

September/October 2020

Issue 45
30p to non residents

Westcroft Nursing Home

3ab
Care
Limited

Exceptional
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Welcome to issue 45 of the Westcroft Newsletter, keeping you informed of what is going on in the Home. As always we hope to create a homely atmosphere with a friendly welcome, offering the best care possible.

Coronavirus (Covid 19)

Unfortunately we are still closed for all visitors. We do have some good news in that we will start to allow garden visits for one relative per resident, per week. All relatives should have received a letter from Ketan Patel informing them of the arrangements for visiting. As this is the first step in trialing these type of visits, please can all relatives be patient with us, as this is new for all management and staff in the Home.

Special events coming up

All external events have had to be placed on hold whilst the Home remains closed to all visitors. We continue with in-house activities on a daily basis.

Tuesday 22nd September 2020

Autumn Day- Autumn colours to be worn.

Saturday 31st October 2020

Halloween.

Activities

On the days when we have had some good weather the residents have been able to visit Hanley Park which has been enjoyable. Activities have continued in the Home with social distancing in place and no sharing of items. You may have seen some photographs of your loved ones if you follow Westcroft Nursing Home on facebook.



Word Search

SEPTEMBER
SCHOOL
ACORN
AUTUMN
HARVEST
CLASSROOM
FALL
EQUINOX
SAPPHIRE
FRIENDS
UNIFORM

U	N	I	F	O	R	M	Z	I	S	A	R	C
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J	R	C	T	S	A	P	P	H	I	R	E	B
S	A	C	O	R	N	U	M	N	W	M	V	J
N	G	T	E	Q	U	I	N	O	X	F	L	A

Birthdays coming up:

Irene Williams	8 th September
Joan Higgins	10 th September
Harry Blurton	6 th October
Pauline Smith	22 nd October
Betty Plant	29 th October



Immediate family members are welcome to join your relative when they are celebrating a birthday. A birthday cake will be provided in the afternoon around 2.30pm and a buffet at tea time will be provided. Please inform Karen of numbers if you would like to celebrate with us or provide a cake for yourself!

Notable Dates in September

September 7—the first Monday in September—is **Labor Day**.

Canadians also observe Labour Day.

September 11 is **Patriot Day**, held in honor and remembrance of those who died in the September 11 attacks of 2001.

September 13 is **Grandparents Day**. Honor your grandparents today—and every day!

September 17 is **Constitution Day**. This day celebrates the adoption of the U.S. Constitution, which occurred on September 17, 1787 (just five years prior to the founding of *The Old Farmer's Almanac*, believe it or not!).

September 18 brings the start of **Rosh Hashanah**, at sundown.

September 21 is recognized as the annual **International Day of Peace**. Observances range from a moment of silence at noon to events such as peace walks, concerts, and volunteering in the community.

September 22 marks the start of fall! This year's **Autumnal Equinox** falls on September 22 at 9:31 A.M. EDT. At this time, there are approximately equal hours of daylight and darkness.

September 27 is **Yom Kippur**, the holiest holiday in the Jewish calendar.

September 29 is **Michaelmas**. Michaelmas is an ancient Celtic “Quarter Day” which marked the end of the harvesting season and was steeped in folklore.

Themed Days

These are continuing monthly and we have recently had a "Royal Day". Residents wore Crowns or Tiaras and staff dressed in red, white or blue. The lounge was decorated for the occasion. During the morning there was a quiz with many of the residents recognising various members of the Royal Family both as children and adults. A special lunch was served and enjoyed by all. During the afternoon there was a Royal trivia session and also some lovely memories were shared in a group activity. Please visit our facebook page and website for photographs

Gifts Policy

Please can we remind all residents and relatives, that as part of our Gift Policy, staff should not be given any personal gifts from residents or relatives. Gifts over the Christmas period can be handed in to the office for distribution amongst the staff, but no staff member should be given an individual gift. Our staff have been informed to refuse any personal gifts.

New Group Website

3ab Care now has a new website. Please feel free to have a look at www.3abcare.co.uk. You will find up to date news and photographs on the 'latest news' section, under the Westcroft Nursing Home tab.

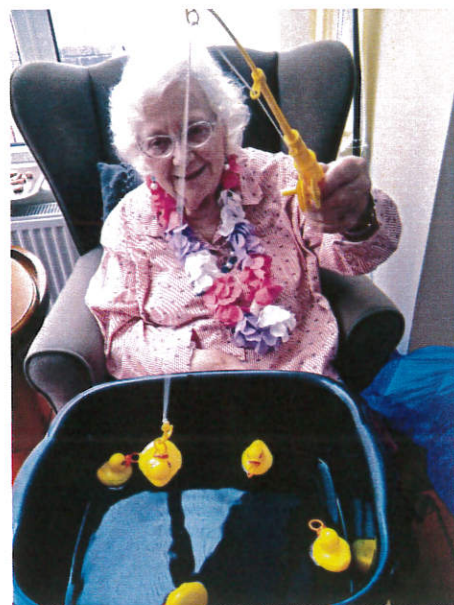
You can also find information on our other Homes in the group. As part of ongoing quality and monitoring the group carries out quarterly internal auditing at all Homes. The results can be found on the wall in the main hallway.



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Seaside Day

As you may be aware on Thursday 16th July our seaside day was enjoyed by everyone in the Home. We had many games, inflatable's, candy floss and ice creams. Some of the residents were sharing memories of visits to the seaside. A 'takeaway' style lunch was served. Due to Covid 19 restrictions we were unable to have our Punch and Judy show this year. Despite this, it was a fun day with lots of laughter.






Like us on
Facebook

We have a facebook page for you to follow us on. This is now being updated more regularly. The page gives details of the Home including activities, menus, and lots of photographs and other information about the Home. Please feel to 'like' us at www.facebook.com/westcroftnursinghome

Resident/Relative referral scheme

If you or your relative recommends a new resident to the Home you will be entitled to £250 worth of vouchers of your choice. As long the resident stays for a minimum of three months the vouchers will be given.

Afternoon Tea

Afternoon Tea was served in the Home on Thursday 13th August. An enjoyable time was had by all residents. A selection of scones, cakes, tea and coffee were served.



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Any articles you would like to put in the next editions newsletter please pass on to Sue, Martin or email Ketan.patel@3abcare.co.uk