

SAINTBRIDGE HOUSE NURSING & RESIDENTIAL HOME

ISSUE 16 – June 2021

Upcoming Birthdays

1st June – Hitan Patel

6th June – Noreen martinez

8th June – Sam Higgs

11th June – Mary Macdowell

13th June – Alice Miller

14th June – Mavis Hazlewood

15th June – Lyn Melhuish

16th June – Jacqui Johnson

26th June – Richard Hyett

28th June – Della Brookes

30th June – Evelyn Kendall



WELCOME TO THE SIXTEENTH EDITION OF OUR NEWSLETTER!

We hope this regular newsletter will be informative for Residents, Relatives and Staff.

Fun Facts For June

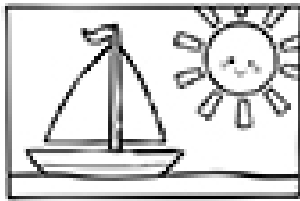
- June is the month with the longest daylight hours of the year in the Northern Hemisphere, and conversely, June has the shortest daylight hours of the year in the Southern Hemisphere.
- In 2009 June was the 662 most popular name for girls in the USA.
- June is derived from Juno, the goddess of marriage.
- No UK prime minister has ever died in June.
- June is the month of the year that consists of the most daylight hours in the Northern hemisphere. In contrast, it consists of the least daylight hours in the Southern hemisphere.
- Wimbledon, the famous English tennis tournament, is played in the month of June.
- Approximately only around 6% of CEOs currently in office were born in the month of June according to a study.
- June babies are fortunate enough to have two birthstones. These are pearl and alexandrite.

The month of June in history

- 1946 Television licenses were issued in Britain for the first time; they cost £2.
- 1953 On a cold and wet day in London, the Coronation of Queen Elizabeth II took place in Westminster Abbey.
- 1944 D-Day invasion of Normandy by 1 million Allied troops to liberate Western Europe from German occupation.
- 1329 Scotland mourns the death of King Robert I. Better known as Robert de Bruce, he earned a place in Scottish history for his legendary victory over the English at Bannockburn in 1314.
- 1829 The Oxford team won the first-ever Oxford and Cambridge University Boat Race. Two eight-men crews raced each other along the River Thames in a contest of rowing power nicknamed simply “The Boat Race”.
- 1779 Spain declared war on Britain (after France had offered to assist in the recovery of Gibraltar and Florida), and the siege of Gibraltar began.
- 1579 Francis Drake drops anchor off the south-west coast of America and proclaims England’s sovereignty over New Albion (California).
- 1675 Construction work starts on Sir Christopher Wren’s St. Paul’s Cathedral in London.
- 1814 The Marylebone Cricket Club and Hertfordshire play the first ever cricket match at England’s Lord’s Cricket Ground.
- 1797 Admiral Horatio Nelson is wounded in the arm in a battle with the French and the limb is amputated. This follows the loss of his sight in his right eye some three years earlier.
- 1944 After 21 days of bloody fighting through the Normandy countryside, Allied forces took Cherbourg.
- 1613 London’s Globe Theatre was destroyed by flames as a cannon is fired to announce the king’s entrance in Shakespeare’s Henry V.

What Does June Symbolise?

- June, the 6th month of the year, radiates with sunshine and positive outlooks. It is the undisputed month for wedding ceremonies. Perhaps this is because June gets its name from a Roman Goddess, Juno. She is not only the wife of Jupiter, but she watches over marriages.
- Its birthstones are Pearl and Alexandrite.
- Its Zodiac Signs are Gemini and Cancer
- The June Flower is the Rose.
- The June colours are Yellow and Silver



June Word Search

F	J	U	N	B	E	E	C	P	B	E	A	C	J	X
L	U	S	J	H	D	F	X	A	Z	E	Y	H	F	G
A	N	R	G	U	K	P	L	V	M	J	A	L	A	R
W	E	D	D	I	N	G	S	A	U	P	I	C	T	A
L	T	O	E	G	K	E	Z	Q	G	D	F	A	H	D
G	E	V	S	U	M	M	E	R	G	D	O	K	E	U
X	E	L	O	N	G	E	S	T	H	A	A	R	R	A
D	N	S	O	L	S	T	I	C	E	Y	P	Y	S	T
S	T	R	A	W	B	E	R	R	I	E	S	S	D	I
D	H	G	L	O	N	G	E	S	T	D	A	Y	A	O
A	Y	V	A	C	A	T	I	O	N	S	U	M	Y	N



June
Summer
Solstice
Longest Day
Father's Day

Flag Day
D Day
Juneteenth
Vacation
Camp

Beach
Strawberries
Graduation
Weddings

TOILETRIES



We would like to take this opportunity to ask if you could ensure all residents have an adequate supply of toiletries. This includes soap, body wash/shower gel, shampoo and shaving equipment (if required). These items will also need to be clearly marked with the resident's name on.

facebook



We have a facebook page for you to follow us on. The page gives details of the Home, including activities, menus, and lots of photographs and other information about the Home. Please feel to 'like' us at <https://www.facebook.com/saintbridgehouse/>

Laundry News

If you have received or brought in any new clothes please ensure they are labeled clearly with the residents name.



News from the kitchen

The kitchen have now moved over to our Spring/Summer Menu. This means there will be more dishes like Fresh Summer Salads etc. As always, all our residents are given a choice of meals every day, and if there is something different that they want that isn't on the menu, the kitchen are always happy to accommodate any special requests.

Daily Activities

It is important to keep an active mind and we are now leaving out a variety of activities on the table in the main lounge area. These can be used by everyone at anytime of the day. We do ask if these items can be returned after use.

Regular and Organised Activities

Sam the Hairdresser visits every other Tuesday

Faye, the Foot Health Practitioner visits every 4-6 weeks

Debbie comes along to sing to and play instruments with the residents every Tuesday from 2.30 – 3.30pm (When Home Visiting Policy Allows)

Holy Communion – From the St. Aldates Church – Every other month on a Saturday Afternoon

Phoebe, and the lovely ladies from Mini Concerts will be visiting to provide the residents with some live Singing!

We will be putting on other entertainment for the residents when the home's Visiting Policy allows, however this is subject to change at short notice due to Covid-19.

Contact Us

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ANY articles you would like to put in the next edition of the newsletter please pass on to Gale, Dave, or email: info@saintbridge-house.co.uk

EMPLOYEE'S OF THE MONTH FOR MAY 2021

After a lot of deliberation, it was decided that we would award 2 Employee of the month awards for May. Mays Employees of the month are Brenda Burton and Henerita Raynor.

Well done Brenda and Henerita and Thank You for your continued Hard work and Dedication in looking after all our residents as Carers on our Night Shifts.

Please can we again take this opportunity to once again Thank every member of our staff team.