

SAINTBRIDGE HOUSE

NURSING HOME & RESIDENTIAL CARE

Inspected and rated

Outstanding ★

**CareQuality
Commission**

AUGUST NEWSLETTER



AUGUST 2026



WILD WEST FUN DAY



So first thing first...our big fun day on a Wild West theme. Please come along and join us.

- Donations needed for the tombola
- Raffle tickets on sale
- Can you give an hour of your time to help out on a stand
- don't forget to dress up and bring your wallets and purses
- entry £1/person includes a gringo bingo card



★ ★ ★ ★ ★

★ saintbridge house ★

WILD WEST

FUN DAY

★ ★ ★ ★ ★



22

MUSIC AND FOOD

STARTS AT 1:00 PM TO 4:30 PM

AUGUST SAVE THE DATE

★ Please feel free to come in fancy dress ★

July had lots going on!!



Keeping cool



Entertainment



Celebrations



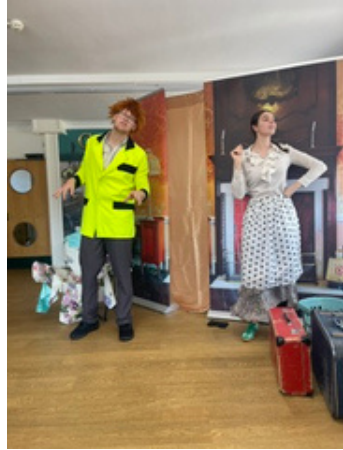
Games



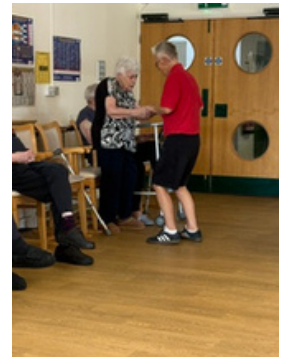
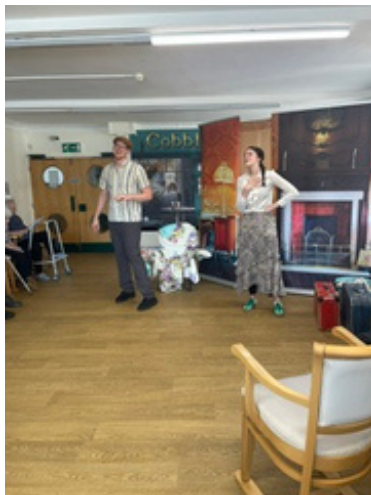
Visitors



Northeast Producers Show



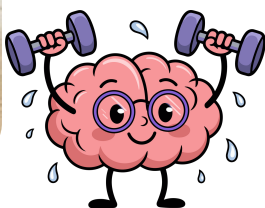
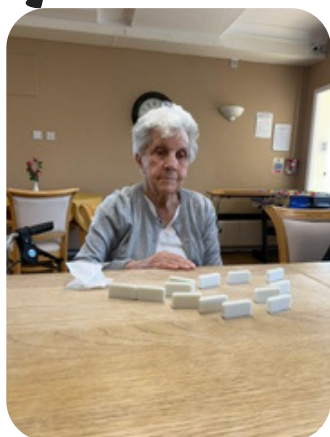
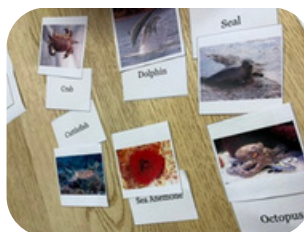
We had a fab and fun afternoon being entertained by the Northeast Producers and a show called One Fine Day. They told us a love story through some great songs that we all knew really well and could sing along too. A sociable and interactive time where everyone engaged well and had a great afternoon.



Mental exercises



A game of Scrabble is always welcomed at Saintbridge, but we also love a quiz, crossword or games such as dominoes or bingo bongo. They are all good for keeping our brains working and well exercised.



Saintbridge House
Gloucester

Physical activities

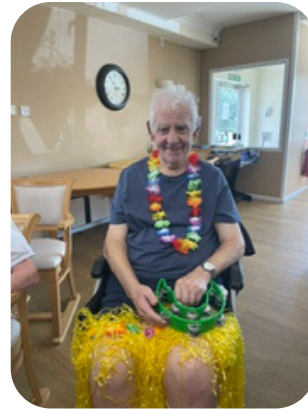


We have always got physical exercise planned and we love to mix it up with balls, and scarves as well as general movements and stretches. The sessions are one to one, or groups and they are always great fun.

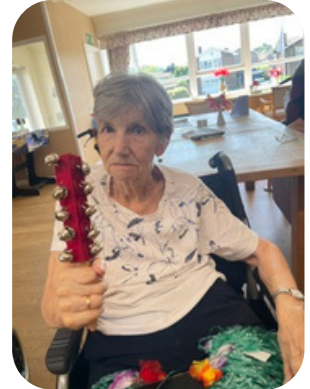


Saintbridge House
Gloucester

Musical Entertainment

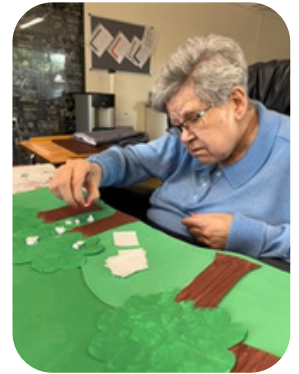
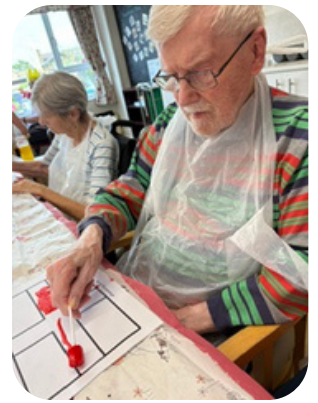


We have had our entertainers this month, both from mini concerts and Julie with steelpans. We also had a singer D'Artagnan. They all bring music to our home and that brings along memories and some singing along.



Saintbridge House
Gloucester

Creative Activities



There has been lots of creativity this month as we prepare for our fun day. We also have Marilyn (Bill's wife) coming in to volunteer her time with crafts which is lovely and much appreciated. We have also used putty to create models and made some button caterpillar cards.

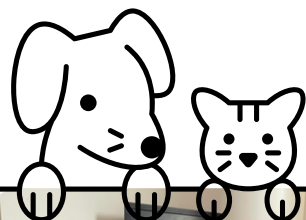
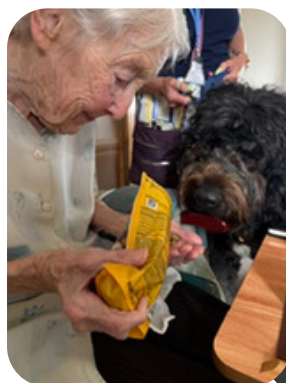


Saintbridge House
Gloucester

Pet therapy visits



We have had Bear and Peggy visiting during July and as always they put great big smiles on our residents faces. It is such a beneficial visit for those that love animals.



Community Partnerships



We had the last couple of afternoons with the young people from Gloucester Academy. They have broken up for the summer now but some of them are very keen to come back in the autumn. They engaged so well with our residents and it was such a valuable experience for them all. We did a thank you afternoon for them with pizza and cake, which they appreciated very much. They each received a thank you card made by and written by the residents too.



Resident Birthdays we celebrated in July



Brian celebrated his birthday with a big family party, but we also had cake here with us to celebrate with him.



Bill celebrated his birthday with visits from family and he had two cakes, one from family and one from us here at Saintbridge to celebrate with him.

We also had Ann celebrating, and she was really happy with her cake and singing by staff, getting very emotional at the thoughtfulness. She also had a lovely big family party which she managed to sit out for and enjoy.



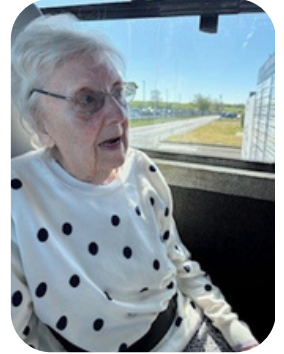


Resident birthdays coming during August:

August 10th - Marcia

August 10th - Brenda B

August 18th - Ann S



Staff birthdays this month:

5th August - Midhun (nurse nurse)

16th August - Marie (housekeeping)

It is lovely when family and friends can join us in celebrating residents birthdays and anniversaries, so do please come along and be a part of their day.



August Programme of Activities

Sat 1st relaxation / 1 to 1 session

Sun 2nd relaxation / 1 to 1 session

Mon 3rd reminiscing / hairdresser / group exercises / ABC quiz

Tues 4th creative arts / prayer service with Paul / parachute game

Wed 5th out for coffee / pet therapy with Bear / group exercises

Thurs 6th out to Museum in the park (Stroud) / 2pm mini concerts

Fri 7th 10:30 Dementia cafe / group exercises / 4pm steelpan

Sat 8th exercises / relaxation / 1 to 1 session

Sun 9th relaxation / exercises / 1 to 1 session

Mon 10th hairdresser / reminiscing / group exercises / ABC quiz

Tues 11th creative arts / bingo bongo / 4pm Peggy

Wed 12th out for coffee / group exercises / communal crossword

Thurs 13th Scrabble club / puzzles / 2pm mini concerts

Fri 14th creative arts / group exercises / film afternoon

Sat 15th relaxation / 1 to 1 session / giant snakes and ladders

Sun 16th relaxation / 1 to 1 session

Mon 17th hairdresser / reminiscing / group exercises / ABC quiz

Tues 18th creative arts / prayer service with Paul / skittles

Wed 19th creative arts / group exercises / pet therapy with Bear

Thurs 20th Scrabble club / 2pm steelpan / film afternoon

Fri 21st 11:15 church service / group exercises / film afternoon

Sat 22nd Wild West Fun Day

Sun 23rd relaxation / exercises / 1 to 1 session

Mon 24th reminiscing / hairdresser / group exercises / ABC quiz

Tues 25th creative arts / ball games / 4pm pet therapy with Peggy

Wed 26th out for coffee / group exercises / communal crossword

Thurs 27th Scrabble club / puzzles / 2pm mini concerts

Fri 28th creative arts / exercises / film afternoon

Sat 29th relaxation / 1 to 1 session / skittles

Sun 30th relaxation / 1 to 1 session / quiz or crossword

Mon 31st reminiscing / hairdresser / group exercises / ABC quiz



Resident spotlight

Beryl



My name is Beryl, I was born in Bexley Heath in South east London, and have lived through the blitz, I married my husband Alan in 1957 and had 4 children, Jackie, Paul, Derek, and Neil including 3 grandchildren William, Stephanie, and Max. In 1970 we moved to Cornwall and lived there until 2024. when my husband passed I moved to Gloucester to be near my family, I used to be a hairdresser then later in life became a dinner lady, my hobbies are painting, arts and crafts, embroidery, and gardening, I loved to go on holiday and have been on many cruises.

Staff spotlight

Phoenix

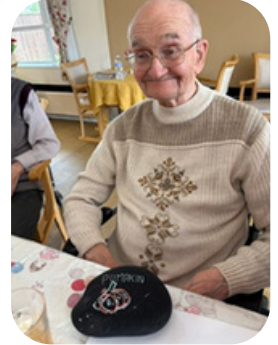
Phoenix has only been with us a few months but is settling in really well and is enjoying being a care assistant. When she is not at work she likes to spend time with her partner Shamus and see her family including her three siblings. She has a 3 year old dog called Star who is a mixed staffi with pitbull. She loves to get outside with the dog for long walks. She does also like to watch a good film and to sleep!!!



Resident changes

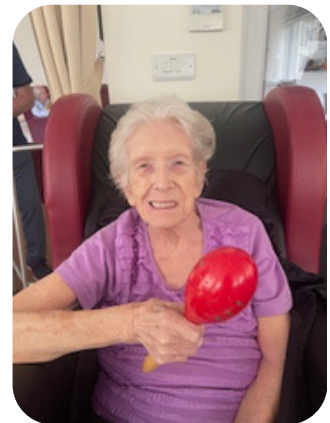
in July 2026

Reg passed away in July, and we wish his family peace with their memories.



Susan has joined us here at Saintbridge in July and we give her a warm welcome

Nora passed away peacefully in July and we send her family our warmest thoughts and wishes



John passed away peacefully in July and we will miss him and send his family our love.



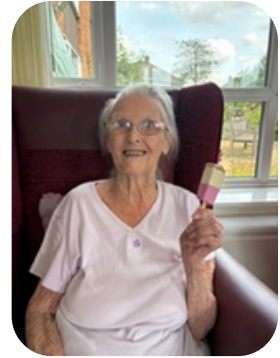
Resident changes

in July 2026



Laurie has joined us in July and we hope he settles in and enjoys the company and support here at Saintbridge

Brenda has come with her husband Laurie and we are happy to have her join our Saintbridge family.



Alan has returned home in July after spending some respite time with us.

Ann has joined us too for a period of respite and we hope she enjoys her time with us.



Family comments



 carehome.co.uk

We as a family feel that staff at Saintbridge residential home diligently cared for our father as well as all other residents with love, dignity, compassion, and patience. As much as daily visits from family and friends, staff's dedication contributed very positively to his quality of life. Staff's empathy and compassion towards our family at all times was also appreciated very greatly. Can't fully express our gratitude to all at Saintbridge in words.
Review from Pravin P (Son of Resident) published on 16 December 2025



Your comments are appreciated and have given us our excellent Carehome score, if you would like to leave your thoughts you can do so, on to their website

 carehome.co.uk

Did you know we provide respite care?

There are many reasons why someone may need short term, temporary respite care. And across all of our care homes we are delighted to offer this, whether for a few days or even months. Regardless of the circumstances, we are committed to making sure that all who come to stay with us, no matter how long, are made to feel at home. Ensuring that all residents feel safe, comfortable and cared for, our expert team of professionals work hard to make sure that even the shortest of stays with us is a positive one.

Speak to Dave, our home manager on 01452 300307



Resident and Family meeting

Our next resident and family meeting will be in July, with details to follow. This is opportunity for you to hear what is coming up, ask any questions, give us suggestions for activities, feedback on what we currently provide and generally keep communication open for everyone. Obviously we are always available and so these things can be discussed at any time before then.



Trust
Respect
Integrity

Resident/relative/staff referral scheme

We are proud of the excellent services we provide here at Saintbridge House and would love for you to tell other people about us too.

Recommend Saintbridge House to your friends, family or colleagues and we'll give you £250 as a thank you for each successful recommendation when they move in. Once they've been with us for three months, we'll reward you with a further £250.

There is no limit to the number of recommendations you can make!!

Speak to Dave, our home manager on 01452 300307

