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Excellence



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ACCREDITED 2025-2028

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Good



Brook House Newsletter



July has arrived, bringing with it the heart of summer and plenty of opportunities to enjoy the longer, sunnier days. With gardens full of colour, warm weather encouraging time outdoors, and a relaxed summer atmosphere all around, it is a wonderful month to spend time with friends, family, and one another.

At Brook House, July is a time for making memories, sharing laughter, and enjoying meaningful moments together. Whether residents are taking part in activities, spending time in the garden, enjoying visits from loved ones, or simply sharing stories and conversations, our home continues to be filled with warmth, friendship, and care.

July 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Please tear off and keep this page for your monthly calendar!

Reflections

June was a month full of music, laughter and love, from singers to a narrow boat trip. There was truly something for everyone to enjoy!





Staff Spotlight



Poppy joined Brook House in March 2026

Since joining Brook House Poppy has been a breath of fresh air and has grown into her role. People would describe Poppy as ‘kind, a little ray of sunshine, helpful, smiley, positive attitude, approachable & confident.’

Poppy's favourite film is Titanic and her favourite band is Chase & Status.

Pilates session for elders...

Residents took part in a gentle Pilates session, focusing on improving flexibility, balance, and overall wellbeing. The exercises were adapted to suit individual abilities, helping to promote mobility, relaxation, and confidence in movement.



Minibus Trip...



Our dedicated minibus allows residents to enjoy regular trips out and about, keeping spirits high, smiles growing, and independence supported.



Menu Highlights..

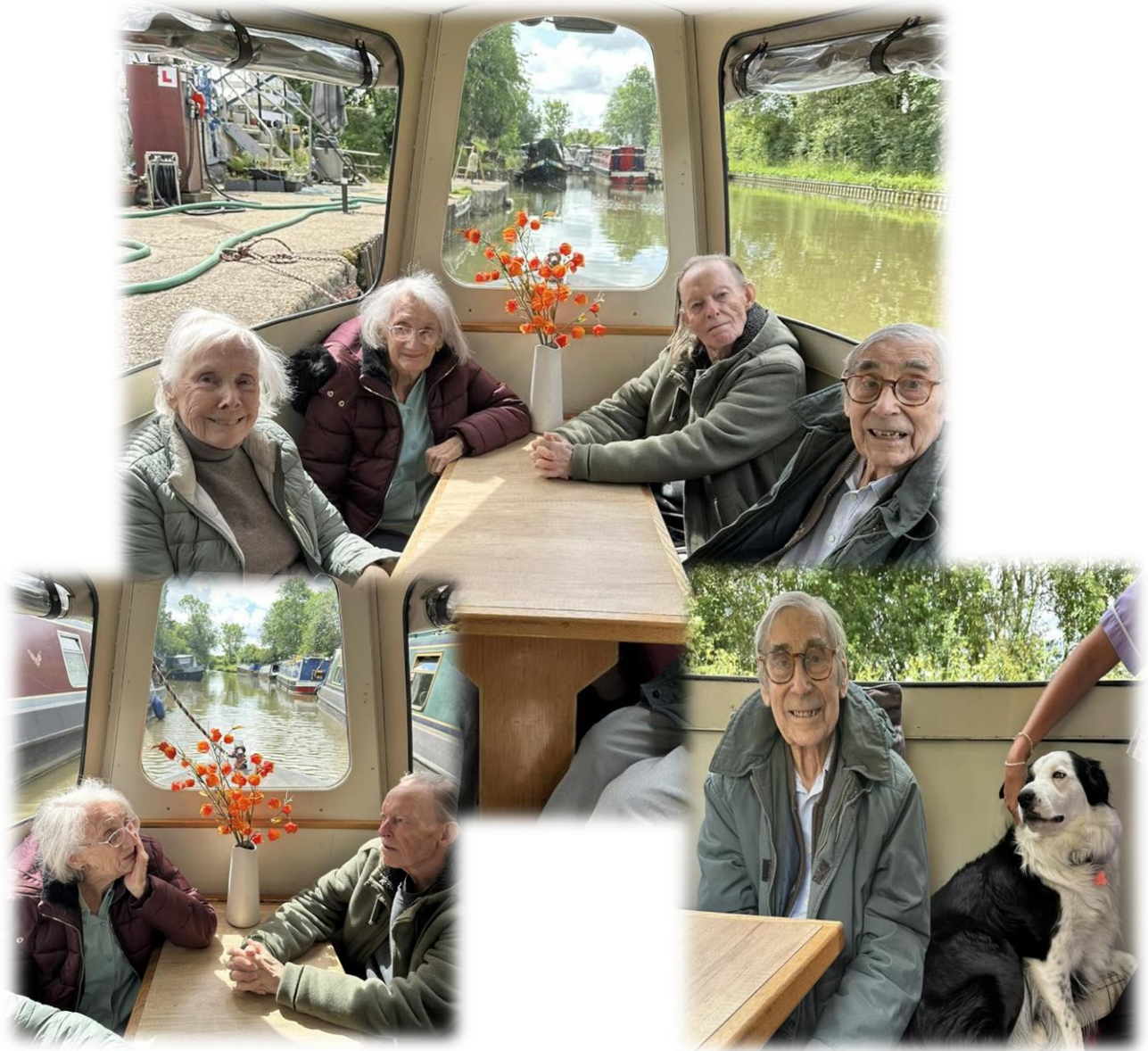


Here are just a few of the comforting dishes our residents have enjoyed...



Residents enjoyed a traditional fish and chips lunch, freshly prepared and served with all the usual favourites. The meal was well received and provided an opportunity for residents to come together and enjoy a classic British dish In good company. 📺 🍷 🍪

Narrow Boat Trip...



Residents enjoyed a wonderful day out on a narrow boat trip, taking in the beautiful scenery and peaceful surroundings along the canal. The gentle pace of the boat provided a relaxing experience, allowing everyone to socialize, reminisce, and enjoy the fresh air. Residents particularly enjoyed spotting wildlife and watching the boats pass by, making it a memorable and enjoyable outing for all involved.

Family & Engagement

We would like to take a moment to thank all Family, Friends and others for visiting their loves ones, and supporting Brook House as a whole.

We are so grateful to share a place where we can all come together and enjoy the special moments in life. Here are a few events we would love you to pop along to at your convenience!

Please ensure you call us on 01858 880247 and let us know if you're coming, as we have limited spaces for certain events!

Minibus Trip – Thursday 1st July 10:30am

Minibus Trip – Thursday 9th July 10:30am

Minibus Trip – Thursday 16th July 10:30am

Minibus Trip – Thursday 23rd July 10:30am

Minibus trip – Thursday 30th July 10:30am

Coming up this month...

These are just a handful of the wonderful activities our team has planned, so there's plenty to look forward to in what promises to be a fun-filled month ahead!

Minibus Trip – Thursday 1st July

Musical Moments – Monday 6th July

School Children – Tuesday 7th July

Holy Communion – Wednesday 8th July

Minibus Trip – Thursday 9th July

Singer – Tuesday 14th July

Minibus Trip – Thursday 16th July

Trombonist – Friday 17th July

Boogie Beats – Tuesday 21st July

Minibus Trip – Thursday 23rd July

Minibus Trip – Thursday 30th July

Name: _____

July Word Search



- | | | |
|--------------|-----------|------------|
| INDEPENDENCE | SUMMER | HOT |
| FIREWORKS | VACATION | ICE CREAM |
| BBQ | BEACH | FREEDOM |
| PICNIC | SUNSCREEN | PATRIOTISM |
| JULY | SWIMMING | AMERICA |



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Novice



Relatives and friends are warmly invited to
join us in celebrating these special
birthdays.

15 Bell Lane, Husbands Bosworth, LE17 6LA | 01858 880 247 | Brookhouse@3abcare.co.uk

Seasonal Wellbeing Tips for July

Drink plenty of water throughout the day.

Wear a hat and sunscreen when outdoors.

Stay in the shade during the hottest hours (11am–3pm)

Wear light, comfortable clothing to keep cool.

Enjoy seasonal fruits such as strawberries, cherries, and raspberries.

Keep rooms well-ventilated where safe to do so.

Take part in outdoor activities during cooler parts of the day.

Watch for signs of overheating, such as dizziness or tiredness.

Spend time socialising and making the most of the longer days.

Remembering...

Betty Elkington - 1928 - June 2026

*We take a quiet moment to remember loved
ones and cherish special memories.*



The 3ab Care

REFERRAL PROGRAMME

Do you know someone seeking a Residential Home for a loved one? Refer them to Brook House, and if they come to live in our home, you will receive a reward!

EARN £250 IF THE RESIDENT YOU REFER COMES TO OUR HOME FOR RESPITE

EARN £500 IF THE RESIDENT YOU REFER COMES TO OUR HOME PERMANENTLY

Call Brook House for more information on
01858 880 247

Respite stays minimum of 4 days, Permanent stays minimum of 4 weeks.

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