

## **Brook House Newsletter**



Daylight saving time ends and you're going to need that extra hour of sleep to conquer November!.....

Bonfire night is just around the corner aswell as the big 'C'

How do you feel about these rolling weeks, they just seem to merge as time passes by so quickly and summer seems a distant memory.

The heating is officially on, bring out the mulled wine and cheese as it's the most wonderful time of the year (well nearly!)

What's your favourite Winter tippie? I love a good warm custard pudding in the winter, Jam Roly Poly or Bread and Butter pudding.

Lets raise a toast to all the delicious food we are going to enjoy this winter and of course those naughty tipples

## Reflections

As we move into November lets take some time to reflect on all the things we did in October. Regular trips out on the bus, Pub Quizzes, Halloween fun and a few special birthdays thrown in there too. Some of the guys had a fab trip out to the village lunch club and we've been keeping everyone busy in the home with regular baking and Aerobics. Here's to good happiness, good health and lets keep it that way.....







Sam Farrington Alison Maas Kerry Clarke





Sam Farrington Anson Ivads Kerry Clarke



## A moment of recognition.....

The team at Brook House are who makes the magic happen, showing up everyday and putting in there all on every shift.

Without you guys it wouldn't be possible, so this is a moment of recognition, a Thank you, for just being you!



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## Having a laugh.....😂

There's a fine line between a numerator and a denominator. (...Only a fraction of people will get this clean joke.)

What do dentists call their x-rays?

Tooth pics!

Did you hear about the first restaurant to open on the moon?

It had great food, but no atmosphere.

What did one ocean say to the other ocean?

Nothing, it just waved.

Do you want to hear a construction joke?

Sorry, I'm still working on it.

Did you hear about the fire at the circus?

It was in tents!

Why do ducks have feathers?

To cover their butt quacks!



## Resident of the Month

### Kate Jameson

My family are very important to me, I have a daughter Ann, a son called Ian, grandchildren called Johnathon, Beth and Ella Rose and great grandchildren called Max and Elliot. I also have another great grandchild on the way.

I used to work in a bank which is where I met my husband. I enjoy watching a question of sport and would I lie to you, I also like to complete crosswords too.





# Winter Treats

## Mulled Wine Brownies

- 100g dark chocolate
- 150g unsalted butter
- 200g light brown muscovado sugar
- 1 large egg and 1 egg yolk
- 100ml red wine
- 50g cocoa powder
- 100g plain flour
- pinch of nutmeg and ground cloves
- ¼ tsp each cinnamon and ginger



### Method

- STEP 1

Heat the oven to 180C/160C fan/gas 4, butter and line the base of a 20cm x 20cm brownie tin with parchment paper. Melt the chocolate in the microwave or in a glass bowl over a pan of simmering water.

- STEP 2

Mix the flour and cocoa powder together with the spices and a pinch of salt - set aside. Using an electric whisk, beat the butter and sugar together until super light and fluffy then whisk in the egg and yolk.

- STEP 3

Pour in melted chocolate, wine and flour mixture and whisk until just combined.

- STEP 4

Pour the batter into tin and bake for 15 mins until just set, don't worry if there is a slight wobble in the centre, it will set up as they cool. Put into the fridge to firm up.



# Children in Need!



Children in need this year has a strictly come dancing theme

The staff at Brook House are doing a sponsored Dance-a-thon!

For the duration of both morning and evening shift (14 hours) a single member of staff shall be dancing continuously for your entertainment, dressed up to the nines of course! Let's raise money for this great cause!







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# Royal Quiz

- 1.What is Queen Elizabeth's nickname?
- 2.Who was the Queen's sister?
- 3.Queen Elizabeth loves dogs what is her favourite breed?
- 4.How many children does Queen Elizabeth have?
- 5.Can you name her 4 children?
- 6.The wedding of which Royal was the first to be televised on TV and around 20 million viewers tuned in to watch?
- 7.How old was Princess Elizabeth when she became the Queen of England?
- 8.In which country was the Queen's husband Prince Phillip born?
- 9.Which Royal told the media I do not aspire to be the Queen of England but to be the Queen of Hearts?
- 10.Who did Prince Andrew marry?
- 11.Where does the Queen spend her summers?
- 12.How many years were the Queen & Prince Phillip married?
- 13.What was Prince Phillips surname?

14.What was the name of the American divorcee that Edward VIII married?

15.What was the name of the Royal Yacht decommissioned in 1997?

16.Princess Margaret lived on an island in the Caribbean what was it called?

17.True or false, The Queen DOES NOT have to own a driver's license to drive or a passport to travel?

18.Prince William the Queens grandson married?

19.Prince Harry the Queens other grandson married American woman?

20.What year did Princess Elizabeth marry Prince Phillip?

21.The Queens official birthday is in June but when is it her actual birth date?





# Quiz Answers

1. Lilibet
2. Princess Margaret
3. Corgi's
4. 4
5. Charles, Anne, Andrew, Edward
6. Princess Margaret & Antony Armstrong Jones
7. 25
8. Corfu Greece
9. Princess Diana
10. Sarah Ferguson
11. Balmoral
12. 72
13. Mountbatten
14. Wallis Simpson
15. HMY Britannia
16. Mustique
17. True
18. Kate Middleton
19. Megan Markle
20. 1947
21. 21<sup>st</sup> April



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Let's welcome our new Vicar Matthew to Brook House...

Last week we had our first communion since pre-Covid.. and in that time our lovely Liz has moved on and been replaced by Matthew.

He introduced himself to everyone and we all enjoyed singing our favorites with him.



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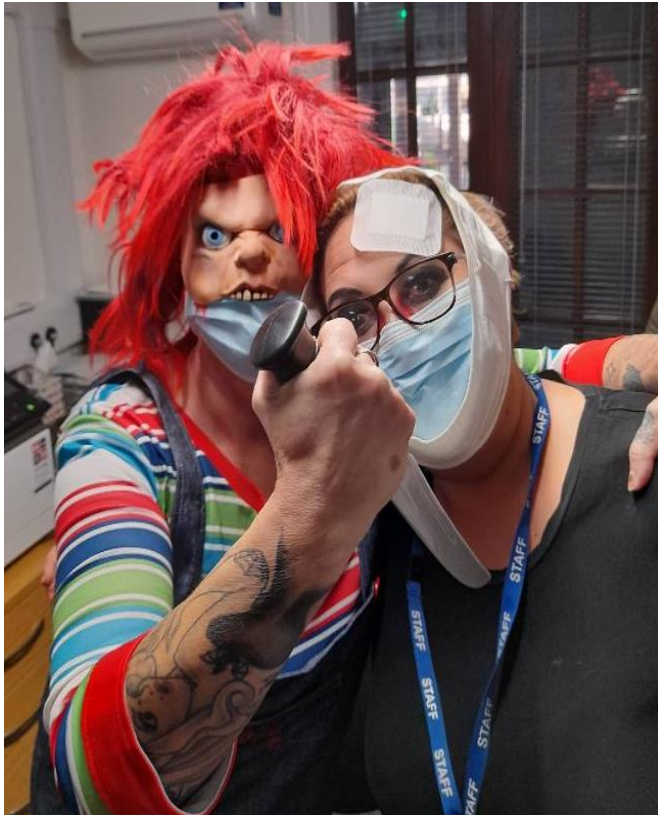
It's been all things Halloweeeeeeen.....



We don't do things by halves at Brook House, it's been a Halloween extravaganza! From pumpkin carving to a visit from the Grim Reaper himself, we haven't missed out on the fun here!

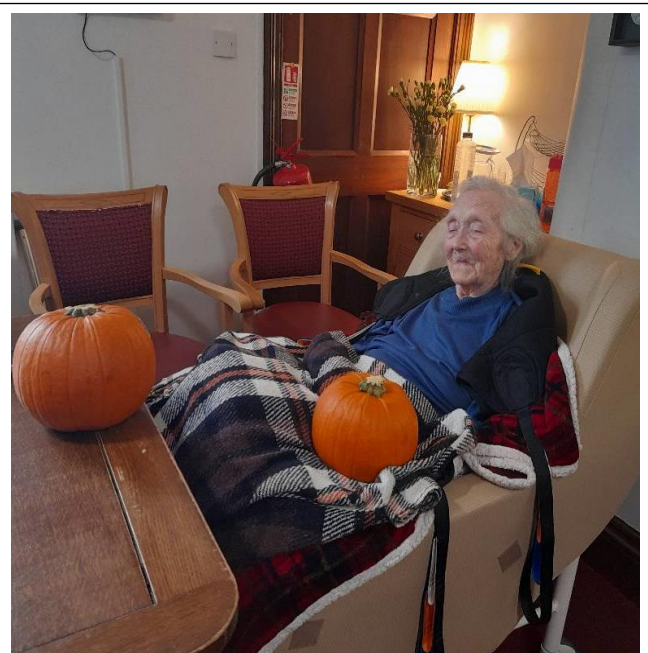
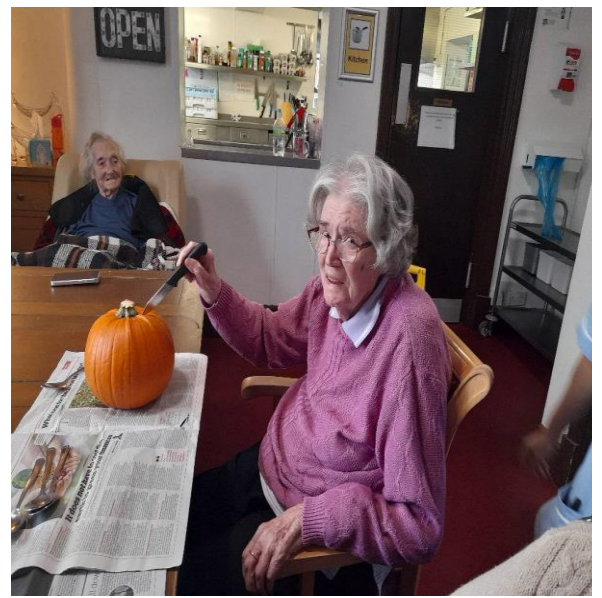






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Trevor Sargent 7<sup>th</sup> November

Joyce Walker 25<sup>th</sup> November

## **Horoscopes**

Libra September 23<sup>rd</sup> – October 22<sup>nd</sup>

Librans are extroverted, cosy, and friendly people. Librans, like the Scales that symbolise the sign, are often concerned with attaining balance, harmony, peace, and justice in the world. With their vast stores of charm, intelligence, frankness, persuasion, and seamless connectivity, they are well-equipped to do so.

Sagittarius November 22<sup>nd</sup> – December 21<sup>st</sup>

A Sagittarius values independence and the ability to do what they want, when they want, above all else. They are adventurers, risk-takers, and have a sharp business and sports mentality. Sagittarius natives are known for their emotional intelligence, which helps them to connect with others.