**Wednesday 29th May 2024**

A group of people sitting outside

Description automatically generated A person pushing a person in a wheelchair

Description automatically generated A group of people sitting on a bench

Description automatically generated A person sitting on a picnic table

Description automatically generatedA person and person sitting on a bench

Description automatically generated A boat on the water

Description automatically generated

This morning began with a some of the residents going in the minibus to Saul Junction to sit by the canal and have some fresh air a coffee and to watch the boats go by. It was lovely to spend time outside and look at the plants and the activity on the canal. There was lots of banter and laughter which was great for them to all connect with each other, and also other people walking dogs along the canal too. They all enjoyed the change of scenery and having a bit more sensory stimulation from the different smells and sounds.

A person in an orange shirt

Description automatically generated A person holding a bowl

Description automatically generated A person and person sitting on a couch

Description automatically generated A person sitting on a red chair holding two wooden drumsticks

Description automatically generated

An old person sitting in a chair

Description automatically generated A person sitting in a chair holding chopsticks

Description automatically generated A person sitting in a chair holding a tambourine

Description automatically generated A person sitting in a chair

Description automatically generated

A person standing next to a person

Description automatically generated An old person sitting in a red chair

Description automatically generated An old person holding a pot of seed

Description automatically generated

This afternoon we have had Julie entertaining us in the lounge with her steelpans and some lovely music. Everyone had a go playing the instruments and some of them also had a go on a steelpan. There was some great smiles as the music was recognised and the rhythms enjoyed with the instruments. Carol had a lovely time getting up and dancing to a number of tunes and the smile on her face showed how much she was loving the connection with Tracey. Fred was coming in and out of the lounge and was heard singing and clapping enthusiastically. He even had a go on the drums. It was nice to see Peter and Denis getting into the music too, using the instruments and along with Sheila who was tapping hers throughout the whole concert.

A very interactive afternoon for everybody, and great for getting active and for conecting with others, staff, families and other residents.