

# NOVEMBER NEWSLETTER



**Saintbridge House**

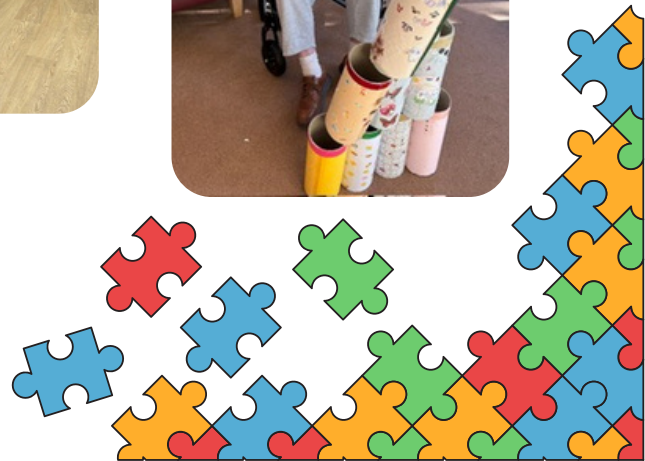
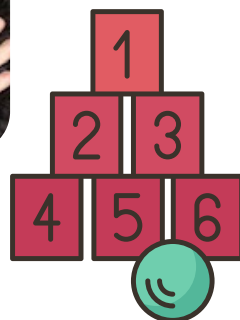
**Gloucester**

**189 Painswick Road, Gloucester, GL4 4QQ  
01452 300307**

## What have we been up to in October?



BINGO





## What have we been up to in October?





## Celebrating Diwali



We had a nice day celebrating Diwali.  
We had decorations up and made rangoli art  
too. Then had a lovely Indian food supper, with  
guests coming along to remember family who  
are no longer with us.



Saintbridge House  
Gloucester



## Creative Arts and Crafts



◆ BE ◆  
CREATIVE ◆

Creativity has taken many forms  
this month, with knitting and  
crochet, along with autumn crafts,  
Diwali decorations and lots of  
Halloween creations!!

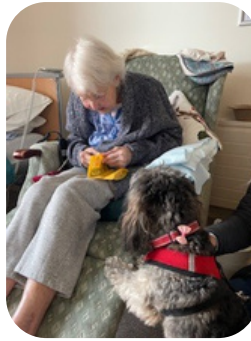


Saintbridge House  
Gloucester

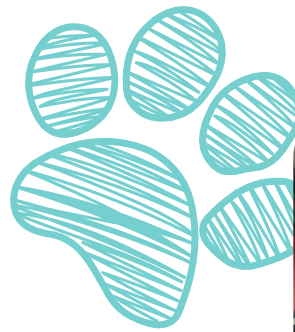




## Pet Therapy - our furry visitors



Bill had a lovely visit from his own dog Belle



The pet therapy dogs Peggy and Bear have been in again and as always put smiles on everyone's faces. They enjoyed getting some love and lots of fuss, whilst residents and staff get to have a lovely cuddle back.



Saintbridge House  
Gloucester



# Musical Entertainment



We have had great fun with our musical entertainers this month. Julie and her steelpans have not only played in the lounge for everyone but we also had a session where she went around to rooms to those who don't get up very often. These were lovely sessions seeing them engaging in the music and their faces lighting up.



Saintbridge House  
Gloucester



# Getting out and about



The temperatures are still mild so the garden is still in use, but going out for coffee is also lovely. A few trips over the road for a hot drink and a cake are always fun and a chance for a good chat. We even did lunch out at the garden centre.





# Macmillan Coffee Morning



We had a lovely morning for our Macmillan coffee morning, with lots of residents and family supporting. Thank you to you all for your donations and cakes baked, we raised over £100



Saintbridge House  
Gloucester





# Macmillan Coffee Morning



Saintbridge House  
Gloucester





# Halloween Celebrations and Party



We had a fun day for Halloween this month, with pumpkin carving in the morning, and then a great party in the afternoon. Family and friends joined us for fun and games, face painting and some nibbles.



Saintbridge House  
Gloucester





# Halloween Party





# Halloween Party



Saintbridge House  
Gloucester





## Key Events in November

We have our **Dementia Cafe** at the start of the month on Monday 3rd November

Please come along and support.



We have our **Firework display** on Sunday 2nd November at 6pm  
Please come along and support with a cuppa and a hot dog.

### Remembrance Day coffee morning

on

Tuesday 11th November

10:30 - 12:00 pm



We have our **Children In Need** big quiz on

Friday 21st November

2:30 - 4:30 pm





## November programme of activities

Sat 1st relaxation / exercises / tin can alley / 1 to 1 session  
Sun 2nd relaxation / exercises / 1 to 1 session / firework and hot dogs event 6pm  
Mon 3rd dementia cafe / hairdresser / music and movement  
Tues 4th resident 1 to 1 time / creative arts / Pet therapy – Peggy (cancelled)  
Wed 5th out for coffee / board games / music and movement / school children activities  
Thurs 6th Scrabble club / dominoes / mini concerts – D Day Dollies 2pm  
Fri 7th knit and natter / 1 to 1 resident time / creative arts  
Sat 8th exercises / relaxation / giant snakes and ladders / 1 to 1 session  
Sun 9th Remembrance Sunday TV coverage/ relaxation/exercises/creative arts/1:1 session  
Mon 10th reminiscing / hairdresser / music and movement  
Tues 11th coffee morning for Armistice Day 10:30 – 12 / creative arts  
Wed 12th out for coffee / board games / pet therapy -Bear / school children activities  
Thurs 13th Scrabble club / dominoes / steelpan concert / film afternoon  
Fri 14th 1 to 1 resident time / creative arts  
Sat 15th relaxation / exercises / 1 to 1 sessions / tin can alley  
Sun 16th relaxation / exercises / creative arts / 1 to 1 session  
Mon 17th reminiscing / hairdresser / music and movement  
Tues 18th 1 to 1 resident time / creative arts / pet therapy - Peggy  
Wed 19th out for coffee / puzzles / music and movement / school children activities  
Thurs 20th Scrabble club / dominoes / mini concert / film afternoon  
Fri 21st 11:15 church service / 2:30 – 4:30 Children in Need big quiz event  
Sat 22nd relaxation / exercises / Bingo bongo / 1 to 1 session  
Sun 23rd relaxation / exercises / creative arts / 1 to 1 session  
Mon 24th reminiscing / hairdresser / music and movement  
Tues 25th 1 to 1 resident time / creative arts  
Wed 26th out for coffee / board games / pet therapy – Bear / music and movement  
Thurs 27th Scrabble club / dominoes / steelpan concert / film afternoon  
Fri 28th sensory activity with taste (chocolate) / creative arts  
Sat 29th relaxation / exercises / games with bean bags / 1 to 1 session  
Sun 30th relaxation / exercises / 1 to 1 session / creative arts





## Resident spotlight



### Doreen

My name is Doreen, I am the eldest of 5 children. I was married to my husband Danny for over 40 years and we have 2 children, Jackie, and Dave, 4 grandchildren and 6 great grandchildren. I was born in Gloucester and have lived here all of my life. I used to be a dinner lady at Saul school in Whitminster. I loved being out in the garden as I used to grow my own flowers and I am a big television soap fan, Emmerdale is my favourite.

## Staff spotlight

### Darren

Darren has been working here at Saintbridge now for four years, and still loves every minute.

He is always up for a laugh and keeps us all in check with our manual handling training. When not at work he has three daughter who keep him very busy, and fill his time off. When he does get some time to himself he still loves to do video gaming





## New staff joining us



Shania has joined us this month as a carer, and is settling in really well.



We also have a student nurse on placement with us, Aya. so we welcome her to the team for a few weeks.







**Resident birthdays during November:**

**2nd - Yvonne**

**8th - Elita**

**Staff birthdays this month:**

**14th - Cathy**

**21st - Pranav**

**27th - Darren**

**29th - Helen**



It is lovely when family and friends can join us in celebrating residents birthdays and anniversaries, so do please come along and be a part of their day.





# *Resident changes*

in October 2025



Fred passed away in October, and we send our thoughts to the family.

Bernard sadly passed away with his wife beside him and we wish her comfort in memories of him and their life together.



James passed away and we send our thoughts and wishes to his family.

Alan has spent most of October with us on respite, and he has loved joining in with everything going on.



Bill has joined us here at Saintbridge and is settling in well at the moment.





# Family comments



*From my first visit and first impressions, Saintbridge has been brilliant.  
The facilities are safe, practical and clean, but it's the people who make the real difference.  
Everyone is so helpful, supportive and friendly, and they go out of their way to provide an  
environment above and beyond expectations.  
Definitely recommend it to my family and friends.*

**Review from Dave J (Son of Resident) published on 22 May 2023**



**Your comments are appreciated and have given us  
our excellent Carehome score, if you would like to  
leave your thoughts you can do so, on to their  
website**



## Did you know we provide respite care?

There are many reasons why someone may need short term, temporary respite care. And across all of our care homes we are delighted to offer this, whether for a few days or even months. Regardless of the circumstances, we are committed to making sure that all who come to stay with us, no matter how long, are made to feel at home. Ensuring that all residents feel safe, comfortable and cared for, our expert team of professionals work hard to make sure that even the shortest of stays with us is a positive one.

Speak to Dave, our home manager on 01452 300307





# Resident and Family meeting

Our next resident and family meeting is this month on Tues 2<sup>nd</sup> December at 6pm. This is opportunity for you to hear what is coming up, ask any questions, give us suggestions for activities, feedback on what we currently provide and generally keep communication open for everyone. Obviously we are always available and so these things can be discussed at any time before then.



Trust  
Respect  
Integrity

## Resident/relative/staff referral scheme

We are proud of the excellent services we provide here at Saintbridge House and would love for you to tell other people about us too.

Recommend Saintbridge House to your friends, family or colleagues and we'll give you £250 as a thank you for each successful recommendation when they move in. Once they've been with us for three months, we'll reward you with a further £250.

There is no limit to the number of recommendations you can make!!

Speak to Dave, our home manager on 01452 300307

