



Exceptional
Excellence



★ HIGHLY COMMENDED ★
2024

the gold standards
framework

ACCREDITED 2025-2028

Inspected and rated

Good



Brook House Newsletter



May is here, bringing with it longer, sunnier days, colourful blooms, and a wonderful sense of energy in the air. It's the perfect time to enjoy the outdoors, share smiles, and create even more special moments together.

At Brook House, May is full of laughter, joy, and meaningful connections. From cheerful conversations to happy shared experiences, our home is buzzing with positivity and warmth. As the world around us blossoms, so do the moments we cherish each day — making May a truly delightful time for everyone.

MAY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Please tear off and keep this page for your monthly calendar!

Reflections

April was a month full of music, laughter and love, from wonderful live singers and to a Easter Day celebration. The residents also enjoyed the tombola we had. There was truly something for everyone to enjoy!



Staff Spotlight



Owen joined Brook House in August 2019

Owen loves working in a happy environment. Owens teammates describe him as helpful, hardworking, kind and charming.

Owen likes to watch a good tv series, but his favourite film is Twilight. His favourite song is Turning page by sleeping at last.

He loves going to the gym before work every morning.
He is also really good at cooking.

Baking Club...

Our baking club is always filled with warmth, laughter, and the delicious smell of homemade treats! Residents come together to share recipes, memories, and plenty of smiles as they mix, stir, and decorate.



Minibus Trip...



Our dedicated minibus allows residents to enjoy regular trips out and about, keeping spirits high, smiles growing, and independence supported.



Menu Highlights..



Here are just a few of the comforting dishes our residents have enjoyed...



A choice of hearty, homemade meals and treats, such as... a hearty spinach and carrot savoury swiss roll. Chef's amazing homemade profiteroles with melted chocolate. Delicious!

Easter Sunday...



Easter Sunday at Brook House was a joyful and heartwarming occasion, filled with smiles, laughter, and togetherness. Residents enjoyed a lovely day of celebration, with sweet treats, cheerful activities, and meaningful moments shared with one another.

Family & Engagement

We would like to take a moment to thank all Family, Friends and others for visiting their loves ones, and supporting Brook House as a whole.

We are so grateful to share a place where we can all come together and enjoy the special moments in life. Here are a few events we would love you to pop along to at your convenience!

Please ensure you call us on 01858 880247 and let us know if you're coming, as we have limited spaces for certain events!

Minibus Trip – Thursday 7th May 10:30am

Minibus Trip – Thursday 14th May 10:30am

Minibus Trip – Thursday 21st May 10:30am

Minibus Trip – Thursday 28th May 10:30am

Coming up this month...

These are just a handful of the wonderful activities our team has planned, so there's plenty to look forward to in what promises to be a fun-filled month ahead!

Musical moments – Friday 1st May

Singer – Monday 4th May

Minibus Trip – Thursday 7th May

Boogie Beats – Tuesday 12th May

Minibus Trip – Thursday 14th May

Singer – Monday 18th May

School children – Tuesday 19th May

Minibus Trip – Thursday 21st May

Singer – Monday 25th May

Minibus Trip – Thursday 28th May

Singer – Friday 29th May

Puzzle of the Month



K P N Q P C D H M Z N E M X J	May
L H M A Q I G I S O L G O X K	May Day
A D L E B N S M C R D R T P G	Mother's Day
D F M V M C Q P M E Q J H L J	Flowers
Y Q A N T O M M R Z O B E A D	Spring
B U Y R J D R A R I T B R N G	Cinco de Mayo
U V A Y G E B I Y S N Y S T A	Garden
G V C N M M G U A D H G D S R	Memorial Day
G Q Z Q A A X I T L A T A S D	Butterfly
X K Q E Q Y Y G X T D Y Y N E	Ladybug
H M I F L O W E R S E A R W N	Plants
G B E F J F E W C F M R Y Z K	Grass
W W L I L G R A S S T K F F J	
H H U F K Z L I O E Z G T L F	
F U D F N I I U U M V Z H V Y	





Dorothy Yates – 06th May

Arthur Russel – 09th May

Patricia Whittaker – 22nd May

Geoffery Harrop – 23rd May

Relatives and friends are warmly invited to
join us in celebrating these special
birthdays.


Seasonal Wellbeing Tips for

May Seasonal Tips

With May bringing warmer weather and longer days, it's a great time to embrace the outdoors. Spending time in the garden, enjoying fresh air, or taking gentle walks can help boost mood and overall wellbeing.

As temperatures rise, remember to stay hydrated by offering regular drinks throughout the day. Adding seasonal fruits like strawberries can be a refreshing and nutritious treat.

Keeping socially active is just as important — whether through group activities, conversations, or music, these shared moments help promote happiness and connection.

Finally, maintaining a good balance of activity and rest supports better sleep and wellbeing, helping everyone feel their best throughout the brighter days of May. 

Remembering...

*Phillip Sadgrove - October 1944 - April
2026*

*We take a quiet moment to remember loved
ones and cherish special memories.*



The 3ab Care

REFERRAL PROGRAMME

Do you know someone seeking a Residential Home for a loved one? Refer them to Brook House, and if they come to live in our home, you will receive a reward!

EARN £250 IF THE RESIDENT YOU REFER COMES TO OUR HOME FOR RESPITE

EARN £500 IF THE RESIDENT YOU REFER COMES TO OUR HOME PERMANENTLY

Call Brook House for more information on
01858 880 247

Respite stays minimum of 4 days, Permanent stays minimum of 4 weeks.

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