

NEWSLETTER

Issue 63

SEPTEMBER- OCTOBER

WESTCROFT NURSING HOME



Exceptional
Excellence



UPCOMING SPECIAL EVENTS

**Coffee Morning-13th September at 10:30 am
Please invite your families along to enjoy
cake and coffee together**

**Chair exercise with Nathan from Aston
Health and Fitness- 15th September**

**Sing along with Paul Gibson- 20th
September**



**Trip To Longton Tesco and the
unconventional menagerie- 22nd
September (location is subject to change
depending on the weather conditions)**

Wacky Wednesday -27th September

**Musical moments (INTERACTIVE MUSICAL
ACTIVITIES)- 4th October @ 11am**

Sing along with Tony Boyle- 12th October

**Animal Therapy Session- 25th October
@11am**

UPCOMING BIRTHDAYS

JOAN HIGGINS- 10TH

SEPTEMBER

CLIFFORD SANT- 21ST

SEPTEMBER

DOROTHY DANBY- 15TH

OCTOBER

PAULINE SMITH- 22ND

OCTOBER

JOAN BOWES- 23RD

OCTOBER

BETTY PLANT- 29TH

OCTOBER

PAMPERING SESSION

The hairdresser visits the home every Friday afternoon. We use this time for self care and do hand massage and paint nails of choice.



The birthday cake will be shared among the residents during tea time

RESIDENT OF THE DAY

We have 'resident of the day' chosen every Thursday to make sure we have a day kept aside to consider the likes and hobbies of each one of our resident. The menu for the day will be the choice made by the resident.



We continue to have our monthly

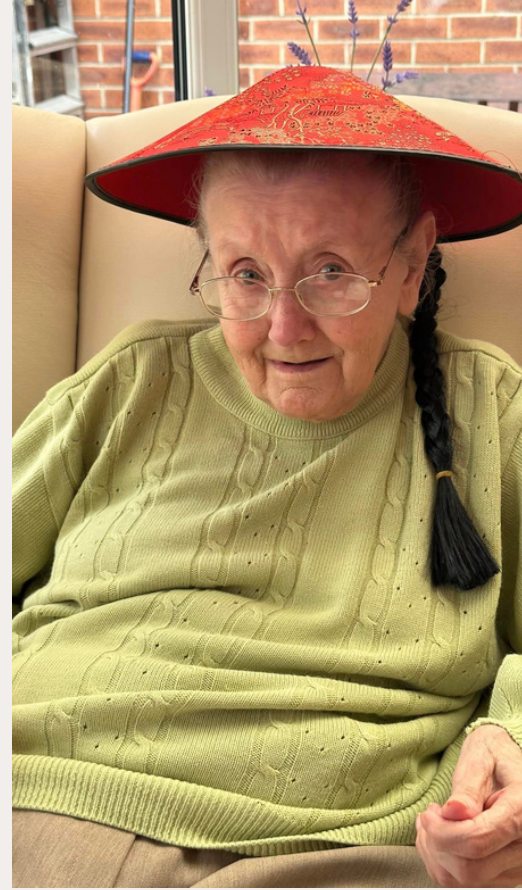
EXERCISE SESSION

with Nathan, (Aston Health and Fitness) to support and encourage our residents to get moving. We also have

ENTERTAINMENT CONCERTS

and sing-alongs with Paul Gibson and Tony Boyle.

COFFEE MORNING



SEA SIDE DAY

was another great celebration after which we received lots of positive responses from our residents, families and staff. We had different games in the morning which was enjoyed by everyone and watched 'Punch and Judy' show in the afternoon.

We organised Chinese Theme Day at our home to understand and celebrate Chinese culture

CHINESE THEMED DAY



OUTINGS



**WE VISITED
TRENTHAM GARDENS
AND SHOPPING
VILLAGE IN JULY.**



**WE CREATED MINT FLAVOURED CHOCOLATES
FROM FRESH MINT LEAVES, TRIED DIFFERENT
FLAVOURED CHOCOLATES, CHOCOLATE WITH
MASHMELLOW AND HAD HOT CHOCOLATE AS
WELL TO CELEBRATE CHOCOLATE DAY.**

CHOCOLATE DAY

ANIMAL THERAPY SESSIONS



**TWO PONIES VISITED OUR HOME IN EARLY JULY.
OUR RESIDENTS WERE SO HAPPY TO STROKE THEM
AND EVEN GOT CHANCE TO FEED THEM.**



We collected different flavoured fruits and managed to organise a fruit tasting session for our residents. It was fun as everyone had different stories and memories to share connected with each flavour



FRUIT TASTING

**WE ALSO HAVE
BAKING CLASSES,
ART AND CRAFT
SESSIONS,
FLOWER ARRANGING,
GAMES,
PUZZLES**



**We make sure
to include
more
reminiscing
and sensory
activities to
our activities
schedule**



EMPLOYEE OF THE MONTH

**CONGRATULATIONS
FROM EVERYONE
AT WESTCROFT**

Marina Corba was awarded the employee of the month of June. Jolly PC recieved the award in July

**OUR RESIDENTS HAVE
OCCASIONAL PRE-BOOKED
APPOINTMENTS AT HOSPITAL.
IT IS MUCH APPRECIATED IF
THE FAMIY MEMBERS COULD
ACCOMPANY THEIR LOVED
ONES FOR THEIR
APPOINMENTS**

RESIDENTIAL/ RELATIVE/STAFF REFERRAL SCHEME

If you or your relative recommends a new resident to the Home you will be entitled to £500 worth of vouchers of your choice. As long the residents stays for a minimum of three months the vouchers will be given.

Scan the QR Code to find our home. Here you can find up to date news and photographs of the Home, in 'latest news' section under the Westcroft Nursing Home tab.



We try to update our social media pages with photos and videos of all our events as soon as possible to allow everyone to see their loved ones on those days. Follow us on facebook for more updates.

Please feel free to have a look at www.3abcare.co.uk. You can find information on our Homes in this group.

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OUR SOCIAL MEDIA