



Exceptional
Excellence

Newsletter

Issue 73

March 2025

WESTCROFT NURSING HOME



Westcroft Nursing Home
Ltd

CQC overall rating

Good



18 Reviews

Contact us

Get in touch with us at the details below

**Westcroft Nursing
Home,
5 Harding Road,
Hanley,
Stoke-On-Trent,
Staffordshire,
ST1 3BQ**

Ketan.patel@3abcare.co.uk

Westcroftmanager@3abcare.co.uk

Westcroftdeputy@3abcare.co.uk

01782 287121



Ketan Patel
Managing Director (May 2008)



Hannah Scott
Deputy Manager/Clinical Lead
(Nov 2024)



Martin Rogerson
Care Home Manager (June 2019)

MARCH SPECIAL EVENTS

Saint David's day - 1st

Outing to Trentham Gardens - 4th, leaving at 10:30am and returning at 12:30 midday

**Visit from Reg the therapy dog - 13th at 2pm
(STC - updates will be on the Facebook)**

Saint Patrick's day - 17th

**Seated dance class and fitness with Amy -
18th at 11am**

**Musical moments performance with Vicky -
26th at 11am**

**Visit from Reg the therapy dog - 28th at 11am
(STC)**

Mothers day celebrations - 30th

UPCOMING BIRTHDAYS

6th March - Emily (93)

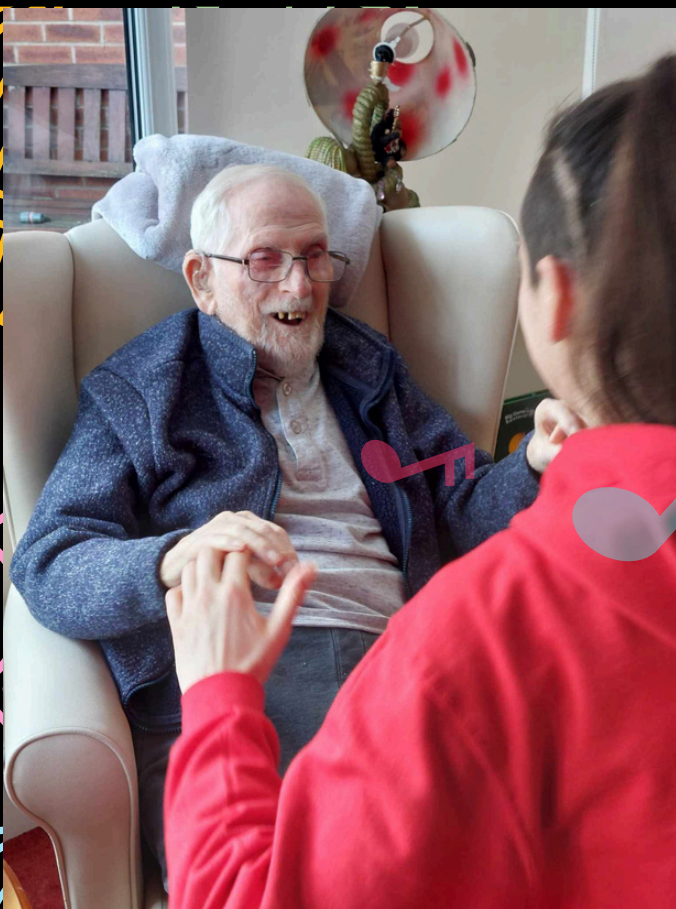
Family and loved ones are always welcome to join us for birthday celebrations in the home. Each resident will have a birthday card and birthday cake made for them by Westcroft for their birthday.

This year we have a few 'big' birthdays coming up, and we will be ensuring each resident has a special celebration for their big day. If any families would like to request the use of the quiet lounge for a couple of hours for you to have your own celebrations for your family member on the day, please contact Ketan to discuss.



Our residents love the monthly Musical Moments sessions. Our next performance is on the 26th of March at 11am. This is such a fun way for us all to reminisce whilst having a sing and a dance!

MUSICAL MOMENTS



DANCERSIZE SESSION & ENTERTAINMENT CONCERTS

Amy is continuing to develop and adapt seated dance sessions to ensure they work for our residents. Each session, she brings new props, songs and moves which keep our residents engaged and get them moving. We will continue to review all of our activities to ensure they work well for our home and our residents.

SEATED DANCE WITH AMY



We had another wonderful visit from Amy for a seated dance session this month, and what a morning it was! Amy is always bringing new and different tools with her to keep the dances varied, and to make sure we exercise different parts of our bodies. This month, Amy brought scarves and balloons, and we did throwing, catching, stretching and so much more!



Each visit, Amy ensures that every resident can take part, no matter what their mobility level. She uses tapping to stimulate the muscles and music we know and love to help us reminisce, all the while offering us great movement and fitness. We will continue to hold our seated dance sessions throughout 2025.



Trip to the Brampton Museum

Last month we had the pleasure of taking Margaret, Phil and Phyllis to the Brampton museum. We explored some local history, transported back in time to Llandudno holidays with our families and went for a walk around an old timey village and went shopping. It was a lovely morning with smiles and laughter, and our residents even recognised some of the exhibits as items they used to have in their childhood homes. Our next trip will be to Trentham Gardens on the 4th of March.



REG THE THERAPY DOG & ANGELA



Ang and Reg have continued to visit us this year, and we could not be more grateful for their company. Reg is such a calming presence and he instantly puts a smile on everyone's faces. Everyone loves having a chat with Angela and to learn in about Reg's life.

Ang and Reg will continue to visit us throughout 2025, and the impact their company has on everyone's mood is evident. This month we had a special Valentines visit, and Reg wore a valentines bandana for the occasion! They are a fantastic addition to our home and we always look forward to their visits.



Attune music therapy

Last month we had the pleasure of welcoming Hollie, from Attune music therapy back into our home. Hollie brought with her a range of different instruments for us all to try playing. Some of the instruments we had never seen before, like strings of shells that when you ran your hands across them, made the sound of ocean waves.



As well as offering us new experiences playing instruments we may have never had the opportunity to see, hollie performs us a classic song and it is such a lovely experience. Music can be so powerful, and Hollies visits are a truly magical thing to be a part of. We will update the newsletter when we next have a visit from Attune scheduled!

OUR RESIDENTS ALWAYS HAVE FREE CHOICE IN REGARD TO ACTIVITIES, AND CAN ALWAYS REQUEST A DIFFERENT ACTIVITY TO DO IF THEY PREFER NOT TO JOIN IN WITH THE SCHEDULED ACTIVITY.



FREE CHOICE
Wednesday 5th February Salt Dough Fun
Thursday 6th February Music sensory
Friday 7th February Disney

FUNDRAISING



Thank you to everyone who has contributed to our recent fundraisers for Valentine's Day, all the money we raise goes into our residents fund, so that we can keep offering new and varied activities for our amazing residents.

For Valentine's Day, we had two fundraisers going on through the month, a 'guess the chocolates in the jar' and 'guess the name of Cupid'

And the winners are.....

Guess the chocolates in the jar - Andy Cope

Guess the name of Cupid (pamper hamper 1) - Martin

Guess the name of Cupid (Pamper hamper 2) - Shelley Howe

RESIDENTS- RELATIVE & MONTHLY MEETINGS

Thank you to all who joined us for our February residents and relatives meeting. We value your comments, compliments and feedback so much and we can't thank you enough for your participation in these meetings. If anyone was not able to join us in the meeting but would like a copy of the meeting notes, please let Ketan know and he will get them sent to you. Our next meeting will be in June, and we will announce the date and time as soon as we can closer to the event.



GOLD

STANDARD FRAMEWORK

the gold standards
framework™
in care homes



Westcroft nursing home have embarked on a new type of training, to help us continue our work in end of life care.

The GSF Care Homes Training Programme is the most widely used training programme for all care homes in the UK, supporting all elderly residents as they near the end of their lives. Since its launch in 2004, thousands of care homes have completed the programme, and hundreds have become accredited with the well-recognised GSF Quality Hallmark Award. Over the last 20 years, GSF has provided effective end of life care training for the care team, enabling residents to live well by promoting better working with GPs and the wider community team. Hundreds of thousands of residents have benefited from GSF in their care home enabling more proactive, personalised, well-coordinated care. Demonstrating significant impact with a reduction in unplanned hospital admissions and deaths, enabling more to live and die where they choose. It is estimated that on average 80% of residents are in the last year of life and unplanned hospital admissions of residents could be avoided with care homes playing a pivotal role with an ever increasing aging population quality care is crucial for the sector now, and in the future.

Westcroft will keep you updated on our progress on this venture!

“Our aim is to enable a ‘gold standard’ of care for everyone, with any condition, in any setting, given by any care provider, at any time in a person’s last years of life”

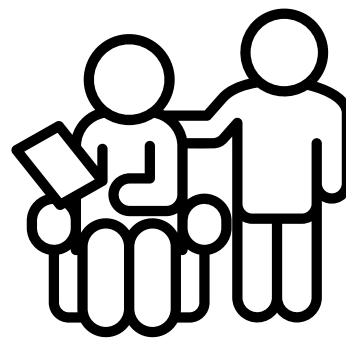
- **Gold Standard Framework**

DID YOU KNOW WE OFFER RESPITE CARE?

Here at Westcroft Nursing home, we recognise the importance of respite care. As part of our continued work in end of life care as well as our journey on the gold standard framework, we now offer short-term respite for those who need it, as well as our long-term stays. Whether it be someone in need of respite after a hospital stay, or a family who needs care for their loved one for a short period of time to allow them to recharge, Westcroft is the place for you.

If you or someone you know is in need of respite care, please do not hesitate to contact management by

**Telephone 01782 287121 or email
ketan.patel@3abcare.co.uk**



Our residents have occasional pre-booked appointments at hospital. It is much appreciated if the family members could accompany their loved ones for their appointments



We are doing a big push on trips in 2025, if you are able to accompany your loved one on a trip, please do let us know. We would love nothing more than for you to join us on our outings, so you can make new memories with your family member.

OUR SOCIAL MEDIA

Scan the QR Code to find our home. Here you can find up to date news and photographs of the Home, in 'latest news' section under the Westcroft Nursing Home tab.



We try to update our social media pages with photos and videos of all our events as soon as possible to allow everyone to see their loved ones on those days. Follow us on facebook for more updates.

Please feel free to have a look at www.3abcare.co.uk. You can find information on our Homes in this group.

Westcroft Nursing Home
5 Harding Road
Hanley
Stoke on Trent
ST1 3BQ

WESTCROFT REVIEWS



We asked relatives and visitors to send us reviews of our home, and this is what they said...

Thank you so much for the amazing foot ball pitch cake how lovely of u. And lovely morning you really spoil and look after the residents. Thank you for everything you do. ❤️ xxx

Another lovely day

Fantastic ❤️ ❤️

Very nice thanks to all the staff and the cook's x

Thank you for you comments and reviews, we have an open home policy and if there are ever any comments, compliments, issues or concerns please come to us as soon as you can and we will take all comments on board, and act as quickly as possible if we need to make any changes.

Please review us on carehome.co.uk, google and Facebook!

The 3ab care

REFERRAL PROGRAM



Do you know someone seeking a nursing home for a loved one? Refer a resident and if they come to live in our home, you will receive a reward!

You get £250 (in vouchers) if the resident you refer comes to our home for respite

You get £500 (in vouchers) if the resident you refer comes to our home permanently



Call Westcroft for more information on 01782284611



ational Excell

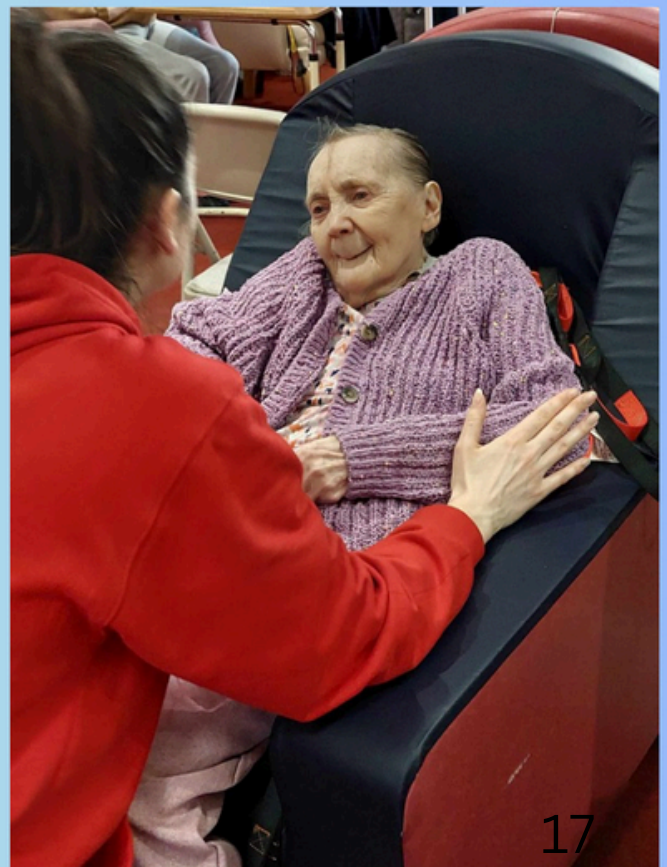
IMPACT STATEMENT

Wednesday 18th February 2025



Today we were visited by Amy to do some seated dance. Amy takes a more one-to-one approach for seated dance. This gives everyone an opportunity to enjoy doing some fun exercises within their own unique capabilities and at a pace they feel comfortable with. Amy incorporates all different methods of enjoying music and dance from tapping to the beat, moving our arms and legs to the beat and using various props to expand on movement.

Margaret really enjoyed today's seated dance, from the moment Amy went to Margaret in the lounge she really engaged with the one-to-one routine Amy provided. Margaret smiled a lot and when Amy started tapping to the beat on Margaret's shoulders, Margaret started tapping her feet with the beat too and continued to smile. You could see the enjoyment in Margaret's face by her beautiful smile!



IMPACT STATEMENT

Wednesday 12th February 2025



Today we had the pleasure of taking three of our residents to the Brampton Museum in Newcastle. Two of the residents we took were husband and wife, Margaret and Phil. Phil was especially excited, as this was his first outing since joining our home. Before we went, Phil told me about the museums they had been to before, but he had never visited this one and was excited to see which exhibitions they had.

At the museum, it was evident how much of an impact the trip had. Phil saw multiple things in the exhibitions, including a mantle clock, that he used to have in his childhood home. He talked about how the items reminded him of his mother, and how looking in the rooms was like transporting back in time. At the end of the trip Phil told me how grateful he was to have gone out and how nice it was to be able to make more memories with his wife, Margaret. We can't wait to go on more outings with Phil.



Flowers

B Q D B N L P Q X R B C I W U Q T
H R X L R N J E D H U R Y R U C O
T U L I P L Q U I E N R Q T H B U
S X X P O P P Y D Z J H P R P I Y
D N N A I X T I T W A I N O G E B
L C Y I J R U M J H X Y K F G M T
O G R N D F T P T C A L I L E T A
G S E N T B G A A I B O Q A R U I
I R T I N S A T I I Q P V I A P R
R F C Z P O J I V H L B G N N E F
A Y K B A M Z E L F H V C U I O Y
M G R S I R I N A X R F Z T U N U
D A I S I E S S S O B N L E M I O
I P L A S L I D O F F A D P S E E
O S E I S N A P Z X N H D Y Q S Y
A S T E R S J H R E E L K Z O D M
A Z C E N L Y E D F W J M Z N G P

daffodils

geraniums

impatiens

marigolds

begonia

daisies

pansies

peonies

petunia

asters

salvia

zinnia

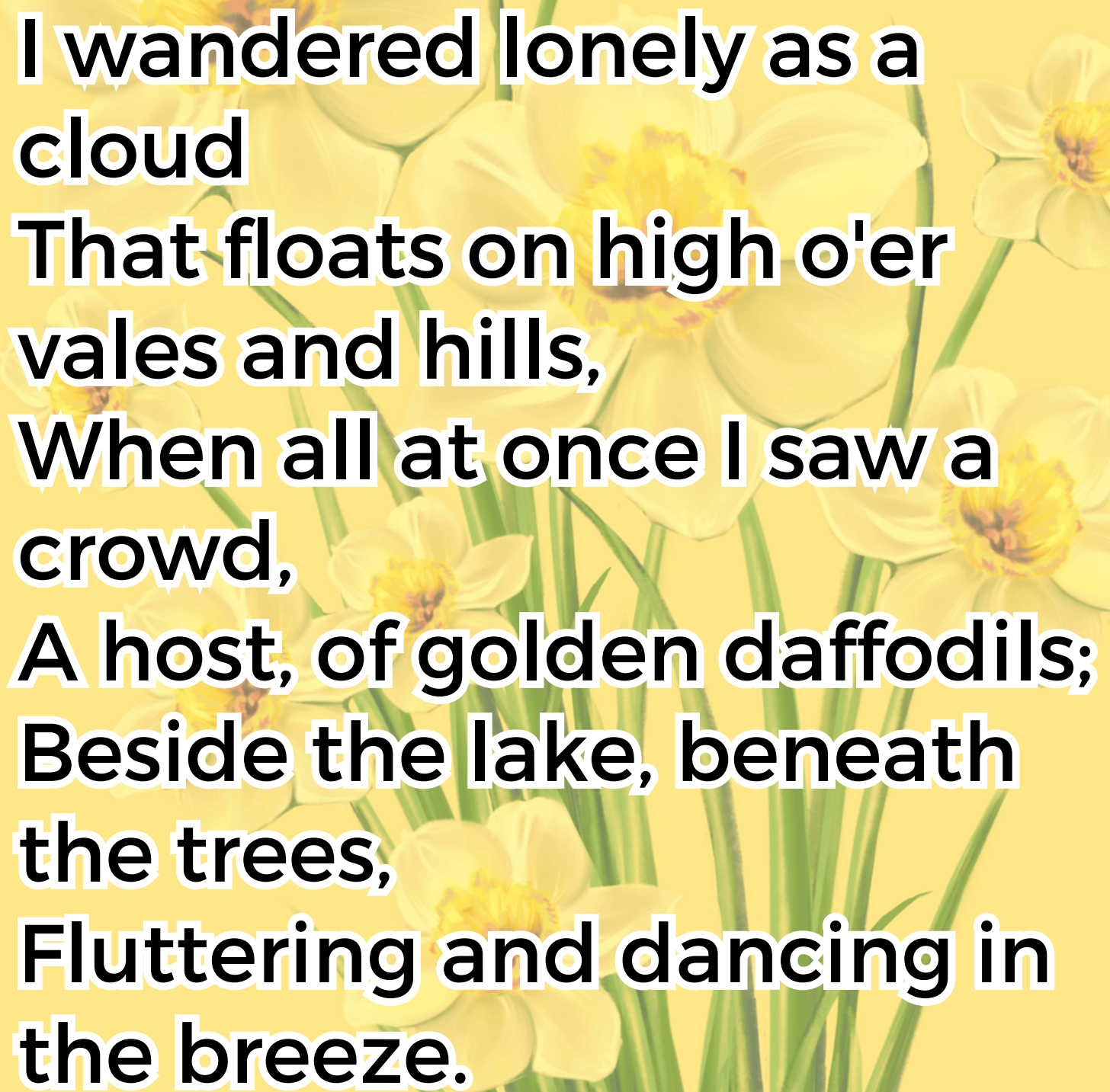
lilac

poppy

tulip

iris





**I wandered lonely as a
cloud
That floats on high o'er
vales and hills,
When all at once I saw a
crowd,
A host, of golden daffodils;
Beside the lake, beneath
the trees,
Fluttering and dancing in
the breeze.**

By William Wordsworth