



Exceptional
Excellence

Newsletter

Issue 76

June 2025

WESTCROFT NURSING HOME



Westcroft Nursing Home
Ltd

CQC overall rating

Good



18 Reviews

Contact us

Get in touch with us at the details below

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Ketan Patel
Managing Director (May 2008)



Hannah Scott
Deputy Manager/Clinical Lead
(Nov 2024)



Martin Rogerson
Care Home Manager (June 2019)

JUNE SPECIAL EVENTS

1960's day celebrations with performance

from Gerry Graham - 12th at 11am onwards

Seated dance class with Amy - 13th at 11am

Fathers day Celebrations - 15th all day

Ascot celebrations begin - 17th onwards

Visit from Reg the Therapy Dog - 20th at 11am

Residents and Relatives meeting - 24th at

11am

Armed Forces Day performance by Belle Aria

(Vicky from musical moments) - 27th at

2:30pm

Armed Forces Day Celebrations - 28th all day

UPCOMING BIRTHDAYS

9th - Phyllis' 93rd

23rd - Margaret

Heath's 83rd

Family and loved ones are always welcome to join us for birthday celebrations in the home. Each resident will have a birthday card and birthday cake made for them by Westcroft for their birthday.

This year we have a few 'big' birthdays coming up, and we will be ensuring each resident has a special celebration for their big day. If any families would like to request the use of the quiet lounge for a couple of hours for you to have your own celebrations for your family member on the day, please contact Ketan to discuss.



Our residents love the monthly Musical Moments sessions. Our next performance is on the 23rd of July as this month we have a special performance from Vicky's Belle Aria act for Armed Forces day!

MUSICAL MOMENTS

DANCERSIZE SESSION & ENTERTAINMENT CONCERTS



Amy is continuing to develop and adapt seated dance sessions to ensure they work for our residents. Each session, she brings new props, songs and moves which keep our residents engaged and get them moving. We will continue to review all of our activities to ensure they work well for our home and our residents. We are also welcoming new entertainers in the coming months to offer some variety for our residents.

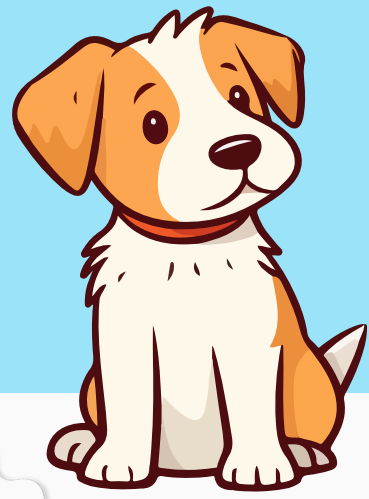
SEATED DANCE WITH AMY

We had another fantastic visit from Amy for a seated dance class last month! During this class, she asked our residents what their favourite music was and danced with them to their favourite tunes. This is one of the many ways Amy personalises her classes to get everyone involved and engaged, and it really makes all the difference!

We listened to everything from Reggae to classic 60's to country, and it got everyone interested and keen to get moving! We did some stretching, swaying, nodding and tapping and it was great exercise as well as great fun. We will continue to welcome Amy into our home over the next year.



REG THE THERAPY DOG & ANGELA



We continue to be blessed with the company of Reg and Ang every other week in our home, and what a treat it is! Reg makes everyone smile, and it's fantastic to see how calm he makes everyone feel whilst he visits. Having a therapy dog is not just about having a furry friend, it's about having a visitor that always wants to see you and always makes you feel special. Reg makes every resident feel like they're the star of the show and that's why we are so grateful for his time and company.





TRIP TO STOKE STADIUM

Last month we were lucky enough to be invited to Stoke City FC stadium for a guided tour of their grounds. We took Alan, our lifelong Stoke fan and Graham, our sport crazy gent on the trip to see the grounds where Stoke history is made!

We toured the hospitality rooms and took a walk down memory lane looking at memorabilia, trophies and newspaper cuttings from historical Stoke victories, as well as being invited right onto the pitch for a look around and some fantastic pitch side photos! It was a fantastic outing made all the more special by the company of Alan and Graham's loved ones. It is a real honour to be able to facilitate trips for our incredible residents which mean they can continue to make new memories with the ones they hold dear.



Musical Moments



Anyone who visits our home knows how magical it is when Vicky does one of her Musical Moments performances for us. Last month was no exception as we took a walk down memory lane with some Eurovision classics! Each song comes with props and matching dance moves to get us all engaged and joining in, and it's such a special thing to be a part of. Next month Vicky will be joining us in a slightly different way, with a special solo Belle Aria Performance for Armed Forces day!

Performance by Nancy Fox

Last month we welcomed a new performer to our home, Nancy Fox! The activities team are constantly reviewing our programme to ensure that we have new and exciting acts and entertainment in our home, which is how we found Nancy.



Nancy sang us some wartime songs which are always a big hit in our home, as well as some classics that we know and love. All of our residents love having a song and a dance, and it's a really special thing to see how music brings us all together. Nancy also did some one to one performances for our residents in their rooms which was so impactful, as every resident in our home was involved and included.



**OUR RESIDENTS
ALWAYS HAVE FREE
CHOICE IN REGARD TO
ACTIVITIES, AND CAN
ALWAYS REQUEST A
DIFFERENT ACTIVITY
TO DO IF THEY PREFER
NOT TO JOIN IN WITH
WHAT IS SCHEDULED
THAT DAY.**



FUNDRAISING



Thank you to everyone who has contributed to our recent fundraisers for Easter, we managed to raise some fantastic funds for our residents, and as a result we have been able to buy some new tools and book new entertainers for our upcoming events.

We also want to say a massive thank you for your kind donations for our 'time for a cuppa' fundraiser day - which you can still donate to up until the 8th of May. The foundation is fundraising for such an incredibly important cause and it is something that everyone here at Westcroft holds dear to them.

RESIDENTS- RELATIVE & MONTHLY MEETINGS

We are pleased to announce the date of our next residents and relatives meeting, which will be held in our quiet lounge on the 24th of June at 11am.

All residents and relatives are welcome. These meetings are your opportunity to give us any feedback, compliments or suggestions that you may have and we really value your perspective.

We use the content of these meetings to continue improving and building upon the work that we do and the service we provide.



GOLD

STANDARD FRAMEWORK

the gold standards
framework™
in care homes



Westcroft nursing home have embarked on a new type of training, to help us continue our work in end of life care.

The GSF Care Homes Training Programme is the most widely used training programme for all care homes in the UK, supporting all elderly residents as they near the end of their lives. Since its launch in 2004, thousands of care homes have completed the programme, and hundreds have become accredited with the well-recognised GSF Quality Hallmark Award. Over the last 20 years, GSF has provided effective end of life care training for the care team, enabling residents to live well by promoting better working with GPs and the wider community team. Hundreds of thousands of residents have benefited from GSF in their care home enabling more proactive, personalised, well-coordinated care. Demonstrating significant impact with a reduction in unplanned hospital admissions and deaths, enabling more to live and die where they choose. It is estimated that on average 80% of residents are in the last year of life and unplanned hospital admissions of residents could be avoided with care homes playing a pivotal role with an ever increasing aging population quality care is crucial for the sector now, and in the future.

Westcroft will keep you updated on our progress on this venture!

“Our aim is to enable a ‘gold standard’ of care for everyone, with any condition, in any setting, given by any care provider, at any time in a person’s last years of life”

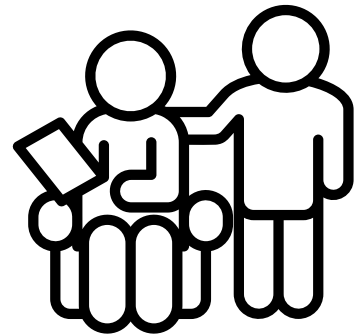
- **Gold Standard Framework**

DID YOU KNOW WE OFFER RESPITE CARE?

Here at Westcroft Nursing home, we recognise the importance of respite care. As part of our continued work in end of life care as well as our journey on the gold standard framework, we now offer short-term respite for those who need it, as well as our long-term stays. Whether it be someone in need of respite after a hospital stay, or a family who needs care for their loved one for a short period of time to allow them to recharge, Westcroft is the place for you.

If you or someone you know is in need of respite care, please do not hesitate to contact management by

**Telephone 01782 287121 or email
ketan.patel@3abcare.co.uk**



Our residents have occasional pre-booked appointments at hospital. It is much appreciated if the family members could accompany their loved ones for their appointments



We are doing a big push on trips in 2025, if you are able to accompany your loved one on a trip, please do let us know. We would love nothing more than for you to join us on our outings, so you can make new memories with your family member.

OUR SOCIAL MEDIA

Scan the QR Code to find our home. Here you can find up to date news and photographs of the Home, in the 'latest news' section under the Westcroft Nursing Home tab. We update our social media pages with photos and videos of all our events as soon as possible, to allow everyone to see what their loved ones are up to. Follow us on Facebook for more updates

@Westcroft Nursing Home

Please take a look at www.3abcare.co.uk for more information about the homes in our group.



QUESTION OF THE MONTH

We are introducing question of the month to our April newsletter to answer our most frequently asked question of the month. This month, the most FAQ is...

“How do you decide who you post on social media?”

And the answer is...

Our social media pages are a fantastic platform which allow us to keep loved ones up to date with what our residents are up to.

When we take photographs for our website or social media pages, consent and dignity are ALWAYS at the forefront of what we do.

We do not take or post photographs of residents who are asleep, residents who are eating, residents who have declined to have their photographs taken or residents who may be a little upset or agitated. We do this to ensure that we protect the dignity of our residents, some of whom are unable to tell us themselves whether or not they would like to be in a photograph.

Please be assured that if you haven't seen your loved one in photographs on social media, it doesn't mean that they haven't joined in or been involved with activities that day, they may have just not been photographed.

We try our best to photograph as many special moments with our residents as we can, and will continue to update our social media pages and websites as often as possible.

WESTCROFT REVIEWS



We asked relatives and visitors to send us reviews of our home, and this is what they said...

This nursing home is up there with the best . Great work from a dedicated loving team .

2d Like Reply Message Hide

1

Great entertainment from dedicated loving staff . You should all be so proud of yourselves for the great work you do with the residents .

They are getting good at this game 😂 lovely to see they are enjoying themselves! There's always plenty of activity's and entertainment everyday. Thank you for taking good care of all the residents at westcroft we appreciate everything you do for them xx

Thank you for you comments and reviews,
we have an open home policy and if there are ever any
comments, compliments, issues or concerns please come to
us as soon as you can and we will take all comments on
board, and act as quickly as possible if we need to make any
changes.

Please review us on carehome.co.uk, google and Facebook!

The 3ab care

REFERRAL PROGRAM



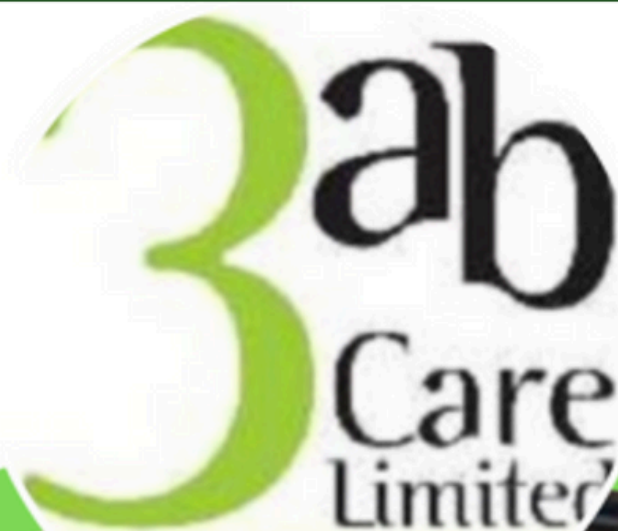
Do you know someone seeking a nursing home for a loved one? Refer a resident and if they come to live in our home, you will receive a reward!

You get £250 (in vouchers) if the resident you refer comes to our home for respite

You get £500 (in vouchers) if the resident you refer comes to our home permanently



Call Westcroft for more
information on 01782284611



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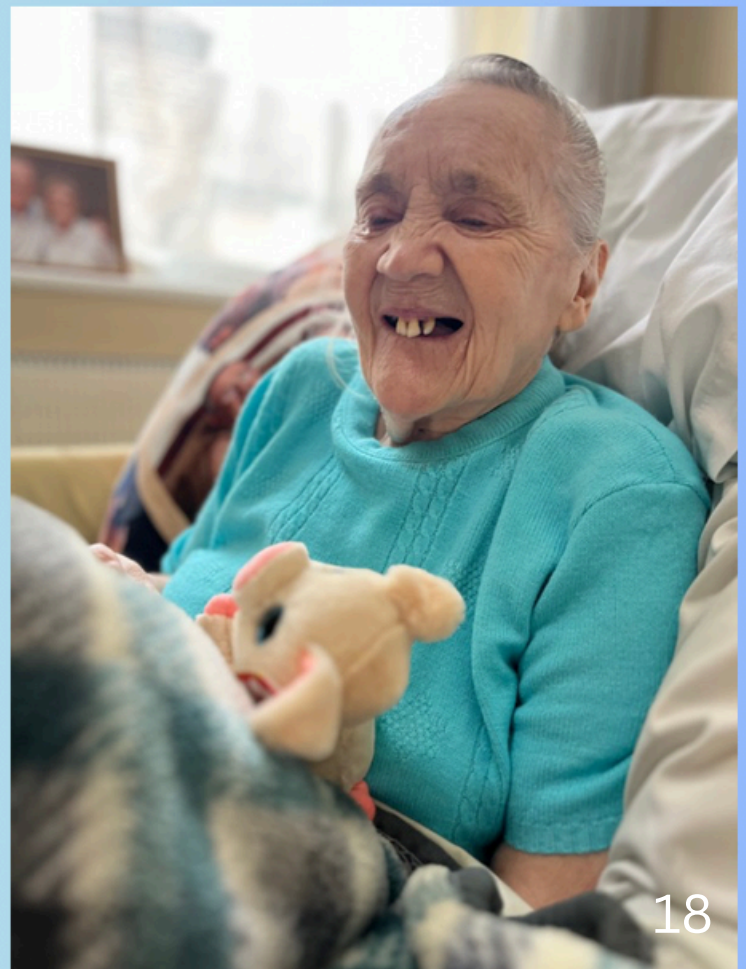
IMPACT STATEMENT

Saturday 24th May 2025



This morning I had the pleasure of spending some time with our lovely lady, Margaret. I brought one of our well loved games, bean bag toss to Margaret's room to see if she would like to join in with some fitness fun! Margaret was very alert and smiled as soon as I asked if she would like to play the game. I supported Margs arm to hold and throw the bean bags, and we cheered each time she got one into the nets.

We played a few rounds and I chatted to marg as we played. At the end of the game I gave marg the choice of some prizes for her to have, and she chose a cuddly pig teddy with very soft fur. You could tell by the smile on her face how much she loved the teddy and she cuddled it straight away. It was so lovely to spend some time with Margaret and have fun playing a game together. Here at Westcroft we ensure that everyone can join in with our activities regardless of their abilities, and this morning was a perfect example of that.



IMPACT STATEMENT

Tuesday 20th May 2025



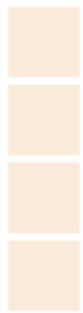
Today we were lucky enough to be invited to Stoke City stadium for a guided tour of the football ground. One of the gents we took with us was Graham, our resident sportsman! Graham played many sports through his life, and can tell you so many interesting stories about his golf trips and his days playing football for the local pub team. We started our day by taking a trip down Stoke history lane, looking through memorabilia and trophies of Stokie Victories.

We then visited the pitch and Graham really lit up, you could tell he was taken back by how impressive the stadium was. Him and his daughter Sharon chatted about football memories and the matches he had been to in the past. It was lovely to see him reminiscing and enjoying himself in the sunshine with his beloved daughter. We finished the trip with a visit to the Sir Stanley Matthew's statue where we posed for some photos, and Graham donned his daughter's sunglasses with his brand new Stoke city hat! It was a lovely day and such a special experience to create new memories for him and his family.



ANIMALS WORD SEARCH

Find and circle the words related to the animals below



Cat

Dog

Cow

Ant



Fish

Lion

Bird

Rabbit

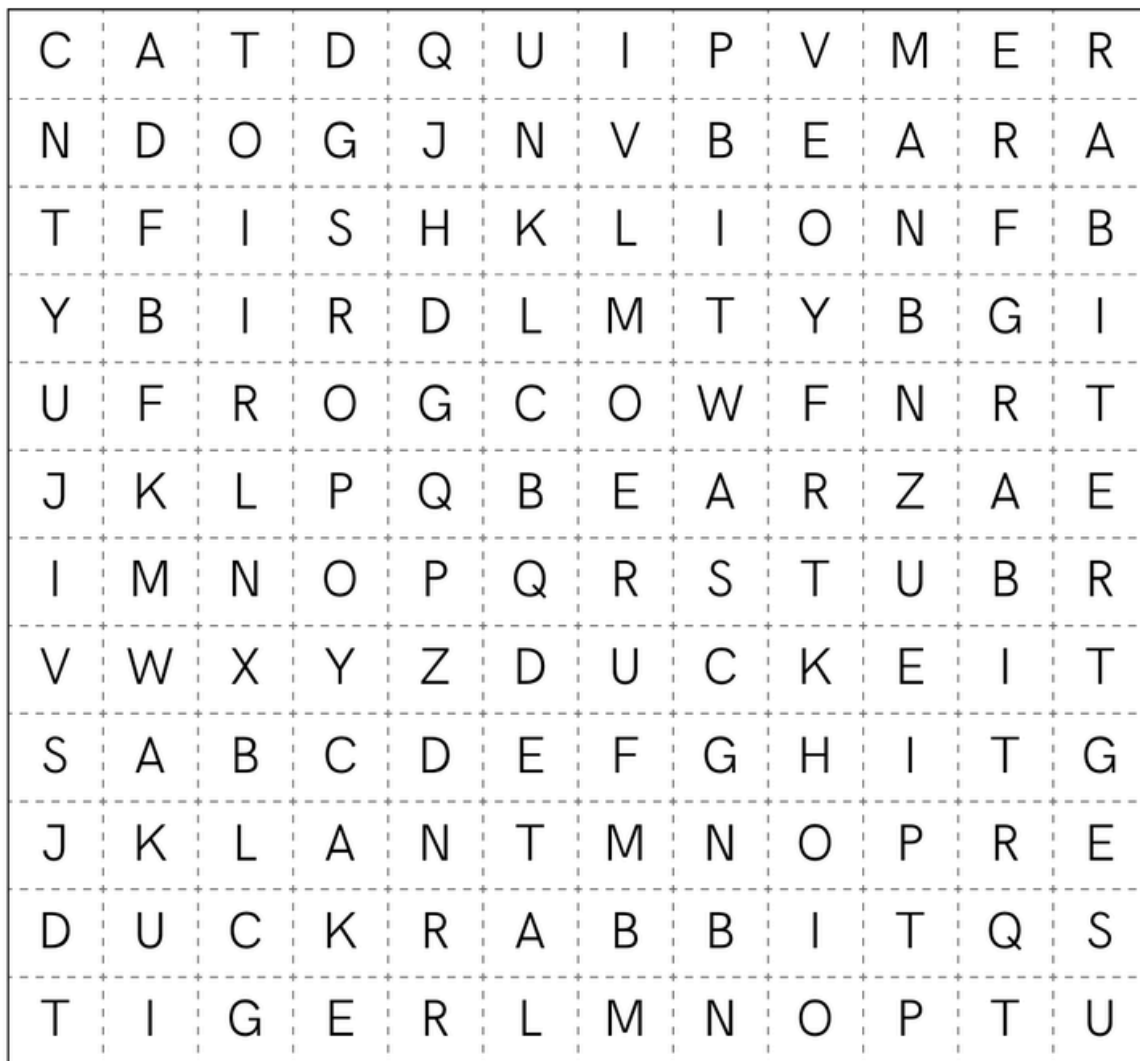


Frog


Bear

Duck

Tiger



Words can be found horizontally, vertically, and diagonally in all directions



Extraordinary Flowers

Standing up
Or standing out
That's what life
Is all about

Passions grow
From simple seeds
And welling up
With inner needs

Flowers grow in sunshine
When weeding gives them space
Blooming in the sunlight
And warmth of nature's grace

Winds do sway in motion
Through solitary hours
Such is the price of beauty
Of extraordinary flowers

