

THE HEATHERS NURSING
HOME
**MONTHLY
NEWSLETTER**

OCTOBER 2025



VISITING ARRANGEMENTS

Please note the visiting times are between 10.30 am and 8.00 pm every day.

We have protected meal times , please make sure you avoid meal times when visiting, unless you are supporting with meals.(0900-1000 breakfast,1230-1330 lunch, 1700-1800 tea). Visiting during meal times causes distraction and inconvenience for some residents in the lounge, having adequate nutrition is very vital for your loved ones, please be mindful about this. If you feel unwell, please refrain from visiting.

If contacting the home to see how your loved one is, please ring after 11.00 am and avoid medication round time (1.00/1.30 pm & 5/6 pm). Press option 3 to speak to the nurse in charge 01454 312726.

SIGNING IN AND OUT

Can we request all the visitors to sign in each time you enter the building and sign out when you leave the building please. This is to comply with fire safety regulations.

Care planning

Care planning & family / service user involvement.

Please see the nurse in charge to see your loved ones care plan and to be involved in the planning.

Post

Please see the nurse in charge to collect any post for you loved ones.

Residents and relatives meeting

We hold residents and relatives meeting every month ,the time is 12 pm ,please ask the nurse or management for dates for each month. Relatives are welcome to join.



STAMP COLLECTING



**FOR
GREAT WESTERN AIR
AMBULANCE**



**PLEASE BRING STAMPS
AND SUPPORT AUDREY IN
THIS GOOD CAUSE**

76 Years of Love , A Lifetime Together- Gerald and Edna



STAFF SPOTLIGHT



Basil has been with us for over eleven years now, working in the nursing team. He is very professional, friendly and helpful to both the staff and residents. He has special dance moves up his sleeves for special occasions.

Basil Abraham

REGISTERED GENERAL NURSE

Basil has been with us for over eleven years now working in the nursing team. He is very professional, friendly and helpful to both the staff and residents. He has special dance moves up his sleeves for special occasions.



**HAPPY
Diwali**



HAPPY HALLOWEEN





Candid clicks



Biscuit decorating



Activities





PINE CONE PAINTING



VISIT TO BLAISE MUSEUM



UPCOMING EVENTS IN NOVEMBER

- 1. Bonfire Night:** Often celebrated on November 5th in the UK, Bonfire Night, also known as Guy Fawkes Night, commemorates the foiling of the Gunpowder Plot of 1605. It's marked with fireworks, bonfires, and festivities.
- 2. Weekly Hairdressing:** Regular hairdressing appointments can be a vital part of personal grooming, offering not only a chance to maintain hairstyles but also an opportunity for relaxation and self-care.
- 3. D'Artagnan the Singer:** a modern musician
- 4. G-Fitness:** focusing on health and wellness, offering fitness classes, personal training, or wellness advice aimed at promoting a healthy lifestyle.
- 5. Residents and Relatives Meeting:** Such meetings are crucial in care settings, providing a platform for open communication, feedback, and ensuring that the needs and concerns of both residents and their families are addressed.
- 6. Mind Song:** using music or meditation to promote mental well-being and emotional health.
- 7. Shannon the Singer:** Shannon an artist known for their unique musical style or vocal talent, bringing entertainment and inspiration to their audience.



Referral Programme

Do you know someone seeking a nursing home
for a loved one ?

Refer a resident and if they come to live in our
home you will receive a reward!

You get a £250 voucher if the resident you refer
comes to our home for respite
(minimum 2 weeks)

You get a £750 voucher if the resident you refer
comes to our home permanently

Contact Us
Heathers Nursing Home
01454 312726

heathersmanager@3abcare.co.uk

