**Saturday 4th May 2024**

 This morning our residents have been offered massage therapy from staff.

This afternoon Sybil has been sat in the lounge reminiscing with staff looking at a book about Britain and talking about her family and different places they used to visit, Sybil enjoyed talking about her family and was very engaged.

Darren was able to do some little exercise with Brian SP whilst getting him up. He did some knee stretches and standing moves. They were small little actions but he was happy to give them a go and every little move will help with Brian’s mobility and movement.

Ann had her partner Brian come for a visit and they chatted in her room whilst watching a film.

James’ sister Clare came for a visit this afternoon and they spent time in his room chatting.

Brian SP had Stephen come to visit him this today, he was pleased to see them and enjoyed chatting.

Peter had a visit from his granddaughter Louise, he was very happy to see her, and was smiling.

Alan had a visit from his wife Jean today, and it was nice for them to spend time in each other’s company.