

Brook House Newsletter



A massive welcome to the glorious Month of May!

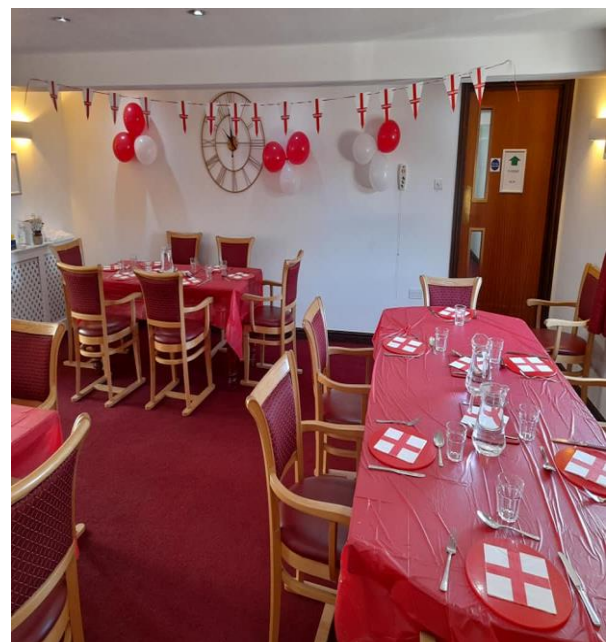
Did everyone have a nice Easter? I hope dozens of Easter eggs and glasses of fizz were consumed. We are having a mini heatwave as I write and the sun is just beautiful....May always seems to signal the start of the Summer period for me, I think it's the lighter nights and the smells of BBQ around the village.

April was refreshing at Brook House with animals galore! Our new chicks are growing up fast so soon we will be using fresh eggs in our baking sessions!

Reflections

It's been an animal affair this past month at Brook House, chicks, sheep and shetland ponies! Spring is moving into Summer and theres nothing more like spring than baby animals. Over Easter weekend we had eggs delivered to the home for us to incubate and hatch. We have decided to keep 4 of these and they are April, May, Matilda and Alice. I wonder if everyone has managed to get through all there Egg hunt chocolate yet! We raised a tremendous £250 on our Easter raffle thanks for everyone who took part.





Sam Farrington Alison Maas Kerry Clarke



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Brook House....

The Animal Sanctuary

We've kept everyone on their toes this past month with hatching chicks, Shetland ponies and baby lambs...

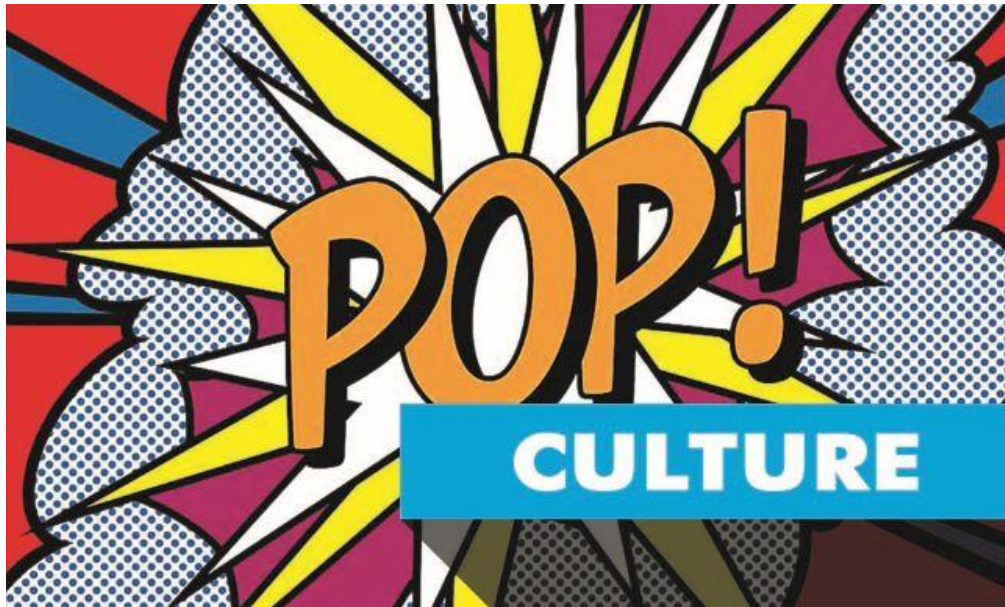
Animal Assisted Therapy, is a technique that uses animals to interact with seniors for numerous reasons to help improve their quality of life. Studies show that just fifteen minutes spent bonding with an animal promotes hormonal changes within the brain.

Pets are a great way to combat feelings of loneliness and isolation many of u feel, especially with the current Covid conditions. They can help alleviate symptoms of depression and anxiety and have even been found to reduce physical health issues like high blood pressure and cholesterol.





Sam Farrington Alison Maas Kerry Clarke



1. Which aspiring rock and roll singer appeared on the Ed Sullivan show in 1956, but could only be shown from the waist up?
2. Which rising young star from the movie Rebel Without a Cause died in an automobile accident in 1955?
3. Which television game show first aired in 1956 and is still running today?
4. What famous baseball player married Marilyn Monroe in 1954?
5. What piece of women's clothing, named after a dog, became popular in the 1950s?
6. What teen idol sang, "Kookie, Kookie, Lend Me Your Comb?"
7. What type of hat/cap did both Davy Crockett and Daniel Boone wear on TV in the 50s?
8. Eating what type of live fish became popular in the 1950s?
9. What famous cowboy of the 1950s was really named Leonard Slye?
10. What was the name of the circular plastic 1950s toy that was placed around the waist and operated by gyrating the hips?

Brook House Bake Off

On the 12th May we are holding our very own Bake-Off! This is for staff to participate and will be judged by no other than yourselves, Ready-Set-Bake!





Resident of the Month



Joyce Bentham

I am very close to my daughters Karen and April and I also have 5 grandchildren that are very important to me. I used to have a trailer tent and a caravan with my husband and we used to travel around the UK. I only ever wanted to go away for one week maximum but my husband would have travelled all the time he loved it.

I used to work as an over locker at Gryce's and I also worked at a photographers, a greengrocers and I worked at tesco on the checkouts. I retired early at the age of 50 and we then we used our trailer and caravan around Norfolk.

I love watching television and I listen to desert island discs on radio 4.



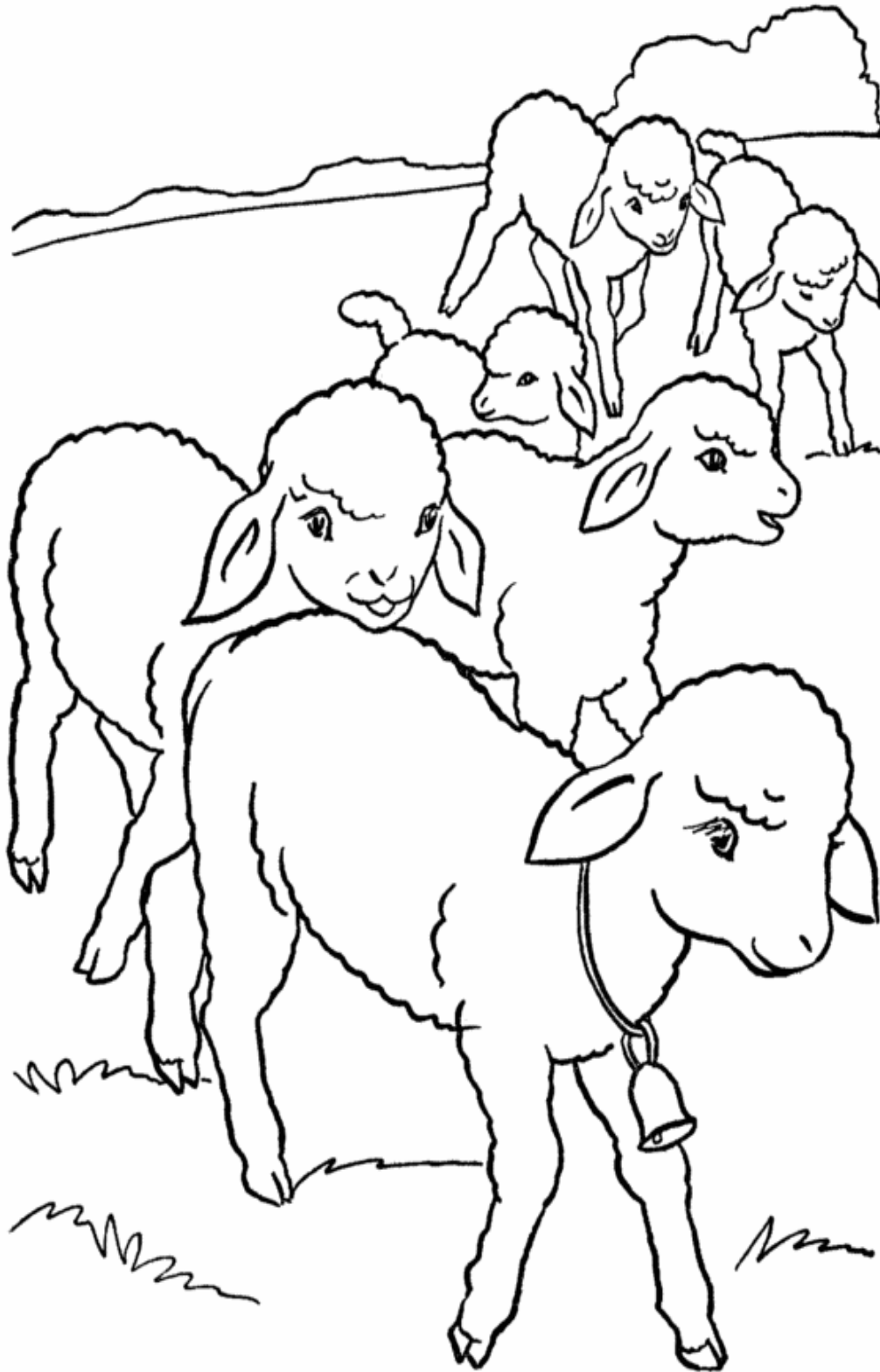
Our St.George's day Quiz

Well done to the winning team... roll on the next one!



Sam Farrington Alison Ivatts Kerry Clarke

Colour In..... 

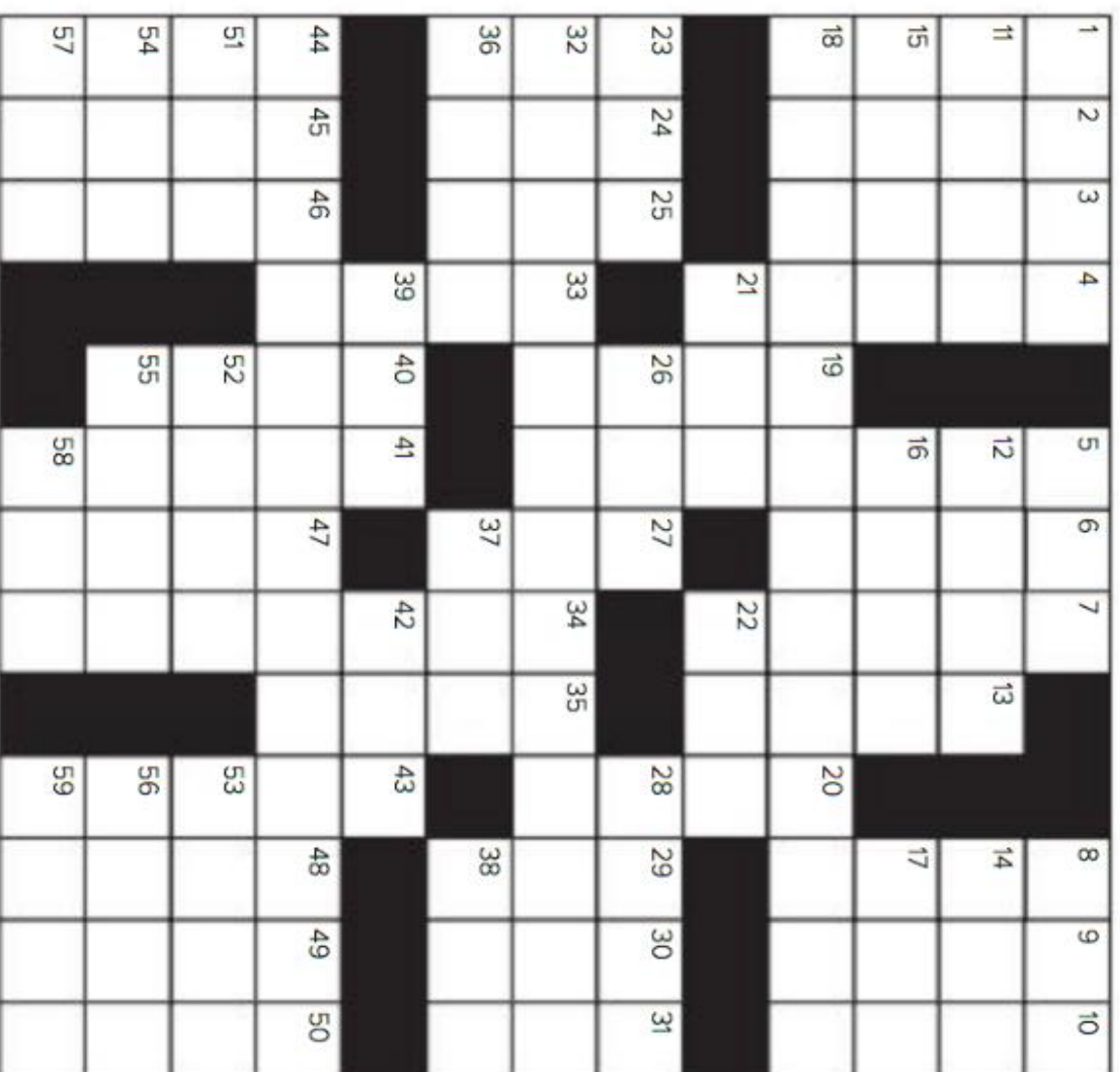


The Stakes Are High!

BY NATALIE MOORE

ACROSS:

1. Speak freely
5. Tit for ____
8. Info. coming soon
11. Narrow, rural road
12. URL starters
14. Feel unwell
15. "East," in Barcelona
16. Great Lake bordering New York
17. Phone service abbr.
18. Saratoga race named for famous local family
21. Doo training
32. Saratoga race with highest purse
36. Wind indicator
37. Snacked
38. Subjs. of *Alien*
39. Hosp. workers
42. ____ Wednesday
44. Saratoga race that shares name with southern state
51. Dance variety
52. Gadgets
53. Horse's dad
54. Racing position next to inside rail
55. The opposite of young, in olden times



Quiz Answers

1. Elvis Presley
2. James Ddean
3. The price is right
4. Jo Dimaggio
5. Poodle skirt
6. Edd Kookie Burns
7. Coonskin
8. Goldfish
9. Roy Rogers
10. Hula Hoop

Sudoku

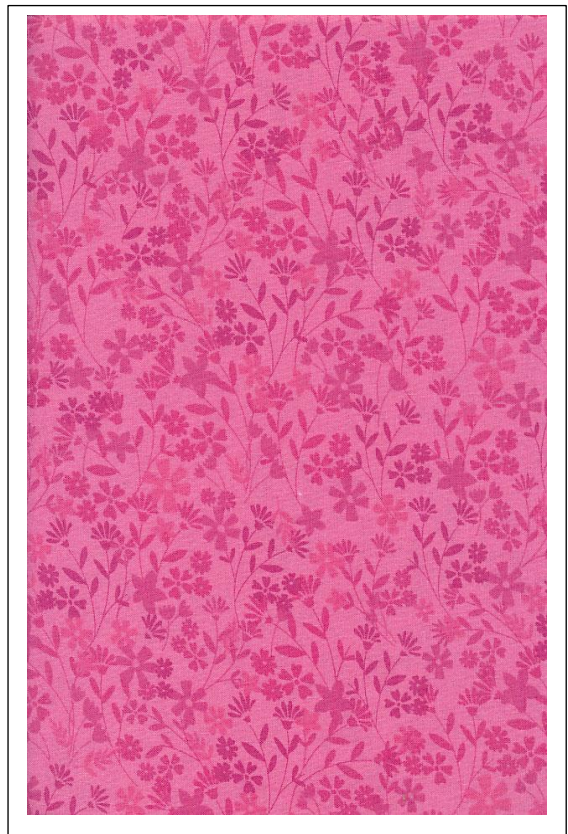
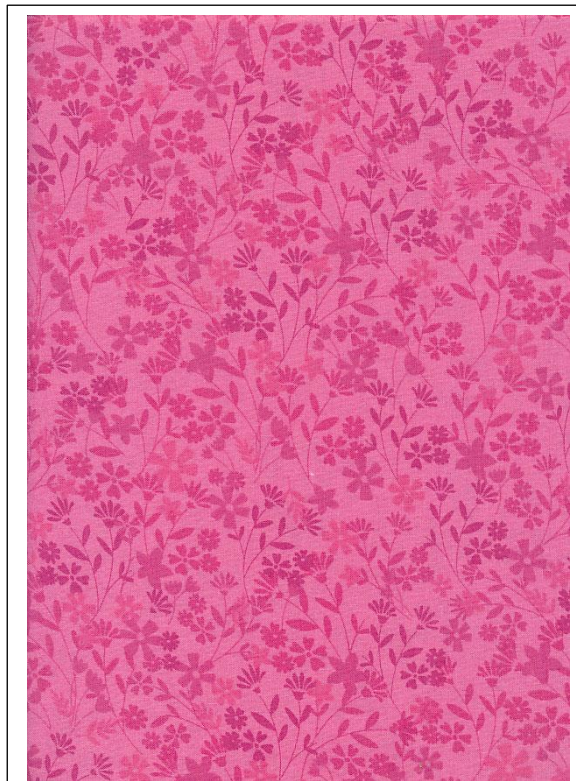
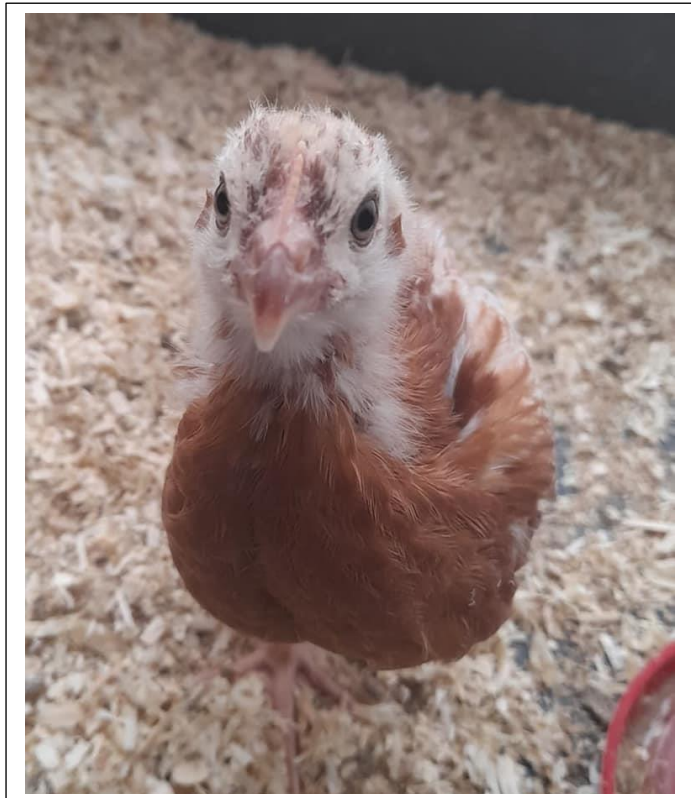
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Chick Update.....

They are growing so quick, they are now 1 month old!





Joan Smith 13th May

Congratulations to Sally and Rosie for receiving Employee of the month for April.

Horoscopes

Taurus April 20th-May 20th

Taurus is an earth sign represented by the bull. Like their celestial spirit animal, Taureans enjoy relaxing in serene, bucolic environments, surrounded by soft sounds, soothing aromas, and succulent flavours. Taurus is ruled by Venus, the enchanting planet that governs love, beauty, and money.

Gemini May 21st – June 20th

Playful and intellectually curious, Gemini is constantly juggling a variety of passions, hobbies, careers, and friend groups. They are the social butterflies of the zodiac: These quick-witted twins can talk to anyone about anything. Find them buzzing between happy hours, dinner parties, and dance floors.