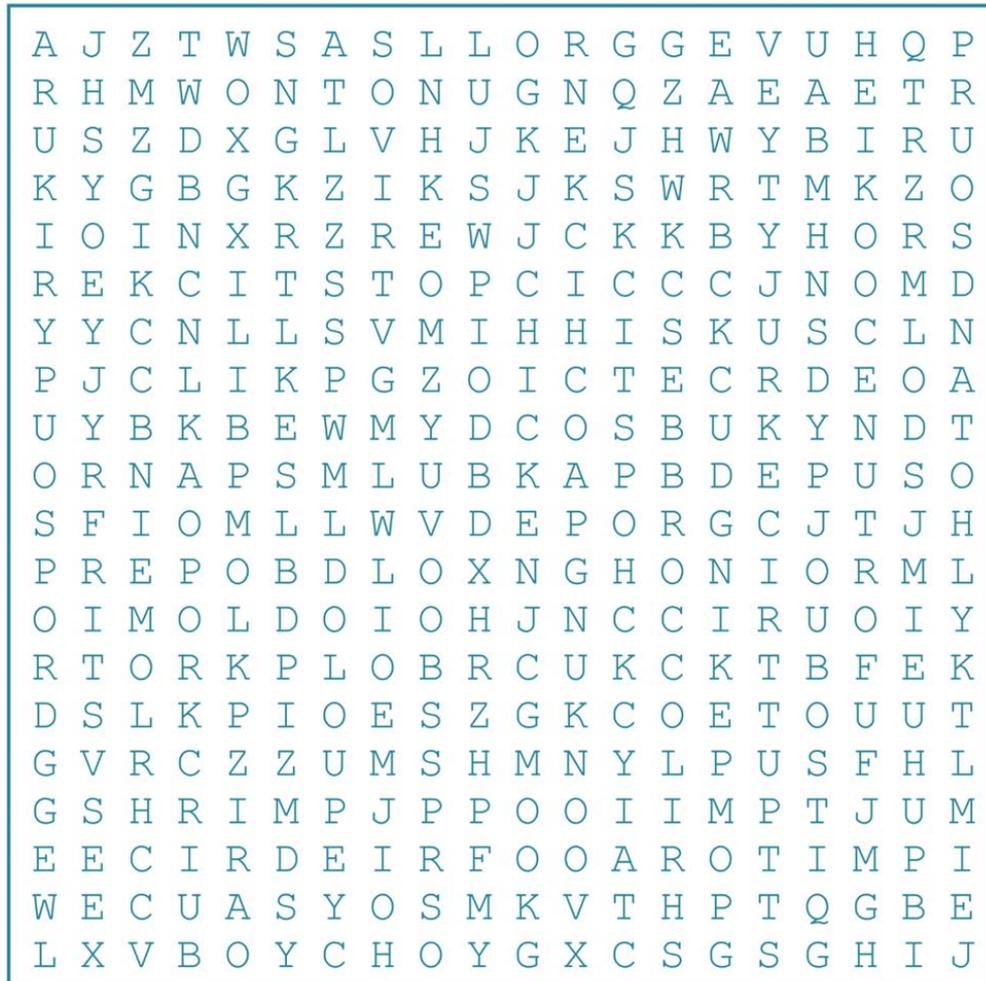
**Friday 26<sup>th</sup> July – Olympics 2024**

**Friday 26<sup>th</sup> July – Ukelele Band**

# Brain Puzzle time...



## Chinese Foods

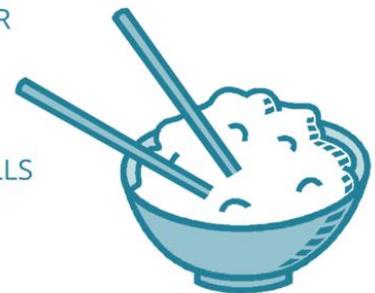


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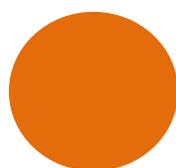
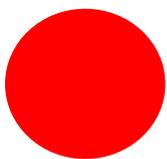
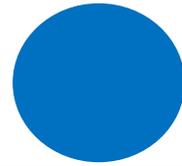
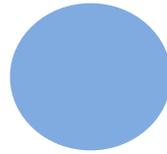
BAMBOOSHOTS  
BOYCHOY  
BROCCOLI  
CHICKEN  
CHOPSTICKS  
CHOPSUEY  
CHOWMEIN  
DUCK  
DUMPLINGS

EGGDROPSOUP  
EGGROLLS  
FORTUNECOKIE  
FRIEDRICE  
HOTANDSOUR  
KUNGPAOCHICKEN  
LOMEIN  
NOODLES  
PEKINGDUCK

PORK  
POTSTICKER  
RICE  
SHRIMP  
SOYSAUCE  
SPRINGROLLS  
STIRFRY  
TOFU  
WONTON



Colour me In..... 



**Happy  
Birthday**

Tony Collis-Smith – 13<sup>th</sup> July

## HOROSCOPES

You are knowledgeable and ambitious. You seem to have developed a great self-control from a young age.