

SAINTBRIDGE HOUSE NURSING & RESIDENTIAL HOME

ISSUE 3 – May 2020

Upcoming Birthdays

Ann Smallman – 1st May

Annette O'Malley – 2nd May

Doreen Cordrey – 4th May

Kiloko Katiru – 12th May

Dalayah Thomas – 30th May



WELCOME TO THE THIRD EDITION OF OUR NEWSLETTER

We hope this regular newsletter will be informative for Residents, Relatives and Staff.

Fun Facts For May

- May is the third and final month of the season of Spring
- The birthstone of May; the Emerald, symbolizes success and love
- May in the Northern Hemisphere is similar to November in the Southern Hemisphere.
- May was once considered a bad luck month to get married.
- Symbols of May:
 - Birthstone – Emerald
 - Flower – Lily of the Valley
 - Zodiac Signs – Taurus and Gemini

This month in history

- 1707 The union between England and Scotland is proclaimed
- 1841 New Zealand was declared a British Colony
- 1821 Napoleon Bonaparte “the little corporal” died in exile on the remote British island of St. Helena. He was 51
- 1954 Roger Banister was the first man to run a mile in under 4 minutes.
- 1945 Nazi Germany surrendered to the Allies at Rheims and the war ended. V.E. Day is celebrated across Europe and North America on the following day.
- 1429 The French warrior maiden, Joan of Arc led the Dauphin’s troop to victory over the English laying siege to Orleans.
- 1943 RAF Lancaster bombers caused chaos to Nazi German industry by destroying two huge dams.
- 1191 English King Richard I “The lion Heart” conquered Cyprus on his way to join the crusaders of Acre in North West Israel.
- 1809 Dartmoor prison in Devon is opened to house French prisoners of war.

What Does May Symbolise?

May is a beautiful month of both hemispheres. In the North, Spring is gradually blooming into Summer, while the South celebrates the beautiful colours of Autumn and its harvest. The Greeks called it May after their Goddess Maia, who was referred to in Roman culture as Bona Dea.

Victory in Europe (V.E.) Day

Victory in Europe day, generally known as V.E. Day is a day celebrating the formal acceptance by the Allies of World War II of Nazi Germany’s unconditional surrender of its armed forces on the 8th May 1945. Most European countries celebrate the end of World War II and 8th May.

Countries Wordsearch

R	X	A	C	I	R	F	A	H	T	U	O	S	J	D	E	C	Z	C	B	R
W	D	C	F	W	F	U	E	X	C	V	B	S	A	V	F	G	N	W	S	H
B	V	A	D	G	D	T	V	R	C	Y	P	A	U	S	T	R	A	L	I	A
E	N	J	K	G	H	T	Y	H	F	A	M	X	R	F	B	F	H	K	L	S
N	X	D	C	R	B	A	D	V	J	E	Y	R	J	K	I	P	F	T	H	H
G	S	V	G	H	N	W	N	C	R	E	F	W	T	D	A	H	C	T	F	E
L	L	V	S	N	G	F	P	I	O	Q	W	M	X	S	Z	Q	E	X	C	N
A	F	Y	R	T	U	M	C	M	S	Z	X	R	G	Y	U	J	K	U	P	E
N	I	N	D	I	A	A	X	D	C	V	N	H	V	C	F	C	X	J	H	W
D	F	A	Q	W	E	Y	T	R	O	I	A	U	P	S	A	V	R	E	C	Z
Z	G	G	E	R	M	A	N	Y	A	D	S	N	F	N	H	G	J	L	H	E
S	U	F	C	D	F	V	V	G	V	H	Y	B	A	U	T	B	J	K	W	A
C	M	E	Z	E	C	N	A	R	F	X	E	D	V	T	S	R	T	F	X	L
F	P	Q	A	R	G	O	T	P	U	B	A	U	N	E	I	S	S	C	E	A
X	U	A	E	A	X	A	W	X	C	V	Y	U	K	L	Z	P	I	R	D	N
G	Y	G	K	D	F	D	V	F	P	F	B	H	N	L	A	I	G	X	V	D
Z	O	J	S	I	S	U	F	U	E	T	Z	W	D	I	R	E	S	D	K	R
F	P	R	C	V	S	N	T	D	R	V	D	X	N	I	B	U	F	Y	K	G
B	B	F	G	P	R	Y	U	I	U	O	C	R	V	B	N	Z	M	P	L	G
V	A	H	F	R	D	M	A	N	F	K	F	O	K	S	T	Y	N	Z	C	R
D	W	L	E	D	T	Y	B	N	I	L	K	N	I	G	E	R	I	A	F	R

America

France

Spain

South Africa

Germany

New Zealand

Afghanistan

Australia

Chad

India

Brazil

Nigeria

England

Pakistan

Peru

TOILETRIES



We would like to take this opportunity to ask if you could ensure all residents have an adequate supply of toiletries. This includes soap, body wash/shower gel, shampoo and shaving equipment (if required). These items will also need to be clearly marked with the resident's name on.

Daily Activities

It is important to keep an active mind and we are now leaving out a variety of activities on the table in the main lounge area. These can be used by everyone at anytime of the day. We do ask if these items can be returned after use.

Regular and Organised Activities

Sam the Hairdresser visits every Tuesday

Faye, the Foot Health Practitioner visits every 4-6 weeks

Debbie comes along to sing to and play instruments with the residents every Tuesday from 2.30 – 3.30pm

Mel The Pianist comes to play all the golden oldies – Every last Thursday of the month (Next visit on 30/04/2020 at 2.30pm).

Holy Communion – From the St. Aldates Church – Every other month on a Saturday Afternoon (Next Visit on 31/3/2020 at 2.30pm).

Phoebe will be visiting on the 23rd April to help us celebrate St George's day with some live Singing!

facebook



Like us on
Facebook

We have a facebook page for you to follow us on.

The page gives details of the Home, including activities, menus, and lots of photographs and other information about the Home. Please feel to 'like' us at

<https://www.facebook.com/saintbridgehouse/>

Laundry News

If you have received or brought in any new clothes please ensure they are labeled clearly with the residents name.



News from the kitchen

The kitchen would like to reassure everyone that our supply chain of food deliveries continues as normal. We have stocked up on Dry essentials such as bread, rice, pasta, etc just in case there are any issues with receiving supplies, however at present, we do not foresee any issues.

CORONAVIRUS (COVID-19) UPDATE

As most of you will be aware, we unfortunately had to take the decision on the 12th March 2020 to “cocoon” our home and close the home to all visitors. This was done in the best interests of all of our vulnerable residents. We are sorry to say that we are still closed to visitors during these unprecedented times.

Although face to face visits are not possible during the Cocooning period, we do have an IPAD that can be used for residents to receive Facetime and Skype video calls. Our username for both facetime and skype is info@saintbridge-house.co.uk . If you would like to use this facility, please call the home on the landline (01452 300307) before making the call and a member of staff will take the IPAD to your loved one so they can accept your Facetime or Skype call.

We are also sorry to report that we have now unfortunately had a number of residents who have tested positive for Covid-19 despite our best efforts to keep the virus out of the home. To help reduce the spread of the virus any further within the home, we have moved several residents into different rooms to create 2 distinct areas within the home. The Red area is for residents who have either tested positive for the virus or residents who we suspect maybe positive due to their symptoms. Our green area is for residents who remain symptom free.

We realize that this is a very distressful time for you, and you will rightly be concerned about your loved one, however please rest assured that the staff are going over and above and continue to come into work to look after your loved ones and make them as comfortable as possible.

Contact Us
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ANY ARTICLES YOU
WOULD LIKE TO PUT IN
THE NEXT EDITION OF
THE NEWSLETTER
PLEASE PASS ON TO
GALE, DAVE, OR EMAIL:
[INFO@SAINTBRIDGE-
HOUSE.CO.UK](mailto:INFO@SAINTBRIDGE-HOUSE.CO.UK)

EMPLOYEE OF THE MONTH

We decided not to award an employee of the month for April as it would have been impossible to choose someone. Every single member of our staff team has gone above and beyond during the past month in our quest to ensure we continue to look after our residents to our usual very high Standards.