**Resident and Family Meeting 3rd September 2024**

**Present:**

Tracey, Jane, Ann and Carol, Bernard and Ann, Hather, Astrid and David, Kitty, Brian, Gill, Gemma, Peter, Mary

Tracey thanked everyone for coming along this evening.

**Previous meeting actions:**

Croft farm trip planned for July sadly rained off

Teddy bears picnic was great success and thank you to everyone’s support, we will do it again next year.

Garden SOS, really positive and productive day apart from getting rained off early! A great way to get some well needed maintenance done on the garden, so again thank you everyone for your help.

Summer fun day, was hugely popular and was very successful for residents, staff and families and friends. Some changes will be made again next year, particularly to the raffle system, as this year it was felt there were too many prizes and not enough in the tombola. Also we are looking at the food situation regarding BBQ and the time and type of food available.

Photos of meals – due to staffing changes within the kitchen, the photos of meals are still in progress. This should be rectified within next couple of weeks as new menus are being completed.

Additional points raised on food:

Brian – doesn’t always like some of the meals. He was encouraged to give feedback on the day. This helps future planning and it does get fed back to Dave Hurley.

Ann – commented that she does continue to worry about Bernard getting his gluten free diet all the time. On occasions basics such as bread have run out and not been available.

Action – we will check the food supplied for Bernard(particularly sausage and gravy)

David spending more time outside – David has been able to go into the garden on more occasions.

Monthly program of activities – each month these are now being out onto the WhatsApp group chat.

Email list of families – this list was completed and has been put into actin for communications.

**Ideas/Comments from you:**

Outings – these are always on Wednesdays. Currently have all three activity team members working, so allows two to do outings and one is able to continue activities in the home.

David – he is getting outside but also doing exercises more frequently. David at this point asked why we were having this meeting, and it was explained, to make sure he and others were getting to do things that they wanted and had the opportunity to ask about anything they may want to do.

Bernard – clarified for Ann that we also offer him opportunity to exercise using the machine which he does enjoy, however other activities are offered and he is very reluctant.

Mary also finds he exercise machine very beneficial.

Ann – asked if her mum Carol could try it, which we will do.

Action – try Carol on exercise machine

**Mindsong:**

Brian asked if more people could join us, explained that as this was a community event it was difficult to bring along residents that weren’t able to sit and concentrate, s it could be seen as disruptive and distracting for others there.

David would like to join us tomorrow, which was agreed and can we confirm with Astrid in the morning, so she can meet us there.

Ann would also like Carol to try one week please.

Action – take Carol along to Mindsong

Ann – asked if we do any poetry reading. It was explained that we do on occasions, but difficult with reading and concentration. Poems remembered from school days for example have never been recalled so far when talked about. Poetry reading is something that will come up on the planning at times though, so we will keep trying it as residents change.

Tracey – mentioned that we do crosswords and puzzles too, along with quizzes, which all help with reading skills in particular.

Ann – asked about story telling/reading etc. We explained that it does get done at times, but concentration and time spans play a part. As with poetry it will be on the planning from time to time.

Ann – asked about the radio, does it get used. Something like the Archers on a Sunday. This is something we haven’t formally introduced or tries but we will look at trying it.

Action – put on some radio shows, chat ones or music. Possibly desert island discs(is it still going?) or The Archers

Brian – asked about the garden fence outside his window not been painted this year. We explained it was done last year, and much as we wish we could it’s not really our job role and we can only do tasks such as that one on days like the garden SOS when we have lots of help. We will mention it to maintenance.

Action – mention the fences need painting again for this year.

Ann – asked about a pink spiky ball of her mums that hasn’t been seen for a while.

Action – locate Carols ball

Jean also mentioned Alans missing snowman statue

Action – locate Alan’s snowman

**General other points to note:**

Ann – Carol’s mouth always seems very dry and cracked, and she the has a tendency to get cold sores

Action – speak with Cristina (clinical lead nurse)

Astrid – still concerned about the garden path. Very uneven and sections falling out and missing. She feels it’s a health and safety issue especially for those with zimmer frames.

Action – speak with management team regarding new path situation

**Upcoming Events:**

Macmillan Coffee morning – 27th September everyone welcome and we will open this to the wider community.

Burnham-on-sea trips 11th and 25th September

We have two dates to ensure we can get more people out for the day

Tracey – mentioned that all trips are made easier and more accessible by more residents with help, so if any family members or friends want to come along or can assist in other activities please let us know, we are always grateful for more people to join in.

Firework display – 3rd November a bit ahead of time but get the date in your diary. Successful last year, so this year should be good again.

Jean, Astrid and Ann all thanked the activity staff for their hard work and everything they do.

Tracey thanked everyone again for coming and reminded them that they could go to the Homes UK website and leave feedback, which is a good way to show their appreciation of everyone’s hard work.

Tracey closed the meeting